

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS

Virginia High School Survey Risk Behaviors and Sex of Sexual Contacts Report

Unintentional Injuries/Violence

Health Risk Behavior	Opposite Sex Only		Same Sex Only or Both Sexes		Opposite Sex Only More Likely Than Same Sex Only or Both Sexes [†]	Same Sex Only or Both Sexes More Likely Than Opposite Sex Only [†]	No Difference [†]
	% 95% CI*	N	% 95% CI	N			
QN9: Percentage of students who rode with a driver who had been drinking alcohol (in a car or other vehicle, one or more times during the 30 days before the survey)	19.0 (13.8-25.7)	455	17.9 (10.6-28.8)	127			●
QN10: Percentage of students who drove a car or other vehicle when they had been drinking alcohol (one or more times during the 30 days before the survey, among students who had driven a car or other vehicle during the 30 days before the survey)	4.0 (1.6-9.5)	254	12.3 (4.9-27.7)	65			●
QN12: Percentage of students who carried a weapon on school property (such as a gun, knife, or club, on at least 1 day during the 30 days before the survey)	3.2 (1.7-5.9)	455	9.9 (4.1-22.2)	127			●
QN13: Percentage of students who carried a gun (not counting the days when they carried a gun only for hunting or for a sport such as target shooting, on at least 1 day during the 12 months before the survey)	6.3 (4.8-8.3)	455	10.0 (3.8-23.7)	127			●

*Confidence interval.

[†]Based on t-test analyses, p<0.05.

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Health Risk Behavior	Opposite Sex Only		Same Sex Only or Both Sexes		Opposite Sex Only More Likely Than Same Sex Only or Both Sexes [†]	Same Sex Only or Both Sexes More Likely Than Opposite Sex Only [†]	No Difference [†]
	% 95% CI*	N	% 95% CI	N			
QN14: Percentage of students who did not go to school because they felt unsafe at school or on their way to or from school (on at least 1 day during the 30 days before the survey)	14.5 (10.5-19.8)	455	29.4 (18.8-42.9)	127		●	
QN15: Percentage of students who were threatened or injured with a weapon on school property (such as a gun, knife, or club, one or more times during the 12 months before the survey)	12.8 (9.7-16.8)	455	23.9 (13.3-39.1)	126			●
QN16: Percentage of students who were in a physical fight (one or more times during the 12 months before the survey)	32.2 (27.0-37.9)	455	37.7 (27.7-48.8)	127			●
QN19: Percentage of students who were ever physically forced to have sexual intercourse (when they did not want to)	10.8 (7.1-16.3)	453	30.8 (24.1-38.4)	124		●	
QN20: Percentage of students who experienced sexual violence (being forced by anyone to do sexual things [counting such things as kissing, touching, or being physically forced to have sexual intercourse] that they did not want to do, one or more times during the 12 months before the survey)	17.8 (13.2-23.4)	440	34.6 (25.1-45.4)	120		●	

*Confidence interval.

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Unintentional Injuries/Violence

Health Risk Behavior	Opposite Sex Only		Same Sex Only or Both Sexes		Opposite Sex Only More Likely Than Same Sex Only or Both Sexes [†]	Same Sex Only or Both Sexes More Likely Than Opposite Sex Only [†]	No Difference [†]
	% 95% CI*	N	% 95% CI	N			
Q21: Percentage of students who experienced sexual dating violence (being forced by someone they were dating or going out with to do sexual things [counting such things as kissing, touching, or being physically forced to have sexual intercourse] that they did not want to do, one or more times during the 12 months before the survey, among students who dated or went out with someone during the 12 months before the survey)	9.4 (6.3-13.8)	370	20.1 (10.9-34.2)	91			●
Q22: Percentage of students who experienced physical dating violence (being physically hurt on purpose by someone they were dating or going out with [counting such things as being hit, slammed into something, or injured with an object or weapon] one or more times during the 12 months before the survey, among students who dated or went out with someone during the 12 months before the survey)	11.4 (8.0-16.1)	383	26.5 (17.8-37.5)	97		●	
Q24: Percentage of students who were bullied on school property (ever during the 12 months before the survey)	21.5 (16.3-27.9)	453	40.1 (28.2-53.2)	127		●	
Q25: Percentage of students who were electronically bullied (counting being bullied through texting, Instagram, Facebook, or other social media, ever during the 12 months before the survey)	16.9 (12.8-21.9)	455	26.4 (18.6-36.1)	127			●

*Confidence interval.

[†]Based on t-test analyses, p<0.05.

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Unintentional Injuries/Violence

Health Risk Behavior	Opposite Sex Only		Same Sex Only or Both Sexes		Opposite Sex Only More Likely Than Same Sex Only or Both Sexes [†]	Same Sex Only or Both Sexes More Likely Than Opposite Sex Only [†]	No Difference [†]
	% 95% CI*	N	% 95% CI	N			
QN26: Percentage of students who felt sad or hopeless (almost every day for >=2 weeks in a row so that they stopped doing some usual activities, ever during the 12 months before the survey)	42.2 (35.4-49.4)	453	70.6 (65.3-75.4)	127		●	
QN27: Percentage of students who seriously considered attempting suicide (during the 12 months before the survey)	22.5 (17.9-28.0)	453	42.9 (36.3-49.7)	126		●	
QN28: Percentage of students who made a plan about how they would attempt suicide (during the 12 months before the survey)	17.9 (14.0-22.8)	452	34.1 (26.8-42.1)	124		●	
QN29: Percentage of students who actually attempted suicide (one or more times during the 12 months before the survey)	12.9 (9.6-17.1)	419	19.1 (11.7-29.6)	114			●
QN30: Percentage of students who had a suicide attempt that resulted in an injury, poisoning, or overdose that had to be treated by a doctor or nurse (during the 12 months before the survey)	3.9 (2.4-6.1)	420	4.7 (2.1-10.5)	114			●

*Confidence interval.

[†]Based on t-test analyses, p<0.05.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS

Virginia High School Survey Risk Behaviors and Sex of Sexual Contacts Report

Tobacco Use

Health Risk Behavior	Opposite Sex Only		Same Sex Only or Both Sexes		Opposite Sex Only More Likely Than Same Sex Only or Both Sexes [†]	Same Sex Only or Both Sexes More Likely Than Opposite Sex Only [†]	No Difference [†]
	% 95% CI*	N	% 95% CI	N			
QN32: Percentage of students who smoked a cigarette before age 13 years (even one or two puffs)	9.4 (6.4-13.5)	453	20.2 (14.2-28.0)	126		●	
QNFRCIG: Percentage of students who currently smoked cigarettes frequently (on 20 or more days during the 30 days before the survey)	1.1 (0.4-2.6)	444	2.5 (0.4-15.4)	123			●
QNDAYCIG: Percentage of students who currently smoked cigarettes daily (on all 30 days during the 30 days before the survey)	1.1 (0.4-2.6)	444	2.5 (0.4-15.4)	123			●
QN33: Percentage of students who currently smoked cigarettes (on at least 1 day during the 30 days before the survey)	4.3 (2.6-7.0)	444	8.9 (3.8-19.4)	123			●
QN34: Percentage of students who smoked more than 10 cigarettes per day (on the days they smoked during the 30 days before the survey, among students who currently smoked cigarettes)	-	17	-	8			

*Confidence interval.

[†]Based on t-test analyses, p<0.05.

- = Fewer than 30 students in the denominator (subgroup).

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Tobacco Use

Health Risk Behavior	Opposite Sex Only		Same Sex Only or Both Sexes		Opposite Sex Only More Likely Than Same Sex Only or Both Sexes [†]	Same Sex Only or Both Sexes More Likely Than Opposite Sex Only [†]	No Difference [†]
	% 95% CI*	N	% 95% CI	N			
QN36: Percentage of students who currently used an electronic vapor product (including e-cigarettes, vapes, vape pens, e-cigars, e-hookahs, hookah pens, and mods [such as JUUL, SMOK, Suorin, Vuse, and blu], on at least 1 day during the 30 days before the survey)	17.7 (13.3-23.3)	409	32.2 (22.3-44.1)	112		●	
QNFREVP: Percentage of students who currently used electronic vapor products frequently (on 20 or more days during the 30 days before the survey)	9.8 (6.4-14.9)	409	16.5 (9.3-27.7)	112			●
QNDAYEVP: Percentage of students who currently used electronic vapor products daily (on all 30 days during the 30 days before the survey)	8.3 (5.1-13.1)	409	12.7 (6.4-23.7)	112			●
QN37: Percentage of students who usually got their electronic vapor products by buying them themselves in a convenience store, supermarket, discount store, or gas station (including e-cigarettes, vapes, vape pens, e-cigars, e-hookahs, hookah pens, and mods [such as JUUL, SMOK, Suorin, Vuse, and blu], during the 30 days before the survey, among students who currently used electronic vapor products)	6.0 (2.3-15.1)	69	9.4 (3.0-25.7)	31			●

*Confidence interval.

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Tobacco Use

Health Risk Behavior	Opposite Sex Only		Same Sex Only or Both Sexes		Opposite Sex Only More Likely Than Same Sex Only or Both Sexes [†]	Same Sex Only or Both Sexes More Likely Than Opposite Sex Only [†]	No Difference [†]
	% 95% CI*	N	% 95% CI	N			
QNFRSKL: Percentage of students who currently used smokeless tobacco frequently (chewing tobacco, snuff, dip, snus, or dissolvable tobacco products [such as Copenhagen, Grizzly, Skoal, or Camel Snus], not counting any electronic vapor products, on 20 or more days during the 30 days before the survey)	0.4 (0.1-1.6)	451	2.4 (0.3-15.4)	125			●
QNDAYSKL: Percentage of students who currently used smokeless tobacco daily (chewing tobacco, snuff, dip, snus, or dissolvable tobacco products [such as Copenhagen, Grizzly, Skoal, or Camel Snus], not counting any electronic vapor products, on all 30 days during the 30 days before the survey)	0.4 (0.1-1.6)	451	2.4 (0.3-15.4)	125			●
QN38: Percentage of students who currently used smokeless tobacco (chewing tobacco, snuff, dip, snus, or dissolvable tobacco products [such as Copenhagen, Grizzly, Skoal, Camel Snus, or Velo Nicotine Lozenges], not counting any electronic vapor products, on at least 1 day during the 30 days before the survey)	4.2 (2.3-7.5)	451	4.9 (1.8-12.6)	125			●
QNFRCGR: Percentage of students who currently smoked cigars frequently (cigars, cigarillos, or little cigars, on 20 or more days during the 30 days before the survey)	0.8 (0.3-2.6)	451	3.9 (1.2-12.4)	125			●

*Confidence interval.

[†]Based on t-test analyses, p<0.05.

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Tobacco Use

Health Risk Behavior	Opposite Sex Only		Same Sex Only or Both Sexes		Opposite Sex Only More Likely Than Same Sex Only or Both Sexes [†]	Same Sex Only or Both Sexes More Likely Than Opposite Sex Only [†]	No Difference [†]
	% 95% CI*	N	% 95% CI	N			
QNDAYCGR: Percentage of students who currently smoked cigars daily (cigars, cigarillos, or little cigars, on all 30 days during the 30 days before the survey)	0.6 (0.1-2.4)	451	3.0 (0.6-13.8)	125			●
QNTB2: Percentage of students who currently smoked cigarettes or cigars (on at least 1 day during the 30 days before the survey)	7.1 (4.6-10.8)	441	11.2 (5.9-20.3)	122			●
QNTB3: Percentage of students who currently smoked cigarettes or cigars or used smokeless tobacco (on at least 1 day during the 30 days before the survey)	9.6 (6.1-14.8)	440	11.2 (5.9-20.3)	122			●
QNTB4: Percentage of students who currently smoked cigarettes or cigars or used smokeless tobacco or electronic vapor products (on at least 1 day during the 30 days before the survey)	19.0 (13.4-26.2)	401	32.3 (22.5-44.0)	108		●	
QNTB5: Percentage of students who currently smoked cigarettes or used electronic vapor products (on at least 1 day during the 30 days before the survey)	17.5 (13.0-23.2)	404	32.3 (22.5-44.0)	108		●	

*Confidence interval.

[†]Based on t-test analyses, p<0.05.

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Tobacco Use

Health Risk Behavior	Opposite Sex Only		Same Sex Only or Both Sexes		Opposite Sex Only More Likely Than Same Sex Only or Both Sexes [†]	Same Sex Only or Both Sexes More Likely Than Opposite Sex Only [†]	No Difference [†]
	% 95% CI*	N	% 95% CI	N			
QN39: Percentage of students who currently smoked cigars, cigarillos, or little cigars, such as Swisher Sweets, Middleton's (including Black & Mild, or Backwoods, on at least 1 day during the 30 days before the survey)	5.0 (3.1-7.9)	451	6.2 (2.8-13.4)	125			●
QN40: Did not try to quit using all tobacco products	46.7 (37.9-55.8)	108	40.9 (27.3-56.0)	43			●

*Confidence interval.

[†]Based on t-test analyses, p<0.05.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS

Virginia High School Survey Risk Behaviors and Sex of Sexual Contacts Report

Alcohol/Other Drug Use

Health Risk Behavior	Opposite Sex Only		Same Sex Only or Both Sexes		Opposite Sex Only More Likely Than Same Sex Only or Both Sexes [†]	Same Sex Only or Both Sexes More Likely Than Opposite Sex Only [†]	No Difference [†]
	% 95% CI*	N	% 95% CI	N			
QN41: Percentage of students who had their first drink of alcohol before age 13 years (other than a few sips)	18.4 (13.9-23.9)	446	30.3 (22.3-39.8)	125			●
QN42: Percentage of students who currently drank alcohol (at least one drink of alcohol, on at least 1 day during the 30 days before the survey)	32.3 (26.8-38.4)	443	43.3 (32.7-54.6)	124			●
QN43: Percentage of students who currently were binge drinking (had four or more drinks of alcohol in a row if they were female or five or more drinks of alcohol in a row if they were male, within a couple of hours, on at least 1 day during the 30 days before the survey)	15.0 (11.2-19.8)	451	20.1 (12.6-30.5)	126			●
QN46: Percentage of students who ever used marijuana (one or more times during their life)	36.5 (30.3-43.2)	442	53.5 (41.0-65.5)	118		●	
QN47: Percentage of students who tried marijuana for the first time before age 13 years	6.9 (4.9-9.7)	443	12.6 (7.5-20.5)	117			●

*Confidence interval.

[†]Based on t-test analyses, p<0.05.

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Virginia High School Survey
Risk Behaviors and Sex of Sexual Contacts Report

Alcohol/Other Drug Use

Health Risk Behavior	Opposite Sex Only		Same Sex Only or Both Sexes		Opposite Sex Only More Likely Than Same Sex Only or Both Sexes [†]	Same Sex Only or Both Sexes More Likely Than Opposite Sex Only [†]	No Difference [†]
	% 95% CI*	N	% 95% CI	N			
QN48: Percentage of students who currently used marijuana (one or more times during the 30 days before the survey)	21.0 (16.1-27.0)	448	31.0 (21.7-42.2)	122		●	

*Confidence interval.

[†]Based on t-test analyses, p<0.05.

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Sexual Behaviors

Health Risk Behavior	Opposite Sex Only		Same Sex Only or Both Sexes		Opposite Sex Only More Likely Than Same Sex Only or Both Sexes [†]	Same Sex Only or Both Sexes More Likely Than Opposite Sex Only [†]	No Difference [†]
	% 95% CI*	N	% 95% CI	N			
QN56: Percentage of students who ever had sexual intercourse	68.8 (62.8-74.3)	422	68.7 (58.3-77.6)	117			●
QN57: Percentage of students who had sexual intercourse for the first time before age 13 years	4.9 (2.9-8.2)	419	21.3 (12.7-33.6)	114		●	
QN58: Percentage of students who had sexual intercourse with four or more persons during their life	10.0 (6.2-15.8)	421	18.9 (11.0-30.4)	115			●
QN59: Percentage of students who were currently sexually active (had sexual intercourse with at least one person, during the 3 months before the survey)	50.9 (45.8-56.0)	422	47.2 (37.7-56.8)	116			●
QN60: Percentage of students who drank alcohol or used drugs before last sexual intercourse (among students who were currently sexually active)	10.8 (7.1-16.1)	205	25.5 (14.8-40.3)	50		●	

*Confidence interval.

[†]Based on t-test analyses, p<0.05.

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Sexual Behaviors

Health Risk Behavior	Opposite Sex Only		Same Sex Only or Both Sexes		Opposite Sex Only More Likely Than Same Sex Only or Both Sexes [†]	Same Sex Only or Both Sexes More Likely Than Opposite Sex Only [†]	No Difference [†]
	% 95% CI*	N	% 95% CI	N			
QN61: Percentage of students who did not use a condom during last sexual intercourse (among students who were currently sexually active)	36.9 (27.7-47.2)	202	61.4 (41.8-77.9)	39			●
QN62: Did not use birth control pills before last sexual intercourse with opposite-sex partner	83.2 (77.4-87.7)	197	-	29			
QN82: Were not tested or were not sure whether they had been tested for a sexually transmitted disease (STD) other than HIV, such as chlamydia or gonorrhea	92.5 (89.4-94.7)	449	86.2 (76.4-92.3)	127			●

*Confidence interval.

[†]Based on t-test analyses, p<0.05.

- = Fewer than 30 students in the denominator (subgroup).

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Birth Control

Health Risk Behavior	Opposite Sex Only		Both Sexes		Opposite Sex Only More Likely Than Same Sex Only or Both Sexes [†]	Same Sex Only or Both Sexes More Likely Than Opposite Sex Only [†]	No Difference [†]
	% 95% CI*	N	% 95% CI	N			
QNIUDIMP: Percentage of students who did not use an IUD (such as Mirena or ParaGard) or implant (such as Implanon or Nexplanon) before last sexual intercourse with an opposite-sex partner	96.1 (93.3-97.8)	197	-	29			
QNOTHHPL: Percentage of students who did not use birth control pills; an IUD (such as Mirena or ParaGard) or implant (such as Implanon or Nexplanon); or a shot (such as Depo-Provera), patch (such as OrthoEvra), or birth control ring (such as NuvaRing) before last sexual intercourse with an opposite-sex partner	76.1 (69.3-81.8)	197	-	29			
QNDUALBC: Percentage of students who did not use both a condom during last sexual intercourse and birth control pills; an IUD or implant; or a shot, patch, or birth control ring before last sexual intercourse with an opposite-sex partner	89.5 (84.4-93.1)	194	-	29			
QNBCNONE: Percentage of students who did not use any method to prevent pregnancy during last sexual intercourse with an opposite-sex partner (among students who were currently sexually active)	9.3 (5.8-14.6)	197	-	29			

*Confidence interval.

[†]Based on t-test analyses, p<0.05.

- = Fewer than 30 students in the denominator (subgroup).

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Dietary Behaviors

Health Risk Behavior	Opposite Sex Only		Same Sex Only or Both Sexes		Opposite Sex Only More Likely Than Same Sex Only or Both Sexes [‡]	Same Sex Only or Both Sexes More Likely Than Opposite Sex Only [‡]	No Difference [‡]
	% 95% CI*	N	% 95% CI	N			
QNOBESE: Percentage of students who had obesity (\geq 95th percentile for body mass index, based on sex- and age-specific reference data from the 2000 CDC growth charts) [‡]	12.4 (9.3-16.3)	432	21.7 (12.0-35.9)	117			●
QNOWT: Percentage of students who were overweight (\geq 85th percentile but $<$ 95th percentile for body mass index, based on sex- and age-specific reference data from the 2000 CDC growth charts) [‡]	15.0 (11.3-19.6)	432	18.0 (11.4-27.3)	117			●
QN66: Percentage of students who described themselves as slightly or very overweight	24.0 (18.9-30.0)	453	44.2 (34.5-54.4)	127		●	
QN69: Percentage of students who did not eat fruit (one or more times during the 7 days before the survey)	7.9 (5.3-11.7)	454	6.6 (3.6-11.9)	127			●
QN70: Percentage of students who did not eat green salad (one or more times during the 7 days before the survey)	41.8 (35.4-48.5)	453	46.1 (35.2-57.2)	127			●

*Confidence interval.

[‡]Based on t-test analyses, $p < 0.05$.

[‡]Based on reference data from the 2000 CDC Growth Charts. In 2017, new, slightly different ranges were used to calculate biologically implausible responses to height and weight questions.

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Dietary Behaviors

Health Risk Behavior	Opposite Sex Only		Same Sex Only or Both Sexes		Opposite Sex Only More Likely Than Same Sex Only or Both Sexes [†]	Same Sex Only or Both Sexes More Likely Than Opposite Sex Only [†]	No Difference [†]
	% 95% CI*	N	% 95% CI	N			
QNSODA1: Percentage of students who drank a can, bottle, or glass of soda or pop one or more times per day (such as Coke, Pepsi, or Sprite, not counting diet soda or diet pop, during the 7 days before the survey)	18.2 (14.7-22.4)	453	23.7 (17.6-31.0)	127			●
QNSODA2: Percentage of students who drank a can, bottle, or glass of soda or pop two or more times per day (such as Coke, Pepsi, or Sprite, not counting diet soda or diet pop, during the 7 days before the survey)	9.8 (6.7-14.1)	453	15.0 (9.5-22.8)	127			●
QN75: Percentage of students who did not eat breakfast (during the 7 days before the survey)	20.3 (16.2-25.1)	450	19.7 (14.4-26.4)	127			●
QNBK7DAY: Percentage of students who did not eat breakfast on all 7 days (during the 7 days before the survey)	77.5 (72.3-81.9)	450	87.1 (78.6-92.6)	127		●	

*Confidence interval.

[†]Based on t-test analyses, p<0.05.

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Physical Activity

Health Risk Behavior	Opposite Sex Only		Same Sex Only or Both Sexes		Opposite Sex Only More Likely Than Same Sex Only or Both Sexes [†]	Same Sex Only or Both Sexes More Likely Than Opposite Sex Only [†]	No Difference [†]
	% 95% CI*	N	% 95% CI	N			
QN76: Percentage of students who were not physically active at least 60 minutes per day on 5 or more days (in any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey)	50.8 (45.2-56.4)	448	60.5 (51.9-68.4)	126			●
QNPA0DAY: Percentage of students who did not participate in at least 60 minutes of physical activity on at least 1 day (in any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey)	14.6 (11.7-18.1)	448	23.3 (17.7-29.9)	126		●	
QNPA7DAY: Percentage of students who were not physically active at least 60 minutes per day on all 7 days (in any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey)	70.3 (66.5-73.9)	448	80.6 (72.7-86.6)	126		●	

*Confidence interval.

[†]Based on t-test analyses, p<0.05.

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Health Risk Behavior	Opposite Sex Only		Same Sex Only or Both Sexes		Opposite Sex Only More Likely Than Same Sex Only or Both Sexes [†]	Same Sex Only or Both Sexes More Likely Than Opposite Sex Only [†]	No Difference [†]
	% 95% CI*	N	% 95% CI	N			
QN83: Percentage of students who did not see a dentist (for a check-up, exam, teeth cleaning, or other dental work, during the 12 months before the survey)	27.7 (23.9-31.8)	448	29.6 (21.3-39.6)	127			●
QNNODNT: Percentage of students who never saw a dentist (for a check-up, exam, teeth cleaning, or other dental work)	3.9 (2.4-6.4)	448	2.8 (0.7-11.4)	127			●
QN85: Percentage of students who did not get 8 or more hours of sleep (on an average school night)	82.3 (77.8-86.1)	450	82.7 (75.2-88.3)	127			●
QN86: Percentage of students who experienced unstable housing (during the 30 days before the survey)	4.4 (2.2-8.6)	450	8.0 (4.2-14.6)	127			●
QN87: Did not describe their grades in school as mostly A's or B's	28.1 (20.9-36.7)	449	41.4 (31.3-52.2)	125			●

*Confidence interval.

[†]Based on t-test analyses, p<0.05.

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Risk Behaviors and Sex of Sexual Contacts Report

Mental Health

Health Risk Behavior	Opposite Sex Only		Same Sex Only or Both Sexes		Opposite Sex Only More Likely Than Same Sex Only or Both Sexes [†]	Same Sex Only or Both Sexes More Likely Than Opposite Sex Only [†]	No Difference [†]
	% 95% CI*	N	% 95% CI	N			
QN84: Percentage of students who reported that their mental health was most of the time or always not good (including stress, anxiety, and depression, during the 30 days before the survey)	32.1 (26.5-38.2)	448	55.3 (44.5-65.6)	127		●	

*Confidence interval.

[†]Based on t-test analyses, p<0.05.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS

Virginia High School Survey Risk Behaviors and Sex of Sexual Contacts Report

Site-Added

Health Risk Behavior	Opposite Sex Only		Same Sex Only or Both Sexes		Opposite Sex Only More Likely Than Same Sex Only or Both Sexes [†]	Same Sex Only or Both Sexes More Likely Than Opposite Sex Only [†]	No Difference [†]
	% 95% CI*	N	% 95% CI	N			
QN88: Percentage of students who rarely or never wore a bicycle helmet (during the 12 months before the survey, among students who had ridden a bicycle)	87.1 (78.3-92.6)	248	92.8 (80.7-97.5)	77			●
QN89: Percentage of students who drove a car or other vehicle when they had been using marijuana (also called pot or weed, one or more times during the 30 days before the survey, among students who had driven a car or other vehicle during the 30 days before the survey)	10.6 (6.3-17.3)	259	16.7 (8.7-29.8)	64			●
QN90: Percentage of students who rode in a car or other vehicle driven by someone who had been using marijuana (also called pot or weed, one or more times during the 30 days before the survey)	21.3 (16.7-26.7)	455	30.6 (20.5-43.0)	127			●
QN91: Percentage of students who reported it would take them less than an hour to get and be ready to fire a loaded gun without a parent or other adult's permission (gun could be theirs or someone else's and it could be located in their home or car or someone else's home or car)	36.6 (29.3-44.5)	451	27.5 (18.9-38.3)	126			●

*Confidence interval.

[†]Based on t-test analyses, p<0.05.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS

Virginia High School Survey Risk Behaviors and Sex of Sexual Contacts Report

Site-Added

Health Risk Behavior	Opposite Sex Only		Same Sex Only or Both Sexes		Opposite Sex Only More Likely Than Same Sex Only or Both Sexes [†]	Same Sex Only or Both Sexes More Likely Than Opposite Sex Only [†]	No Difference [†]
	% 95% CI*	N	% 95% CI	N			
QN92: Percentage of students who reported that an adult or person at least 5 years older than them ever made them do sexual things they did not want to do (counting such things as kissing, touching, or being made to have sexual intercourse)	8.4 (6.0-11.6)	455	25.6 (19.1-33.5)	125		●	
QN93: Percentage of students who reported that a parent or other adult in their home most of the time or always insulted them or put them down (during their life)	14.9 (11.5-19.0)	453	28.4 (17.8-42.1)	126			●
QN94: Percentage of students who reported that a parent or other adult in their home most of the time or always hit, beat, kicked, or physically hurt them in any way (during their life)	2.0 (1.0-3.7)	452	10.9 (6.2-18.7)	126		●	
QN95: Percentage of students who reported that their parents or other adults in their home most of the time or always slapped, hit, kicked, punched, or beat each other up (during their life)	2.3 (1.3-3.8)	454	3.2 (1.0-9.9)	126			●
QN96: Percentage of students who have been the victim of teasing or name calling because someone thought they were gay, lesbian, or bisexual (during the 12 months before the survey)	9.9 (7.8-12.3)	453	41.1 (32.1-50.7)	127		●	

*Confidence interval.

[†]Based on t-test analyses, p<0.05.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS

Virginia High School Survey Risk Behaviors and Sex of Sexual Contacts Report

Site-Added

Health Risk Behavior	Opposite Sex Only		Same Sex Only or Both Sexes		Opposite Sex Only More Likely Than Same Sex Only or Both Sexes [†]	Same Sex Only or Both Sexes More Likely Than Opposite Sex Only [†]	No Difference [†]
	% 95% CI*	N	% 95% CI	N			
QN97: Percentage of students who most often smoked Marlboro cigarettes (during the 30 days before the survey, among students who smoked cigarettes during the 30 days before the survey)	-	22	-	11			
QN98: Percentage of students who usually smoked menthol cigarettes (among students who smoked cigarettes during the 30 days before the survey)	-	22	-	11			
QN99: Percentage of students who used electronic vapor products mainly because they were curious about them	9.1 (6.2-13.3)	423	14.3 (11.3-18.0)	124		●	
QN100: Percentage of students who did not try to quit using electronic vapor products (among students who used electronic vapor products during the 12 months before the survey)	31.7 (22.3-42.9)	127	38.7 (24.0-55.8)	55			●
QN101: Percentage of students who usually used marijuana by smoking it in a joint, bong, pipe, or blunt (during the 30 days before the survey, among students who used marijuana)	63.0 (51.9-72.9)	97	56.0 (31.7-77.8)	39			●

*Confidence interval.

[†]Based on t-test analyses, p<0.05.

- = Fewer than 30 students in the denominator (subgroup).

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS

Virginia High School Survey Risk Behaviors and Sex of Sexual Contacts Report

Site-Added

Health Risk Behavior	Opposite Sex Only		Same Sex Only or Both Sexes		Opposite Sex Only More Likely Than Same Sex Only or Both Sexes [†]	Same Sex Only or Both Sexes More Likely Than Opposite Sex Only [†]	No Difference [†]
	% 95% CI*	N	% 95% CI	N			
QN102: Percentage of students who currently used an electronic vapor product to vape marijuana (also called pot or weed, including THC, THC concentrates, hash oil, or waxes, on at least one day during the 30 days before the survey)	13.6 (10.3-17.7)	429	22.3 (14.3-33.0)	116			●
QN103: Percentage of students who ever took prescription drugs without a doctor's prescription (such as OxyContin, Percocet, Vicodin, codeine, Adderall, Ritalin, or Xanax, one or more times during their life)	8.0 (5.7-11.2)	452	21.2 (13.9-31.0)	126		●	
QN104: Percentage of students who currently took a prescription drug without a doctor's prescription (such as OxyContin, Percocet, Vicodin, codeine, Adderall, Ritalin, or Xanax, one or more times during the 30 days before the survey)	3.9 (2.4-6.3)	452	13.3 (6.7-24.6)	125		●	
QN105: Percentage of students who have used fentanyl (also called Apache, dance fever, goodfellas, jackpot, murder 8, Tango & Cash, and TNT, one or more times during their life)	1.2 (0.6-2.4)	451	5.9 (2.5-13.6)	125			●

*Confidence interval.

[†]Based on t-test analyses, p<0.05.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS

Virginia High School Survey Risk Behaviors and Sex of Sexual Contacts Report

Site-Added

Health Risk Behavior	Opposite Sex Only		Same Sex Only or Both Sexes		Opposite Sex Only More Likely Than Same Sex Only or Both Sexes [†]	Same Sex Only or Both Sexes More Likely Than Opposite Sex Only [†]	No Difference [†]
	% 95% CI*	N	% 95% CI	N			
QN106: Percentage of students who currently used fentanyl (also called Apache, dance fever, Goodfellas, jackpot, murder 8, Tango & Cash, TNT, one or more times during the 30 days before the survey)	0.4 (0.1-1.8)	449	4.0 (1.1-13.2)	123			●
QN107: Percentage of students who got it or bought it from a friend or someone else that was not a family member (among students who used fentanyl during the 30 days before the survey)	-	2	-	5			
QN108: Percentage of students who did not eat other vegetables (such as carrots, broccoli, or potatoes, not counting green salad, one or more times during the 7 days before the survey)	9.9 (6.4-14.9)	453	4.9 (2.4-9.9)	127			●
QN109: Percentage of students who drank a can, bottle, or glass of a sugar-sweetened beverage (such as sports drinks (for example, Gatorade or PowerAde), energy drinks (for example, Red Bull or Jolt), lemonade, sweetened tea or coffee drinks, flavored milk, Snapple, or Sunny Delight, not counting soda or pop or 100% fruit juice, one or more times per day during the 7 days before the survey)	21.6 (16.2-28.3)	450	29.3 (19.8-41.0)	127			●

*Confidence interval.

[†]Based on t-test analyses, p<0.05.

- = Fewer than 30 students in the denominator (subgroup).

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS

Virginia High School Survey Risk Behaviors and Sex of Sexual Contacts Report

Site-Added

Health Risk Behavior	Opposite Sex Only		Same Sex Only or Both Sexes		Opposite Sex Only More Likely Than Same Sex Only or Both Sexes [†]	Same Sex Only or Both Sexes More Likely Than Opposite Sex Only [†]	No Difference [†]
	% 95% CI*	N	% 95% CI	N			
QN110: Percentage of students who did not drink a bottle or glass of plain water (counting tap, bottled, and unflavored sparkling water, one or more times during the 7 days before the survey)	2.0 (0.9-4.4)	449	2.6 (0.8-7.9)	127			●
QN111: Percentage of students who spent 3 or more hours per day of screen time (in front of a TV, computer, smart phone, or other electronic device watching shows or videos, playing games, accessing the Internet, or using social media, not counting time spent doing schoolwork, on an average school day)	78.3 (74.4-81.8)	449	86.7 (77.0-92.8)	127		●	
QN112: Percentage of students who reported that an adult in their household sometimes, rarely, or never tried to make sure their basic needs were met (such as looking after their safety and making sure they had clean clothes and enough to eat, during their life)	13.4 (10.1-17.6)	447	17.2 (11.7-24.7)	127			●
QN113: Percentage of students who ever lived with a parent or guardian who was having a problem with alcohol or drug use	26.6 (20.7-33.4)	450	45.1 (34.2-56.4)	126		●	

*Confidence interval.

[†]Based on t-test analyses, p<0.05.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS

Virginia High School Survey Risk Behaviors and Sex of Sexual Contacts Report

Site-Added

Health Risk Behavior	Opposite Sex Only		Same Sex Only or Both Sexes		Opposite Sex Only More Likely Than Same Sex Only or Both Sexes [†]	Same Sex Only or Both Sexes More Likely Than Opposite Sex Only [†]	No Difference [†]
	% 95% CI*	N	% 95% CI	N			
QN114: Percentage of students who ever lived with a parent or guardian who had severe depression, anxiety, or another mental illness, or was suicidal	33.7 (28.7-39.2)	448	51.5 (41.9-61.0)	126		●	
QN115: Percentage of students who have ever been separated from a parent or guardian because they went to jail, prison, or a detention center	19.4 (14.2-26.1)	448	21.8 (14.1-31.9)	127			●
QN116: Percentage of students who gambled on a sports team, gambled when playing cards or a dice game, played one of their state's lottery games, gambled on the Internet, or bet on a game of personal skill such as pool or a video game (one or more times during the 12 months before the survey)	31.6 (26.6-37.0)	447	18.5 (10.8-29.8)	126	●		
QN117: Percentage of students who provide care for someone in their family or household who is chronically ill (lasts 3 months or more), elderly, or disabled or assist them with activities they would have difficulty doing on their own (one or more days per week during an average week, among students who have someone in their family or home who is chronically ill, elderly, or disabled who needs care)	63.2 (54.8-70.9)	109	85.1 (68.5-93.8)	38		●	

*Confidence interval.

[†]Based on t-test analyses, p<0.05.

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Virginia High School Survey Risk Behaviors and Sex of Sexual Contacts Report

Site-Added

Health Risk Behavior	Opposite Sex Only		Same Sex Only or Both Sexes		Opposite Sex Only More Likely Than Same Sex Only or Both Sexes [†]	Same Sex Only or Both Sexes More Likely Than Opposite Sex Only [†]	No Difference [†]
	% 95% CI*	N	% 95% CI	N			
QNWATER1: Percentage of students who did not drink one or more glasses per day of water (during the 7 days before the survey)	16.1 (12.6-20.4)	449	18.5 (11.8-27.8)	127			●
QNWATER2: Percentage of students who did not drink two or more glasses per day of water (during the 7 days before the survey)	21.8 (17.8-26.5)	449	23.9 (15.9-34.5)	127			●
QNWATER3: Percentage of students who did not drink three or more glasses per day of water (during the 7 days before the survey)	39.5 (34.3-44.9)	449	34.5 (23.4-47.6)	127			●

*Confidence interval.

[†]Based on t-test analyses, p<0.05.