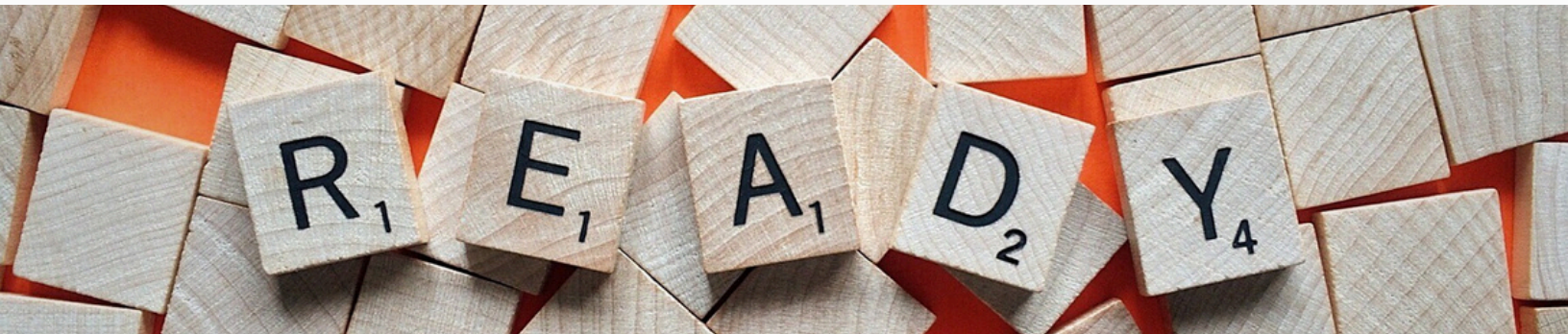


VDH OEP TRAINING IN FOCUS

Are You Ready? OEP Quarterly Training Newsletter



Leadership Letter

At this writing, we are at Mid-Summer. Heat has been our major weather focus. Although a busy Tropical Cyclone Season has been forecasted, we've not seen much so far. Remember the Atlantic Hurricane Season goes until 1 November; the height of the season is seen during September and October; we must NOT be lulled into a false sense of security by the quiet Atlantic; please remain vigilant.

VDH and many others have responded to a recent series of Environmental and Drinking Water Episodes. Partnerships with whom we coordinated during these events remain invaluable and must be nourished.

Looking to the Fall, focus on FLU and honing our mass vaccination expertise is essential.

Many of our jurisdictions and Offices have implemented their Continuity Plans over the recent past. Losses of personnel, systems, facilities, etc. remind us of the importance of COOP. Brush off and exercise those plans when opportunities arise.

Preparedness Month approaches. Think of / schedule events which will highlight the importance of Emergency Preparedness and Response to your Teams.

Thanks for all you continue to do for the Commonwealth and her citizens.

R.P. Mauskopf, MPA
Colonel, USMC (ret)
Director, Office of Emergency Preparedness
Virginia Department of Health



VDH Shelter Training

VDH: 2024 Shelter Fundamentals Training - TRAIN Course ID #1120658 (On Demand)

VDH offers a Shelter Fundamentals Training for VDH staff who have a role in supporting shelter operations. This 90 minute virtual training provides an overview of sheltering within the Commonwealth. It highlights and addresses the primary roles and responsibilities for shelter support and activation with an infection prevention perspective. VDH recommends this training for nurse managers, health directors, LHECs, EPIs, EH staff, and MRC Coordinators.

LHD Shelter Tabletop Exercise

VDH: LHD Shelter Table-top Regional Exercise 2024 TRAIN Course #1117790

10:00am-2:30pm

This tabletop is intended for LHD staff who have a role in supporting shelter operations.

Locations:

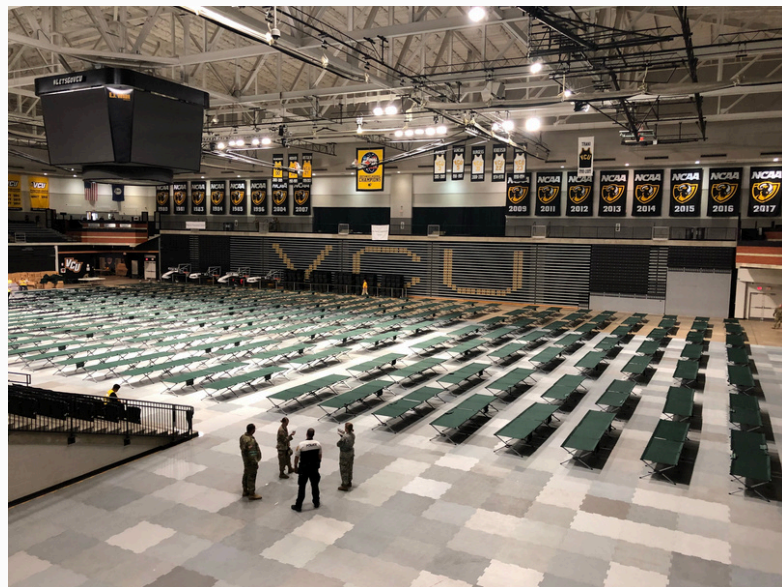
August 2, 2024 - Northwest Region

August 16, 2024 - Southwest Region

August 23, 2024 - Central Region

August 30, 2024 - Eastern Region

(NOTE: Central and Eastern Region date changed due to Tropical Storm Debby)





Incident Command System (ICS) Training

ICS-300 Intermediate ICS for Expanding Events

Location: OEMS- 1041 Technology Park Dr Glen Allen, VA 23059

Dates: August 13th- August 15th

Class Hours: 8:00 am -5:00 pm

This three-day course is designed for those emergency response/ Health Department personnel and community partners who would function in a Command or General Staff position during a large, complex incident or event or personnel who are or would likely be part of a local or regional Incident Management Team during a major incident, whether single agency, multi-agency or Unified Command. Register in TRAIN.

ICS- 400 Advanced Incident Command

Location: Peninsula Health District 836 J Clyde Morris Blvd Newport News, VA 23601

Dates: November 18th- November 19th

Class Hours: 8:00 am – 5:00 pm

ICS-400 provides training and resources for responders who require advanced application of the ICS by providing overall incident management skills rather than tactical expertise. Expanding upon information covered in ICS-100 through ICS-300 courses, ICS-400 emphasizes large-scale organizational development, roles and relationships of the command and general staff, and planning, operational, logistical, and fiscal considerations related to large and complex incident and event management. The course also describes the application of Area Command and the importance of interagency coordination on complex incidents and events.

EMERGENCY KIT COOK-OFF

The Virginia Department of Health Office of Emergency Preparedness along with OnTheSquareVA will celebrate National Preparedness month in September. The goal is to encourage Virginia state employees to prepare for emergencies by providing informative messages and sponsoring the annual Emergency Kit Cook-Off on September 17, 2024 from 11:30 am to 1:00 pm at VDH James Madison Building (Richmond).

COMPLETE [THIS FORM](#) TO SUBMIT YOUR EMERGENCY KIT COOK-OFF RECIPE

Do you have a recipe that offers comfort in an emergency situation using only non-perishable pantry items and manual appliances? If so, register for the Emergency Kit Cook-Off and try to earn the GOLD for your office, district, or agency. Submit your recipes by August 16, 2024. Finalist will be notified by August 19, 2024, and the cook-off happens September 17, 2024 at the James

Madison building. Celebrity judges include our own Bob Mauskapf and Virginia Governor's Executive Chef Ed Gross. Direct questions to Adreania Tolliver at adreania.tolliver@vdh.virginia.gov.

This is also a great opportunity to gather information from over 27 state and local emergency preparedness exhibitors. The event includes HOPE Pet Therapy, Zydeco Dance Demo, a DJ, games, food trucks, AED Demo, and a fire extinguisher demonstration. For Virginia State employees and contractors, Walgreens will offer flu and COVID vaccinations. Just bring your ID and insurance card.

Finally, cook-off participants will be preparing their emergency preparedness meal. So, you may take away some new recipes. To view past entries and recipes, visit the OEP Public Preparedness Guidance webpage. Share the printable flyer for this event on the last page of the newsletter.





The EP&R Lunch and Learn program is perfect for short powerful training sessions to address hot topics. They occur on the second Thursday of each month from 11:00-11:30 am for those that are interested. It is the ideal opportunity to learn a little, eat a bite, and interact with colleagues. Review upcoming sessions and register on TRAIN.

If you don't have time to join the actual Lunch and Learn, you can still access these great mini-courses. Just visit [OEP Lunch and Learn Sessions on the Workforce Development Team webpage](#) where you can find information about upcoming sessions. Access archived sessions at your convenience on the [OEP webpage](#). If you have suggestions for upcoming topics, send your idea to Regina Hutchinson at regina.hutchinson@vdh.virginia.gov.

Date/Time	Topic	Register
August 8, 2024 11:00-11:30 am	PHEP Capabilities: Public Information & Warning	TRAIN Course ID 1079519
September 12, 2024 11:00-11:30 am	Emergency Preparedness Month	TRAIN Course ID 1079519
October 10, 2024 11:00-11:30 am	PHEP Capabilities: Medical Countermeasure Dispensing and Administration	TRAIN Course ID 1079519
November 14, 2024 11:00-11:30 am	PHEP Capabilities: Medical Surge	TRAINING Course ID 1079519



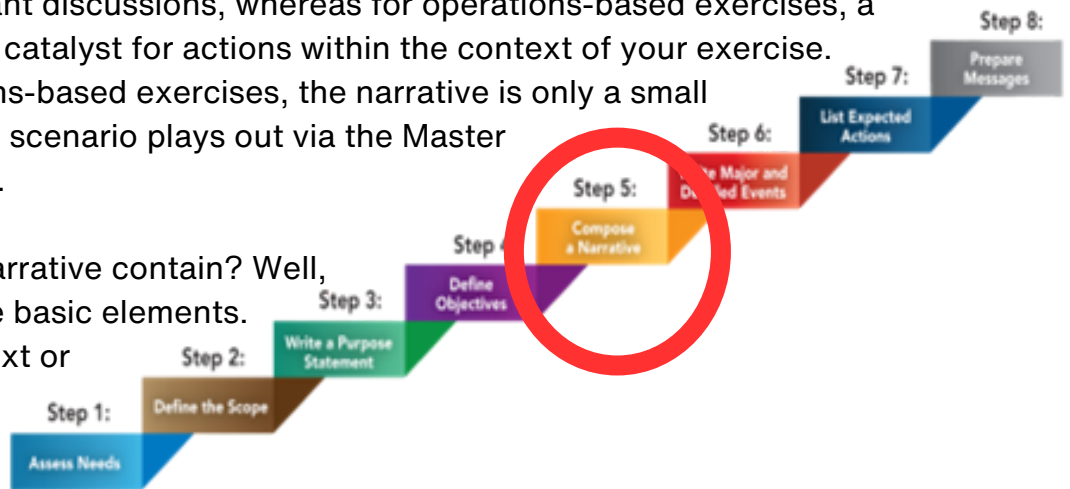
VDH: Everbridge HAN Group Manager and Dispatcher Refresher Training (Live Event) Course ID 1059198 –This course provides Group Managers and Dispatchers with refresher trainings on various topics regarding the functionality of using Everbridge HAN.

Day/Date/Time	Topic	Job Aid
Tuesday, August 13, 2024/9:30am-10:30am	Universe Tab and Dashboard Tab	<u>Universe Tab Job Aid</u> <u>Dashboard Tab Job Aid</u>
Tuesday, September 10, 2024/9:30am-10:30am	Sending Notifications	<u>Sending Notifications Job Aid</u>
Wednesday, October 16, 2024/10:00am-11:00am	Contacts Tab (Group Managers only)	<u>Contacts Tab Job Aid</u>
Wednesday, November 4, 2024/9:30am-10:30am	Reports Tab (Group Managers only)	<u>Reports Tab Job Aid</u>

The Eight Step Exercise Design Process.... Step 5: Compose a Narrative

Aaron L. Kesecker, MEP

What is a narrative? Your narrative, or scenario, script, whatever you choose to call it is an outline, or model of the simulated sequence events of your exercise. They can be written in a paragraph (or narrative) form or timeline format. Are there differences between narrative for discussion based vs. operations-based exercises? You bet. For discussion-based exercises, the narrative provides the backdrop that drive participant discussions, whereas for operations-based exercises, a scenario provides a driver or catalyst for actions within the context of your exercise. Just remember, for operations-based exercises, the narrative is only a small portion, the reminder of your scenario plays out via the Master Scenario Events List (MSEL).



What must my scenario or narrative contain? Well, scenarios must contain three basic elements. First being the general context or comprehensive story of the incident. Second, you must develop it to contain the

conditions sufficient for the players to demonstrate proficiency or guide them to discussions based on their plans, policies, and procedures. Do not develop your narrative until your purpose, scope, and objectives have been developed.

How much detail should I put into my narrative? Simply put, it should be developed to reflect real-world uncertainty and be designed to ensure that the scope of the exercise remains within your scope so that it can be implemented without being overwhelming and failing to test the desired plans, policies, and procedures and personnel.

Lastly, it never hurts to wargame your scenario within the context of the planning team to test for effectiveness in reaching the desired objectives and outcomes.

Until next time friends. Own the process!

Medical Reserve Corps (MRC) Training Updates

Mike Magner, State Volunteer Coordinator



New HIPAA-Only Training For MRC Volunteers

In July 2023, a new required course for all MRC volunteers, Cybersecurity/HIPAA Training was rolled out in TRAIN. Completion of this course impacted volunteer's ability to be deployed. However, as of July 8, 2024, only 16% compliance was achieved. Based on feedback and discussions with the Office of Information Management (OIM) Information Security Team and the HIPAA compliance officer, a HIPAA Only course is being developed that should only require about 15 minutes to complete. Once completed it will complete the current Cybersecurity/HIPAA training course. MRC volunteers that already completed the original course will NOT be required to complete the new course. New MRC volunteers must complete the new shorter HIPAA course as part of their onboarding process. MRC volunteers that have not completed this course will still be deployable but will need to complete his course as just-in-training during their next deployment.

Once the new HIPAA Training for MRC volunteers course is completed and approved by OIM Information Security Team and the VDH HIPAA Compliance Officer, an announcement will be sent out to MRC Unit Coordinators and MRC Volunteers. In the meantime, the current Cybersecurity/HIPAA training requirement for new and existing MRC volunteers remains in effect.

MRC Statewide Radiological Health Response Team

In 2023, the Virginia MRC program rolled out the new MRC Statewide Radiological Health Response team to augment the VDH Office of Radiological Health's response to radiological emergencies in Virginia. Currently, we have 70 MRC volunteers fully trained, including 54 volunteers trained for the EAC Augmentation team role, 6 volunteers trained for the NPZ Monitoring Team role, and 10 MRC volunteers trained for both roles. Two of our statewide team members provided augmentation support to the VOPEX 2024 EAC exercise in Hanover County on July 16th as part of the decontamination team.

Employee Wellness and Occupational Safety and Health Website

Elizabeth Coleman, OSHA Program Manager

We are introducing the new Employee Wellness and Occupational Safety and Health (EWOSH) website to assist with Department of Health safety, health, and wellness. This website will provide quick access to topics including beneficial wellness information, safety training, what to do in case of an accident, helpful procedures and guidelines to follow, who and how to contact your EWOSH team, a multitude of various resources, and coming soon - instructions on how to use the Deployment Readiness Database that will help you to track your teams vaccinations, respirator fit testing requirements, and CPR training and expiration.

[Employee Wellness and Occupational Safety and Health \(virginia.gov\)](http://virginia.gov)

We hope this website becomes a valuable resource to all Department of Health employees.

Employee Wellness Occupational Safety and Health: EMPLOYEE WELLNESS

The screenshot displays the 'Employee Wellness' section of the website. At the top, it features a 'weekly wellness note' titled 'National Safety Council --Beat the Heat!!'. Below the title is a graphic with the text 'Beat the Heat' and a list of safety tips. To the right of the main content is a navigation menu with links to Home, Occupational Safety & Training, Incidents and Accidents, EWOSH Policy and Guidelines, Occupational Health Contacts, Resources, and Deployment Readiness Database. Below the menu is a circular icon representing the 'CommonHealth' model, divided into Mind, Body, Work, and Social. At the bottom right of the menu area is a button labeled 'CommonHealth Website' with an external link icon.

weekly wellness note

National Safety Council --Beat the Heat!!

- Prevent dehydration by drinking one cup of water or an electrolyte drink every 15-20 minutes
- Eat light
- Eliminate or reduce strenuous activities
- Take frequent breaks under shade or cool areas
- Wear lightweight, light-colored, loose-fitting protective clothing
- Wear a hat and sunglasses
- Protect yourself from sun exposure using and reapplying sunscreen regularly
- Never leave children, elderly, disabled people or pets in a car, even with the windows partially open.

Home
Occupational Safety & Training
Incidents and Accidents
EWOSH Policy and Guidelines
Occupational Health Contacts
Resources
Deployment Readiness Database

Mind Body Work Social
CommonHealth

CommonHealth Website

Come Out
and Enjoy



- Emergency Preparedness Exhibitors
- AED Demonstration
- Zydeco Dance Demonstration
- HOPE Pet Therapy
- Fire Extinguisher Demonstration
- Flu and COVID Vaccinations by Walgreens (need ID and Insurance Card).
- Emergency Kit Cook-Off



VDH VIRGINIA
DEPARTMENT
OF HEALTH

OnThe
Square
VIRGINIA

EMERGENCY KIT COOK-OFF

Tuesday, September 17, 2024

11:30 AM - 1:00 PM

