

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS
Virginia Southwestern Region - Middle School Survey
Summary Tables - Weighted Data

QN6: Rarely or never wore a bicycle helmet

	Percentage	Total 95% confidence interval	N	Percentage	Male 95% confidence interval	N	Percentage	Female 95% confidence interval	N
Overall	-	-	41	-	-	25	-	-	16
Age									
11 years old or younger	-	-	0	-	-	0	-	-	0
12 years old	-	-	8	-	-	5	-	-	3
13 years old or older	-	-	33	-	-	20	-	-	13
Grade									
6th grade	-	-	0	-	-	0	-	-	0
7th grade	-	-	11	-	-	7	-	-	4
8th grade	-	-	30	-	-	18	-	-	12
Race/Ethnicity									
Asian	-	-	0	-	-	0	-	-	0
Black*	-	-	3	-	-	2	-	-	1
Hispanic/Latino	-	-	2	-	-	2	-	-	0
White*	-	-	27	-	-	14	-	-	13
Other/Multiple races	-	-	6	-	-	4	-	-	2

Note: 22 students were excluded from this analysis.

*Non-Hispanic.

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QN7: Rarely or never wore a helmet when rollerblading or skateboarding

	Percentage	Total 95% confidence interval	N	Percentage	Male 95% confidence interval	N	Percentage	Female 95% confidence interval	N
Overall	-	-	15	-	-	5	-	-	10
Age									
11 years old or younger	-	-	0	-	-	0	-	-	0
12 years old	-	-	2	-	-	1	-	-	1
13 years old or older	-	-	13	-	-	4	-	-	9
Grade									
6th grade	-	-	0	-	-	0	-	-	0
7th grade	-	-	4	-	-	2	-	-	2
8th grade	-	-	11	-	-	3	-	-	8
Race/Ethnicity									
Asian	-	-	0	-	-	0	-	-	0
Black*	-	-	1	-	-	1	-	-	0
Hispanic/Latino	-	-	0	-	-	0	-	-	0
White*	-	-	12	-	-	3	-	-	9
Other/Multiple races	-	-	1	-	-	0	-	-	1

Note: 48 students were excluded from this analysis.

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QN9: Ever rode with a driver who had been drinking alcohol

	Percentage	Total 95% confidence interval	N	Percentage	Male 95% confidence interval	N	Percentage	Female 95% confidence interval	N
Overall	15.9%	(15.9 - 15.9)	63	-	-	31	-	-	32
Age									
11 years old or younger	-	-	1	-	-	0	-	-	1
12 years old	-	-	12	-	-	7	-	-	5
13 years old or older	18.9%	(18.9 - 18.9)	50	-	-	24	-	-	26
Grade									
6th grade	-	-	0	-	-	0	-	-	0
7th grade	-	-	16	-	-	10	-	-	6
8th grade	-	-	46	-	-	21	-	-	25
Race/Ethnicity									
Asian	-	-	1	-	-	0	-	-	1
Black*	-	-	6	-	-	3	-	-	3
Hispanic/Latino	-	-	4	-	-	2	-	-	2
White*	-	-	41	-	-	19	-	-	22
Other/Multiple races	-	-	8	-	-	4	-	-	4

Note: 0 students were excluded from this analysis.

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QN10: Were ever in a physical fight

	Percentage	Total 95% confidence interval	N	Percentage	Male 95% confidence interval	N	Percentage	Female 95% confidence interval	N
Overall	38.8%	(38.8 - 38.8)	63	-	-	31	-	-	32
Age									
11 years old or younger	-	-	1	-	-	0	-	-	1
12 years old	-	-	12	-	-	7	-	-	5
13 years old or older	39.0%	(39.0 - 39.0)	50	-	-	24	-	-	26
Grade									
6th grade	-	-	0	-	-	0	-	-	0
7th grade	-	-	16	-	-	10	-	-	6
8th grade	-	-	46	-	-	21	-	-	25
Race/Ethnicity									
Asian	-	-	1	-	-	0	-	-	1
Black*	-	-	6	-	-	3	-	-	3
Hispanic/Latino	-	-	4	-	-	2	-	-	2
White*	-	-	41	-	-	19	-	-	22
Other/Multiple races	-	-	8	-	-	4	-	-	4

Note: 0 students were excluded from this analysis.

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QN12: Were ever bullied on school property

	Percentage	Total 95% confidence interval	N	Percentage	Male 95% confidence interval	N	Percentage	Female 95% confidence interval	N
Overall	62.1%	(62.1 - 62.1)	62	-	-	30	-	-	32
Age									
11 years old or younger	-	-	1	-	-	0	-	-	1
12 years old	-	-	12	-	-	7	-	-	5
13 years old or older	-	-	49	-	-	23	-	-	26
Grade									
6th grade	-	-	0	-	-	0	-	-	0
7th grade	-	-	16	-	-	10	-	-	6
8th grade	-	-	45	-	-	20	-	-	25
Race/Ethnicity									
Asian	-	-	1	-	-	0	-	-	1
Black*	-	-	6	-	-	3	-	-	3
Hispanic/Latino	-	-	4	-	-	2	-	-	2
White*	-	-	40	-	-	18	-	-	22
Other/Multiple races	-	-	8	-	-	4	-	-	4

Note: 1 student was excluded from this analysis.

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QN13: Were ever electronically bullied

	Percentage	Total 95% confidence interval	N	Percentage	Male 95% confidence interval	N	Percentage	Female 95% confidence interval	N
Overall	31.7%	(31.7 - 31.7)	63	-	-	31	-	-	32
Age									
11 years old or younger	-	-	1	-	-	0	-	-	1
12 years old	-	-	12	-	-	7	-	-	5
13 years old or older	28.3%	(28.3 - 28.3)	50	-	-	24	-	-	26
Grade									
6th grade	-	-	0	-	-	0	-	-	0
7th grade	-	-	16	-	-	10	-	-	6
8th grade	-	-	46	-	-	21	-	-	25
Race/Ethnicity									
Asian	-	-	1	-	-	0	-	-	1
Black*	-	-	6	-	-	3	-	-	3
Hispanic/Latino	-	-	4	-	-	2	-	-	2
White*	-	-	41	-	-	19	-	-	22
Other/Multiple races	-	-	8	-	-	4	-	-	4

Note: 0 students were excluded from this analysis.

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QN14: Ever seriously thought about killing themselves

	Percentage	Total 95% confidence interval	N	Percentage	Male 95% confidence interval	N	Percentage	Female 95% confidence interval	N
Overall	24.7%	(24.7 - 24.7)	62	-	-	30	-	-	32
Age									
11 years old or younger	-	-	1	-	-	0	-	-	1
12 years old	-	-	12	-	-	7	-	-	5
13 years old or older	-	-	49	-	-	23	-	-	26
Grade									
6th grade	-	-	0	-	-	0	-	-	0
7th grade	-	-	16	-	-	10	-	-	6
8th grade	-	-	45	-	-	20	-	-	25
Race/Ethnicity									
Asian	-	-	1	-	-	0	-	-	1
Black*	-	-	6	-	-	3	-	-	3
Hispanic/Latino	-	-	4	-	-	2	-	-	2
White*	-	-	41	-	-	19	-	-	22
Other/Multiple races	-	-	7	-	-	3	-	-	4

Note: 1 student was excluded from this analysis.

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QN15: Ever made a plan about how they would kill themselves

	Percentage	Total 95% confidence interval	N	Percentage	Male 95% confidence interval	N	Percentage	Female 95% confidence interval	N
Overall	19.3%	(19.3 - 19.3)	63	-	-	31	-	-	32
Age									
11 years old or younger	-	-	1	-	-	0	-	-	1
12 years old	-	-	12	-	-	7	-	-	5
13 years old or older	21.3%	(21.3 - 21.3)	50	-	-	24	-	-	26
Grade									
6th grade	-	-	0	-	-	0	-	-	0
7th grade	-	-	16	-	-	10	-	-	6
8th grade	-	-	46	-	-	21	-	-	25
Race/Ethnicity									
Asian	-	-	1	-	-	0	-	-	1
Black*	-	-	6	-	-	3	-	-	3
Hispanic/Latino	-	-	4	-	-	2	-	-	2
White*	-	-	41	-	-	19	-	-	22
Other/Multiple races	-	-	8	-	-	4	-	-	4

Note: 0 students were excluded from this analysis.

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QN16: Ever tried to kill themselves

	Percentage	Total 95% confidence interval	N	Percentage	Male 95% confidence interval	N	Percentage	Female 95% confidence interval	N
Overall	6.4%	(6.4 - 6.4)	63	-	-	31	-	-	32
Age									
11 years old or younger	-	-	1	-	-	0	-	-	1
12 years old	-	-	12	-	-	7	-	-	5
13 years old or older	6.7%	(6.7 - 6.7)	50	-	-	24	-	-	26
Grade									
6th grade	-	-	0	-	-	0	-	-	0
7th grade	-	-	16	-	-	10	-	-	6
8th grade	-	-	46	-	-	21	-	-	25
Race/Ethnicity									
Asian	-	-	1	-	-	0	-	-	1
Black*	-	-	6	-	-	3	-	-	3
Hispanic/Latino	-	-	4	-	-	2	-	-	2
White*	-	-	41	-	-	19	-	-	22
Other/Multiple races	-	-	8	-	-	4	-	-	4

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QN18: Tried cigarette smoking for the first time before age 11 years

	Percentage	Total 95% confidence interval	N	Percentage	Male 95% confidence interval	N	Percentage	Female 95% confidence interval	N
Overall	15.7%	(15.7 - 15.7)	63	-	-	31	-	-	32
Age									
11 years old or younger	-	-	1	-	-	0	-	-	1
12 years old	-	-	12	-	-	7	-	-	5
13 years old or older	12.2%	(12.2 - 12.2)	50	-	-	24	-	-	26
Grade									
6th grade	-	-	0	-	-	0	-	-	0
7th grade	-	-	16	-	-	10	-	-	6
8th grade	-	-	46	-	-	21	-	-	25
Race/Ethnicity									
Asian	-	-	1	-	-	0	-	-	1
Black*	-	-	6	-	-	3	-	-	3
Hispanic/Latino	-	-	4	-	-	2	-	-	2
White*	-	-	41	-	-	19	-	-	22
Other/Multiple races	-	-	8	-	-	4	-	-	4

Note: 0 students were excluded from this analysis.

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QN19: Currently smoked cigarettes

	Percentage	Total 95% confidence interval	N	Percentage	Male 95% confidence interval	N	Percentage	Female 95% confidence interval	N
Overall	11.1%	(11.1 - 11.1)	63	-	-	31	-	-	32
Age									
11 years old or younger	-	-	1	-	-	0	-	-	1
12 years old	-	-	12	-	-	7	-	-	5
13 years old or older	9.0%	(9.0 - 9.0)	50	-	-	24	-	-	26
Grade									
6th grade	-	-	0	-	-	0	-	-	0
7th grade	-	-	16	-	-	10	-	-	6
8th grade	-	-	46	-	-	21	-	-	25
Race/Ethnicity									
Asian	-	-	1	-	-	0	-	-	1
Black*	-	-	6	-	-	3	-	-	3
Hispanic/Latino	-	-	4	-	-	2	-	-	2
White*	-	-	41	-	-	19	-	-	22
Other/Multiple races	-	-	8	-	-	4	-	-	4

Note: 0 students were excluded from this analysis.

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QN21: Ever used an electronic vapor product

	Percentage	Total 95% confidence interval	N	Percentage	Male 95% confidence interval	N	Percentage	Female 95% confidence interval	N
Overall	24.6%	(24.6 - 24.6)	63	-	-	31	-	-	32
Age									
11 years old or younger	-	-	1	-	-	0	-	-	1
12 years old	-	-	12	-	-	7	-	-	5
13 years old or older	21.3%	(21.3 - 21.3)	50	-	-	24	-	-	26
Grade									
6th grade	-	-	0	-	-	0	-	-	0
7th grade	-	-	16	-	-	10	-	-	6
8th grade	-	-	46	-	-	21	-	-	25
Race/Ethnicity									
Asian	-	-	1	-	-	0	-	-	1
Black*	-	-	6	-	-	3	-	-	3
Hispanic/Latino	-	-	4	-	-	2	-	-	2
White*	-	-	41	-	-	19	-	-	22
Other/Multiple races	-	-	8	-	-	4	-	-	4

Note: 0 students were excluded from this analysis.

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QN22: Currently used an electronic vapor product

	Percentage	Total 95% confidence interval	N	Percentage	Male 95% confidence interval	N	Percentage	Female 95% confidence interval	N
Overall	17.9%	(17.9 - 17.9)	63	-	-	31	-	-	32
Age									
11 years old or younger	-	-	1	-	-	0	-	-	1
12 years old	-	-	12	-	-	7	-	-	5
13 years old or older	18.6%	(18.6 - 18.6)	50	-	-	24	-	-	26
Grade									
6th grade	-	-	0	-	-	0	-	-	0
7th grade	-	-	16	-	-	10	-	-	6
8th grade	-	-	46	-	-	21	-	-	25
Race/Ethnicity									
Asian	-	-	1	-	-	0	-	-	1
Black*	-	-	6	-	-	3	-	-	3
Hispanic/Latino	-	-	4	-	-	2	-	-	2
White*	-	-	41	-	-	19	-	-	22
Other/Multiple races	-	-	8	-	-	4	-	-	4

Note: 0 students were excluded from this analysis.

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QN23: Currently used smokeless tobacco

	Percentage	Total 95% confidence interval	N	Percentage	Male 95% confidence interval	N	Percentage	Female 95% confidence interval	N
Overall	9.2%	(9.2 - 9.2)	63	-	-	31	-	-	32
Age									
11 years old or younger	-	-	1	-	-	0	-	-	1
12 years old	-	-	12	-	-	7	-	-	5
13 years old or older	6.3%	(6.3 - 6.3)	50	-	-	24	-	-	26
Grade									
6th grade	-	-	0	-	-	0	-	-	0
7th grade	-	-	16	-	-	10	-	-	6
8th grade	-	-	46	-	-	21	-	-	25
Race/Ethnicity									
Asian	-	-	1	-	-	0	-	-	1
Black*	-	-	6	-	-	3	-	-	3
Hispanic/Latino	-	-	4	-	-	2	-	-	2
White*	-	-	41	-	-	19	-	-	22
Other/Multiple races	-	-	8	-	-	4	-	-	4

Note: 0 students were excluded from this analysis.

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QN24: Currently smoked cigars

	Percentage	Total 95% confidence interval	N	Percentage	Male 95% confidence interval	N	Percentage	Female 95% confidence interval	N
Overall	6.2%	(6.2 - 6.2)	63	-	-	31	-	-	32
Age									
11 years old or younger	-	-	1	-	-	0	-	-	1
12 years old	-	-	12	-	-	7	-	-	5
13 years old or older	2.1%	(2.1 - 2.1)	50	-	-	24	-	-	26
Grade									
6th grade	-	-	0	-	-	0	-	-	0
7th grade	-	-	16	-	-	10	-	-	6
8th grade	-	-	46	-	-	21	-	-	25
Race/Ethnicity									
Asian	-	-	1	-	-	0	-	-	1
Black*	-	-	6	-	-	3	-	-	3
Hispanic/Latino	-	-	4	-	-	2	-	-	2
White*	-	-	41	-	-	19	-	-	22
Other/Multiple races	-	-	8	-	-	4	-	-	4

Note: 0 students were excluded from this analysis.

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QN26: Drank alcohol for the first time before age 11 years

	Percentage	Total 95% confidence interval	N	Percentage	Male 95% confidence interval	N	Percentage	Female 95% confidence interval	N
Overall	18.1%	(18.1 - 18.1)	63	-	-	31	-	-	32
Age									
11 years old or younger	-	-	1	-	-	0	-	-	1
12 years old	-	-	12	-	-	7	-	-	5
13 years old or older	12.2%	(12.2 - 12.2)	50	-	-	24	-	-	26
Grade									
6th grade	-	-	0	-	-	0	-	-	0
7th grade	-	-	16	-	-	10	-	-	6
8th grade	-	-	46	-	-	21	-	-	25
Race/Ethnicity									
Asian	-	-	1	-	-	0	-	-	1
Black*	-	-	6	-	-	3	-	-	3
Hispanic/Latino	-	-	4	-	-	2	-	-	2
White*	-	-	41	-	-	19	-	-	22
Other/Multiple races	-	-	8	-	-	4	-	-	4

Note: 0 students were excluded from this analysis.

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QN28: Tried marijuana for the first time before age 11 years

	Percentage	Total 95% confidence interval	N	Percentage	Male 95% confidence interval	N	Percentage	Female 95% confidence interval	N
Overall	4.7%	(4.7 - 4.7)	63	-	-	31	-	-	32
Age									
11 years old or younger	-	-	1	-	-	0	-	-	1
12 years old	-	-	12	-	-	7	-	-	5
13 years old or older	0.0%	-	50	-	-	24	-	-	26
Grade									
6th grade	-	-	0	-	-	0	-	-	0
7th grade	-	-	16	-	-	10	-	-	6
8th grade	-	-	46	-	-	21	-	-	25
Race/Ethnicity									
Asian	-	-	1	-	-	0	-	-	1
Black*	-	-	6	-	-	3	-	-	3
Hispanic/Latino	-	-	4	-	-	2	-	-	2
White*	-	-	41	-	-	19	-	-	22
Other/Multiple races	-	-	8	-	-	4	-	-	4

Note: 0 students were excluded from this analysis.

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QN29: Ever took prescription pain medicine without a doctor's prescription or differently than how a doctor told them to use it

	Percentage	Total 95% confidence interval	N	Percentage	Male 95% confidence interval	N	Percentage	Female 95% confidence interval	N
Overall	16.8%	(16.8 - 16.8)	63	-	-	31	-	-	32
Age									
11 years old or younger	-	-	1	-	-	0	-	-	1
12 years old	-	-	12	-	-	7	-	-	5
13 years old or older	13.7%	(13.7 - 13.7)	50	-	-	24	-	-	26
Grade									
6th grade	-	-	0	-	-	0	-	-	0
7th grade	-	-	16	-	-	10	-	-	6
8th grade	-	-	46	-	-	21	-	-	25
Race/Ethnicity									
Asian	-	-	1	-	-	0	-	-	1
Black*	-	-	6	-	-	3	-	-	3
Hispanic/Latino	-	-	4	-	-	2	-	-	2
White*	-	-	41	-	-	19	-	-	22
Other/Multiple races	-	-	8	-	-	4	-	-	4

Note: 0 students were excluded from this analysis.

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QN30: Ever used cocaine

	Percentage	Total 95% confidence interval	N	Percentage	Male 95% confidence interval	N	Percentage	Female 95% confidence interval	N
Overall	8.1%	(8.1 - 8.1)	63	-	-	31	-	-	32
Age									
11 years old or younger	-	-	1	-	-	0	-	-	1
12 years old	-	-	12	-	-	7	-	-	5
13 years old or older	4.7%	(4.7 - 4.7)	50	-	-	24	-	-	26
Grade									
6th grade	-	-	0	-	-	0	-	-	0
7th grade	-	-	16	-	-	10	-	-	6
8th grade	-	-	46	-	-	21	-	-	25
Race/Ethnicity									
Asian	-	-	1	-	-	0	-	-	1
Black*	-	-	6	-	-	3	-	-	3
Hispanic/Latino	-	-	4	-	-	2	-	-	2
White*	-	-	41	-	-	19	-	-	22
Other/Multiple races	-	-	8	-	-	4	-	-	4

Note: 0 students were excluded from this analysis.

*Non-Hispanic.

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2021 YOUTH RISK BEHAVIOR SURVEY RESULTS
Virginia Southwestern Region - Middle School Survey
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QN36: Described themselves as slightly or very overweight

	Percentage	Total 95% confidence interval	N	Percentage	Male 95% confidence interval	N	Percentage	Female 95% confidence interval	N
Overall	39.2%	(39.2 - 39.2)	61	-	-	31	-	-	30
Age									
11 years old or younger	-	-	1	-	-	0	-	-	1
12 years old	-	-	11	-	-	7	-	-	4
13 years old or older	-	-	49	-	-	24	-	-	25
Grade									
6th grade	-	-	0	-	-	0	-	-	0
7th grade	-	-	15	-	-	10	-	-	5
8th grade	-	-	45	-	-	21	-	-	24
Race/Ethnicity									
Asian	-	-	1	-	-	0	-	-	1
Black*	-	-	5	-	-	3	-	-	2
Hispanic/Latino	-	-	4	-	-	2	-	-	2
White*	-	-	40	-	-	19	-	-	21
Other/Multiple races	-	-	8	-	-	4	-	-	4

Note: 2 students were excluded from this analysis.

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2021 YOUTH RISK BEHAVIOR SURVEY RESULTS
Virginia Southwestern Region - Middle School Survey
Summary Tables - Weighted Data

QN37: Were trying to lose weight

	Percentage	Total 95% confidence interval	N	Percentage	Male 95% confidence interval	N	Percentage	Female 95% confidence interval	N
Overall	55.2%	(55.2 - 55.2)	62	-	-	31	-	-	31
Age									
11 years old or younger	-	-	1	-	-	0	-	-	1
12 years old	-	-	12	-	-	7	-	-	5
13 years old or older	-	-	49	-	-	24	-	-	25
Grade									
6th grade	-	-	0	-	-	0	-	-	0
7th grade	-	-	16	-	-	10	-	-	6
8th grade	-	-	45	-	-	21	-	-	24
Race/Ethnicity									
Asian	-	-	1	-	-	0	-	-	1
Black*	-	-	6	-	-	3	-	-	3
Hispanic/Latino	-	-	4	-	-	2	-	-	2
White*	-	-	40	-	-	19	-	-	21
Other/Multiple races	-	-	8	-	-	4	-	-	4

Note: 1 student was excluded from this analysis.

*Non-Hispanic.

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2021 YOUTH RISK BEHAVIOR SURVEY RESULTS
Virginia Southwestern Region - Middle School Survey
Summary Tables - Weighted Data

QN38: Did not eat breakfast

	Percentage	Total 95% confidence interval	N	Percentage	Male 95% confidence interval	N	Percentage	Female 95% confidence interval	N
Overall	30.5%	(30.5 - 30.5)	63	-	-	31	-	-	32
Age									
11 years old or younger	-	-	1	-	-	0	-	-	1
12 years old	-	-	12	-	-	7	-	-	5
13 years old or older	33.7%	(33.7 - 33.7)	50	-	-	24	-	-	26
Grade									
6th grade	-	-	0	-	-	0	-	-	0
7th grade	-	-	16	-	-	10	-	-	6
8th grade	-	-	46	-	-	21	-	-	25
Race/Ethnicity									
Asian	-	-	1	-	-	0	-	-	1
Black*	-	-	6	-	-	3	-	-	3
Hispanic/Latino	-	-	4	-	-	2	-	-	2
White*	-	-	41	-	-	19	-	-	22
Other/Multiple races	-	-	8	-	-	4	-	-	4

Note: 0 students were excluded from this analysis.

*Non-Hispanic.

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2021 YOUTH RISK BEHAVIOR SURVEY RESULTS
Virginia Southwestern Region - Middle School Survey
Summary Tables - Weighted Data

QN39: Were physically active at least 60 minutes per day on 5 or more days

	Percentage	Total 95% confidence interval	N	Percentage	Male 95% confidence interval	N	Percentage	Female 95% confidence interval	N
Overall	59.5%	(59.5 - 59.5)	63	-	-	31	-	-	32
Age									
11 years old or younger	-	-	1	-	-	0	-	-	1
12 years old	-	-	12	-	-	7	-	-	5
13 years old or older	59.3%	(59.3 - 59.3)	50	-	-	24	-	-	26
Grade									
6th grade	-	-	0	-	-	0	-	-	0
7th grade	-	-	16	-	-	10	-	-	6
8th grade	-	-	46	-	-	21	-	-	25
Race/Ethnicity									
Asian	-	-	1	-	-	0	-	-	1
Black*	-	-	6	-	-	3	-	-	3
Hispanic/Latino	-	-	4	-	-	2	-	-	2
White*	-	-	41	-	-	19	-	-	22
Other/Multiple races	-	-	8	-	-	4	-	-	4

Note: 0 students were excluded from this analysis.

*Non-Hispanic.

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2021 YOUTH RISK BEHAVIOR SURVEY RESULTS
Virginia Southwestern Region - Middle School Survey
Summary Tables - Weighted Data

QN40: Spent 3 or more hours per day on screen time

	Percentage	Total 95% confidence interval	N	Percentage	Male 95% confidence interval	N	Percentage	Female 95% confidence interval	N
Overall	77.7%	(77.7 - 77.7)	61	-	-	30	-	-	31
Age									
11 years old or younger	-	-	1	-	-	0	-	-	1
12 years old	-	-	10	-	-	6	-	-	4
13 years old or older	74.4%	(74.4 - 74.4)	50	-	-	24	-	-	26
Grade									
6th grade	-	-	0	-	-	0	-	-	0
7th grade	-	-	14	-	-	9	-	-	5
8th grade	-	-	46	-	-	21	-	-	25
Race/Ethnicity									
Asian	-	-	1	-	-	0	-	-	1
Black*	-	-	5	-	-	3	-	-	2
Hispanic/Latino	-	-	4	-	-	2	-	-	2
White*	-	-	40	-	-	18	-	-	22
Other/Multiple races	-	-	8	-	-	4	-	-	4

Note: 2 students were excluded from this analysis.

*Non-Hispanic.

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2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

Virginia Southwestern Region - Middle School Survey

Summary Tables - Weighted Data

QN44: Reported that their mental health was most of the time or always not good

	Percentage	Total 95% confidence interval	N	Percentage	Male 95% confidence interval	N	Percentage	Female 95% confidence interval	N
Overall	19.0%	(19.0 - 19.0)	61	-	-	30	-	-	31
Age									
11 years old or younger	-	-	1	-	-	0	-	-	1
12 years old	-	-	12	-	-	7	-	-	5
13 years old or older	-	-	48	-	-	23	-	-	25
Grade									
6th grade	-	-	0	-	-	0	-	-	0
7th grade	-	-	16	-	-	10	-	-	6
8th grade	-	-	44	-	-	20	-	-	24
Race/Ethnicity									
Asian	-	-	1	-	-	0	-	-	1
Black*	-	-	6	-	-	3	-	-	3
Hispanic/Latino	-	-	4	-	-	2	-	-	2
White*	-	-	39	-	-	18	-	-	21
Other/Multiple races	-	-	8	-	-	4	-	-	4

Note: 2 students were excluded from this analysis.

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2021 YOUTH RISK BEHAVIOR SURVEY RESULTS
Virginia Southwestern Region - Middle School Survey
Summary Tables - Weighted Data

QN45: Got 8 or more hours of sleep

	Percentage	Total 95% confidence interval	N	Percentage	Male 95% confidence interval	N	Percentage	Female 95% confidence interval	N
Overall	38.4%	(38.4 - 38.4)	62	-	-	30	-	-	32
Age									
11 years old or younger	-	-	1	-	-	0	-	-	1
12 years old	-	-	12	-	-	7	-	-	5
13 years old or older	-	-	49	-	-	23	-	-	26
Grade									
6th grade	-	-	0	-	-	0	-	-	0
7th grade	-	-	16	-	-	10	-	-	6
8th grade	-	-	45	-	-	20	-	-	25
Race/Ethnicity									
Asian	-	-	1	-	-	0	-	-	1
Black*	-	-	6	-	-	3	-	-	3
Hispanic/Latino	-	-	4	-	-	2	-	-	2
White*	-	-	40	-	-	18	-	-	22
Other/Multiple races	-	-	8	-	-	4	-	-	4

Note: 1 student was excluded from this analysis.

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2021 YOUTH RISK BEHAVIOR SURVEY RESULTS
Virginia Southwestern Region - Middle School Survey
Summary Tables - Weighted Data

QN46: Usually did not sleep in their parent's or guardian's home

	Percentage	Total 95% confidence interval	N	Percentage	Male 95% confidence interval	N	Percentage	Female 95% confidence interval	N
Overall	4.7%	(4.7 - 4.7)	62	-	-	30	-	-	32
Age									
11 years old or younger	-	-	1	-	-	0	-	-	1
12 years old	-	-	12	-	-	7	-	-	5
13 years old or older	-	-	49	-	-	23	-	-	26
Grade									
6th grade	-	-	0	-	-	0	-	-	0
7th grade	-	-	16	-	-	10	-	-	6
8th grade	-	-	45	-	-	20	-	-	25
Race/Ethnicity									
Asian	-	-	1	-	-	0	-	-	1
Black*	-	-	6	-	-	3	-	-	3
Hispanic/Latino	-	-	4	-	-	2	-	-	2
White*	-	-	40	-	-	18	-	-	22
Other/Multiple races	-	-	8	-	-	4	-	-	4

Note: 1 student was excluded from this analysis.

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2021 YOUTH RISK BEHAVIOR SURVEY RESULTS
Virginia Southwestern Region - Middle School Survey
Summary Tables - Weighted Data

QN47: are transgender

	Percentage	Total 95% confidence interval	N	Percentage	Male 95% confidence interval	N	Percentage	Female 95% confidence interval	N
Overall	3.6%	(3.6 - 3.6)	63	-	-	31	-	-	32
Age									
11 years old or younger	-	-	1	-	-	0	-	-	1
12 years old	-	-	12	-	-	7	-	-	5
13 years old or older	2.7%	(2.7 - 2.7)	50	-	-	24	-	-	26
Grade									
6th grade	-	-	0	-	-	0	-	-	0
7th grade	-	-	16	-	-	10	-	-	6
8th grade	-	-	46	-	-	21	-	-	25
Race/Ethnicity									
Asian	-	-	1	-	-	0	-	-	1
Black*	-	-	6	-	-	3	-	-	3
Hispanic/Latino	-	-	4	-	-	2	-	-	2
White*	-	-	41	-	-	19	-	-	22
Other/Multiple races	-	-	8	-	-	4	-	-	4

Note: 0 students were excluded from this analysis.

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2021 YOUTH RISK BEHAVIOR SURVEY RESULTS
Virginia Southwestern Region - Middle School Survey
Summary Tables - Weighted Data

QN48: Rode with someone who texted, called, e-mailed, or used the Internet or apps on a handheld cell phone while driving a car or other vehicle

	Percentage	Total 95% confidence interval	N	Percentage	Male 95% confidence interval	N	Percentage	Female 95% confidence interval	N
Overall	71.1%	(71.1 - 71.1)	63	-	-	31	-	-	32
Age									
11 years old or younger	-	-	1	-	-	0	-	-	1
12 years old	-	-	12	-	-	7	-	-	5
13 years old or older	75.2%	(75.2 - 75.2)	50	-	-	24	-	-	26
Grade									
6th grade	-	-	0	-	-	0	-	-	0
7th grade	-	-	16	-	-	10	-	-	6
8th grade	-	-	46	-	-	21	-	-	25
Race/Ethnicity									
Asian	-	-	1	-	-	0	-	-	1
Black*	-	-	6	-	-	3	-	-	3
Hispanic/Latino	-	-	4	-	-	2	-	-	2
White*	-	-	41	-	-	19	-	-	22
Other/Multiple races	-	-	8	-	-	4	-	-	4

Note: 0 students were excluded from this analysis.

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2021 YOUTH RISK BEHAVIOR SURVEY RESULTS
Virginia Southwestern Region - Middle School Survey
Summary Tables - Weighted Data

QN49: Ever carried a weapon

	Percentage	Total 95% confidence interval	N	Percentage	Male 95% confidence interval	N	Percentage	Female 95% confidence interval	N
Overall	49.2%	(49.2 - 49.2)	63	-	-	31	-	-	32
Age									
11 years old or younger	-	-	1	-	-	0	-	-	1
12 years old	-	-	12	-	-	7	-	-	5
13 years old or older	50.3%	(50.3 - 50.3)	50	-	-	24	-	-	26
Grade									
6th grade	-	-	0	-	-	0	-	-	0
7th grade	-	-	16	-	-	10	-	-	6
8th grade	-	-	46	-	-	21	-	-	25
Race/Ethnicity									
Asian	-	-	1	-	-	0	-	-	1
Black*	-	-	6	-	-	3	-	-	3
Hispanic/Latino	-	-	4	-	-	2	-	-	2
White*	-	-	41	-	-	19	-	-	22
Other/Multiple races	-	-	8	-	-	4	-	-	4

Note: 0 students were excluded from this analysis.

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2021 YOUTH RISK BEHAVIOR SURVEY RESULTS
Virginia Southwestern Region - Middle School Survey
Summary Tables - Weighted Data

QN50: Reported that an adult or person at least 5 years older than they made them do sexual things they did not want to do

	Percentage	Total 95% confidence interval	N	Percentage	Male 95% confidence interval	N	Percentage	Female 95% confidence interval	N
Overall	9.8%	(9.8 - 9.8)	63	-	-	31	-	-	32
Age									
11 years old or younger	-	-	1	-	-	0	-	-	1
12 years old	-	-	12	-	-	7	-	-	5
13 years old or older	7.2%	(7.2 - 7.2)	50	-	-	24	-	-	26
Grade									
6th grade	-	-	0	-	-	0	-	-	0
7th grade	-	-	16	-	-	10	-	-	6
8th grade	-	-	46	-	-	21	-	-	25
Race/Ethnicity									
Asian	-	-	1	-	-	0	-	-	1
Black*	-	-	6	-	-	3	-	-	3
Hispanic/Latino	-	-	4	-	-	2	-	-	2
White*	-	-	41	-	-	19	-	-	22
Other/Multiple races	-	-	8	-	-	4	-	-	4

Note: 0 students were excluded from this analysis.

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2021 YOUTH RISK BEHAVIOR SURVEY RESULTS
Virginia Southwestern Region - Middle School Survey
Summary Tables - Weighted Data

QN51: Reported that a parent or other adult in their home most of the time or always swore at them, insulted them, or put them down

	Percentage	Total 95% confidence interval	N	Percentage	Male 95% confidence interval	N	Percentage	Female 95% confidence interval	N
Overall	14.2%	(14.2 - 14.2)	63	-	-	31	-	-	32
Age									
11 years old or younger	-	-	1	-	-	0	-	-	1
12 years old	-	-	12	-	-	7	-	-	5
13 years old or older	6.6%	(6.6 - 6.6)	50	-	-	24	-	-	26
Grade									
6th grade	-	-	0	-	-	0	-	-	0
7th grade	-	-	16	-	-	10	-	-	6
8th grade	-	-	46	-	-	21	-	-	25
Race/Ethnicity									
Asian	-	-	1	-	-	0	-	-	1
Black*	-	-	6	-	-	3	-	-	3
Hispanic/Latino	-	-	4	-	-	2	-	-	2
White*	-	-	41	-	-	19	-	-	22
Other/Multiple races	-	-	8	-	-	4	-	-	4

Note: 0 students were excluded from this analysis.

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2021 YOUTH RISK BEHAVIOR SURVEY RESULTS
Virginia Southwestern Region - Middle School Survey
Summary Tables - Weighted Data

QN52: Reported that a parent or other adult in their home most of the time or always hit, beat, kicked, or physically hurt them in any way

	Percentage	Total 95% confidence interval	N	Percentage	Male 95% confidence interval	N	Percentage	Female 95% confidence interval	N
Overall	1.7%	(1.7 - 1.7)	63	-	-	31	-	-	32
Age									
11 years old or younger	-	-	1	-	-	0	-	-	1
12 years old	-	-	12	-	-	7	-	-	5
13 years old or older	0.0%	-	50	-	-	24	-	-	26
Grade									
6th grade	-	-	0	-	-	0	-	-	0
7th grade	-	-	16	-	-	10	-	-	6
8th grade	-	-	46	-	-	21	-	-	25
Race/Ethnicity									
Asian	-	-	1	-	-	0	-	-	1
Black*	-	-	6	-	-	3	-	-	3
Hispanic/Latino	-	-	4	-	-	2	-	-	2
White*	-	-	41	-	-	19	-	-	22
Other/Multiple races	-	-	8	-	-	4	-	-	4

Note: 0 students were excluded from this analysis.

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2021 YOUTH RISK BEHAVIOR SURVEY RESULTS
Virginia Southwestern Region - Middle School Survey
Summary Tables - Weighted Data

QN53: Reported that their parents or other adults in their home most of the time or always slapped, hit, kicked, punched, or beat each other up

	Percentage	Total 95% confidence interval	N	Percentage	Male 95% confidence interval	N	Percentage	Female 95% confidence interval	N
Overall	1.7%	(1.7 - 1.7)	62	-	-	30	-	-	32
Age									
11 years old or younger	-	-	1	-	-	0	-	-	1
12 years old	-	-	11	-	-	6	-	-	5
13 years old or older	0.0%	-	50	-	-	24	-	-	26
Grade									
6th grade	-	-	0	-	-	0	-	-	0
7th grade	-	-	15	-	-	9	-	-	6
8th grade	-	-	46	-	-	21	-	-	25
Race/Ethnicity									
Asian	-	-	1	-	-	0	-	-	1
Black*	-	-	5	-	-	2	-	-	3
Hispanic/Latino	-	-	4	-	-	2	-	-	2
White*	-	-	41	-	-	19	-	-	22
Other/Multiple races	-	-	8	-	-	4	-	-	4

Note: 1 student was excluded from this analysis.

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2021 YOUTH RISK BEHAVIOR SURVEY RESULTS
Virginia Southwestern Region - Middle School Survey
Summary Tables - Weighted Data

QN54: have been the victim of teasing or name calling because of their race or ethnic background

	Percentage	Total 95% confidence interval	N	Percentage	Male 95% confidence interval	N	Percentage	Female 95% confidence interval	N
Overall	25.0%	(25.0 - 25.0)	63	-	-	31	-	-	32
Age									
11 years old or younger	-	-	1	-	-	0	-	-	1
12 years old	-	-	12	-	-	7	-	-	5
13 years old or older	10.2%	(10.2 - 10.2)	50	-	-	24	-	-	26
Grade									
6th grade	-	-	0	-	-	0	-	-	0
7th grade	-	-	16	-	-	10	-	-	6
8th grade	-	-	46	-	-	21	-	-	25
Race/Ethnicity									
Asian	-	-	1	-	-	0	-	-	1
Black*	-	-	6	-	-	3	-	-	3
Hispanic/Latino	-	-	4	-	-	2	-	-	2
White*	-	-	41	-	-	19	-	-	22
Other/Multiple races	-	-	8	-	-	4	-	-	4

Note: 0 students were excluded from this analysis.

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2021 YOUTH RISK BEHAVIOR SURVEY RESULTS
Virginia Southwestern Region - Middle School Survey
Summary Tables - Weighted Data

QN55: have been the victim of teasing or name calling because someone thought they were gay, lesbian, or bisexual

	Percentage	Total 95% confidence interval	N	Percentage	Male 95% confidence interval	N	Percentage	Female 95% confidence interval	N
Overall	22.4%	(22.4 - 22.4)	63	-	-	31	-	-	32
Age									
11 years old or younger	-	-	1	-	-	0	-	-	1
12 years old	-	-	12	-	-	7	-	-	5
13 years old or older	17.5%	(17.5 - 17.5)	50	-	-	24	-	-	26
Grade									
6th grade	-	-	0	-	-	0	-	-	0
7th grade	-	-	16	-	-	10	-	-	6
8th grade	-	-	46	-	-	21	-	-	25
Race/Ethnicity									
Asian	-	-	1	-	-	0	-	-	1
Black*	-	-	6	-	-	3	-	-	3
Hispanic/Latino	-	-	4	-	-	2	-	-	2
White*	-	-	41	-	-	19	-	-	22
Other/Multiple races	-	-	8	-	-	4	-	-	4

Note: 0 students were excluded from this analysis.

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2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

Virginia Southwestern Region - Middle School Survey

Summary Tables - Weighted Data

QN56: asked for help from someone before their suicide attempt

	Percentage	Total 95% confidence interval	N	Percentage	Male 95% confidence interval	N	Percentage	Female 95% confidence interval	N
Overall	-	-	16	-	-	10	-	-	6
Age									
11 years old or younger	-	-	1	-	-	0	-	-	1
12 years old	-	-	4	-	-	3	-	-	1
13 years old or older	-	-	11	-	-	7	-	-	4
Grade									
6th grade	-	-	0	-	-	0	-	-	0
7th grade	-	-	5	-	-	4	-	-	1
8th grade	-	-	10	-	-	6	-	-	4
Race/Ethnicity									
Asian	-	-	1	-	-	0	-	-	1
Black*	-	-	1	-	-	1	-	-	0
Hispanic/Latino	-	-	2	-	-	1	-	-	1
White*	-	-	10	-	-	7	-	-	3
Other/Multiple races	-	-	1	-	-	0	-	-	1

Note: 47 students were excluded from this analysis.

*Non-Hispanic.

N = Number of students in this subgroup.

- = Fewer than 50 students in this subgroup.

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS
Virginia Southwestern Region - Middle School Survey
Summary Tables - Weighted Data

QN57: ever used a heated tobacco product

	Percentage	Total 95% confidence interval	N	Percentage	Male 95% confidence interval	N	Percentage	Female 95% confidence interval	N
Overall	6.7%	(6.7 - 6.7)	63	-	-	31	-	-	32
Age									
11 years old or younger	-	-	1	-	-	0	-	-	1
12 years old	-	-	12	-	-	7	-	-	5
13 years old or older	2.8%	(2.8 - 2.8)	50	-	-	24	-	-	26
Grade									
6th grade	-	-	0	-	-	0	-	-	0
7th grade	-	-	16	-	-	10	-	-	6
8th grade	-	-	46	-	-	21	-	-	25
Race/Ethnicity									
Asian	-	-	1	-	-	0	-	-	1
Black*	-	-	6	-	-	3	-	-	3
Hispanic/Latino	-	-	4	-	-	2	-	-	2
White*	-	-	41	-	-	19	-	-	22
Other/Multiple races	-	-	8	-	-	4	-	-	4

Note: 0 students were excluded from this analysis.

*Non-Hispanic.

N = Number of students in this subgroup.

- = Fewer than 50 students in this subgroup.

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS
Virginia Southwestern Region - Middle School Survey
Summary Tables - Weighted Data

QN58: Currently used a heated tobacco product

	Percentage	Total 95% confidence interval	N	Percentage	Male 95% confidence interval	N	Percentage	Female 95% confidence interval	N
Overall	6.7%	(6.7 - 6.7)	63	-	-	31	-	-	32
Age									
11 years old or younger	-	-	1	-	-	0	-	-	1
12 years old	-	-	12	-	-	7	-	-	5
13 years old or older	2.8%	(2.8 - 2.8)	50	-	-	24	-	-	26
Grade									
6th grade	-	-	0	-	-	0	-	-	0
7th grade	-	-	16	-	-	10	-	-	6
8th grade	-	-	46	-	-	21	-	-	25
Race/Ethnicity									
Asian	-	-	1	-	-	0	-	-	1
Black*	-	-	6	-	-	3	-	-	3
Hispanic/Latino	-	-	4	-	-	2	-	-	2
White*	-	-	41	-	-	19	-	-	22
Other/Multiple races	-	-	8	-	-	4	-	-	4

Note: 0 students were excluded from this analysis.

*Non-Hispanic.

N = Number of students in this subgroup.

- = Fewer than 50 students in this subgroup.

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS
Virginia Southwestern Region - Middle School Survey
Summary Tables - Weighted Data

QN59: Ever drank alcohol

	Percentage	Total 95% confidence interval	N	Percentage	Male 95% confidence interval	N	Percentage	Female 95% confidence interval	N
Overall	28.0%	(28.0 - 28.0)	63	-	-	31	-	-	32
Age									
11 years old or younger	-	-	1	-	-	0	-	-	1
12 years old	-	-	12	-	-	7	-	-	5
13 years old or older	29.4%	(29.4 - 29.4)	50	-	-	24	-	-	26
Grade									
6th grade	-	-	0	-	-	0	-	-	0
7th grade	-	-	16	-	-	10	-	-	6
8th grade	-	-	46	-	-	21	-	-	25
Race/Ethnicity									
Asian	-	-	1	-	-	0	-	-	1
Black*	-	-	6	-	-	3	-	-	3
Hispanic/Latino	-	-	4	-	-	2	-	-	2
White*	-	-	41	-	-	19	-	-	22
Other/Multiple races	-	-	8	-	-	4	-	-	4

Note: 0 students were excluded from this analysis.

*Non-Hispanic.

N = Number of students in this subgroup.

- = Fewer than 50 students in this subgroup.

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS
Virginia Southwestern Region - Middle School Survey
Summary Tables - Weighted Data

QN60: Ever used marijuana

	Percentage	Total 95% confidence interval	N	Percentage	Male 95% confidence interval	N	Percentage	Female 95% confidence interval	N
Overall	10.3%	(10.3 - 10.3)	63	-	-	31	-	-	32
Age									
11 years old or younger	-	-	1	-	-	0	-	-	1
12 years old	-	-	12	-	-	7	-	-	5
13 years old or older	7.9%	(7.9 - 7.9)	50	-	-	24	-	-	26
Grade									
6th grade	-	-	0	-	-	0	-	-	0
7th grade	-	-	16	-	-	10	-	-	6
8th grade	-	-	46	-	-	21	-	-	25
Race/Ethnicity									
Asian	-	-	1	-	-	0	-	-	1
Black*	-	-	6	-	-	3	-	-	3
Hispanic/Latino	-	-	4	-	-	2	-	-	2
White*	-	-	41	-	-	19	-	-	22
Other/Multiple races	-	-	8	-	-	4	-	-	4

Note: 0 students were excluded from this analysis.

*Non-Hispanic.

N = Number of students in this subgroup.

- = Fewer than 50 students in this subgroup.

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS
Virginia Southwestern Region - Middle School Survey
Summary Tables - Weighted Data

QN61: Currently used marijuana

	Percentage	Total 95% confidence interval	N	Percentage	Male 95% confidence interval	N	Percentage	Female 95% confidence interval	N
Overall	8.9%	(8.9 - 8.9)	63	-	-	31	-	-	32
Age									
11 years old or younger	-	-	1	-	-	0	-	-	1
12 years old	-	-	12	-	-	7	-	-	5
13 years old or older	5.9%	(5.9 - 5.9)	50	-	-	24	-	-	26
Grade									
6th grade	-	-	0	-	-	0	-	-	0
7th grade	-	-	16	-	-	10	-	-	6
8th grade	-	-	46	-	-	21	-	-	25
Race/Ethnicity									
Asian	-	-	1	-	-	0	-	-	1
Black*	-	-	6	-	-	3	-	-	3
Hispanic/Latino	-	-	4	-	-	2	-	-	2
White*	-	-	41	-	-	19	-	-	22
Other/Multiple races	-	-	8	-	-	4	-	-	4

Note: 0 students were excluded from this analysis.

*Non-Hispanic.

N = Number of students in this subgroup.

- = Fewer than 50 students in this subgroup.

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS
Virginia Southwestern Region - Middle School Survey
Summary Tables - Weighted Data

QN62: Have ever taken an over-the-counter drug to get high

	Percentage	Total 95% confidence interval	N	Percentage	Male 95% confidence interval	N	Percentage	Female 95% confidence interval	N
Overall	9.4%	(9.4 - 9.4)	63	-	-	31	-	-	32
Age									
11 years old or younger	-	-	1	-	-	0	-	-	1
12 years old	-	-	12	-	-	7	-	-	5
13 years old or older	6.7%	(6.7 - 6.7)	50	-	-	24	-	-	26
Grade									
6th grade	-	-	0	-	-	0	-	-	0
7th grade	-	-	16	-	-	10	-	-	6
8th grade	-	-	46	-	-	21	-	-	25
Race/Ethnicity									
Asian	-	-	1	-	-	0	-	-	1
Black*	-	-	6	-	-	3	-	-	3
Hispanic/Latino	-	-	4	-	-	2	-	-	2
White*	-	-	41	-	-	19	-	-	22
Other/Multiple races	-	-	8	-	-	4	-	-	4

Note: 0 students were excluded from this analysis.

*Non-Hispanic.

N = Number of students in this subgroup.

- = Fewer than 50 students in this subgroup.

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

Virginia Southwestern Region - Middle School Survey

Summary Tables - Weighted Data

QN63: Were offered, sold, or given an illegal drug on school property

	Percentage	Total 95% confidence interval	N	Percentage	Male 95% confidence interval	N	Percentage	Female 95% confidence interval	N
Overall	14.7%	(14.7 - 14.7)	62	-	-	30	-	-	32
Age									
11 years old or younger	-	-	1	-	-	0	-	-	1
12 years old	-	-	11	-	-	6	-	-	5
13 years old or older	13.5%	(13.5 - 13.5)	50	-	-	24	-	-	26
Grade									
6th grade	-	-	0	-	-	0	-	-	0
7th grade	-	-	15	-	-	9	-	-	6
8th grade	-	-	46	-	-	21	-	-	25
Race/Ethnicity									
Asian	-	-	1	-	-	0	-	-	1
Black*	-	-	6	-	-	3	-	-	3
Hispanic/Latino	-	-	4	-	-	2	-	-	2
White*	-	-	40	-	-	18	-	-	22
Other/Multiple races	-	-	8	-	-	4	-	-	4

Note: 1 student was excluded from this analysis.

*Non-Hispanic.

N = Number of students in this subgroup.

- = Fewer than 50 students in this subgroup.

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS
Virginia Southwestern Region - Middle School Survey
Summary Tables - Weighted Data

QN64: Did not eat fruit

	Percentage	Total 95% confidence interval	N	Percentage	Male 95% confidence interval	N	Percentage	Female 95% confidence interval	N
Overall	21.8%	(21.8 - 21.8)	63	-	-	31	-	-	32
Age									
11 years old or younger	-	-	1	-	-	0	-	-	1
12 years old	-	-	12	-	-	7	-	-	5
13 years old or older	20.2%	(20.2 - 20.2)	50	-	-	24	-	-	26
Grade									
6th grade	-	-	0	-	-	0	-	-	0
7th grade	-	-	16	-	-	10	-	-	6
8th grade	-	-	46	-	-	21	-	-	25
Race/Ethnicity									
Asian	-	-	1	-	-	0	-	-	1
Black*	-	-	6	-	-	3	-	-	3
Hispanic/Latino	-	-	4	-	-	2	-	-	2
White*	-	-	41	-	-	19	-	-	22
Other/Multiple races	-	-	8	-	-	4	-	-	4

Note: 0 students were excluded from this analysis.

*Non-Hispanic.

N = Number of students in this subgroup.

- = Fewer than 50 students in this subgroup.

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS
Virginia Southwestern Region - Middle School Survey
Summary Tables - Weighted Data

QN65: Did not eat vegetables

	Percentage	Total 95% confidence interval	N	Percentage	Male 95% confidence interval	N	Percentage	Female 95% confidence interval	N
Overall	29.6%	(29.6 - 29.6)	63	-	-	31	-	-	32
Age									
11 years old or younger	-	-	1	-	-	0	-	-	1
12 years old	-	-	12	-	-	7	-	-	5
13 years old or older	27.8%	(27.8 - 27.8)	50	-	-	24	-	-	26
Grade									
6th grade	-	-	0	-	-	0	-	-	0
7th grade	-	-	16	-	-	10	-	-	6
8th grade	-	-	46	-	-	21	-	-	25
Race/Ethnicity									
Asian	-	-	1	-	-	0	-	-	1
Black*	-	-	6	-	-	3	-	-	3
Hispanic/Latino	-	-	4	-	-	2	-	-	2
White*	-	-	41	-	-	19	-	-	22
Other/Multiple races	-	-	8	-	-	4	-	-	4

Note: 0 students were excluded from this analysis.

*Non-Hispanic.

N = Number of students in this subgroup.

- = Fewer than 50 students in this subgroup.

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS
Virginia Southwestern Region - Middle School Survey
Summary Tables - Weighted Data

QN66: ate at least one meal or snack from a fast food restaurant or convenience stores

	Percentage	Total 95% confidence interval	N	Percentage	Male 95% confidence interval	N	Percentage	Female 95% confidence interval	N
Overall	86.7%	(86.7 - 86.7)	63	-	-	31	-	-	32
Age									
11 years old or younger	-	-	1	-	-	0	-	-	1
12 years old	-	-	12	-	-	7	-	-	5
13 years old or older	84.7%	(84.7 - 84.7)	50	-	-	24	-	-	26
Grade									
6th grade	-	-	0	-	-	0	-	-	0
7th grade	-	-	16	-	-	10	-	-	6
8th grade	-	-	46	-	-	21	-	-	25
Race/Ethnicity									
Asian	-	-	1	-	-	0	-	-	1
Black*	-	-	6	-	-	3	-	-	3
Hispanic/Latino	-	-	4	-	-	2	-	-	2
White*	-	-	41	-	-	19	-	-	22
Other/Multiple races	-	-	8	-	-	4	-	-	4

Note: 0 students were excluded from this analysis.

*Non-Hispanic.

N = Number of students in this subgroup.

- = Fewer than 50 students in this subgroup.

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

Virginia Southwestern Region - Middle School Survey

Summary Tables - Weighted Data

QN67: most of the time or always went hungry because there was not enough food in their home

	Percentage	Total 95% confidence interval	N	Percentage	Male 95% confidence interval	N	Percentage	Female 95% confidence interval	N
Overall	10.6%	(10.6 - 10.6)	63	-	-	31	-	-	32
Age									
11 years old or younger	-	-	1	-	-	0	-	-	1
12 years old	-	-	12	-	-	7	-	-	5
13 years old or older	8.3%	(8.3 - 8.3)	50	-	-	24	-	-	26
Grade									
6th grade	-	-	0	-	-	0	-	-	0
7th grade	-	-	16	-	-	10	-	-	6
8th grade	-	-	46	-	-	21	-	-	25
Race/Ethnicity									
Asian	-	-	1	-	-	0	-	-	1
Black*	-	-	6	-	-	3	-	-	3
Hispanic/Latino	-	-	4	-	-	2	-	-	2
White*	-	-	41	-	-	19	-	-	22
Other/Multiple races	-	-	8	-	-	4	-	-	4

Note: 0 students were excluded from this analysis.

*Non-Hispanic.

N = Number of students in this subgroup.

- = Fewer than 50 students in this subgroup.

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS
Virginia Southwestern Region - Middle School Survey
Summary Tables - Weighted Data

QN68: Ate dinner at home with at least one of their parents or guardians on four or more days

	Percentage	Total 95% confidence interval	N	Percentage	Male 95% confidence interval	N	Percentage	Female 95% confidence interval	N
Overall	76.4%	(76.4 - 76.4)	63	-	-	31	-	-	32
Age									
11 years old or younger	-	-	1	-	-	0	-	-	1
12 years old	-	-	12	-	-	7	-	-	5
13 years old or older	72.3%	(72.3 - 72.3)	50	-	-	24	-	-	26
Grade									
6th grade	-	-	0	-	-	0	-	-	0
7th grade	-	-	16	-	-	10	-	-	6
8th grade	-	-	46	-	-	21	-	-	25
Race/Ethnicity									
Asian	-	-	1	-	-	0	-	-	1
Black*	-	-	6	-	-	3	-	-	3
Hispanic/Latino	-	-	4	-	-	2	-	-	2
White*	-	-	41	-	-	19	-	-	22
Other/Multiple races	-	-	8	-	-	4	-	-	4

Note: 0 students were excluded from this analysis.

*Non-Hispanic.

N = Number of students in this subgroup.

- = Fewer than 50 students in this subgroup.

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS
Virginia Southwestern Region - Middle School Survey
Summary Tables - Weighted Data

QN69: Have ever been told by a doctor or a nurse that they have asthma

	Percentage	Total 95% confidence interval	N	Percentage	Male 95% confidence interval	N	Percentage	Female 95% confidence interval	N
Overall	32.8%	(32.8 - 32.8)	63	-	-	31	-	-	32
Age									
11 years old or younger	-	-	1	-	-	0	-	-	1
12 years old	-	-	12	-	-	7	-	-	5
13 years old or older	28.5%	(28.5 - 28.5)	50	-	-	24	-	-	26
Grade									
6th grade	-	-	0	-	-	0	-	-	0
7th grade	-	-	16	-	-	10	-	-	6
8th grade	-	-	46	-	-	21	-	-	25
Race/Ethnicity									
Asian	-	-	1	-	-	0	-	-	1
Black*	-	-	6	-	-	3	-	-	3
Hispanic/Latino	-	-	4	-	-	2	-	-	2
White*	-	-	41	-	-	19	-	-	22
Other/Multiple races	-	-	8	-	-	4	-	-	4

Note: 0 students were excluded from this analysis.

*Non-Hispanic.

N = Number of students in this subgroup.

- = Fewer than 50 students in this subgroup.

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS
Virginia Southwestern Region - Middle School Survey
Summary Tables - Weighted Data

QN70: Saw a dentist

	Percentage	Total 95% confidence interval	N	Percentage	Male 95% confidence interval	N	Percentage	Female 95% confidence interval	N
Overall	65.8%	(65.8 - 65.8)	63	-	-	31	-	-	32
Age									
11 years old or younger	-	-	1	-	-	0	-	-	1
12 years old	-	-	12	-	-	7	-	-	5
13 years old or older	69.4%	(69.4 - 69.4)	50	-	-	24	-	-	26
Grade									
6th grade	-	-	0	-	-	0	-	-	0
7th grade	-	-	16	-	-	10	-	-	6
8th grade	-	-	46	-	-	21	-	-	25
Race/Ethnicity									
Asian	-	-	1	-	-	0	-	-	1
Black*	-	-	6	-	-	3	-	-	3
Hispanic/Latino	-	-	4	-	-	2	-	-	2
White*	-	-	41	-	-	19	-	-	22
Other/Multiple races	-	-	8	-	-	4	-	-	4

Note: 0 students were excluded from this analysis.

*Non-Hispanic.

N = Number of students in this subgroup.

- = Fewer than 50 students in this subgroup.

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS
Virginia Southwestern Region - Middle School Survey
Summary Tables - Weighted Data

QN71: most of the time or always have their teeth or mouth been painful or sore

	Percentage	Total 95% confidence interval	N	Percentage	Male 95% confidence interval	N	Percentage	Female 95% confidence interval	N
Overall	6.1%	(6.1 - 6.1)	63	-	-	31	-	-	32
Age									
11 years old or younger	-	-	1	-	-	0	-	-	1
12 years old	-	-	12	-	-	7	-	-	5
13 years old or older	2.0%	(2.0 - 2.0)	50	-	-	24	-	-	26
Grade									
6th grade	-	-	0	-	-	0	-	-	0
7th grade	-	-	16	-	-	10	-	-	6
8th grade	-	-	46	-	-	21	-	-	25
Race/Ethnicity									
Asian	-	-	1	-	-	0	-	-	1
Black*	-	-	6	-	-	3	-	-	3
Hispanic/Latino	-	-	4	-	-	2	-	-	2
White*	-	-	41	-	-	19	-	-	22
Other/Multiple races	-	-	8	-	-	4	-	-	4

Note: 0 students were excluded from this analysis.

*Non-Hispanic.

N = Number of students in this subgroup.

- = Fewer than 50 students in this subgroup.

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS
Virginia Southwestern Region - Middle School Survey
Summary Tables - Weighted Data

QN72: Were most of the time or always self-conscious or embarrassed because of their teeth or mouth

	Percentage	Total 95% confidence interval	N	Percentage	Male 95% confidence interval	N	Percentage	Female 95% confidence interval	N
Overall	-	-	49	-	-	25	-	-	24
Age									
11 years old or younger	-	-	1	-	-	0	-	-	1
12 years old	-	-	10	-	-	6	-	-	4
13 years old or older	-	-	38	-	-	19	-	-	19
Grade									
6th grade	-	-	0	-	-	0	-	-	0
7th grade	-	-	12	-	-	8	-	-	4
8th grade	-	-	36	-	-	17	-	-	19
Race/Ethnicity									
Asian	-	-	0	-	-	0	-	-	0
Black*	-	-	5	-	-	3	-	-	2
Hispanic/Latino	-	-	3	-	-	2	-	-	1
White*	-	-	34	-	-	16	-	-	18
Other/Multiple races	-	-	5	-	-	2	-	-	3

Note: 14 students were excluded from this analysis.

*Non-Hispanic.

N = Number of students in this subgroup.

- = Fewer than 50 students in this subgroup.

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

Virginia Southwestern Region - Middle School Survey

Summary Tables - Weighted Data

QN73: strongly agree or agree that they feel good about themselves

	Percentage	Total 95% confidence interval	N	Percentage	Male 95% confidence interval	N	Percentage	Female 95% confidence interval	N
Overall	66.1%	(66.1 - 66.1)	61	-	-	30	-	-	31
Age									
11 years old or younger	-	-	1	-	-	0	-	-	1
12 years old	-	-	12	-	-	7	-	-	5
13 years old or older	-	-	48	-	-	23	-	-	25
Grade									
6th grade	-	-	0	-	-	0	-	-	0
7th grade	-	-	16	-	-	10	-	-	6
8th grade	-	-	44	-	-	20	-	-	24
Race/Ethnicity									
Asian	-	-	1	-	-	0	-	-	1
Black*	-	-	6	-	-	3	-	-	3
Hispanic/Latino	-	-	4	-	-	2	-	-	2
White*	-	-	39	-	-	18	-	-	21
Other/Multiple races	-	-	8	-	-	4	-	-	4

Note: 2 students were excluded from this analysis.

*Non-Hispanic.

N = Number of students in this subgroup.

- = Fewer than 50 students in this subgroup.

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS
Virginia Southwestern Region - Middle School Survey
Summary Tables - Weighted Data

QN74: most of the time or always get the kind of help they need

	Percentage	Total 95% confidence interval	N	Percentage	Male 95% confidence interval	N	Percentage	Female 95% confidence interval	N
Overall	31.3%	(31.3 - 31.3)	52	-	-	24	-	-	28
Age									
11 years old or younger	-	-	1	-	-	0	-	-	1
12 years old	-	-	9	-	-	5	-	-	4
13 years old or older	-	-	42	-	-	19	-	-	23
Grade									
6th grade	-	-	0	-	-	0	-	-	0
7th grade	-	-	13	-	-	8	-	-	5
8th grade	-	-	38	-	-	16	-	-	22
Race/Ethnicity									
Asian	-	-	1	-	-	0	-	-	1
Black*	-	-	4	-	-	2	-	-	2
Hispanic/Latino	-	-	3	-	-	1	-	-	2
White*	-	-	34	-	-	15	-	-	19
Other/Multiple races	-	-	8	-	-	4	-	-	4

Note: 11 students were excluded from this analysis.

*Non-Hispanic.

N = Number of students in this subgroup.

- = Fewer than 50 students in this subgroup.

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS
Virginia Southwestern Region - Middle School Survey
Summary Tables - Weighted Data

QN75: Reported that an adult in their household most of the time or always tried hard to make sure their basic needs were met

	Percentage	Total 95% confidence interval	N	Percentage	Male 95% confidence interval	N	Percentage	Female 95% confidence interval	N
Overall	87.7%	(87.7 - 87.7)	62	-	-	30	-	-	32
Age									
11 years old or younger	-	-	1	-	-	0	-	-	1
12 years old	-	-	12	-	-	7	-	-	5
13 years old or older	-	-	49	-	-	23	-	-	26
Grade									
6th grade	-	-	0	-	-	0	-	-	0
7th grade	-	-	16	-	-	10	-	-	6
8th grade	-	-	45	-	-	20	-	-	25
Race/Ethnicity									
Asian	-	-	1	-	-	0	-	-	1
Black*	-	-	6	-	-	3	-	-	3
Hispanic/Latino	-	-	4	-	-	2	-	-	2
White*	-	-	40	-	-	18	-	-	22
Other/Multiple races	-	-	8	-	-	4	-	-	4

Note: 1 student was excluded from this analysis.

*Non-Hispanic.

N = Number of students in this subgroup.

- = Fewer than 50 students in this subgroup.

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS
Virginia Southwestern Region - Middle School Survey
Summary Tables - Weighted Data

QN76: most of the time or always feel safe and secure in their neighborhood

	Percentage	Total 95% confidence interval	N	Percentage	Male 95% confidence interval	N	Percentage	Female 95% confidence interval	N
Overall	74.8%	(74.8 - 74.8)	62	-	-	30	-	-	32
Age									
11 years old or younger	-	-	1	-	-	0	-	-	1
12 years old	-	-	12	-	-	7	-	-	5
13 years old or older	-	-	49	-	-	23	-	-	26
Grade									
6th grade	-	-	0	-	-	0	-	-	0
7th grade	-	-	16	-	-	10	-	-	6
8th grade	-	-	45	-	-	20	-	-	25
Race/Ethnicity									
Asian	-	-	1	-	-	0	-	-	1
Black*	-	-	6	-	-	3	-	-	3
Hispanic/Latino	-	-	4	-	-	2	-	-	2
White*	-	-	40	-	-	18	-	-	22
Other/Multiple races	-	-	8	-	-	4	-	-	4

Note: 1 student was excluded from this analysis.

*Non-Hispanic.

N = Number of students in this subgroup.

- = Fewer than 50 students in this subgroup.

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS
Virginia Southwestern Region - Middle School Survey
Summary Tables - Weighted Data

QN77: most of the time or always feel safe and secure at school

	Percentage	Total 95% confidence interval	N	Percentage	Male 95% confidence interval	N	Percentage	Female 95% confidence interval	N
Overall	75.9%	(75.9 - 75.9)	61	-	-	29	-	-	32
Age									
11 years old or younger	-	-	1	-	-	0	-	-	1
12 years old	-	-	12	-	-	7	-	-	5
13 years old or older	-	-	48	-	-	22	-	-	26
Grade									
6th grade	-	-	0	-	-	0	-	-	0
7th grade	-	-	16	-	-	10	-	-	6
8th grade	-	-	44	-	-	19	-	-	25
Race/Ethnicity									
Asian	-	-	1	-	-	0	-	-	1
Black*	-	-	6	-	-	3	-	-	3
Hispanic/Latino	-	-	4	-	-	2	-	-	2
White*	-	-	40	-	-	18	-	-	22
Other/Multiple races	-	-	8	-	-	4	-	-	4

Note: 2 students were excluded from this analysis.

*Non-Hispanic.

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- = Fewer than 50 students in this subgroup.

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS
Virginia Southwestern Region - Middle School Survey
Summary Tables - Weighted Data

QN78: participate in after school or community activities

	Percentage	Total 95% confidence interval	N	Percentage	Male 95% confidence interval	N	Percentage	Female 95% confidence interval	N
Overall	54.9%	(54.9 - 54.9)	62	-	-	30	-	-	32
Age									
11 years old or younger	-	-	1	-	-	0	-	-	1
12 years old	-	-	12	-	-	7	-	-	5
13 years old or older	-	-	49	-	-	23	-	-	26
Grade									
6th grade	-	-	0	-	-	0	-	-	0
7th grade	-	-	16	-	-	10	-	-	6
8th grade	-	-	45	-	-	20	-	-	25
Race/Ethnicity									
Asian	-	-	1	-	-	0	-	-	1
Black*	-	-	6	-	-	3	-	-	3
Hispanic/Latino	-	-	4	-	-	2	-	-	2
White*	-	-	40	-	-	18	-	-	22
Other/Multiple races	-	-	8	-	-	4	-	-	4

Note: 1 student was excluded from this analysis.

*Non-Hispanic.

N = Number of students in this subgroup.

- = Fewer than 50 students in this subgroup.

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

Virginia Southwestern Region - Middle School Survey

Summary Tables - Weighted Data

QN79: described their grades in school as mostly A's or B's

	Percentage	Total 95% confidence interval	N	Percentage	Male 95% confidence interval	N	Percentage	Female 95% confidence interval	N
Overall	74.2%	(74.2 - 74.2)	62	-	-	30	-	-	32
Age									
11 years old or younger	-	-	1	-	-	0	-	-	1
12 years old	-	-	12	-	-	7	-	-	5
13 years old or older	-	-	49	-	-	23	-	-	26
Grade									
6th grade	-	-	0	-	-	0	-	-	0
7th grade	-	-	16	-	-	10	-	-	6
8th grade	-	-	45	-	-	20	-	-	25
Race/Ethnicity									
Asian	-	-	1	-	-	0	-	-	1
Black*	-	-	6	-	-	3	-	-	3
Hispanic/Latino	-	-	4	-	-	2	-	-	2
White*	-	-	40	-	-	18	-	-	22
Other/Multiple races	-	-	8	-	-	4	-	-	4

Note: 1 student was excluded from this analysis.

*Non-Hispanic.

N = Number of students in this subgroup.

- = Fewer than 50 students in this subgroup.

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS
Virginia Southwestern Region - Middle School Survey
Summary Tables - Weighted Data

QN80: ever lived with someone who was having a problem with alcohol or drug use

	Percentage	Total 95% confidence interval	N	Percentage	Male 95% confidence interval	N	Percentage	Female 95% confidence interval	N
Overall	22.9%	(22.9 - 22.9)	62	-	-	30	-	-	32
Age									
11 years old or younger	-	-	1	-	-	0	-	-	1
12 years old	-	-	12	-	-	7	-	-	5
13 years old or older	-	-	49	-	-	23	-	-	26
Grade									
6th grade	-	-	0	-	-	0	-	-	0
7th grade	-	-	16	-	-	10	-	-	6
8th grade	-	-	45	-	-	20	-	-	25
Race/Ethnicity									
Asian	-	-	1	-	-	0	-	-	1
Black*	-	-	6	-	-	3	-	-	3
Hispanic/Latino	-	-	4	-	-	2	-	-	2
White*	-	-	40	-	-	18	-	-	22
Other/Multiple races	-	-	8	-	-	4	-	-	4

Note: 1 student was excluded from this analysis.

*Non-Hispanic.

N = Number of students in this subgroup.

- = Fewer than 50 students in this subgroup.

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS
Virginia Southwestern Region - Middle School Survey
Summary Tables - Weighted Data

QN81: ever lived with someone who was depressed, mentally ill, or suicidal

	Percentage	Total 95% confidence interval	N	Percentage	Male 95% confidence interval	N	Percentage	Female 95% confidence interval	N
Overall	19.3%	(19.3 - 19.3)	62	-	-	30	-	-	32
Age									
11 years old or younger	-	-	1	-	-	0	-	-	1
12 years old	-	-	12	-	-	7	-	-	5
13 years old or older	-	-	49	-	-	23	-	-	26
Grade									
6th grade	-	-	0	-	-	0	-	-	0
7th grade	-	-	16	-	-	10	-	-	6
8th grade	-	-	45	-	-	20	-	-	25
Race/Ethnicity									
Asian	-	-	1	-	-	0	-	-	1
Black*	-	-	6	-	-	3	-	-	3
Hispanic/Latino	-	-	4	-	-	2	-	-	2
White*	-	-	40	-	-	18	-	-	22
Other/Multiple races	-	-	8	-	-	4	-	-	4

*Note: 1 student was excluded from this analysis.

*Non-Hispanic.

N = Number of students in this subgroup.

- = Fewer than 50 students in this subgroup.

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS
Virginia Southwestern Region - Middle School Survey
Summary Tables - Weighted Data

QN82: Have ever been separated from a parent or guardian because they went to jail, prison, or a detention center

	Percentage	Total 95% confidence interval	N	Percentage	Male 95% confidence interval	N	Percentage	Female 95% confidence interval	N
Overall	16.3%	(16.3 - 16.3)	62	-	-	30	-	-	32
Age									
11 years old or younger	-	-	1	-	-	0	-	-	1
12 years old	-	-	12	-	-	7	-	-	5
13 years old or older	-	-	49	-	-	23	-	-	26
Grade									
6th grade	-	-	0	-	-	0	-	-	0
7th grade	-	-	16	-	-	10	-	-	6
8th grade	-	-	45	-	-	20	-	-	25
Race/Ethnicity									
Asian	-	-	1	-	-	0	-	-	1
Black*	-	-	6	-	-	3	-	-	3
Hispanic/Latino	-	-	4	-	-	2	-	-	2
White*	-	-	40	-	-	18	-	-	22
Other/Multiple races	-	-	8	-	-	4	-	-	4

Note: 1 student was excluded from this analysis.

*Non-Hispanic.

N = Number of students in this subgroup.

- = Fewer than 50 students in this subgroup.

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS
Virginia Southwestern Region - Middle School Survey
Summary Tables - Weighted Data

qnfrcig: Currently smoked cigarettes frequently

	Percentage	Total 95% confidence interval	N	Percentage	Male 95% confidence interval	N	Percentage	Female 95% confidence interval	N
Overall	9.1%	(9.1 - 9.1)	63	-	-	31	-	-	32
Age									
11 years old or younger	-	-	1	-	-	0	-	-	1
12 years old	-	-	12	-	-	7	-	-	5
13 years old or older	6.2%	(6.2 - 6.2)	50	-	-	24	-	-	26
Grade									
6th grade	-	-	0	-	-	0	-	-	0
7th grade	-	-	16	-	-	10	-	-	6
8th grade	-	-	46	-	-	21	-	-	25
Race/Ethnicity									
Asian	-	-	1	-	-	0	-	-	1
Black*	-	-	6	-	-	3	-	-	3
Hispanic/Latino	-	-	4	-	-	2	-	-	2
White*	-	-	41	-	-	19	-	-	22
Other/Multiple races	-	-	8	-	-	4	-	-	4

Note: 0 students were excluded from this analysis.

*Non-Hispanic.

N = Number of students in this subgroup.

- = Fewer than 50 students in this subgroup.

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

Virginia Southwestern Region - Middle School Survey

Summary Tables - Weighted Data

qndaycig: Currently smoked cigarettes daily

	Percentage	Total 95% confidence interval	N	Percentage	Male 95% confidence interval	N	Percentage	Female 95% confidence interval	N
Overall	9.1%	(9.1 - 9.1)	63	-	-	31	-	-	32
Age									
11 years old or younger	-	-	1	-	-	0	-	-	1
12 years old	-	-	12	-	-	7	-	-	5
13 years old or older	6.2%	(6.2 - 6.2)	50	-	-	24	-	-	26
Grade									
6th grade	-	-	0	-	-	0	-	-	0
7th grade	-	-	16	-	-	10	-	-	6
8th grade	-	-	46	-	-	21	-	-	25
Race/Ethnicity									
Asian	-	-	1	-	-	0	-	-	1
Black*	-	-	6	-	-	3	-	-	3
Hispanic/Latino	-	-	4	-	-	2	-	-	2
White*	-	-	41	-	-	19	-	-	22
Other/Multiple races	-	-	8	-	-	4	-	-	4

Note: 0 students were excluded from this analysis.

*Non-Hispanic.

N = Number of students in this subgroup.

- = Fewer than 50 students in this subgroup.

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS
Virginia Southwestern Region - Middle School Survey
Summary Tables - Weighted Data

qnfrevp: Currently used electronic vapor products frequently

	Percentage	Total 95% confidence interval	N	Percentage	Male 95% confidence interval	N	Percentage	Female 95% confidence interval	N
Overall	9.6%	(9.6 - 9.6)	63	-	-	31	-	-	32
Age									
11 years old or younger	-	-	1	-	-	0	-	-	1
12 years old	-	-	12	-	-	7	-	-	5
13 years old or older	6.9%	(6.9 - 6.9)	50	-	-	24	-	-	26
Grade									
6th grade	-	-	0	-	-	0	-	-	0
7th grade	-	-	16	-	-	10	-	-	6
8th grade	-	-	46	-	-	21	-	-	25
Race/Ethnicity									
Asian	-	-	1	-	-	0	-	-	1
Black*	-	-	6	-	-	3	-	-	3
Hispanic/Latino	-	-	4	-	-	2	-	-	2
White*	-	-	41	-	-	19	-	-	22
Other/Multiple races	-	-	8	-	-	4	-	-	4

Note: 0 students were excluded from this analysis.

*Non-Hispanic.

N = Number of students in this subgroup.

- = Fewer than 50 students in this subgroup.

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS
Virginia Southwestern Region - Middle School Survey
Summary Tables - Weighted Data

qndayevp: Currently used electronic vapor products daily

	Percentage	Total 95% confidence interval	N	Percentage	Male 95% confidence interval	N	Percentage	Female 95% confidence interval	N
Overall	9.6%	(9.6 - 9.6)	63	-	-	31	-	-	32
Age									
11 years old or younger	-	-	1	-	-	0	-	-	1
12 years old	-	-	12	-	-	7	-	-	5
13 years old or older	6.9%	(6.9 - 6.9)	50	-	-	24	-	-	26
Grade									
6th grade	-	-	0	-	-	0	-	-	0
7th grade	-	-	16	-	-	10	-	-	6
8th grade	-	-	46	-	-	21	-	-	25
Race/Ethnicity									
Asian	-	-	1	-	-	0	-	-	1
Black*	-	-	6	-	-	3	-	-	3
Hispanic/Latino	-	-	4	-	-	2	-	-	2
White*	-	-	41	-	-	19	-	-	22
Other/Multiple races	-	-	8	-	-	4	-	-	4

Note: 0 students were excluded from this analysis.

*Non-Hispanic.

N = Number of students in this subgroup.

- = Fewer than 50 students in this subgroup.

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS
Virginia Southwestern Region - Middle School Survey
Summary Tables - Weighted Data

qnfrskl: Currently used smokeless tobacco frequently

	Percentage	Total 95% confidence interval	N	Percentage	Male 95% confidence interval	N	Percentage	Female 95% confidence interval	N
Overall	5.7%	(5.7 - 5.7)	63	-	-	31	-	-	32
Age									
11 years old or younger	-	-	1	-	-	0	-	-	1
12 years old	-	-	12	-	-	7	-	-	5
13 years old or older	1.5%	(1.5 - 1.5)	50	-	-	24	-	-	26
Grade									
6th grade	-	-	0	-	-	0	-	-	0
7th grade	-	-	16	-	-	10	-	-	6
8th grade	-	-	46	-	-	21	-	-	25
Race/Ethnicity									
Asian	-	-	1	-	-	0	-	-	1
Black*	-	-	6	-	-	3	-	-	3
Hispanic/Latino	-	-	4	-	-	2	-	-	2
White*	-	-	41	-	-	19	-	-	22
Other/Multiple races	-	-	8	-	-	4	-	-	4

Note: 0 students were excluded from this analysis.

*Non-Hispanic.

N = Number of students in this subgroup.

- = Fewer than 50 students in this subgroup.

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS
Virginia Southwestern Region - Middle School Survey
Summary Tables - Weighted Data

qndayskl: Currently used smokeless tobacco daily

	Percentage	Total 95% confidence interval	N	Percentage	Male 95% confidence interval	N	Percentage	Female 95% confidence interval	N
Overall	5.7%	(5.7 - 5.7)	63	-	-	31	-	-	32
Age									
11 years old or younger	-	-	1	-	-	0	-	-	1
12 years old	-	-	12	-	-	7	-	-	5
13 years old or older	1.5%	(1.5 - 1.5)	50	-	-	24	-	-	26
Grade									
6th grade	-	-	0	-	-	0	-	-	0
7th grade	-	-	16	-	-	10	-	-	6
8th grade	-	-	46	-	-	21	-	-	25
Race/Ethnicity									
Asian	-	-	1	-	-	0	-	-	1
Black*	-	-	6	-	-	3	-	-	3
Hispanic/Latino	-	-	4	-	-	2	-	-	2
White*	-	-	41	-	-	19	-	-	22
Other/Multiple races	-	-	8	-	-	4	-	-	4

Note: 0 students were excluded from this analysis.

*Non-Hispanic.

N = Number of students in this subgroup.

- = Fewer than 50 students in this subgroup.

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS
Virginia Southwestern Region - Middle School Survey
Summary Tables - Weighted Data

qnfrcgr: Currently smoked cigars frequently

	Percentage	Total 95% confidence interval	N	Percentage	Male 95% confidence interval	N	Percentage	Female 95% confidence interval	N
Overall	5.7%	(5.7 - 5.7)	63	-	-	31	-	-	32
Age									
11 years old or younger	-	-	1	-	-	0	-	-	1
12 years old	-	-	12	-	-	7	-	-	5
13 years old or older	1.5%	(1.5 - 1.5)	50	-	-	24	-	-	26
Grade									
6th grade	-	-	0	-	-	0	-	-	0
7th grade	-	-	16	-	-	10	-	-	6
8th grade	-	-	46	-	-	21	-	-	25
Race/Ethnicity									
Asian	-	-	1	-	-	0	-	-	1
Black*	-	-	6	-	-	3	-	-	3
Hispanic/Latino	-	-	4	-	-	2	-	-	2
White*	-	-	41	-	-	19	-	-	22
Other/Multiple races	-	-	8	-	-	4	-	-	4

Note: 0 students were excluded from this analysis.

*Non-Hispanic.

N = Number of students in this subgroup.

- = Fewer than 50 students in this subgroup.

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS
Virginia Southwestern Region - Middle School Survey
Summary Tables - Weighted Data

qndaycgr: Currently smoked cigars daily

	Percentage	Total 95% confidence interval	N	Percentage	Male 95% confidence interval	N	Percentage	Female 95% confidence interval	N
Overall	5.7%	(5.7 - 5.7)	63	-	-	31	-	-	32
Age									
11 years old or younger	-	-	1	-	-	0	-	-	1
12 years old	-	-	12	-	-	7	-	-	5
13 years old or older	1.5%	(1.5 - 1.5)	50	-	-	24	-	-	26
Grade									
6th grade	-	-	0	-	-	0	-	-	0
7th grade	-	-	16	-	-	10	-	-	6
8th grade	-	-	46	-	-	21	-	-	25
Race/Ethnicity									
Asian	-	-	1	-	-	0	-	-	1
Black*	-	-	6	-	-	3	-	-	3
Hispanic/Latino	-	-	4	-	-	2	-	-	2
White*	-	-	41	-	-	19	-	-	22
Other/Multiple races	-	-	8	-	-	4	-	-	4

Note: 0 students were excluded from this analysis.

*Non-Hispanic.

N = Number of students in this subgroup.

- = Fewer than 50 students in this subgroup.

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS
Virginia Southwestern Region - Middle School Survey
Summary Tables - Weighted Data

qntb2: Currently smoked cigarettes or cigars

	Percentage	Total 95% confidence interval	N	Percentage	Male 95% confidence interval	N	Percentage	Female 95% confidence interval	N
Overall	11.5%	(11.5 - 11.5)	63	-	-	31	-	-	32
Age									
11 years old or younger	-	-	1	-	-	0	-	-	1
12 years old	-	-	12	-	-	7	-	-	5
13 years old or older	9.6%	(9.6 - 9.6)	50	-	-	24	-	-	26
Grade									
6th grade	-	-	0	-	-	0	-	-	0
7th grade	-	-	16	-	-	10	-	-	6
8th grade	-	-	46	-	-	21	-	-	25
Race/Ethnicity									
Asian	-	-	1	-	-	0	-	-	1
Black*	-	-	6	-	-	3	-	-	3
Hispanic/Latino	-	-	4	-	-	2	-	-	2
White*	-	-	41	-	-	19	-	-	22
Other/Multiple races	-	-	8	-	-	4	-	-	4

Note: 0 students were excluded from this analysis.

*Non-Hispanic.

N = Number of students in this subgroup.

- = Fewer than 50 students in this subgroup.

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS
Virginia Southwestern Region - Middle School Survey
Summary Tables - Weighted Data

qntb3: Currently smoked cigarettes or cigars or used smokeless tobacco

	Percentage	Total 95% confidence interval	N	Percentage	Male 95% confidence interval	N	Percentage	Female 95% confidence interval	N
Overall	13.0%	(13.0 - 13.0)	63	-	-	31	-	-	32
Age									
11 years old or younger	-	-	1	-	-	0	-	-	1
12 years old	-	-	12	-	-	7	-	-	5
13 years old or older	11.6%	(11.6 - 11.6)	50	-	-	24	-	-	26
Grade									
6th grade	-	-	0	-	-	0	-	-	0
7th grade	-	-	16	-	-	10	-	-	6
8th grade	-	-	46	-	-	21	-	-	25
Race/Ethnicity									
Asian	-	-	1	-	-	0	-	-	1
Black*	-	-	6	-	-	3	-	-	3
Hispanic/Latino	-	-	4	-	-	2	-	-	2
White*	-	-	41	-	-	19	-	-	22
Other/Multiple races	-	-	8	-	-	4	-	-	4

Note: 0 students were excluded from this analysis.

*Non-Hispanic.

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2021 YOUTH RISK BEHAVIOR SURVEY RESULTS
Virginia Southwestern Region - Middle School Survey
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qntb4: Currently smoked cigarettes or cigars or used smokeless tobacco or electronic vapor products

	Percentage	Total 95% confidence interval	N	Percentage	Male 95% confidence interval	N	Percentage	Female 95% confidence interval	N
Overall	17.9%	(17.9 - 17.9)	63	-	-	31	-	-	32
Age									
11 years old or younger	-	-	1	-	-	0	-	-	1
12 years old	-	-	12	-	-	7	-	-	5
13 years old or older	18.6%	(18.6 - 18.6)	50	-	-	24	-	-	26
Grade									
6th grade	-	-	0	-	-	0	-	-	0
7th grade	-	-	16	-	-	10	-	-	6
8th grade	-	-	46	-	-	21	-	-	25
Race/Ethnicity									
Asian	-	-	1	-	-	0	-	-	1
Black*	-	-	6	-	-	3	-	-	3
Hispanic/Latino	-	-	4	-	-	2	-	-	2
White*	-	-	41	-	-	19	-	-	22
Other/Multiple races	-	-	8	-	-	4	-	-	4

Note: 0 students were excluded from this analysis.

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2021 YOUTH RISK BEHAVIOR SURVEY RESULTS
Virginia Southwestern Region - Middle School Survey
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qntb5: Currently smoked cigarettes or used electronic vapor products

	Percentage	Total 95% confidence interval	N	Percentage	Male 95% confidence interval	N	Percentage	Female 95% confidence interval	N
Overall	17.9%	(17.9 - 17.9)	63	-	-	31	-	-	32
Age									
11 years old or younger	-	-	1	-	-	0	-	-	1
12 years old	-	-	12	-	-	7	-	-	5
13 years old or older	18.6%	(18.6 - 18.6)	50	-	-	24	-	-	26
Grade									
6th grade	-	-	0	-	-	0	-	-	0
7th grade	-	-	16	-	-	10	-	-	6
8th grade	-	-	46	-	-	21	-	-	25
Race/Ethnicity									
Asian	-	-	1	-	-	0	-	-	1
Black*	-	-	6	-	-	3	-	-	3
Hispanic/Latino	-	-	4	-	-	2	-	-	2
White*	-	-	41	-	-	19	-	-	22
Other/Multiple races	-	-	8	-	-	4	-	-	4

Note: 0 students were excluded from this analysis.

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2021 YOUTH RISK BEHAVIOR SURVEY RESULTS
Virginia Southwestern Region - Middle School Survey
Summary Tables - Weighted Data

qnbk7day: Ate breakfast on all 7 days

	Percentage	Total 95% confidence interval	N	Percentage	Male 95% confidence interval	N	Percentage	Female 95% confidence interval	N
Overall	26.8%	(26.8 - 26.8)	63	-	-	31	-	-	32
Age									
11 years old or younger	-	-	1	-	-	0	-	-	1
12 years old	-	-	12	-	-	7	-	-	5
13 years old or older	24.7%	(24.7 - 24.7)	50	-	-	24	-	-	26
Grade									
6th grade	-	-	0	-	-	0	-	-	0
7th grade	-	-	16	-	-	10	-	-	6
8th grade	-	-	46	-	-	21	-	-	25
Race/Ethnicity									
Asian	-	-	1	-	-	0	-	-	1
Black*	-	-	6	-	-	3	-	-	3
Hispanic/Latino	-	-	4	-	-	2	-	-	2
White*	-	-	41	-	-	19	-	-	22
Other/Multiple races	-	-	8	-	-	4	-	-	4

Note: 0 students were excluded from this analysis.

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2021 YOUTH RISK BEHAVIOR SURVEY RESULTS
Virginia Southwestern Region - Middle School Survey
Summary Tables - Weighted Data

qnpa0day: Did not participate in at least 60 minutes of physical activity on at least 1 day

	Percentage	Total 95% confidence interval	N	Percentage	Male 95% confidence interval	N	Percentage	Female 95% confidence interval	N
Overall	11.9%	(11.9 - 11.9)	63	-	-	31	-	-	32
Age									
11 years old or younger	-	-	1	-	-	0	-	-	1
12 years old	-	-	12	-	-	7	-	-	5
13 years old or older	14.3%	(14.3 - 14.3)	50	-	-	24	-	-	26
Grade									
6th grade	-	-	0	-	-	0	-	-	0
7th grade	-	-	16	-	-	10	-	-	6
8th grade	-	-	46	-	-	21	-	-	25
Race/Ethnicity									
Asian	-	-	1	-	-	0	-	-	1
Black*	-	-	6	-	-	3	-	-	3
Hispanic/Latino	-	-	4	-	-	2	-	-	2
White*	-	-	41	-	-	19	-	-	22
Other/Multiple races	-	-	8	-	-	4	-	-	4

Note: 0 students were excluded from this analysis.

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2021 YOUTH RISK BEHAVIOR SURVEY RESULTS
Virginia Southwestern Region - Middle School Survey
Summary Tables - Weighted Data

qnpa7day: Were physically active at least 60 minutes per day on all 7 days

	Percentage	Total 95% confidence interval	N	Percentage	Male 95% confidence interval	N	Percentage	Female 95% confidence interval	N
Overall	35.2%	(35.2 - 35.2)	63	-	-	31	-	-	32
Age									
11 years old or younger	-	-	1	-	-	0	-	-	1
12 years old	-	-	12	-	-	7	-	-	5
13 years old or older	33.1%	(33.1 - 33.1)	50	-	-	24	-	-	26
Grade									
6th grade	-	-	0	-	-	0	-	-	0
7th grade	-	-	16	-	-	10	-	-	6
8th grade	-	-	46	-	-	21	-	-	25
Race/Ethnicity									
Asian	-	-	1	-	-	0	-	-	1
Black*	-	-	6	-	-	3	-	-	3
Hispanic/Latino	-	-	4	-	-	2	-	-	2
White*	-	-	41	-	-	19	-	-	22
Other/Multiple races	-	-	8	-	-	4	-	-	4

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qnnodnt: Never saw a dentist

	Percentage	Total 95% confidence interval	N	Percentage	Male 95% confidence interval	N	Percentage	Female 95% confidence interval	N
Overall	7.1%	(7.1 - 7.1)	63	-	-	31	-	-	32
Age									
11 years old or younger	-	-	1	-	-	0	-	-	1
12 years old	-	-	12	-	-	7	-	-	5
13 years old or older	0.0%	-	50	-	-	24	-	-	26
Grade									
6th grade	-	-	0	-	-	0	-	-	0
7th grade	-	-	16	-	-	10	-	-	6
8th grade	-	-	46	-	-	21	-	-	25
Race/Ethnicity									
Asian	-	-	1	-	-	0	-	-	1
Black*	-	-	6	-	-	3	-	-	3
Hispanic/Latino	-	-	4	-	-	2	-	-	2
White*	-	-	41	-	-	19	-	-	22
Other/Multiple races	-	-	8	-	-	4	-	-	4

Note: 0 students were excluded from this analysis.

*Non-Hispanic.

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