

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS

Virginia High School Survey Risk Behaviors and Sexual Identity Report

Unintentional Injuries/Violence

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Other/Questioning*		Difference Between Heterosexual and Gay, Lesbian, or Bisexual? [§]	Difference Between Heterosexual and Other/Questioning? [§]	Difference Between Gay, Lesbian, or Bisexual and Other/Questioning? [§]
	% 95% CI [†]	N	% 95% CI	N	% 95% CI	N			
QN9: Percentage of students who rode with a driver who had been drinking alcohol (in a car or other vehicle, one or more times during the 30 days before the survey)	12.1 (10.2-14.2)	1,400	13.6 (9.0-20.1)	262	8.4 (5.6-12.5)	161	No	No	Yes
QN10: Percentage of students who drove a car or other vehicle when they had been drinking alcohol (one or more times during the 30 days before the survey, among students who had driven a car or other vehicle during the 30 days before the survey)	1.8 (0.8-4.1)	547	4.8 (1.5-14.5)	98	3.9 (0.6-21.8)	45	No	No	No
QN12: Percentage of students who carried a weapon on school property (such as a gun, knife, or club, on at least 1 day during the 30 days before the survey)	1.2 (0.6-2.4)	1,398	4.3 (1.9-9.3)	263	1.3 (0.2-9.1)	161	No	No	No

*Includes students who responded 'I describe my sexual identity some other way' or 'I am not sure about my sexual identity (questioning)'.

[†]Confidence interval.

[§]Based on t-test analyses, p<0.05.

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	% 95% CI [†]	N	% 95% CI	N	% 95% CI	N			
QN13: Percentage of students who carried a gun (not counting the days when they carried a gun only for hunting or for a sport such as target shooting, on at least 1 day during the 12 months before the survey)	2.5 (1.6-3.8)	1,399	1.5 (0.4-6.3)	263	2.9 (0.6-13.0)	161	No	No	No
QN14: Percentage of students who did not go to school because they felt unsafe at school or on their way to or from school (on at least 1 day during the 30 days before the survey)	11.6 (9.3-14.2)	1,398	18.9 (13.1-26.6)	263	21.6 (13.6-32.5)	161	Yes	Yes	No
QN15: Percentage of students who were threatened or injured with a weapon on school property (such as a gun, knife, or club, one or more times during the 12 months before the survey)	7.4 (5.4-10.1)	1,398	8.7 (5.0-14.5)	263	9.3 (4.9-16.8)	161	No	No	No

*Includes students who responded 'I describe my sexual identity some other way' or 'I am not sure about my sexual identity (questioning)'.

[†]Confidence interval.

[§]Based on t-test analyses, p<0.05.

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	% 95% CI [†]	N	% 95% CI	N	% 95% CI	N			
QN16: Percentage of students who were in a physical fight (one or more times during the 12 months before the survey)	18.3 (15.8-21.1)	1,401	20.5 (15.9-26.0)	263	18.5 (12.0-27.3)	161	No	No	No
QN19: Percentage of students who were ever physically forced to have sexual intercourse (when they did not want to)	4.9 (3.1-7.5)	1,397	10.5 (7.4-14.7)	259	15.2 (9.4-23.5)	158	Yes	Yes	No
QN20: Percentage of students who experienced sexual violence (being forced by anyone to do sexual things [counting such things as kissing, touching, or being physically forced to have sexual intercourse] that they did not want to do, one or more times during the 12 months before the survey)	8.7 (6.4-11.6)	1,381	16.1 (10.9-23.2)	253	16.8 (12.4-22.4)	157	Yes	Yes	No

*Includes students who responded 'I describe my sexual identity some other way' or 'I am not sure about my sexual identity (questioning)'.

[†]Confidence interval.

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Unintentional Injuries/Violence

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Other/Questioning*		Difference Between Heterosexual and Gay, Lesbian, or Bisexual? [§]	Difference Between Heterosexual and Other/Questioning? [§]	Difference Between Gay, Lesbian, or Bisexual and Other/Questioning? [§]
	% 95% CI [†]	N	% 95% CI	N	% 95% CI	N			
Q21: Percentage of students who experienced sexual dating violence (being forced by someone they were dating or going out with to do sexual things [counting such things as kissing, touching, or being physically forced to have sexual intercourse] that they did not want to do, one or more times during the 12 months before the survey, among students who dated or went out with someone during the 12 months before the survey)	6.5 (4.6-9.3)	727	10.3 (5.7-18.0)	145	21.6 (12.5-34.7)	63	No	Yes	No
Q22: Percentage of students who experienced physical dating violence (being physically hurt on purpose by someone they were dating or going out with [counting such things as being hit, slammed into something, or injured with an object or weapon] one or more times during the 12 months before the survey, among students who dated or went out with someone during the 12 months before the survey)	7.5 (5.6-9.9)	744	13.6 (7.4-23.8)	154	15.7 (7.4-30.2)	66	No	No	No

*Includes students who responded 'I describe my sexual identity some other way' or 'I am not sure about my sexual identity (questioning)'.

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Unintentional Injuries/Violence

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Other/Questioning*		Difference Between Heterosexual and Gay, Lesbian, or Bisexual? [§]	Difference Between Heterosexual and Other/ Questioning? [§]	Difference Between Gay, Lesbian, or Bisexual and Other/ Questioning? [§]
	% 95% CI [†]	N	% 95% CI	N	% 95% CI	N			
QN24: Percentage of students who were bullied on school property (ever during the 12 months before the survey)	14.9 (12.2-18.2)	1,401	24.6 (19.8-30.2)	263	25.3 (15.8-38.1)	161	Yes	No	No
QN25: Percentage of students who were electronically bullied (counting being bullied through texting, Instagram, Facebook, or other social media, ever during the 12 months before the survey)	11.0 (8.4-14.3)	1,398	18.0 (13.1-24.3)	263	12.1 (7.5-18.7)	161	Yes	No	No
QN26: Percentage of students who felt sad or hopeless (almost every day for ≥2 weeks in a row so that they stopped doing some usual activities, ever during the 12 months before the survey)	26.4 (21.9-31.5)	1,397	63.5 (55.5-70.8)	262	51.3 (44.2-58.4)	160	Yes	Yes	Yes

*Includes students who responded 'I describe my sexual identity some other way' or 'I am not sure about my sexual identity (questioning)'.

[†]Confidence interval.

[§]Based on t-test analyses, p<0.05.

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Unintentional Injuries/Violence

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Other/Questioning*		Difference Between Heterosexual and Gay, Lesbian, or Bisexual? [§]	Difference Between Heterosexual and Other/Questioning? [§]	Difference Between Gay, Lesbian, or Bisexual and Other/Questioning? [§]
	% 95% CI [†]	N	% 95% CI	N	% 95% CI	N			
QN27: Percentage of students who seriously considered attempting suicide (during the 12 months before the survey)	11.8 (8.8-15.5)	1,394	38.6 (31.2-46.7)	261	29.0 (21.8-37.4)	160	Yes	Yes	No
QN28: Percentage of students who made a plan about how they would attempt suicide (during the 12 months before the survey)	9.5 (7.1-12.5)	1,389	26.8 (20.8-33.9)	260	20.7 (15.4-27.2)	158	Yes	Yes	No
QN29: Percentage of students who actually attempted suicide (one or more times during the 12 months before the survey)	5.9 (4.3-8.0)	1,291	13.5 (10.0-18.0)	247	15.5 (10.9-21.5)	153	Yes	Yes	No
QN30: Percentage of students who had a suicide attempt that resulted in an injury, poisoning, or overdose that had to be treated by a doctor or nurse (during the 12 months before the survey)	1.6 (0.9-2.8)	1,292	2.2 (1.1-4.4)	248	3.0 (1.1-7.5)	153	No	No	No

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2023 YOUTH RISK BEHAVIOR SURVEY RESULTS

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Tobacco Use

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Other/Questioning*		Difference Between Heterosexual and Gay, Lesbian, or Bisexual? [§]	Difference Between Heterosexual and Other/Questioning? [§]	Difference Between Gay, Lesbian, or Bisexual and Other/Questioning? [§]
	% 95% CI [†]	N	% 95% CI	N	% 95% CI	N			
QN32: Percentage of students who smoked a cigarette before age 13 years (even one or two puffs)	3.8 (2.9-4.9)	1,397	8.3 (4.8-13.9)	261	6.6 (3.8-11.1)	160	No	No	No
QNFRCIG: Percentage of students who currently smoked cigarettes frequently (on 20 or more days during the 30 days before the survey)	0.3 (0.1-0.9)	1,385	0.4 (0.1-3.1)	259	0.0	160	No	No	No
QNDAYCIG: Percentage of students who currently smoked cigarettes daily (on all 30 days during the 30 days before the survey)	0.3 (0.1-0.9)	1,385	0.4 (0.1-3.1)	259	0.0	160	No	No	No
QN33: Percentage of students who currently smoked cigarettes (on at least 1 day during the 30 days before the survey)	1.3 (0.7-2.3)	1,385	4.2 (2.2-8.0)	259	2.4 (0.4-13.2)	160	Yes	No	No

*Includes students who responded 'I describe my sexual identity some other way' or 'I am not sure about my sexual identity (questioning)'.

[†]Confidence interval.

[§]Based on t-test analyses, p<0.05.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS

Virginia High School Survey Risk Behaviors and Sexual Identity Report

Tobacco Use

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Other/Questioning*		Difference Between Heterosexual and Gay, Lesbian, or Bisexual? [§]	Difference Between Heterosexual and Other/Questioning? [§]	Difference Between Gay, Lesbian, or Bisexual and Other/Questioning? [§]
	% 95% CI [†]	N	% 95% CI	N	% 95% CI	N			
QN34: Percentage of students who smoked more than 10 cigarettes per day (on the days they smoked during the 30 days before the survey, among students who currently smoked cigarettes)	-	15	-	8	-	3	N/A	N/A	N/A
QN36: Percentage of students who currently used an electronic vapor product (including e-cigarettes, vapes, vape pens, e-cigars, e-hookahs, hookah pens, and mods [such as JUUL, SMOK, Suorin, Vuse, and blu], on at least 1 day during the 30 days before the survey)	6.4 (4.5-9.0)	1,339	17.2 (10.9-26.0)	243	10.4 (4.5-22.2)	154	Yes	No	No
QNFREVP: Percentage of students who currently used electronic vapor products frequently (on 20 or more days during the 30 days before the survey)	2.9 (2.0-4.4)	1,339	6.6 (3.7-11.6)	243	3.9 (1.1-13.2)	154	Yes	No	No

*Includes students who responded 'I describe my sexual identity some other way' or 'I am not sure about my sexual identity (questioning)'.

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[§]Based on t-test analyses, p<0.05.

- = Fewer than 30 students in the denominator (subgroup).

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Tobacco Use

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Other/Questioning*		Difference Between Heterosexual and Gay, Lesbian, or Bisexual? [§]	Difference Between Heterosexual and Other/Questioning? [§]	Difference Between Gay, Lesbian, or Bisexual and Other/Questioning? [§]
	% 95% CI [†]	N	% 95% CI	N	% 95% CI	N			
QNDAYEVP: Percentage of students who currently used electronic vapor products daily (on all 30 days during the 30 days before the survey)	2.6 (1.7-4.0)	1,339	4.9 (2.5-9.5)	243	2.4 (0.6-8.6)	154	No	No	No
QN37: Percentage of students who usually got their electronic vapor products by buying them themselves in a convenience store, supermarket, discount store, or gas station (including e-cigarettes, vapes, vape pens, e-cigars, e-hookahs, hookah pens, and mods [such as JUUL, SMOK, Suorin, Vuse, and blu], during the 30 days before the survey, among students who currently used electronic vapor products)	8.1 (2.7-21.6)	77	4.1 (0.6-23.2)	33	-	14	No	N/A	N/A
QNFRSKL: Percentage of students who currently used smokeless tobacco frequently (chewing tobacco, snuff, dip, snus, or dissolvable tobacco products [such as Copenhagen, Grizzly, Skoal, or Camel Snus], not counting any electronic vapor products, on 20 or more days during the 30 days before the survey)	0.2 (0.0-0.5)	1,394	0.4 (0.1-3.1)	263	0.0	161	No	No	No

*Includes students who responded 'I describe my sexual identity some other way' or 'I am not sure about my sexual identity (questioning)'.

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	% 95% CI†	N	% 95% CI	N	% 95% CI	N			
QNDAYSKL: Percentage of students who currently used smokeless tobacco daily (chewing tobacco, snuff, dip, snus, or dissolvable tobacco products [such as Copenhagen, Grizzly, Skoal, or Camel Snus], not counting any electronic vapor products, on all 30 days during the 30 days before the survey)	0.2 (0.0-0.5)	1,394	0.4 (0.1-3.1)	263	0.0	161	No	No	No
QN38: Percentage of students who currently used smokeless tobacco (chewing tobacco, snuff, dip, snus, or dissolvable tobacco products [such as Copenhagen, Grizzly, Skoal, Camel Snus, or Velo Nicotine Lozenges], not counting any electronic vapor products, on at least 1 day during the 30 days before the survey)	1.3 (0.8-2.2)	1,394	2.0 (1.2-3.5)	263	0.7 (0.1-4.8)	161	No	No	No
QNFRCGR: Percentage of students who currently smoked cigars frequently (cigars, cigarillos, or little cigars, on 20 or more days during the 30 days before the survey)	0.3 (0.1-0.9)	1,393	0.9 (0.2-3.2)	262	0.5 (0.1-4.2)	160	No	No	No

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Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Other/Questioning*		Difference Between Heterosexual and Gay, Lesbian, or Bisexual? [§]	Difference Between Heterosexual and Other/Questioning? [§]	Difference Between Gay, Lesbian, or Bisexual and Other/Questioning? [§]
	% 95% CI [†]	N	% 95% CI	N	% 95% CI	N			
QNDAYCGR: Percentage of students who currently smoked cigars daily (cigars, cigarillos, or little cigars, on all 30 days during the 30 days before the survey)	0.2 (0.0-0.9)	1,393	0.4 (0.1-3.1)	262	0.5 (0.1-4.2)	160	No	No	No
QNTB2: Percentage of students who currently smoked cigarettes or cigars (on at least 1 day during the 30 days before the survey)	2.5 (1.6-3.7)	1,380	5.8 (2.7-12.0)	258	4.3 (1.2-14.4)	160	No	No	No
QNTB3: Percentage of students who currently smoked cigarettes or cigars or used smokeless tobacco (on at least 1 day during the 30 days before the survey)	3.2 (2.1-4.7)	1,379	6.2 (3.1-12.2)	258	4.3 (1.2-14.4)	160	No	No	No
QNTB4: Percentage of students who currently smoked cigarettes or cigars or used smokeless tobacco or electronic vapor products (on at least 1 day during the 30 days before the survey)	6.6 (4.5-9.6)	1,327	18.1 (11.5-27.3)	239	10.1 (4.3-21.8)	153	Yes	No	No

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Tobacco Use

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Other/Questioning*		Difference Between Heterosexual and Gay, Lesbian, or Bisexual? [§]	Difference Between Heterosexual and Other/ Questioning? [§]	Difference Between Gay, Lesbian, or Bisexual and Other/ Questioning? [§]
	% 95% CI [†]	N	% 95% CI	N	% 95% CI	N			
QNTB5: Percentage of students who currently smoked cigarettes or used electronic vapor products (on at least 1 day during the 30 days before the survey)	6.1 (4.3-8.5)	1,330	18.0 (11.5-27.2)	240	10.1 (4.3-21.8)	153	Yes	No	No
QN39: Percentage of students who currently smoked cigars, cigarillos, or little cigars, such as Swisher Sweets, Middleton's (including Black & Mild, or Backwoods, on at least 1 day during the 30 days before the survey)	1.8 (1.2-2.8)	1,393	2.8 (1.2-6.6)	262	1.8 (0.6-5.1)	160	No	No	No
QN40: Did not try to quit using all tobacco products	47.1 (41.5-52.7)	139	41.8 (25.7-59.9)	47	-	20	No	N/A	N/A

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Alcohol/Other Drug Use

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Other/Questioning*		Difference Between Heterosexual and Gay, Lesbian, or Bisexual? [§]	Difference Between Heterosexual and Other/Questioning? [§]	Difference Between Gay, Lesbian, or Bisexual and Other/Questioning? [§]
	% 95% CI [†]	N	% 95% CI	N	% 95% CI	N			
QN41: Percentage of students who had their first drink of alcohol before age 13 years (other than a few sips)	9.5 (7.9-11.3)	1,375	19.6 (13.2-28.1)	258	10.7 (6.8-16.4)	156	Yes	No	Yes
QN42: Percentage of students who currently drank alcohol (at least one drink of alcohol, on at least 1 day during the 30 days before the survey)	14.4 (11.7-17.6)	1,380	25.5 (18.4-34.1)	257	15.8 (9.9-24.2)	157	Yes	No	No
QN43: Percentage of students who currently were binge drinking (had four or more drinks of alcohol in a row if they were female or five or more drinks of alcohol in a row if they were male, within a couple of hours, on at least 1 day during the 30 days before the survey)	6.4 (4.7-8.8)	1,394	9.0 (5.7-13.8)	259	6.9 (4.2-11.1)	161	No	No	No

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Alcohol/Other Drug Use

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Other/Questioning*		Difference Between Heterosexual and Gay, Lesbian, or Bisexual? [§]	Difference Between Heterosexual and Other/Questioning? [§]	Difference Between Gay, Lesbian, or Bisexual and Other/Questioning? [§]
	% 95% CI [†]	N	% 95% CI	N	% 95% CI	N			
QN46: Percentage of students who ever used marijuana (one or more times during their life)	15.4 (11.8-19.8)	1,376	34.3 (25.0-45.0)	254	17.4 (10.5-27.5)	159	Yes	No	Yes
QN47: Percentage of students who tried marijuana for the first time before age 13 years	3.0 (2.0-4.5)	1,374	3.9 (2.0-7.5)	254	3.0 (1.1-8.0)	159	No	No	No
QN48: Percentage of students who currently used marijuana (one or more times during the 30 days before the survey)	7.2 (5.1-10.2)	1,382	20.5 (14.8-27.7)	261	9.3 (3.9-20.8)	158	Yes	No	Yes

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Sexual Behaviors

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	% 95% CI [†]	N	% 95% CI	N	% 95% CI	N			
QN56: Percentage of students who ever had sexual intercourse	21.0 (16.3-26.6)	1,331	29.2 (21.7-38.1)	251	23.6 (17.0-31.8)	157	Yes	No	No
QN57: Percentage of students who had sexual intercourse for the first time before age 13 years	2.1 (1.2-3.7)	1,328	4.3 (2.4-7.4)	250	4.8 (1.9-11.7)	156	No	No	No
QN58: Percentage of students who had sexual intercourse with four or more persons during their life	3.5 (2.1-5.9)	1,328	5.4 (3.2-8.7)	251	1.9 (0.4-7.9)	155	No	No	No
QN59: Percentage of students who were currently sexually active (had sexual intercourse with at least one person, during the 3 months before the survey)	15.6 (11.9-20.2)	1,328	20.4 (14.9-27.2)	251	14.6 (11.4-18.6)	156	No	No	No

*Includes students who responded 'I describe my sexual identity some other way' or 'I am not sure about my sexual identity (questioning)'.

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	% 95% CI [†]	N	% 95% CI	N	% 95% CI	N			
QN60: Percentage of students who drank alcohol or used drugs before last sexual intercourse (among students who were currently sexually active)	10.3 (6.3-16.3)	178	14.4 (6.8-28.2)	46	-	20	No	N/A	N/A
QN61: Percentage of students who did not use a condom during last sexual intercourse (among students who were currently sexually active)	38.4 (29.4-48.2)	175	59.8 (43.9-73.9)	46	-	20	Yes	N/A	N/A
QN62: Did not use birth control pills before last sexual intercourse with opposite-sex partner	84.3 (77.3-89.5)	169	-	29	-	17	N/A	N/A	N/A
QN82: Were not tested or were not sure whether they had been tested for a sexually transmitted disease (STD) other than HIV, such as chlamydia or gonorrhea	96.7 (95.4-97.7)	1,374	95.0 (90.8-97.4)	262	93.8 (88.2-96.9)	160	No	No	No

*Includes students who responded 'I describe my sexual identity some other way' or 'I am not sure about my sexual identity (questioning)'.

[†]Confidence interval.

[§]Based on t-test analyses, p<0.05.

- = Fewer than 30 students in the denominator (subgroup).

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS

Virginia High School Survey
Risk Behaviors and Sexual Identity Report

Birth Control

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Other/Questioning*		Difference Between Heterosexual and Gay, Lesbian, or Bisexual? [§]	Difference Between Heterosexual and Other/Questioning? [§]	Difference Between Gay, Lesbian, or Bisexual and Other/Questioning? [§]
	% 95% CI [†]	N	% 95% CI	N	% 95% CI	N			
QNIUDIMP: Percentage of students who did not use an IUD (such as Mirena or ParaGard) or implant (such as Implanon or Nexplanon) before last sexual intercourse with an opposite-sex partner	95.6 (92.3-97.5)	169	-	29	-	17	N/A	N/A	N/A
QNOTHHPL: Percentage of students who did not use birth control pills; an IUD (such as Mirena or ParaGard) or implant (such as Implanon or Nexplanon); or a shot (such as Depo-Provera), patch (such as OrthoEvra), or birth control ring (such as NuvaRing) before last sexual intercourse with an opposite-sex partner	76.3 (68.9-82.5)	169	-	29	-	17	N/A	N/A	N/A
QNDUALBC: Percentage of students who did not use both a condom during last sexual intercourse and birth control pills; an IUD or implant; or a shot, patch, or birth control ring before last sexual intercourse with an opposite-sex partner	89.9 (83.8-93.9)	166	-	29	-	17	N/A	N/A	N/A

*Includes students who responded 'I describe my sexual identity some other way' or 'I am not sure about my sexual identity (questioning)'.

[†]Confidence interval.

[§]Based on t-test analyses, p<0.05.

- = Fewer than 30 students in the denominator (subgroup).

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS

Virginia High School Survey
Risk Behaviors and Sexual Identity Report

Birth Control

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Other/Questioning*		Difference Between Heterosexual and Gay, Lesbian, or Bisexual? [§]	Difference Between Heterosexual and Other/Questioning? [§]	Difference Between Gay, Lesbian, or Bisexual and Other/Questioning? [§]
	% 95% CI [†]	N	% 95% CI	N	% 95% CI	N			
QNBCNONE: Percentage of students who did not use any method to prevent pregnancy during last sexual intercourse with an opposite-sex partner (among students who were currently sexually active)	9.6 (5.6-16.1)	169	-	29	-	17	N/A	N/A	N/A

*Includes students who responded 'I describe my sexual identity some other way' or 'I am not sure about my sexual identity (questioning)'.

[†]Confidence interval.

[§]Based on t-test analyses, p<0.05.

- = Fewer than 30 students in the denominator (subgroup).

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS

Virginia High School Survey Risk Behaviors and Sexual Identity Report

Dietary Behaviors

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Other/Questioning*		Difference Between Heterosexual and Gay, Lesbian, or Bisexual? [§]	Difference Between Heterosexual and Other/Questioning? [§]	Difference Between Gay, Lesbian, or Bisexual and Other/Questioning? [§]
	% 95% CI [†]	N	% 95% CI	N	% 95% CI	N			
QNOBESE: Percentage of students who had obesity (\geq 95th percentile for body mass index, based on sex- and age-specific reference data from the 2000 CDC growth charts) [¶]	12.1 (10.3-14.2)	1,279	21.0 (15.1-28.5)	241	18.8 (13.5-25.5)	134	Yes	Yes	No
QNOWT: Percentage of students who were overweight (\geq 85th percentile but $<$ 95th percentile for body mass index, based on sex- and age-specific reference data from the 2000 CDC growth charts) [¶]	16.3 (13.7-19.2)	1,279	16.7 (12.8-21.6)	241	12.0 (7.0-19.8)	134	No	No	No
QN66: Percentage of students who described themselves as slightly or very overweight	24.8 (21.4-28.5)	1,394	42.9 (32.1-54.3)	260	39.2 (31.4-47.5)	161	Yes	Yes	No
QN69: Percentage of students who did not eat fruit (one or more times during the 7 days before the survey)	7.9 (6.2-9.9)	1,391	6.7 (4.3-10.3)	263	16.5 (11.2-23.5)	161	No	Yes	Yes

*Includes students who responded 'I describe my sexual identity some other way' or 'I am not sure about my sexual identity (questioning)'.

[†]Confidence interval.

[§]Based on t-test analyses, $p < 0.05$.

[¶]Based on reference data from the 2000 CDC Growth Charts. In 2017, new, slightly different ranges were used to calculate biologically implausible responses to height and weight questions.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS

Virginia High School Survey Risk Behaviors and Sexual Identity Report

Dietary Behaviors

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Other/Questioning*		Difference Between Heterosexual and Gay, Lesbian, or Bisexual? [§]	Difference Between Heterosexual and Other/Questioning? [§]	Difference Between Gay, Lesbian, or Bisexual and Other/Questioning? [§]
	% 95% CI [†]	N	% 95% CI	N	% 95% CI	N			
QN70: Percentage of students who did not eat green salad (one or more times during the 7 days before the survey)	39.3 (34.8-44.1)	1,389	46.2 (38.2-54.4)	263	50.6 (37.9-63.2)	161	No	No	No
QNSODA1: Percentage of students who drank a can, bottle, or glass of soda or pop one or more times per day (such as Coke, Pepsi, or Sprite, not counting diet soda or diet pop, during the 7 days before the survey)	15.8 (13.2-18.8)	1,389	19.6 (15.2-24.9)	263	18.0 (10.6-28.8)	161	No	No	No
QNSODA2: Percentage of students who drank a can, bottle, or glass of soda or pop two or more times per day (such as Coke, Pepsi, or Sprite, not counting diet soda or diet pop, during the 7 days before the survey)	8.4 (6.7-10.5)	1,389	11.1 (7.4-16.3)	263	9.5 (3.8-21.9)	161	No	No	No

*Includes students who responded 'I describe my sexual identity some other way' or 'I am not sure about my sexual identity (questioning)'.

[†]Confidence interval.

[§]Based on t-test analyses, p<0.05.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS

Virginia High School Survey Risk Behaviors and Sexual Identity Report

Dietary Behaviors

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Other/Questioning [*]		Difference Between Heterosexual and Gay, Lesbian, or Bisexual? [§]	Difference Between Heterosexual and Other/Questioning? [§]	Difference Between Gay, Lesbian, or Bisexual and Other/Questioning? [§]
	% 95% CI [†]	N	% 95% CI	N	% 95% CI	N			
QN75: Percentage of students who did not eat breakfast (during the 7 days before the survey)	18.9 (15.2-23.2)	1,383	18.7 (15.6-22.3)	262	16.0 (11.0-22.7)	161	No	No	No
QNBK7DAY: Percentage of students who did not eat breakfast on all 7 days (during the 7 days before the survey)	69.5 (65.0-73.6)	1,383	84.0 (79.3-87.8)	262	74.1 (67.2-80.0)	161	Yes	No	Yes

^{*}Includes students who responded 'I describe my sexual identity some other way' or 'I am not sure about my sexual identity (questioning)'.

[†]Confidence interval.

[§]Based on t-test analyses, p<0.05.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS

Virginia High School Survey Risk Behaviors and Sexual Identity Report

Physical Activity

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Other/Questioning*		Difference Between Heterosexual and Gay, Lesbian, or Bisexual? [§]	Difference Between Heterosexual and Other/Questioning? [§]	Difference Between Gay, Lesbian, or Bisexual and Other/Questioning? [§]
	% 95% CI [†]	N	% 95% CI	N	% 95% CI	N			
QN76: Percentage of students who were not physically active at least 60 minutes per day on 5 or more days (in any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey)	52.0 (48.5-55.4)	1,377	73.0 (67.6-77.8)	262	78.9 (72.0-84.5)	160	Yes	Yes	No
QNPA0DAY: Percentage of students who did not participate in at least 60 minutes of physical activity on at least 1 day (in any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey)	14.8 (12.2-17.9)	1,377	28.5 (22.2-35.8)	262	32.0 (24.0-41.2)	160	Yes	Yes	No
QNPA7DAY: Percentage of students who were not physically active at least 60 minutes per day on all 7 days (in any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey)	72.6 (70.7-74.4)	1,377	88.6 (82.7-92.7)	262	90.0 (83.3-94.2)	160	Yes	Yes	No

*Includes students who responded 'I describe my sexual identity some other way' or 'I am not sure about my sexual identity (questioning)'.

[†]Confidence interval.

[§]Based on t-test analyses, p<0.05.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS

Virginia High School Survey
Risk Behaviors and Sexual Identity Report

Other	Heterosexual		Gay, Lesbian, or Bisexual		Other/Questioning*		Difference Between Heterosexual and Gay, Lesbian, or Bisexual? [§]	Difference Between Heterosexual and Other/Questioning? [§]	Difference Between Gay, Lesbian, or Bisexual and Other/Questioning? [§]
	% 95% CI [†]	N	% 95% CI	N	% 95% CI	N			
QN83: Percentage of students who did not see a dentist (for a check-up, exam, teeth cleaning, or other dental work, during the 12 months before the survey)	23.8 (21.2-26.5)	1,375	25.4 (19.9-31.8)	262	29.0 (20.9-38.7)	161	No	No	No
QNNODNT: Percentage of students who never saw a dentist (for a check-up, exam, teeth cleaning, or other dental work)	2.6 (1.7-3.9)	1,375	0.9 (0.3-3.1)	262	3.0 (1.0-8.8)	161	Yes	No	No
QN85: Percentage of students who did not get 8 or more hours of sleep (on an average school night)	75.4 (71.4-79.0)	1,376	84.5 (77.3-89.7)	262	85.6 (76.4-91.6)	161	Yes	Yes	No
QN86: Percentage of students who experienced unstable housing (during the 30 days before the survey)	1.9 (1.0-3.5)	1,376	4.4 (2.9-6.8)	262	1.2 (0.2-5.9)	161	Yes	No	Yes

*Includes students who responded 'I describe my sexual identity some other way' or 'I am not sure about my sexual identity (questioning)'.

[†]Confidence interval.

[§]Based on t-test analyses, p<0.05.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS

Virginia High School Survey Risk Behaviors and Sexual Identity Report

Other	Heterosexual		Gay, Lesbian, or Bisexual		Other/Questioning*		Difference Between Heterosexual and Gay, Lesbian, or Bisexual? [§]	Difference Between Heterosexual and Other/Questioning? [§]	Difference Between Gay, Lesbian, or Bisexual and Other/Questioning? [§]
	% 95% CI [†]	N	% 95% CI	N	% 95% CI	N			
Health Risk Behavior									
QN87: Did not describe their grades in school as mostly A's or B's	20.4 (16.6-24.9)	1,373	27.7 (22.1-34.1)	260	32.7 (25.8-40.4)	158	Yes	Yes	No

*Includes students who responded 'I describe my sexual identity some other way' or 'I am not sure about my sexual identity (questioning)'.

[†]Confidence interval.

[§]Based on t-test analyses, p<0.05.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS

Virginia High School Survey Risk Behaviors and Sexual Identity Report

Site-Added

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Other/Questioning*		Difference Between Heterosexual and Gay, Lesbian, or Bisexual? [§]	Difference Between Heterosexual and Other/Questioning? [§]	Difference Between Gay, Lesbian, or Bisexual and Other/Questioning? [§]
	% 95% CI [†]	N	% 95% CI	N	% 95% CI	N			
QN88: Percentage of students who rarely or never wore a bicycle helmet (during the 12 months before the survey, among students who had ridden a bicycle)	78.1 (72.9-82.5)	737	86.6 (77.2-92.4)	116	81.0 (69.5-88.8)	60	No	No	No
QN89: Percentage of students who drove a car or other vehicle when they had been using marijuana (also called pot or weed, one or more times during the 30 days before the survey, among students who had driven a car or other vehicle during the 30 days before the survey)	5.2 (3.0-9.1)	550	8.2 (4.7-14.1)	99	6.3 (1.6-21.5)	44	No	No	No
QN90: Percentage of students who rode in a car or other vehicle driven by someone who had been using marijuana (also called pot or weed, one or more times during the 30 days before the survey)	10.8 (8.6-13.4)	1,397	14.9 (10.3-21.1)	263	16.1 (10.9-23.1)	161	No	No	No

*Includes students who responded 'I describe my sexual identity some other way' or 'I am not sure about my sexual identity (questioning)'.

[†]Confidence interval.

[§]Based on t-test analyses, p<0.05.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS

Virginia High School Survey
Risk Behaviors and Sexual Identity Report

Site-Added

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Other/Questioning*		Difference Between Heterosexual and Gay, Lesbian, or Bisexual? [§]	Difference Between Heterosexual and Other/ Questioning? [§]	Difference Between Gay, Lesbian, or Bisexual and Other/ Questioning? [§]
	% 95% CI†	N	% 95% CI	N	% 95% CI	N			
QN91: Percentage of students who reported it would take them less than an hour to get and be ready to fire a loaded gun without a parent or other adult's permission (gun could be theirs or someone else's and it could be located in their home or car or someone else's home or car)	23.2 (18.8-28.2)	1,389	19.0 (12.7-27.4)	262	20.4 (12.4-31.8)	161	No	No	No
QN92: Percentage of students who reported that an adult or person at least 5 years older than them ever made them do sexual things they did not want to do (counting such things as kissing, touching, or being made to have sexual intercourse)	3.9 (2.9-5.1)	1,400	13.8 (9.8-19.2)	261	10.9 (6.8-17.1)	158	Yes	Yes	No
QN93: Percentage of students who reported that a parent or other adult in their home most of the time or always insulted them or put them down (during their life)	8.1 (6.8-9.5)	1,396	15.2 (11.0-20.5)	262	18.1 (11.3-27.7)	159	Yes	Yes	No

*Includes students who responded 'I describe my sexual identity some other way' or 'I am not sure about my sexual identity (questioning)'.

†Confidence interval.

§Based on t-test analyses, p<0.05.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS

Virginia High School Survey Risk Behaviors and Sexual Identity Report

Site-Added

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Other/Questioning*		Difference Between Heterosexual and Gay, Lesbian, or Bisexual? [§]	Difference Between Heterosexual and Other/Questioning? [§]	Difference Between Gay, Lesbian, or Bisexual and Other/Questioning? [§]
	% 95% CI [†]	N	% 95% CI	N	% 95% CI	N			
QN94: Percentage of students who reported that a parent or other adult in their home most of the time or always hit, beat, kicked, or physically hurt them in any way (during their life)	1.3 (0.8-2.1)	1,395	3.7 (1.9-7.4)	261	4.4 (1.8-10.4)	160	No	No	No
QN95: Percentage of students who reported that their parents or other adults in their home most of the time or always slapped, hit, kicked, punched, or beat each other up (during their life)	1.1 (0.6-1.8)	1,396	2.6 (0.8-8.0)	261	0.8 (0.2-3.9)	160	No	No	No
QN96: Percentage of students who have been the victim of teasing or name calling because someone thought they were gay, lesbian, or bisexual (during the 12 months before the survey)	5.1 (4.0-6.4)	1,397	36.9 (29.6-44.9)	263	29.4 (18.1-43.9)	161	Yes	Yes	No

*Includes students who responded 'I describe my sexual identity some other way' or 'I am not sure about my sexual identity (questioning)'.

[†]Confidence interval.

[§]Based on t-test analyses, p<0.05.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS

Virginia High School Survey Risk Behaviors and Sexual Identity Report

Site-Added

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Other/Questioning*		Difference Between Heterosexual and Gay, Lesbian, or Bisexual? [§]	Difference Between Heterosexual and Other/Questioning? [§]	Difference Between Gay, Lesbian, or Bisexual and Other/Questioning? [§]
	% 95% CI [†]	N	% 95% CI	N	% 95% CI	N			
QN97: Percentage of students who most often smoked Marlboro cigarettes (during the 30 days before the survey, among students who smoked cigarettes during the 30 days before the survey)	-	21	-	10	-	4	N/A	N/A	N/A
QN98: Percentage of students who usually smoked menthol cigarettes (among students who smoked cigarettes during the 30 days before the survey)	-	21	-	10	-	4	N/A	N/A	N/A
QN99: Percentage of students who used electronic vapor products mainly because they were curious about them	4.2 (2.8-6.4)	1,342	9.7 (5.8-15.7)	249	6.1 (4.5-8.3)	157	Yes	No	No
QN100: Percentage of students who did not try to quit using electronic vapor products (among students who used electronic vapor products during the 12 months before the survey)	28.6 (20.0-39.2)	155	39.3 (22.0-59.7)	61	-	20	No	N/A	N/A

*Includes students who responded 'I describe my sexual identity some other way' or 'I am not sure about my sexual identity (questioning)'.

[†]Confidence interval.

[§]Based on t-test analyses, p<0.05.

- = Fewer than 30 students in the denominator (subgroup).

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS

Virginia High School Survey Risk Behaviors and Sexual Identity Report

Site-Added

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Other/Questioning*		Difference Between Heterosexual and Gay, Lesbian, or Bisexual? [§]	Difference Between Heterosexual and Other/Questioning? [§]	Difference Between Gay, Lesbian, or Bisexual and Other/Questioning? [§]
	% 95% CI [†]	N	% 95% CI	N	% 95% CI	N			
QN101: Percentage of students who usually used marijuana by smoking it in a joint, bong, pipe, or blunt (during the 30 days before the survey, among students who used marijuana)	70.9 (60.2-79.8)	101	45.4 (30.0-61.6)	49	-	16	Yes	N/A	N/A
QN102: Percentage of students who currently used an electronic vapor product to vape marijuana (also called pot or weed, including THC, THC concentrates, hash oil, or waxes, on at least one day during the 30 days before the survey)	4.3 (2.9-6.4)	1,353	14.8 (9.9-21.7)	247	5.0 (2.6-9.5)	158	Yes	No	Yes
QN103: Percentage of students who ever took prescription drugs without a doctor's prescription (such as OxyContin, Percocet, Vicodin, codeine, Adderall, Ritalin, or Xanax, one or more times during their life)	4.0 (2.8-5.8)	1,390	14.3 (10.2-19.6)	261	14.5 (8.5-23.6)	161	Yes	Yes	No

*Includes students who responded 'I describe my sexual identity some other way' or 'I am not sure about my sexual identity (questioning)'.

[†]Confidence interval.

[§]Based on t-test analyses, p<0.05.

- = Fewer than 30 students in the denominator (subgroup).

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS

Virginia High School Survey Risk Behaviors and Sexual Identity Report

Site-Added

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Other/Questioning*		Difference Between Heterosexual and Gay, Lesbian, or Bisexual? [§]	Difference Between Heterosexual and Other/Questioning? [§]	Difference Between Gay, Lesbian, or Bisexual and Other/Questioning? [§]
	% 95% CI [†]	N	% 95% CI	N	% 95% CI	N			
QN104: Percentage of students who currently took a prescription drug without a doctor's prescription (such as OxyContin, Percocet, Vicodin, codeine, Adderall, Ritalin, or Xanax, one or more times during the 30 days before the survey)	1.7 (0.9-3.0)	1,389	6.8 (3.8-12.0)	260	3.1 (1.2-7.8)	161	Yes	No	No
QN105: Percentage of students who have used fentanyl (also called Apache, dance fever, goodfellas, jackpot, murder 8, Tango & Cash, and TNT, one or more times during their life)	0.6 (0.3-1.3)	1,389	0.9 (0.2-3.5)	261	1.7 (0.4-8.0)	161	No	No	No
QN106: Percentage of students who currently used fentanyl (also called Apache, dance fever, Goodfellas, jackpot, murder 8, Tango & Cash, TNT, one or more times during the 30 days before the survey)	0.1 (0.0-0.5)	1,384	0.9 (0.2-3.5)	261	0.0	160	No	No	No

*Includes students who responded 'I describe my sexual identity some other way' or 'I am not sure about my sexual identity (questioning)'.

[†]Confidence interval.

[§]Based on t-test analyses, p<0.05.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS

Virginia High School Survey Risk Behaviors and Sexual Identity Report

Site-Added

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Other/Questioning*		Difference Between Heterosexual and Gay, Lesbian, or Bisexual? [§]	Difference Between Heterosexual and Other/Questioning? [§]	Difference Between Gay, Lesbian, or Bisexual and Other/Questioning? [§]
	% 95% CI [†]	N	% 95% CI	N	% 95% CI	N			
QN107: Percentage of students who got it or bought it from a friend or someone else that was not a family member (among students who used fentanyl during the 30 days before the survey)	-	2	-	3	-	0	N/A	N/A	N/A
QN108: Percentage of students who did not eat other vegetables (such as carrots, broccoli, or potatoes, not counting green salad, one or more times during the 7 days before the survey)	9.8 (7.5-12.7)	1,388	9.2 (5.8-14.4)	262	11.5 (7.8-16.7)	161	No	No	No
QN109: Percentage of students who drank a can, bottle, or glass of a sugar-sweetened beverage (such as sports drinks (for example, Gatorade or PowerAde), energy drinks (for example, Red Bull or Jolt), lemonade, sweetened tea or coffee drinks, flavored milk, Snapple, or Sunny Delight, not counting soda or pop or 100% fruit juice, one or more times per day during the 7 days before the survey)	18.3 (15.6-21.3)	1,384	17.1 (12.2-23.4)	262	21.1 (13.7-31.0)	161	No	No	No

*Includes students who responded 'I describe my sexual identity some other way' or 'I am not sure about my sexual identity (questioning)'.

[†]Confidence interval.

[§]Based on t-test analyses, p<0.05.

- = Fewer than 30 students in the denominator (subgroup).

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS

Virginia High School Survey Risk Behaviors and Sexual Identity Report

Site-Added

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Other/Questioning*		Difference Between Heterosexual and Gay, Lesbian, or Bisexual? [§]	Difference Between Heterosexual and Other/ Questioning? [§]	Difference Between Gay, Lesbian, or Bisexual and Other/ Questioning? [§]
	% 95% CI [†]	N	% 95% CI	N	% 95% CI	N			
QN110: Percentage of students who did not drink a bottle or glass of plain water (counting tap, bottled, and unflavored sparkling water, one or more times during the 7 days before the survey)	2.5 (1.7-3.6)	1,378	2.4 (0.8-6.7)	261	3.4 (1.4-8.1)	161	No	No	No
QN111: Percentage of students who spent 3 or more hours per day of screen time (in front of a TV, computer, smart phone, or other electronic device watching shows or videos, playing games, accessing the Internet, or using social media, not counting time spent doing schoolwork, on an average school day)	77.1 (73.1-80.7)	1,381	83.6 (76.6-88.8)	262	81.1 (74.1-86.5)	159	No	No	No
QN112: Percentage of students who reported that an adult in their household sometimes, rarely, or never tried to make sure their basic needs were met (such as looking after their safety and making sure they had clean clothes and enough to eat, during their life)	10.9 (9.2-13.0)	1,371	16.5 (12.8-21.1)	261	10.3 (5.9-17.4)	161	Yes	No	No

*Includes students who responded 'I describe my sexual identity some other way' or 'I am not sure about my sexual identity (questioning)'.

[†]Confidence interval.

[§]Based on t-test analyses, p<0.05.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS

Virginia High School Survey Risk Behaviors and Sexual Identity Report

Site-Added

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Other/Questioning*		Difference Between Heterosexual and Gay, Lesbian, or Bisexual? [§]	Difference Between Heterosexual and Other/Questioning? [§]	Difference Between Gay, Lesbian, or Bisexual and Other/Questioning? [§]
	% 95% CI†	N	% 95% CI	N	% 95% CI	N			
QN113: Percentage of students who ever lived with a parent or guardian who was having a problem with alcohol or drug use	14.6 (11.8-18.0)	1,371	35.6 (28.4-43.4)	261	36.0 (27.2-45.7)	159	Yes	Yes	No
QN114: Percentage of students who ever lived with a parent or guardian who had severe depression, anxiety, or another mental illness, or was suicidal	19.6 (16.8-22.8)	1,369	50.4 (44.0-56.8)	258	37.5 (30.8-44.8)	158	Yes	Yes	Yes
QN115: Percentage of students who have ever been separated from a parent or guardian because they went to jail, prison, or a detention center	10.8 (8.4-13.8)	1,370	19.1 (12.6-27.9)	261	14.6 (9.9-21.1)	160	Yes	No	No
QN116: Percentage of students who gambled on a sports team, gambled when playing cards or a dice game, played one of their state's lottery games, gambled on the Internet, or bet on a game of personal skill such as pool or a video game (one or more times during the 12 months before the survey)	20.5 (18.5-22.7)	1,368	13.7 (9.1-20.1)	261	15.0 (10.2-21.4)	159	Yes	Yes	No

*Includes students who responded 'I describe my sexual identity some other way' or 'I am not sure about my sexual identity (questioning)'.

†Confidence interval.

§Based on t-test analyses, p<0.05.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS

Virginia High School Survey Risk Behaviors and Sexual Identity Report

Site-Added

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Other/Questioning*		Difference Between Heterosexual and Gay, Lesbian, or Bisexual? [§]	Difference Between Heterosexual and Other/Questioning? [§]	Difference Between Gay, Lesbian, or Bisexual and Other/Questioning? [§]
	% 95% CI [†]	N	% 95% CI	N	% 95% CI	N			
QN117: Percentage of students who provide care for someone in their family or household who is chronically ill (lasts 3 months or more), elderly, or disabled or assist them with activities they would have difficulty doing on their own (one or more days per week during an average week, among students who have someone in their family or home who is chronically ill, elderly, or disabled who needs care)	65.8 (58.3-72.6)	249	72.0 (61.0-80.8)	53	83.8 (63.7-93.9)	40	No	Yes	No
QNWATER1: Percentage of students who did not drink one or more glasses per day of water (during the 7 days before the survey)	17.1 (14.9-19.5)	1,378	22.3 (16.5-29.6)	261	21.6 (14.1-31.5)	161	No	No	No
QNWATER2: Percentage of students who did not drink two or more glasses per day of water (during the 7 days before the survey)	23.6 (21.0-26.4)	1,378	33.2 (25.9-41.3)	261	31.7 (23.1-41.8)	161	Yes	No	No

*Includes students who responded 'I describe my sexual identity some other way' or 'I am not sure about my sexual identity (questioning)'.

[†]Confidence interval.

[§]Based on t-test analyses, p<0.05.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS

Virginia High School Survey Risk Behaviors and Sexual Identity Report

Site-Added

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Other/Questioning*		Difference Between Heterosexual and Gay, Lesbian, or Bisexual? [§]	Difference Between Heterosexual and Other/ Questioning? [§]	Difference Between Gay, Lesbian, or Bisexual and Other/ Questioning? [§]
	% 95% CI [†]	N	% 95% CI	N	% 95% CI	N			
QNWATER3: Percentage of students who did not drink three or more glasses per day of water (during the 7 days before the survey)	38.5 (35.8-41.4)	1,378	49.7 (41.4-58.0)	261	47.8 (38.7-57.0)	161	Yes	No	No

*Includes students who responded 'I describe my sexual identity some other way' or 'I am not sure about my sexual identity (questioning)'.

[†]Confidence interval.

[§]Based on t-test analyses, p<0.05.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS

Virginia High School Survey Risk Behaviors and Sexual Identity Report

Mental Health

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Other/Questioning*		Difference Between Heterosexual and Gay, Lesbian, or Bisexual? [§]	Difference Between Heterosexual and Other/ Questioning? [§]	Difference Between Gay, Lesbian, or Bisexual and Other/ Questioning? [§]
	% 95% CI†	N	% 95% CI	N	% 95% CI	N			
QN84: Percentage of students who reported that their mental health was most of the time or always not good (including stress, anxiety, and depression, during the 30 days before the survey)	19.5 (16.5-22.9)	1,369	53.2 (47.9-58.5)	262	47.9 (38.7-57.2)	159	Yes	Yes	No

*Includes students who responded 'I describe my sexual identity some other way' or 'I am not sure about my sexual identity (questioning)'.

†Confidence interval.

§Based on t-test analyses, p<0.05.