

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

Virginia Central Region - Middle School Survey

Summary Tables - Weighted Data

QN6: Rarely or never wore a bicycle helmet

	Percentage	Total 95% confidence interval	N	Percentage	Male 95% confidence interval	N	Percentage	Female 95% confidence interval	N
Overall	52.2%	(44.0 - 60.2)	1,380	56.7%	(48.6 - 64.4)	701	47.6%	(38.9 - 56.5)	679
Age									
11 years old or younger	40.2%	(33.3 - 47.5)	360	39.6%	(32.4 - 47.2)	171	40.6%	(27.8 - 54.7)	189
12 years old	50.1%	(40.3 - 59.9)	423	54.4%	(42.4 - 66.0)	240	43.7%	(34.6 - 53.2)	183
13 years old or older	64.2%	(54.9 - 72.5)	595	71.0%	(61.8 - 78.7)	288	57.3%	(47.3 - 66.8)	307
Grade									
6th grade	41.1%	(32.9 - 49.8)	520	41.8%	(36.7 - 47.0)	274	40.4%	(29.0 - 52.9)	246
7th grade	58.9%	(46.5 - 70.2)	399	66.8%	(54.9 - 76.8)	215	50.5%	(38.3 - 62.5)	184
8th grade	63.0%	(53.2 - 71.8)	458	70.3%	(58.4 - 79.9)	210	56.2%	(47.4 - 64.6)	248
Race/Ethnicity									
Asian	-	-	17	-	-	6	-	-	11
Black*	72.7%	(66.5 - 78.1)	570	83.2%	(75.8 - 88.7)	307	58.2%	(49.7 - 66.2)	263
Hispanic/Latino	72.2%	(56.9 - 83.7)	117	78.5%	(64.7 - 87.9)	72	-	-	45
White*	29.4%	(23.3 - 36.4)	479	28.2%	(22.6 - 34.5)	218	30.5%	(24.0 - 38.0)	261
Other/Multiple races	51.2%	(38.7 - 63.4)	156	41.3%	(26.2 - 58.2)	74	60.2%	(48.0 - 71.2)	82

Note: 395 students were excluded from this analysis.

*Non-Hispanic.

N = Number of students in this subgroup.

- = Fewer than 50 students in this subgroup.

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

Virginia Central Region - Middle School Survey

Summary Tables - Weighted Data

QN7: Rarely or never wore a helmet when rollerblading or skateboarding

	Percentage	Total 95% confidence interval	N	Percentage	Male 95% confidence interval	N	Percentage	Female 95% confidence interval	N
Overall	52.9%	(48.0 - 57.8)	719	53.0%	(50.2 - 55.7)	332	52.8%	(41.6 - 63.8)	387
Age									
11 years old or younger	35.9%	(21.8 - 52.9)	166	18.5%	(15.4 - 21.9)	67	47.6%	(25.6 - 70.6)	99
12 years old	46.0%	(42.3 - 49.9)	198	51.2%	(42.5 - 59.8)	102	41.5%	(40.7 - 42.3)	96
13 years old or older	72.4%	(67.7 - 76.8)	355	77.1%	(72.9 - 80.8)	163	67.6%	(54.7 - 78.3)	192
Grade									
6th grade	37.6%	(24.8 - 52.5)	247	30.3%	(20.7 - 41.9)	118	44.2%	(23.3 - 67.3)	129
7th grade	49.7%	(44.5 - 55.0)	188	57.2%	(54.8 - 59.6)	95	43.7%	(37.8 - 49.9)	93
8th grade	74.6%	(70.9 - 78.0)	282	77.5%	(71.9 - 82.3)	117	72.1%	(60.9 - 81.1)	165
Race/Ethnicity									
Asian	-	-	11	-	-	3	-	-	8
Black*	70.0%	(57.4 - 80.2)	280	68.3%	(59.0 - 76.3)	141	72.5%	(54.0 - 85.6)	139
Hispanic/Latino	57.1%	(38.3 - 74.1)	63	-	-	33	-	-	30
White*	40.9%	(35.5 - 46.5)	251	40.4%	(34.0 - 47.1)	105	41.2%	(35.6 - 47.1)	146
Other/Multiple races	50.5%	(44.5 - 56.4)	96	-	-	40	63.9%	(57.3 - 70.0)	56

Note: 1056 students were excluded from this analysis.

*Non-Hispanic.

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2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

Virginia Central Region - Middle School Survey

Summary Tables - Weighted Data

QN9: Ever rode with a driver who had been drinking alcohol

	Percentage	Total 95% confidence interval	N	Percentage	Male 95% confidence interval	N	Percentage	Female 95% confidence interval	N
Overall	15.0%	(14.2 - 16.0)	1,753	12.9%	(12.3 - 13.6)	859	17.3%	(16.3 - 18.3)	894
Age									
11 years old or younger	9.9%	(6.8 - 14.3)	425	5.5%	(3.0 - 10.0)	193	13.2%	(10.5 - 16.5)	232
12 years old	12.3%	(8.3 - 17.9)	523	11.6%	(7.2 - 18.2)	289	13.2%	(9.6 - 18.0)	234
13 years old or older	21.0%	(20.0 - 22.1)	803	18.8%	(17.4 - 20.2)	375	23.5%	(21.4 - 25.7)	428
Grade									
6th grade	9.3%	(8.0 - 10.7)	607	5.4%	(4.0 - 7.2)	304	13.3%	(11.1 - 15.8)	303
7th grade	18.8%	(18.5 - 19.1)	523	19.8%	(16.2 - 24.0)	268	17.6%	(14.1 - 21.7)	255
8th grade	19.4%	(17.9 - 21.0)	619	16.5%	(15.5 - 17.5)	285	22.5%	(20.3 - 24.8)	334
Race/Ethnicity									
Asian	-	-	22	-	-	7	-	-	15
Black*	19.4%	(15.9 - 23.4)	741	19.6%	(18.4 - 20.9)	373	19.0%	(11.8 - 29.1)	368
Hispanic/Latino	16.9%	(14.5 - 19.7)	157	10.3%	(5.7 - 18.0)	92	26.0%	(12.7 - 46.1)	65
White*	12.2%	(10.5 - 14.1)	589	8.4%	(6.2 - 11.3)	270	15.4%	(13.8 - 17.3)	319
Other/Multiple races	17.2%	(13.5 - 21.5)	197	12.3%	(9.0 - 16.5)	91	21.7%	(13.5 - 33.0)	106

Note: 22 students were excluded from this analysis.

*Non-Hispanic.

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2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

Virginia Central Region - Middle School Survey

Summary Tables - Weighted Data

QN10: Were ever in a physical fight

	Percentage	Total 95% confidence interval	N	Percentage	Male 95% confidence interval	N	Percentage	Female 95% confidence interval	N
Overall	39.7%	(33.3 - 46.5)	1,765	49.3%	(45.7 - 53.0)	863	29.7%	(20.2 - 41.4)	902
Age									
11 years old or younger	33.2%	(29.1 - 37.5)	429	39.2%	(26.3 - 53.7)	196	28.7%	(14.8 - 48.2)	233
12 years old	38.5%	(34.5 - 42.6)	526	49.2%	(43.3 - 55.1)	287	23.5%	(21.4 - 25.8)	239
13 years old or older	45.6%	(32.8 - 59.1)	808	55.8%	(41.8 - 68.9)	378	34.6%	(23.7 - 47.4)	430
Grade									
6th grade	34.2%	(29.9 - 38.8)	610	40.4%	(35.8 - 45.1)	305	28.0%	(15.3 - 45.5)	305
7th grade	41.8%	(39.4 - 44.2)	528	51.2%	(48.4 - 53.9)	268	31.8%	(29.2 - 34.5)	260
8th grade	45.2%	(27.8 - 63.7)	623	59.5%	(40.1 - 76.3)	288	30.3%	(16.3 - 49.1)	335
Race/Ethnicity									
Asian	-	-	22	-	-	7	-	-	15
Black*	52.4%	(49.2 - 55.6)	750	61.1%	(60.0 - 62.2)	378	40.2%	(28.3 - 53.3)	372
Hispanic/Latino	58.7%	(41.8 - 73.8)	156	61.0%	(50.8 - 70.3)	91	55.6%	(31.5 - 77.3)	65
White*	19.9%	(17.7 - 22.2)	591	29.1%	(25.3 - 33.2)	267	12.2%	(11.2 - 13.3)	324
Other/Multiple races	44.9%	(39.2 - 50.6)	197	48.4%	(42.2 - 54.7)	91	41.5%	(29.9 - 54.2)	106

Note: 10 students were excluded from this analysis.

*Non-Hispanic.

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2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

Virginia Central Region - Middle School Survey

Summary Tables - Weighted Data

QN12: Were ever bullied on school property

	Percentage	Total 95% confidence interval	N	Percentage	Male 95% confidence interval	N	Percentage	Female 95% confidence interval	N
Overall	32.4%	(26.0 - 39.7)	1,772	22.9%	(15.4 - 32.5)	868	42.6%	(38.6 - 46.7)	904
Age									
11 years old or younger	38.0%	(30.5 - 46.0)	429	32.7%	(23.6 - 43.2)	198	42.2%	(37.7 - 46.8)	231
12 years old	26.5%	(20.5 - 33.5)	531	25.5%	(16.9 - 36.6)	289	28.0%	(24.4 - 31.9)	242
13 years old or older	32.2%	(26.7 - 38.4)	810	14.1%	(8.8 - 21.7)	379	52.0%	(45.6 - 58.3)	431
Grade									
6th grade	35.3%	(25.4 - 46.6)	615	29.0%	(16.0 - 46.6)	309	41.9%	(37.8 - 46.2)	306
7th grade	29.5%	(27.5 - 31.6)	529	18.9%	(16.2 - 21.9)	268	40.7%	(34.3 - 47.5)	261
8th grade	31.6%	(24.9 - 39.1)	624	18.4%	(11.2 - 28.7)	289	45.3%	(38.6 - 52.1)	335
Race/Ethnicity									
Asian	-	-	21	-	-	7	-	-	14
Black*	34.5%	(26.6 - 43.2)	751	20.2%	(15.7 - 25.6)	379	54.4%	(47.0 - 61.6)	372
Hispanic/Latino	43.4%	(29.9 - 58.0)	156	42.6%	(17.4 - 72.3)	92	44.5%	(35.3 - 54.1)	64
White*	27.6%	(25.1 - 30.2)	595	16.6%	(14.8 - 18.7)	270	36.8%	(34.1 - 39.7)	325
Other/Multiple races	38.1%	(34.5 - 41.9)	197	22.7%	(21.6 - 23.9)	91	52.5%	(49.5 - 55.5)	106

Note: 3 students were excluded from this analysis.

*Non-Hispanic.

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2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

Virginia Central Region - Middle School Survey

Summary Tables - Weighted Data

QN13: Were ever electronically bullied

	Percentage	Total 95% confidence interval	N	Percentage	Male 95% confidence interval	N	Percentage	Female 95% confidence interval	N
Overall	22.8%	(18.1 - 28.4)	1,772	18.4%	(13.7 - 24.2)	867	27.5%	(22.0 - 33.8)	905
Age									
11 years old or younger	34.2%	(25.2 - 44.6)	431	38.4%	(30.6 - 46.8)	198	31.1%	(19.6 - 45.4)	233
12 years old	14.1%	(12.4 - 16.0)	531	14.4%	(9.6 - 21.0)	289	13.8%	(10.4 - 18.1)	242
13 years old or older	20.0%	(16.6 - 23.8)	808	8.3%	(3.7 - 17.9)	378	32.6%	(31.5 - 33.8)	430
Grade									
6th grade	31.3%	(24.6 - 38.8)	616	31.8%	(28.3 - 35.6)	308	30.7%	(20.5 - 43.3)	308
7th grade	13.4%	(9.9 - 17.7)	529	6.7%	(5.9 - 7.6)	268	20.5%	(13.2 - 30.4)	261
8th grade	20.5%	(16.3 - 25.3)	623	11.4%	(4.9 - 24.2)	289	29.9%	(27.0 - 32.9)	334
Race/Ethnicity									
Asian	-	-	22	-	-	7	-	-	15
Black*	21.3%	(16.2 - 27.6)	750	13.7%	(9.4 - 19.6)	378	32.0%	(21.7 - 44.4)	372
Hispanic/Latino	35.8%	(27.5 - 45.0)	157	31.9%	(20.7 - 45.6)	92	41.2%	(35.6 - 46.9)	65
White*	20.2%	(16.2 - 24.9)	594	19.1%	(13.6 - 26.3)	270	21.1%	(17.3 - 25.5)	324
Other/Multiple races	27.4%	(20.8 - 35.1)	197	7.8%	(1.6 - 31.4)	91	45.6%	(36.6 - 54.8)	106

Note: 3 students were excluded from this analysis.

*Non-Hispanic.

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2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

Virginia Central Region - Middle School Survey

Summary Tables - Weighted Data

QN14: Ever seriously thought about killing themselves

	Percentage	Total 95% confidence interval	N	Percentage	Male 95% confidence interval	N	Percentage	Female 95% confidence interval	N
Overall	24.6%	(20.3 - 29.6)	1,751	18.0%	(13.1 - 24.3)	862	31.7%	(26.8 - 37.1)	889
Age									
11 years old or younger	24.8%	(20.3 - 30.0)	423	24.6%	(20.1 - 29.8)	195	25.0%	(19.1 - 32.0)	228
12 years old	21.6%	(15.8 - 28.9)	524	15.7%	(6.8 - 32.3)	287	29.9%	(27.8 - 32.1)	237
13 years old or older	26.7%	(22.3 - 31.6)	802	15.5%	(13.9 - 17.3)	378	38.9%	(31.7 - 46.7)	424
Grade									
6th grade	25.5%	(18.7 - 33.7)	607	25.2%	(15.4 - 38.4)	306	25.8%	(21.1 - 31.2)	301
7th grade	24.8%	(21.6 - 28.2)	523	15.8%	(15.4 - 16.1)	266	34.4%	(28.6 - 40.7)	257
8th grade	23.4%	(19.4 - 28.0)	618	10.3%	(8.8 - 12.0)	288	37.1%	(29.2 - 45.8)	330
Race/Ethnicity									
Asian	-	-	22	-	-	7	-	-	15
Black*	30.6%	(26.6 - 34.8)	743	21.6%	(16.0 - 28.6)	377	43.7%	(33.7 - 54.2)	366
Hispanic/Latino	25.7%	(10.6 - 50.3)	155	19.5%	(4.6 - 54.8)	91	34.5%	(19.8 - 52.8)	64
White*	19.1%	(15.2 - 23.6)	591	13.6%	(8.3 - 21.5)	270	23.8%	(21.6 - 26.1)	321
Other/Multiple races	32.2%	(28.1 - 36.5)	191	24.1%	(18.6 - 30.7)	89	39.7%	(37.9 - 41.5)	102

Note: 24 students were excluded from this analysis.

*Non-Hispanic.

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2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

Virginia Central Region - Middle School Survey

Summary Tables - Weighted Data

QN15: Ever made a plan about how they would kill themselves

	Percentage	Total 95% confidence interval	N	Percentage	Male 95% confidence interval	N	Percentage	Female 95% confidence interval	N
Overall	17.0%	(13.7 - 20.9)	1,745	10.8%	(9.2 - 12.7)	863	23.5%	(18.9 - 28.8)	882
Age									
11 years old or younger	15.5%	(12.2 - 19.5)	424	11.4%	(9.9 - 13.0)	196	18.8%	(13.2 - 26.1)	228
12 years old	9.6%	(5.4 - 16.5)	521	8.8%	(3.9 - 18.9)	289	10.7%	(6.8 - 16.4)	232
13 years old or older	23.4%	(20.7 - 26.3)	798	12.1%	(10.5 - 14.0)	376	35.6%	(27.9 - 44.1)	422
Grade									
6th grade	14.3%	(9.6 - 20.9)	604	10.7%	(7.0 - 16.1)	306	18.2%	(13.1 - 24.6)	298
7th grade	18.4%	(15.9 - 21.3)	521	12.7%	(11.4 - 14.1)	268	24.7%	(20.9 - 28.8)	253
8th grade	19.2%	(16.1 - 22.7)	617	9.1%	(7.3 - 11.3)	287	29.6%	(20.7 - 40.5)	330
Race/Ethnicity									
Asian	-	-	22	-	-	7	-	-	15
Black*	24.1%	(20.0 - 28.8)	738	15.3%	(9.8 - 23.2)	376	37.1%	(33.9 - 40.3)	362
Hispanic/Latino	21.6%	(10.4 - 39.5)	154	13.5%	(3.6 - 39.2)	92	33.5%	(20.5 - 49.6)	62
White*	10.2%	(8.7 - 12.0)	587	5.3%	(4.9 - 5.7)	270	14.4%	(11.9 - 17.5)	317
Other/Multiple races	17.6%	(15.1 - 20.4)	196	9.3%	(4.4 - 18.6)	91	25.4%	(17.4 - 35.5)	105

Note: 30 students were excluded from this analysis.

*Non-Hispanic.

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2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

Virginia Central Region - Middle School Survey

Summary Tables - Weighted Data

QN16: Ever tried to kill themselves

	Percentage	Total 95% confidence interval	N	Percentage	Male 95% confidence interval	N	Percentage	Female 95% confidence interval	N
Overall	7.7%	(4.9 - 11.7)	1,757	6.9%	(4.2 - 11.3)	864	8.4%	(5.3 - 13.2)	893
Age									
11 years old or younger	4.7%	(2.3 - 9.1)	427	3.5%	(0.5 - 20.6)	196	5.6%	(3.1 - 9.8)	231
12 years old	6.3%	(3.4 - 11.4)	526	5.4%	(1.5 - 17.4)	289	7.5%	(7.1 - 7.9)	237
13 years old or older	11.0%	(7.4 - 16.0)	802	10.4%	(8.5 - 12.8)	377	11.6%	(5.6 - 22.6)	425
Grade									
6th grade	5.7%	(2.4 - 12.8)	611	5.1%	(0.7 - 27.7)	307	6.4%	(4.1 - 9.9)	304
7th grade	9.7%	(6.2 - 14.8)	523	10.2%	(8.5 - 12.3)	268	9.0%	(4.2 - 18.4)	255
8th grade	8.4%	(5.9 - 11.7)	619	6.2%	(4.9 - 7.9)	287	10.6%	(5.0 - 21.4)	332
Race/Ethnicity									
Asian	-	-	22	-	-	7	-	-	15
Black*	11.4%	(6.8 - 18.5)	744	11.3%	(8.9 - 14.3)	377	11.4%	(4.4 - 26.5)	367
Hispanic/Latino	11.6%	(5.0 - 24.6)	158	12.0%	(2.6 - 41.5)	92	10.9%	(8.5 - 14.0)	66
White*	2.8%	(2.1 - 3.8)	592	0.0%	(0.0 - 0.1)	270	5.2%	(4.0 - 6.9)	322
Other/Multiple races	11.9%	(11.4 - 12.5)	193	4.4%	(0.9 - 18.5)	91	19.1%	(14.9 - 24.2)	102

Note: 18 students were excluded from this analysis.

*Non-Hispanic.

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2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

Virginia Central Region - Middle School Survey

Summary Tables - Weighted Data

QN18: Tried cigarette smoking for the first time before age 11 years

	Percentage	Total 95% confidence interval	N	Percentage	Male 95% confidence interval	N	Percentage	Female 95% confidence interval	N
Overall	3.3%	(2.0 - 5.4)	1,770	3.9%	(2.4 - 6.2)	865	2.7%	(1.4 - 4.9)	905
Age									
11 years old or younger	4.0%	(1.4 - 10.7)	432	4.1%	(0.8 - 18.4)	198	3.9%	(2.2 - 6.9)	234
12 years old	1.2%	(0.3 - 5.2)	528	1.5%	(0.3 - 6.9)	287	0.9%	(0.2 - 3.1)	241
13 years old or older	4.2%	(3.4 - 5.1)	808	5.6%	(5.4 - 5.8)	378	2.6%	(1.4 - 4.9)	430
Grade									
6th grade	3.2%	(1.1 - 8.6)	618	2.9%	(0.6 - 12.0)	309	3.5%	(1.9 - 6.4)	309
7th grade	4.4%	(4.2 - 4.6)	524	7.8%	(7.5 - 8.2)	265	0.7%	(0.2 - 2.3)	259
8th grade	2.3%	(1.5 - 3.4)	624	1.3%	(1.0 - 1.6)	289	3.4%	(1.8 - 6.2)	335
Race/Ethnicity									
Asian	-	-	22	-	-	7	-	-	15
Black*	3.7%	(3.0 - 4.5)	748	5.7%	(5.3 - 6.1)	378	0.8%	(0.4 - 1.6)	370
Hispanic/Latino	6.9%	(1.6 - 25.1)	158	6.0%	(1.4 - 22.9)	92	8.0%	(1.8 - 29.7)	66
White*	1.9%	(1.4 - 2.7)	595	0.4%	(0.1 - 1.8)	270	3.2%	(2.3 - 4.4)	325
Other/Multiple races	6.4%	(2.8 - 13.7)	195	11.9%	(5.6 - 23.7)	89	1.3%	(0.3 - 5.6)	106

Note: 5 students were excluded from this analysis.

*Non-Hispanic.

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2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

Virginia Central Region - Middle School Survey

Summary Tables - Weighted Data

QN19: Currently smoked cigarettes

	Percentage	Total 95% confidence interval	N	Percentage	Male 95% confidence interval	N	Percentage	Female 95% confidence interval	N
Overall	1.2%	(0.6 - 2.2)	1,768	1.6%	(1.3 - 1.9)	865	0.8%	(0.2 - 3.5)	903
Age									
11 years old or younger	0.2%	(0.0 - 1.3)	432	0.5%	(0.1 - 2.7)	198	0.0%	-	234
12 years old	2.1%	(1.2 - 3.9)	529	3.1%	(1.5 - 6.6)	288	0.8%	(0.2 - 3.3)	241
13 years old or older	1.2%	(0.8 - 2.0)	805	1.0%	(0.3 - 3.5)	377	1.5%	(0.3 - 7.8)	428
Grade									
6th grade	0.6%	(0.1 - 3.2)	618	1.2%	(0.2 - 5.5)	309	0.0%	(0.0 - 0.1)	309
7th grade	1.7%	(1.6 - 1.9)	525	2.7%	(2.3 - 3.3)	266	0.6%	(0.1 - 2.5)	259
8th grade	1.4%	(0.8 - 2.5)	621	0.9%	(0.1 - 5.7)	288	1.9%	(0.3 - 10.2)	333
Race/Ethnicity									
Asian	-	-	22	-	-	7	-	-	15
Black*	0.1%	(0.0 - 0.2)	747	0.1%	(0.1 - 0.3)	377	0.0%	(0.0 - 0.2)	370
Hispanic/Latino	2.5%	(0.4 - 15.6)	158	0.1%	(0.0 - 0.3)	92	6.0%	(1.0 - 28.3)	66
White*	1.3%	(0.9 - 2.1)	592	2.8%	(1.7 - 4.5)	269	0.1%	(0.0 - 0.8)	323
Other/Multiple races	4.9%	(1.2 - 18.0)	197	10.0%	(2.8 - 29.9)	91	0.1%	(0.0 - 0.2)	106

Note: 7 students were excluded from this analysis.

*Non-Hispanic.

N = Number of students in this subgroup.

- = Fewer than 50 students in this subgroup.

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

Virginia Central Region - Middle School Survey

Summary Tables - Weighted Data

QN21: Ever used an electronic vapor product

	Percentage	Total 95% confidence interval	N	Percentage	Male 95% confidence interval	N	Percentage	Female 95% confidence interval	N
Overall	7.7%	(4.5 - 12.7)	1,754	6.8%	(3.7 - 12.4)	856	8.6%	(5.5 - 13.2)	898
Age									
11 years old or younger	6.1%	(2.8 - 12.7)	427	7.0%	(2.7 - 17.1)	194	5.3%	(2.8 - 10.1)	233
12 years old	5.1%	(2.9 - 8.7)	525	7.6%	(4.3 - 13.2)	286	1.6%	(0.5 - 4.5)	239
13 years old or older	10.8%	(5.8 - 19.2)	800	6.1%	(2.2 - 15.9)	374	15.9%	(9.7 - 24.9)	426
Grade									
6th grade	5.2%	(2.9 - 9.2)	610	5.6%	(3.3 - 9.4)	303	4.8%	(2.4 - 9.2)	307
7th grade	7.8%	(3.3 - 17.4)	518	10.0%	(5.4 - 17.7)	264	5.4%	(1.4 - 19.3)	254
8th grade	11.0%	(5.7 - 20.3)	622	5.4%	(1.7 - 15.3)	287	16.8%	(9.2 - 28.6)	335
Race/Ethnicity									
Asian	-	-	21	-	-	7	-	-	14
Black*	8.4%	(3.2 - 20.4)	742	6.5%	(2.0 - 19.4)	373	11.2%	(5.3 - 22.1)	369
Hispanic/Latino	13.5%	(12.0 - 15.2)	157	6.2%	(1.5 - 22.4)	92	23.6%	(19.5 - 28.2)	65
White*	4.5%	(3.5 - 5.7)	592	4.5%	(3.5 - 5.7)	269	4.5%	(3.4 - 6.0)	323
Other/Multiple races	16.4%	(12.8 - 21.0)	193	25.1%	(21.1 - 29.7)	88	9.0%	(4.0 - 18.9)	105

Note: 21 students were excluded from this analysis.

*Non-Hispanic.

N = Number of students in this subgroup.

- = Fewer than 50 students in this subgroup.

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

Virginia Central Region - Middle School Survey

Summary Tables - Weighted Data

QN22: Currently used an electronic vapor product

	Percentage	Total 95% confidence interval	N	Percentage	Male 95% confidence interval	N	Percentage	Female 95% confidence interval	N
Overall	2.8%	(1.4 - 5.4)	1,749	2.3%	(1.0 - 5.3)	856	3.3%	(1.7 - 6.3)	893
Age									
11 years old or younger	0.9%	(0.1 - 5.2)	428	1.0%	(0.2 - 5.4)	195	0.8%	(0.1 - 5.2)	233
12 years old	3.1%	(1.7 - 5.7)	520	4.3%	(2.3 - 8.1)	286	1.5%	(0.4 - 4.7)	234
13 years old or older	4.0%	(2.0 - 8.0)	799	1.5%	(0.4 - 6.2)	373	6.8%	(3.4 - 12.8)	426
Grade									
6th grade	1.2%	(0.3 - 5.2)	610	1.6%	(0.4 - 6.7)	304	0.8%	(0.1 - 4.1)	306
7th grade	4.3%	(1.8 - 9.6)	515	5.0%	(3.0 - 8.2)	264	3.5%	(0.9 - 12.7)	251
8th grade	3.5%	(1.8 - 6.7)	620	0.4%	(0.2 - 1.0)	286	6.6%	(2.9 - 14.2)	334
Race/Ethnicity									
Asian	-	-	21	-	-	7	-	-	14
Black*	3.8%	(1.4 - 10.1)	738	2.6%	(0.6 - 11.0)	372	5.6%	(2.8 - 10.7)	366
Hispanic/Latino	4.6%	(2.9 - 7.0)	157	0.2%	(0.0 - 0.6)	92	10.6%	(8.2 - 13.7)	65
White*	1.3%	(0.8 - 2.2)	593	2.2%	(1.9 - 2.6)	270	0.6%	(0.1 - 2.8)	323
Other/Multiple races	6.2%	(1.7 - 19.5)	193	9.7%	(2.4 - 31.8)	88	3.1%	(0.7 - 13.7)	105

Note: 26 students were excluded from this analysis.

*Non-Hispanic.

N = Number of students in this subgroup.

- = Fewer than 50 students in this subgroup.

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

Virginia Central Region - Middle School Survey

Summary Tables - Weighted Data

QN23: Currently used smokeless tobacco

	Percentage	Total 95% confidence interval	N	Percentage	Male 95% confidence interval	N	Percentage	Female 95% confidence interval	N
Overall	2.3%	(1.8 - 3.0)	1,770	2.2%	(1.5 - 3.2)	864	2.5%	(2.1 - 2.9)	906
Age									
11 years old or younger	2.0%	(1.4 - 2.7)	432	4.3%	(3.9 - 4.7)	198	0.2%	(0.0 - 1.2)	234
12 years old	5.5%	(3.8 - 7.8)	531	3.2%	(1.5 - 6.6)	289	8.7%	(6.1 - 12.1)	242
13 years old or older	0.4%	(0.1 - 1.7)	805	0.1%	(0.1 - 0.3)	375	0.8%	(0.2 - 3.5)	430
Grade									
6th grade	2.0%	(1.0 - 3.9)	618	3.7%	(2.1 - 6.4)	309	0.2%	(0.0 - 1.0)	309
7th grade	5.2%	(3.9 - 6.9)	527	2.4%	(1.5 - 3.7)	266	8.2%	(6.4 - 10.4)	261
8th grade	0.1%	(0.0 - 0.1)	621	0.1%	(0.0 - 0.2)	287	0.0%	(0.0 - 0.2)	334
Race/Ethnicity									
Asian	-	-	22	-	-	7	-	-	15
Black*	2.2%	(1.8 - 2.7)	747	3.0%	(2.4 - 3.6)	376	1.1%	(0.3 - 4.5)	371
Hispanic/Latino	0.1%	(0.0 - 0.2)	158	0.1%	(0.0 - 0.3)	92	0.1%	(0.0 - 0.4)	66
White*	0.9%	(0.8 - 1.0)	595	1.9%	(1.7 - 2.1)	270	0.0%	(0.0 - 0.0)	325
Other/Multiple races	3.9%	(0.7 - 19.0)	196	6.8%	(1.0 - 34.5)	90	1.2%	(0.2 - 5.9)	106

Note: 5 students were excluded from this analysis.

*Non-Hispanic.

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2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

Virginia Central Region - Middle School Survey

Summary Tables - Weighted Data

QN24: Currently smoked cigars

	Percentage	Total 95% confidence interval	N	Percentage	Male 95% confidence interval	N	Percentage	Female 95% confidence interval	N
Overall	2.8%	(1.8 - 4.3)	1,762	2.9%	(2.2 - 3.9)	861	2.7%	(1.5 - 4.7)	901
Age									
11 years old or younger	0.2%	(0.0 - 1.0)	431	0.4%	(0.1 - 2.2)	197	0.0%	(0.0 - 0.0)	234
12 years old	5.4%	(3.8 - 7.8)	524	3.2%	(1.5 - 6.6)	286	8.6%	(6.1 - 12.1)	238
13 years old or older	3.0%	(1.9 - 4.7)	805	4.4%	(3.8 - 5.1)	376	1.5%	(0.2 - 8.1)	429
Grade									
6th grade	0.6%	(0.1 - 3.2)	614	1.1%	(0.2 - 5.6)	308	0.0%	(0.0 - 0.1)	306
7th grade	7.8%	(4.9 - 12.2)	524	8.4%	(5.4 - 12.8)	264	7.2%	(4.4 - 11.6)	260
8th grade	0.9%	(0.1 - 5.6)	620	0.0%	(0.0 - 0.2)	287	1.9%	(0.3 - 10.8)	333
Race/Ethnicity									
Asian	-	-	22	-	-	7	-	-	15
Black*	2.8%	(2.0 - 4.0)	742	4.7%	(3.8 - 5.7)	374	0.2%	(0.1 - 0.5)	368
Hispanic/Latino	1.9%	(0.2 - 17.8)	157	0.0%	(0.0 - 0.2)	91	4.5%	(0.5 - 31.3)	66
White*	0.9%	(0.8 - 1.0)	593	1.9%	(1.7 - 2.1)	269	0.0%	(0.0 - 0.1)	324
Other/Multiple races	3.8%	(0.7 - 19.1)	196	7.9%	(1.6 - 31.2)	91	0.0%	(0.0 - 0.2)	105

Note: 13 students were excluded from this analysis.

*Non-Hispanic.

N = Number of students in this subgroup.

- = Fewer than 50 students in this subgroup.

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

Virginia Central Region - Middle School Survey

Summary Tables - Weighted Data

QN26: Drank alcohol for the first time before age 11 years

	Percentage	Total 95% confidence interval	N	Percentage	Male 95% confidence interval	N	Percentage	Female 95% confidence interval	N
Overall	8.4%	(5.0 - 13.5)	1,727	9.9%	(6.1 - 15.6)	845	6.8%	(3.8 - 11.6)	882
Age									
11 years old or younger	12.8%	(7.6 - 20.6)	424	13.6%	(6.4 - 26.5)	193	12.2%	(8.6 - 16.9)	231
12 years old	9.2%	(5.4 - 15.3)	519	14.2%	(8.2 - 23.6)	280	2.5%	(1.9 - 3.2)	239
13 years old or older	4.2%	(2.0 - 8.4)	782	4.1%	(1.9 - 8.6)	370	4.3%	(2.0 - 9.0)	412
Grade									
6th grade	12.9%	(7.9 - 20.2)	608	14.8%	(7.8 - 26.3)	302	10.9%	(7.4 - 15.7)	306
7th grade	5.4%	(4.4 - 6.6)	511	8.7%	(6.8 - 11.0)	258	2.0%	(1.8 - 2.4)	253
8th grade	4.7%	(2.1 - 10.4)	604	3.9%	(1.7 - 9.1)	283	5.5%	(2.4 - 12.0)	321
Race/Ethnicity									
Asian	-	-	20	-	-	7	-	-	13
Black*	8.8%	(5.9 - 12.9)	731	7.6%	(5.4 - 10.5)	370	10.5%	(6.4 - 16.7)	361
Hispanic/Latino	15.1%	(3.4 - 47.1)	154	16.1%	(3.8 - 48.1)	90	13.9%	(3.1 - 44.9)	64
White*	7.0%	(6.0 - 8.0)	574	10.7%	(8.5 - 13.3)	259	4.0%	(3.7 - 4.2)	315
Other/Multiple races	9.0%	(3.1 - 23.3)	196	11.8%	(3.8 - 31.2)	90	6.3%	(2.0 - 18.2)	106

Note: 48 students were excluded from this analysis.

*Non-Hispanic.

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- = Fewer than 50 students in this subgroup.

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

Virginia Central Region - Middle School Survey

Summary Tables - Weighted Data

QN28: Tried marijuana for the first time before age 11 years

	Percentage	Total 95% confidence interval	N	Percentage	Male 95% confidence interval	N	Percentage	Female 95% confidence interval	N
Overall	0.4%	(0.3 - 0.5)	1,760	0.3%	(0.3 - 0.4)	859	0.4%	(0.2 - 0.8)	901
Age									
11 years old or younger	0.1%	(0.0 - 0.2)	428	0.1%	(0.0 - 0.4)	195	0.0%	(0.0 - 0.2)	233
12 years old	0.8%	(0.5 - 1.3)	527	0.8%	(0.7 - 1.0)	288	0.8%	(0.2 - 3.3)	239
13 years old or older	0.3%	(0.2 - 0.4)	803	0.1%	(0.0 - 0.2)	374	0.6%	(0.4 - 0.8)	429
Grade									
6th grade	0.1%	(0.0 - 0.2)	613	0.1%	(0.0 - 0.3)	306	0.1%	(0.0 - 0.3)	307
7th grade	0.8%	(0.6 - 1.0)	524	1.0%	(0.6 - 1.5)	265	0.6%	(0.2 - 2.5)	259
8th grade	0.4%	(0.3 - 0.5)	619	0.1%	(0.0 - 0.2)	286	0.7%	(0.6 - 0.9)	333
Race/Ethnicity									
Asian	-	-	22	-	-	7	-	-	15
Black*	0.2%	(0.1 - 0.3)	742	0.2%	(0.1 - 0.4)	371	0.1%	(0.0 - 0.3)	371
Hispanic/Latino	0.7%	(0.1 - 3.9)	157	0.0%	-	92	1.6%	(0.3 - 8.8)	65
White*	0.0%	(0.0 - 0.0)	593	0.0%	(0.0 - 0.1)	269	0.0%	-	324
Other/Multiple races	2.0%	(1.5 - 2.9)	194	0.1%	(0.0 - 0.2)	91	3.9%	(2.7 - 5.6)	103

Note: 15 students were excluded from this analysis.

*Non-Hispanic.

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2021 YOUTH RISK BEHAVIOR SURVEY RESULTS
Virginia Central Region - Middle School Survey
Summary Tables - Weighted Data

QN29: Ever took prescription pain medicine without a doctor's prescription or differently than how a doctor told them to use it

	Percentage	Total 95% confidence interval	N	Percentage	Male 95% confidence interval	N	Percentage	Female 95% confidence interval	N
Overall	7.9%	(5.2 - 11.6)	1,757	3.8%	(2.0 - 7.3)	856	12.0%	(9.1 - 15.7)	901
Age									
11 years old or younger	12.6%	(8.9 - 17.5)	426	3.8%	(2.8 - 5.2)	195	19.1%	(15.0 - 24.1)	231
12 years old	4.3%	(2.1 - 8.4)	523	5.3%	(2.7 - 10.0)	284	2.9%	(0.8 - 10.3)	239
13 years old or older	6.7%	(4.9 - 9.1)	806	2.7%	(0.8 - 8.6)	375	11.1%	(9.9 - 12.4)	431
Grade									
6th grade	11.3%	(7.4 - 16.9)	608	5.7%	(3.5 - 9.2)	302	17.0%	(12.8 - 22.2)	306
7th grade	2.4%	(0.6 - 8.3)	523	1.4%	(0.4 - 5.0)	265	3.4%	(0.9 - 11.6)	258
8th grade	8.6%	(6.2 - 11.8)	622	3.7%	(1.1 - 11.9)	287	13.7%	(12.0 - 15.6)	335
Race/Ethnicity									
Asian	-	-	22	-	-	7	-	-	15
Black*	13.0%	(7.3 - 22.2)	745	4.1%	(1.5 - 10.7)	375	25.4%	(17.7 - 35.1)	370
Hispanic/Latino	6.1%	(2.5 - 13.9)	155	6.6%	(1.4 - 25.6)	91	5.3%	(3.2 - 8.8)	64
White*	3.8%	(2.9 - 4.9)	590	2.1%	(1.9 - 2.4)	266	5.2%	(3.6 - 7.5)	324
Other/Multiple races	10.6%	(5.4 - 19.9)	194	8.5%	(1.9 - 30.8)	88	12.5%	(4.0 - 32.7)	106

Note: 18 students were excluded from this analysis.

*Non-Hispanic.

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- = Fewer than 50 students in this subgroup.

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

Virginia Central Region - Middle School Survey

Summary Tables - Weighted Data

QN30: Ever used cocaine

	Percentage	Total 95% confidence interval	N	Percentage	Male 95% confidence interval	N	Percentage	Female 95% confidence interval	N
Overall	0.5%	(0.1 - 2.8)	1,767	0.5%	(0.1 - 2.0)	863	0.6%	(0.1 - 3.8)	904
Age									
11 years old or younger	0.0%	(0.0 - 0.1)	430	0.0%	(0.0 - 0.2)	196	0.0%	-	234
12 years old	0.6%	(0.1 - 4.5)	528	1.0%	(0.1 - 7.8)	289	0.0%	(0.0 - 0.1)	239
13 years old or older	0.9%	(0.3 - 3.4)	807	0.4%	(0.4 - 0.5)	376	1.5%	(0.3 - 7.7)	431
Grade									
6th grade	0.5%	(0.1 - 3.4)	615	0.8%	(0.1 - 6.3)	307	0.2%	(0.0 - 1.1)	308
7th grade	0.0%	(0.0 - 0.1)	526	0.1%	(0.0 - 0.2)	267	0.0%	(0.0 - 0.1)	259
8th grade	1.1%	(0.3 - 4.9)	622	0.6%	(0.5 - 0.6)	287	1.8%	(0.3 - 11.1)	335
Race/Ethnicity									
Asian	-	-	22	-	-	7	-	-	15
Black*	0.3%	(0.2 - 0.4)	745	0.4%	(0.4 - 0.5)	375	0.0%	(0.0 - 0.1)	370
Hispanic/Latino	1.9%	(0.2 - 17.8)	158	0.1%	(0.0 - 0.3)	92	4.4%	(0.5 - 31.6)	66
White*	0.1%	(0.0 - 0.4)	594	0.0%	-	269	0.2%	(0.0 - 0.8)	325
Other/Multiple races	3.2%	(0.4 - 21.9)	197	6.7%	(1.0 - 34.8)	91	0.0%	-	106

Note: 8 students were excluded from this analysis.

*Non-Hispanic.

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- = Fewer than 50 students in this subgroup.

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

Virginia Central Region - Middle School Survey

Summary Tables - Weighted Data

QN36: Described themselves as slightly or very overweight

	Percentage	Total 95% confidence interval	N	Percentage	Male 95% confidence interval	N	Percentage	Female 95% confidence interval	N
Overall	26.8%	(23.3 - 30.6)	1,741	27.5%	(23.3 - 32.1)	858	26.1%	(20.7 - 32.4)	883
Age									
11 years old or younger	29.1%	(23.7 - 35.3)	426	37.7%	(30.9 - 45.0)	195	22.8%	(18.4 - 27.8)	231
12 years old	21.6%	(15.9 - 28.5)	520	18.6%	(13.4 - 25.2)	286	25.7%	(19.8 - 32.8)	234
13 years old or older	28.6%	(27.0 - 30.3)	793	27.7%	(21.3 - 35.2)	375	29.6%	(19.7 - 41.9)	418
Grade									
6th grade	24.2%	(17.5 - 32.4)	605	27.9%	(18.0 - 40.6)	303	20.3%	(16.4 - 25.0)	302
7th grade	22.8%	(20.1 - 25.7)	514	18.4%	(17.8 - 19.0)	266	27.6%	(21.7 - 34.3)	248
8th grade	34.6%	(32.6 - 36.6)	619	36.2%	(26.8 - 46.6)	287	32.9%	(20.3 - 48.6)	332
Race/Ethnicity									
Asian	-	-	22	-	-	7	-	-	15
Black*	25.3%	(14.5 - 40.4)	738	24.2%	(11.4 - 44.5)	374	26.9%	(18.7 - 37.0)	364
Hispanic/Latino	40.5%	(18.3 - 67.5)	156	47.2%	(31.2 - 63.8)	91	31.3%	(7.3 - 72.7)	65
White*	20.8%	(18.9 - 22.8)	583	19.0%	(17.3 - 20.8)	267	22.3%	(20.1 - 24.6)	316
Other/Multiple races	25.8%	(16.4 - 38.0)	193	21.5%	(5.2 - 57.9)	91	29.8%	(22.4 - 38.5)	102

Note: 34 students were excluded from this analysis.

*Non-Hispanic.

N = Number of students in this subgroup.

- = Fewer than 50 students in this subgroup.

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

Virginia Central Region - Middle School Survey

Summary Tables - Weighted Data

QN37: Were trying to lose weight

	Percentage	Total 95% confidence interval	N	Percentage	Male 95% confidence interval	N	Percentage	Female 95% confidence interval	N
Overall	38.2%	(33.4 - 43.3)	1,741	35.4%	(31.7 - 39.3)	859	41.2%	(35.3 - 47.5)	882
Age									
11 years old or younger	40.9%	(34.1 - 48.1)	427	39.9%	(32.2 - 48.2)	195	41.7%	(35.2 - 48.4)	232
12 years old	31.9%	(27.8 - 36.4)	519	34.1%	(28.7 - 40.0)	286	28.9%	(26.0 - 31.9)	233
13 years old or older	40.7%	(36.3 - 45.3)	793	33.6%	(31.7 - 35.6)	376	48.5%	(37.8 - 59.3)	417
Grade									
6th grade	37.6%	(30.7 - 45.1)	608	37.8%	(29.8 - 46.6)	304	37.4%	(31.7 - 43.6)	304
7th grade	31.1%	(24.5 - 38.5)	514	23.7%	(18.3 - 30.0)	266	39.1%	(31.3 - 47.6)	248
8th grade	46.3%	(42.0 - 50.7)	615	44.1%	(41.0 - 47.3)	287	48.6%	(36.8 - 60.7)	328
Race/Ethnicity									
Asian	-	-	22	-	-	7	-	-	15
Black*	34.1%	(22.9 - 47.4)	738	30.2%	(20.4 - 42.3)	374	39.6%	(27.1 - 53.5)	364
Hispanic/Latino	54.9%	(40.5 - 68.6)	154	57.0%	(49.9 - 63.8)	91	52.0%	(28.3 - 74.9)	63
White*	34.8%	(33.1 - 36.5)	586	31.6%	(30.1 - 33.2)	268	37.4%	(34.7 - 40.2)	318
Other/Multiple races	45.2%	(40.1 - 50.4)	192	27.3%	(17.1 - 40.6)	90	62.5%	(56.5 - 68.0)	102

Note: 34 students were excluded from this analysis.

*Non-Hispanic.

N = Number of students in this subgroup.

- = Fewer than 50 students in this subgroup.

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

Virginia Central Region - Middle School Survey

Summary Tables - Weighted Data

QN38: Did not eat breakfast

	Percentage	Total 95% confidence interval	N	Percentage	Male 95% confidence interval	N	Percentage	Female 95% confidence interval	N
Overall	12.5%	(8.9 - 17.4)	1,762	6.9%	(3.1 - 14.9)	861	18.3%	(14.5 - 22.9)	901
Age									
11 years old or younger	7.7%	(5.6 - 10.4)	429	2.7%	(2.3 - 3.2)	195	11.4%	(8.5 - 15.0)	234
12 years old	11.3%	(6.3 - 19.2)	526	7.6%	(3.5 - 15.8)	288	16.4%	(10.0 - 25.7)	238
13 years old or older	17.2%	(12.1 - 24.0)	805	9.1%	(3.0 - 24.9)	376	26.1%	(23.6 - 28.7)	429
Grade									
6th grade	9.0%	(6.2 - 13.0)	612	5.8%	(3.1 - 10.5)	305	12.3%	(10.0 - 14.9)	307
7th grade	13.2%	(8.3 - 20.3)	526	3.0%	(0.9 - 9.0)	267	24.1%	(16.9 - 33.1)	259
8th grade	16.8%	(10.4 - 26.0)	620	12.6%	(4.0 - 33.3)	287	21.2%	(19.3 - 23.3)	333
Race/Ethnicity									
Asian	-	-	22	-	-	7	-	-	15
Black*	14.5%	(8.7 - 23.0)	744	6.6%	(2.1 - 18.9)	375	25.5%	(18.0 - 34.8)	369
Hispanic/Latino	21.0%	(18.6 - 23.6)	156	16.1%	(8.6 - 28.1)	91	27.8%	(23.0 - 33.2)	65
White*	9.0%	(7.2 - 11.3)	593	2.3%	(0.8 - 6.7)	268	14.6%	(12.8 - 16.6)	325
Other/Multiple races	7.9%	(2.5 - 22.7)	197	8.4%	(1.9 - 30.4)	91	7.4%	(1.5 - 30.4)	106

Note: 13 students were excluded from this analysis.

*Non-Hispanic.

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2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

Virginia Central Region - Middle School Survey

Summary Tables - Weighted Data

QN39: Were physically active at least 60 minutes per day on 5 or more days

	Percentage	Total 95% confidence interval	N	Percentage	Male 95% confidence interval	N	Percentage	Female 95% confidence interval	N
Overall	48.5%	(44.7 - 52.3)	1,744	52.0%	(48.2 - 55.7)	856	44.8%	(39.5 - 50.3)	888
Age									
11 years old or younger	53.2%	(52.1 - 54.4)	421	59.9%	(55.6 - 64.0)	193	48.1%	(41.4 - 54.8)	228
12 years old	53.8%	(47.8 - 59.6)	522	51.6%	(46.3 - 56.9)	287	56.7%	(49.1 - 64.0)	235
13 years old or older	41.1%	(36.4 - 46.0)	799	47.2%	(42.8 - 51.7)	374	34.4%	(29.5 - 39.6)	425
Grade									
6th grade	53.0%	(51.6 - 54.4)	604	56.7%	(53.6 - 59.7)	303	49.1%	(43.5 - 54.6)	301
7th grade	50.2%	(42.2 - 58.1)	520	52.7%	(44.5 - 60.8)	265	47.5%	(39.9 - 55.1)	255
8th grade	40.4%	(34.9 - 46.2)	616	44.4%	(41.3 - 47.6)	286	36.2%	(28.7 - 44.4)	330
Race/Ethnicity									
Asian	-	-	22	-	-	7	-	-	15
Black*	36.5%	(31.6 - 41.7)	732	43.4%	(31.5 - 56.1)	371	26.5%	(15.5 - 41.6)	361
Hispanic/Latino	48.9%	(43.1 - 54.7)	155	60.8%	(56.8 - 64.8)	92	32.2%	(29.2 - 35.3)	63
White*	58.6%	(57.4 - 59.9)	591	59.6%	(57.7 - 61.5)	268	57.8%	(54.0 - 61.6)	323
Other/Multiple races	55.5%	(43.3 - 67.0)	195	58.6%	(43.7 - 72.1)	90	52.5%	(41.7 - 63.2)	105

Note: 31 students were excluded from this analysis.

*Non-Hispanic.

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- = Fewer than 50 students in this subgroup.

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

Virginia Central Region - Middle School Survey

Summary Tables - Weighted Data

QN40: Spent 3 or more hours per day on screen time

	Percentage	Total 95% confidence interval	N	Percentage	Male 95% confidence interval	N	Percentage	Female 95% confidence interval	N
Overall	66.7%	(60.9 - 72.0)	1,745	67.3%	(60.0 - 73.8)	857	66.1%	(61.7 - 70.2)	888
Age									
11 years old or younger	52.4%	(40.4 - 64.1)	426	46.6%	(34.6 - 59.0)	196	56.9%	(45.4 - 67.8)	230
12 years old	68.7%	(65.7 - 71.5)	520	71.3%	(64.9 - 77.0)	284	65.0%	(60.9 - 68.9)	236
13 years old or older	76.4%	(69.9 - 81.9)	797	77.6%	(70.0 - 83.7)	375	75.1%	(69.6 - 79.9)	422
Grade									
6th grade	53.8%	(42.6 - 64.7)	609	50.5%	(39.0 - 61.9)	306	57.4%	(47.3 - 66.9)	303
7th grade	75.2%	(73.5 - 76.8)	518	83.4%	(76.1 - 88.8)	262	66.5%	(62.2 - 70.5)	256
8th grade	76.0%	(67.9 - 82.6)	614	74.4%	(63.7 - 82.8)	287	77.7%	(71.9 - 82.6)	327
Race/Ethnicity									
Asian	-	-	21	-	-	7	-	-	14
Black*	77.3%	(70.1 - 83.2)	734	77.3%	(68.5 - 84.2)	373	77.4%	(71.9 - 82.1)	361
Hispanic/Latino	65.1%	(42.5 - 82.5)	154	69.3%	(43.9 - 86.7)	91	59.3%	(42.0 - 74.5)	63
White*	57.4%	(53.7 - 61.1)	592	55.7%	(49.9 - 61.3)	269	58.9%	(56.2 - 61.6)	323
Other/Multiple races	67.3%	(63.9 - 70.6)	196	76.8%	(62.6 - 86.7)	90	58.5%	(54.8 - 62.1)	106

Note: 30 students were excluded from this analysis.

*Non-Hispanic.

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2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

Virginia Central Region - Middle School Survey

Summary Tables - Weighted Data

QN44: Reported that their mental health was most of the time or always not good

	Percentage	Total 95% confidence interval	N	Percentage	Male 95% confidence interval	N	Percentage	Female 95% confidence interval	N
Overall	18.5%	(15.8 - 21.5)	1,736	10.4%	(7.4 - 14.3)	853	27.0%	(23.7 - 30.6)	883
Age									
11 years old or younger	15.4%	(10.3 - 22.4)	418	11.3%	(4.1 - 27.3)	191	18.5%	(15.0 - 22.6)	227
12 years old	11.1%	(9.1 - 13.3)	522	3.8%	(2.9 - 4.9)	287	21.3%	(18.0 - 25.0)	235
13 years old or older	26.2%	(23.9 - 28.6)	794	15.0%	(13.2 - 17.1)	373	38.4%	(33.4 - 43.6)	421
Grade									
6th grade	13.9%	(9.4 - 19.9)	600	7.9%	(2.9 - 19.9)	301	20.0%	(17.2 - 23.1)	299
7th grade	21.4%	(20.8 - 21.9)	518	13.3%	(8.8 - 19.4)	265	30.1%	(26.0 - 34.5)	253
8th grade	22.0%	(19.2 - 25.1)	614	10.9%	(9.5 - 12.4)	285	33.7%	(28.1 - 39.8)	329
Race/Ethnicity									
Asian	-	-	22	-	-	7	-	-	15
Black*	17.7%	(13.8 - 22.5)	728	6.2%	(6.0 - 6.4)	370	34.5%	(28.0 - 41.6)	358
Hispanic/Latino	23.1%	(18.5 - 28.4)	153	17.2%	(12.7 - 23.0)	90	30.8%	(23.4 - 39.4)	63
White*	15.6%	(13.5 - 17.9)	590	8.5%	(6.4 - 11.4)	269	21.6%	(19.9 - 23.4)	321
Other/Multiple races	27.0%	(14.8 - 44.0)	194	19.7%	(9.2 - 37.3)	89	33.8%	(20.4 - 50.4)	105

Note: 39 students were excluded from this analysis.

*Non-Hispanic.

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2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

Virginia Central Region - Middle School Survey

Summary Tables - Weighted Data

QN45: Got 8 or more hours of sleep

	Percentage	Total 95% confidence interval	N	Percentage	Male 95% confidence interval	N	Percentage	Female 95% confidence interval	N
Overall	49.4%	(45.6 - 53.2)	1,752	47.8%	(41.5 - 54.1)	859	51.1%	(43.7 - 58.5)	893
Age									
11 years old or younger	68.3%	(61.5 - 74.4)	427	65.3%	(59.6 - 70.6)	196	70.6%	(61.6 - 78.2)	231
12 years old	48.0%	(46.4 - 49.6)	524	51.1%	(47.8 - 54.3)	287	43.7%	(42.3 - 45.2)	237
13 years old or older	35.5%	(29.2 - 42.4)	799	33.4%	(23.2 - 45.5)	374	37.8%	(35.6 - 40.1)	425
Grade									
6th grade	66.8%	(64.6 - 68.9)	610	63.7%	(57.2 - 69.8)	306	70.0%	(62.1 - 76.8)	304
7th grade	37.5%	(35.0 - 40.1)	520	30.4%	(29.1 - 31.6)	265	45.1%	(38.4 - 52.0)	255
8th grade	37.0%	(29.2 - 45.5)	618	42.8%	(28.0 - 59.0)	286	30.9%	(29.3 - 32.5)	332
Race/Ethnicity									
Asian	-	-	22	-	-	7	-	-	15
Black*	37.6%	(31.7 - 43.8)	733	31.0%	(25.9 - 36.7)	372	47.1%	(27.6 - 67.6)	361
Hispanic/Latino	46.2%	(39.9 - 52.5)	158	41.9%	(31.3 - 53.4)	92	52.1%	(47.8 - 56.3)	66
White*	63.0%	(61.2 - 64.8)	593	68.1%	(65.0 - 71.0)	269	58.7%	(57.9 - 59.5)	324
Other/Multiple races	49.9%	(43.3 - 56.5)	196	43.2%	(31.3 - 56.0)	90	56.1%	(43.0 - 68.4)	106

Note: 23 students were excluded from this analysis.

*Non-Hispanic.

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2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

Virginia Central Region - Middle School Survey

Summary Tables - Weighted Data

QN46: Usually did not sleep in their parent's or guardian's home

	Percentage	Total 95% confidence interval	N	Percentage	Male 95% confidence interval	N	Percentage	Female 95% confidence interval	N
Overall	1.9%	(1.1 - 3.1)	1,750	3.3%	(2.1 - 5.2)	857	0.3%	(0.1 - 1.5)	893
Age									
11 years old or younger	2.7%	(1.2 - 6.2)	427	6.3%	(2.1 - 17.0)	195	0.0%	(0.0 - 0.2)	232
12 years old	2.2%	(1.2 - 4.0)	523	3.8%	(2.0 - 7.1)	287	0.0%	(0.0 - 0.2)	236
13 years old or older	0.9%	(0.2 - 3.8)	798	1.1%	(0.3 - 3.3)	373	0.8%	(0.1 - 4.9)	425
Grade									
6th grade	2.8%	(2.0 - 3.9)	609	5.4%	(3.4 - 8.6)	305	0.1%	(0.0 - 0.2)	304
7th grade	1.2%	(0.8 - 2.0)	519	2.4%	(1.5 - 3.6)	264	0.1%	(0.0 - 0.2)	255
8th grade	1.2%	(0.3 - 5.2)	618	1.5%	(0.5 - 4.5)	286	0.9%	(0.1 - 6.7)	332
Race/Ethnicity									
Asian	-	-	22	-	-	7	-	-	15
Black*	0.6%	(0.4 - 0.9)	731	0.9%	(0.5 - 1.6)	371	0.2%	(0.1 - 0.4)	360
Hispanic/Latino	3.6%	(0.8 - 15.6)	158	6.2%	(1.5 - 22.6)	92	0.1%	(0.0 - 0.4)	66
White*	2.5%	(1.5 - 4.0)	593	4.7%	(3.5 - 6.3)	268	0.6%	(0.1 - 4.0)	325
Other/Multiple races	3.2%	(0.4 - 21.8)	196	6.7%	(1.0 - 34.7)	90	0.0%	(0.0 - 0.1)	106

Note: 25 students were excluded from this analysis.

*Non-Hispanic.

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2021 YOUTH RISK BEHAVIOR SURVEY RESULTS
Virginia Central Region - Middle School Survey
Summary Tables - Weighted Data

QN47: are transgender

	Percentage	Total 95% confidence interval	N	Percentage	Male 95% confidence interval	N	Percentage	Female 95% confidence interval	N
Overall	2.4%	(1.9 - 3.1)	1,765	1.7%	(0.6 - 4.7)	864	3.1%	(2.4 - 4.2)	901
Age									
11 years old or younger	0.6%	(0.2 - 2.4)	428	0.0%	(0.0 - 0.1)	196	1.1%	(0.3 - 3.6)	232
12 years old	5.6%	(3.1 - 9.7)	525	4.8%	(1.5 - 14.1)	287	6.7%	(5.9 - 7.5)	238
13 years old or older	1.6%	(0.7 - 3.4)	810	0.4%	(0.4 - 0.5)	379	2.9%	(1.3 - 6.4)	431
Grade									
6th grade	3.3%	(1.7 - 6.4)	612	2.3%	(0.3 - 13.5)	307	4.5%	(4.1 - 4.8)	305
7th grade	1.5%	(1.3 - 1.7)	525	2.1%	(1.3 - 3.2)	266	0.9%	(0.2 - 4.0)	259
8th grade	2.0%	(0.9 - 4.4)	624	0.6%	(0.5 - 0.7)	289	3.5%	(1.4 - 8.2)	335
Race/Ethnicity									
Asian	-	-	22	-	-	7	-	-	15
Black*	0.5%	(0.3 - 1.0)	750	0.5%	(0.4 - 0.6)	378	0.6%	(0.1 - 2.5)	372
Hispanic/Latino	7.4%	(4.2 - 12.6)	158	6.1%	(1.4 - 22.7)	92	9.2%	(6.8 - 12.2)	66
White*	2.0%	(1.8 - 2.3)	592	1.7%	(1.5 - 1.9)	270	2.4%	(1.9 - 3.0)	322
Other/Multiple races	3.4%	(0.6 - 18.4)	197	0.0%	(0.0 - 0.1)	91	6.6%	(1.2 - 28.5)	106

Note: 10 students were excluded from this analysis.

*Non-Hispanic.

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2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

Virginia Central Region - Middle School Survey

Summary Tables - Weighted Data

QN48: Rode with someone who texted, called, e-mailed, or used the Internet or apps on a handheld cell phone while driving a car or other vehicle

	Percentage	Total 95% confidence interval	N	Percentage	Male 95% confidence interval	N	Percentage	Female 95% confidence interval	N
Overall	57.7%	(54.2 - 61.1)	1,750	51.6%	(47.5 - 55.7)	862	64.2%	(60.2 - 68.0)	888
Age									
11 years old or younger	63.8%	(59.4 - 67.9)	426	66.2%	(62.3 - 69.8)	196	61.9%	(55.5 - 67.9)	230
12 years old	59.4%	(56.2 - 62.6)	523	54.9%	(46.3 - 63.3)	288	66.4%	(58.1 - 73.7)	235
13 years old or older	51.6%	(47.1 - 56.1)	799	39.2%	(34.1 - 44.5)	376	65.1%	(61.0 - 69.1)	423
Grade									
6th grade	59.6%	(55.4 - 63.6)	606	59.6%	(54.5 - 64.5)	306	59.6%	(52.9 - 65.9)	300
7th grade	58.9%	(57.4 - 60.5)	523	47.6%	(44.2 - 51.0)	268	72.1%	(63.3 - 79.5)	255
8th grade	53.7%	(48.9 - 58.4)	617	44.1%	(37.9 - 50.5)	286	63.6%	(59.4 - 67.6)	331
Race/Ethnicity									
Asian	-	-	21	-	-	7	-	-	14
Black*	53.5%	(48.2 - 58.7)	742	45.5%	(37.8 - 53.4)	377	64.6%	(55.0 - 73.2)	365
Hispanic/Latino	50.5%	(42.1 - 58.9)	154	44.2%	(37.1 - 51.6)	91	61.1%	(45.7 - 74.6)	63
White*	60.9%	(59.3 - 62.4)	590	57.9%	(51.8 - 63.7)	269	63.4%	(60.7 - 66.1)	321
Other/Multiple races	73.8%	(67.7 - 79.1)	194	74.4%	(60.8 - 84.5)	89	73.2%	(63.6 - 81.0)	105

Note: 25 students were excluded from this analysis.

*Non-Hispanic.

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- = Fewer than 50 students in this subgroup.

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

Virginia Central Region - Middle School Survey

Summary Tables - Weighted Data

QN49: Ever carried a weapon

	Percentage	Total 95% confidence interval	N	Percentage	Male 95% confidence interval	N	Percentage	Female 95% confidence interval	N
Overall	29.2%	(25.2 - 33.4)	1,759	38.5%	(34.1 - 43.0)	858	19.5%	(15.4 - 24.5)	901
Age									
11 years old or younger	27.1%	(20.8 - 34.3)	427	44.5%	(33.4 - 56.2)	194	14.4%	(6.9 - 27.6)	233
12 years old	36.1%	(31.3 - 41.1)	527	44.3%	(40.3 - 48.2)	285	24.7%	(20.5 - 29.4)	242
13 years old or older	25.9%	(22.8 - 29.3)	803	30.3%	(27.9 - 32.8)	377	21.2%	(17.1 - 25.9)	426
Grade									
6th grade	27.1%	(20.6 - 34.6)	607	38.7%	(30.1 - 48.1)	301	15.5%	(8.7 - 26.0)	306
7th grade	35.9%	(30.0 - 42.4)	529	48.7%	(41.9 - 55.6)	268	22.3%	(17.8 - 27.5)	261
8th grade	25.1%	(21.0 - 29.8)	619	27.5%	(24.6 - 30.6)	287	22.6%	(17.3 - 28.9)	332
Race/Ethnicity									
Asian	-	-	22	-	-	7	-	-	15
Black*	24.8%	(23.0 - 26.7)	747	32.9%	(30.3 - 35.7)	376	13.5%	(7.3 - 23.5)	371
Hispanic/Latino	39.0%	(26.7 - 52.9)	158	47.8%	(37.4 - 58.4)	92	26.8%	(15.7 - 41.8)	66
White*	28.2%	(25.4 - 31.3)	587	40.7%	(36.5 - 45.1)	267	17.8%	(15.8 - 20.0)	320
Other/Multiple races	41.6%	(28.6 - 55.8)	195	52.6%	(35.0 - 69.5)	89	31.4%	(19.3 - 46.7)	106

Note: 16 students were excluded from this analysis.

*Non-Hispanic.

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2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

Virginia Central Region - Middle School Survey

Summary Tables - Weighted Data

QN50: Reported that an adult or person at least 5 years older than they made them do sexual things they did not want to do

	Percentage	Total 95% confidence interval	N	Percentage	Male 95% confidence interval	N	Percentage	Female 95% confidence interval	N
Overall	4.2%	(3.5 - 5.0)	1,767	1.0%	(0.1 - 6.2)	867	7.6%	(5.0 - 11.5)	900
Age									
11 years old or younger	3.2%	(1.1 - 9.1)	426	0.1%	(0.0 - 0.3)	197	5.6%	(2.2 - 13.4)	229
12 years old	1.5%	(0.7 - 3.5)	530	1.1%	(0.2 - 7.3)	289	2.1%	(1.5 - 2.9)	241
13 years old or older	6.9%	(6.1 - 7.9)	809	1.5%	(0.2 - 9.4)	379	13.1%	(8.6 - 19.3)	430
Grade									
6th grade	2.9%	(1.6 - 5.3)	612	0.9%	(0.1 - 6.1)	308	5.0%	(1.9 - 12.5)	304
7th grade	3.3%	(2.4 - 4.4)	527	0.1%	(0.1 - 0.4)	268	6.8%	(4.8 - 9.3)	259
8th grade	6.9%	(6.4 - 7.5)	624	2.0%	(0.3 - 13.1)	289	12.1%	(7.5 - 19.0)	335
Race/Ethnicity									
Asian	-	-	21	-	-	7	-	-	14
Black*	6.7%	(4.8 - 9.2)	750	1.6%	(0.2 - 9.5)	379	13.9%	(8.5 - 21.9)	371
Hispanic/Latino	4.2%	(2.6 - 6.7)	155	0.2%	(0.1 - 0.6)	92	10.5%	(7.7 - 14.1)	63
White*	2.0%	(1.2 - 3.1)	592	0.0%	(0.0 - 0.1)	269	3.6%	(2.3 - 5.6)	323
Other/Multiple races	4.1%	(0.8 - 19.1)	197	6.7%	(1.0 - 34.8)	91	1.7%	(1.2 - 2.5)	106

Note: 8 students were excluded from this analysis.

*Non-Hispanic.

N = Number of students in this subgroup.

- = Fewer than 50 students in this subgroup.

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

Virginia Central Region - Middle School Survey

Summary Tables - Weighted Data

QN51: Reported that a parent or other adult in their home most of the time or always swore at them, insulted them, or put them down

	Percentage	Total 95% confidence interval	N	Percentage	Male 95% confidence interval	N	Percentage	Female 95% confidence interval	N
Overall	8.1%	(5.6 - 11.7)	1,759	4.7%	(2.8 - 7.9)	862	11.7%	(8.8 - 15.3)	897
Age									
11 years old or younger	7.4%	(3.1 - 17.0)	425	5.2%	(1.3 - 17.9)	195	9.1%	(4.5 - 17.7)	230
12 years old	7.3%	(4.6 - 11.5)	528	3.6%	(1.0 - 12.8)	288	12.5%	(11.9 - 13.1)	240
13 years old or older	9.3%	(6.0 - 14.1)	804	5.3%	(2.8 - 10.0)	377	13.6%	(9.0 - 20.0)	427
Grade									
6th grade	6.4%	(3.2 - 12.5)	609	4.7%	(2.7 - 8.0)	306	8.1%	(3.9 - 16.3)	303
7th grade	8.2%	(7.5 - 9.0)	524	2.3%	(0.6 - 8.2)	267	14.6%	(11.7 - 18.0)	257
8th grade	10.5%	(6.0 - 17.8)	622	7.3%	(3.8 - 13.4)	287	13.9%	(8.0 - 23.0)	335
Race/Ethnicity									
Asian	-	-	22	-	-	7	-	-	15
Black*	7.3%	(3.3 - 15.6)	747	2.3%	(0.8 - 7.0)	378	14.4%	(6.8 - 27.8)	369
Hispanic/Latino	18.4%	(11.2 - 28.9)	155	16.4%	(9.1 - 27.9)	91	21.2%	(13.5 - 31.8)	64
White*	3.4%	(3.0 - 3.8)	586	1.2%	(1.1 - 1.4)	266	5.1%	(4.3 - 6.1)	320
Other/Multiple races	18.9%	(15.5 - 22.8)	197	16.7%	(11.2 - 24.0)	91	20.9%	(16.9 - 25.6)	106

Note: 16 students were excluded from this analysis.

*Non-Hispanic.

N = Number of students in this subgroup.

- = Fewer than 50 students in this subgroup.

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

Virginia Central Region - Middle School Survey

Summary Tables - Weighted Data

QN52: Reported that a parent or other adult in their home most of the time or always hit, beat, kicked, or physically hurt them in any way

	Percentage	Total 95% confidence interval	N	Percentage	Male 95% confidence interval	N	Percentage	Female 95% confidence interval	N
Overall	1.8%	(0.9 - 3.5)	1,750	1.1%	(0.9 - 1.3)	859	2.5%	(0.9 - 6.5)	891
Age									
11 years old or younger	0.5%	(0.1 - 2.6)	422	0.0%	(0.0 - 0.2)	196	0.8%	(0.1 - 5.1)	226
12 years old	2.0%	(1.5 - 2.5)	525	3.3%	(2.7 - 4.0)	285	0.1%	(0.0 - 0.3)	240
13 years old or older	2.7%	(0.7 - 9.4)	801	0.0%	(0.0 - 0.1)	376	5.7%	(1.4 - 20.0)	425
Grade									
6th grade	0.4%	(0.1 - 2.0)	605	0.0%	(0.0 - 0.3)	304	0.7%	(0.1 - 4.3)	301
7th grade	1.9%	(1.2 - 3.0)	523	3.6%	(2.3 - 5.6)	266	0.1%	(0.0 - 0.2)	257
8th grade	3.7%	(1.0 - 12.6)	618	0.0%	(0.0 - 0.1)	287	7.5%	(1.9 - 25.8)	331
Race/Ethnicity									
Asian	-	-	22	-	-	7	-	-	15
Black*	3.2%	(1.1 - 9.0)	740	0.1%	(0.0 - 0.3)	375	7.5%	(3.1 - 16.8)	365
Hispanic/Latino	1.0%	(0.7 - 1.5)	152	0.0%	-	90	2.4%	(1.9 - 2.9)	62
White*	1.4%	(1.2 - 1.5)	588	2.9%	(2.6 - 3.3)	267	0.0%	(0.0 - 0.1)	321
Other/Multiple races	0.6%	(0.1 - 2.9)	196	0.1%	(0.0 - 0.3)	91	1.2%	(0.2 - 6.0)	105

Note: 25 students were excluded from this analysis.

*Non-Hispanic.

N = Number of students in this subgroup.

- = Fewer than 50 students in this subgroup.

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

Virginia Central Region - Middle School Survey

Summary Tables - Weighted Data

QN53: Reported that their parents or other adults in their home most of the time or always slapped, hit, kicked, punched, or beat each other up

	Percentage	Total 95% confidence interval	N	Percentage	Male 95% confidence interval	N	Percentage	Female 95% confidence interval	N
Overall	1.6%	(1.1 - 2.3)	1,752	0.1%	(0.0 - 0.2)	857	3.3%	(2.4 - 4.4)	895
Age									
11 years old or younger	1.8%	(0.5 - 5.6)	425	0.0%	(0.0 - 0.1)	193	3.1%	(1.0 - 8.7)	232
12 years old	0.0%	(0.0 - 0.1)	526	0.0%	(0.0 - 0.2)	284	0.0%	(0.0 - 0.2)	242
13 years old or older	2.6%	(2.2 - 3.2)	799	0.1%	(0.0 - 0.4)	378	5.4%	(3.9 - 7.4)	421
Grade									
6th grade	1.4%	(0.4 - 4.5)	610	0.0%	(0.0 - 0.1)	303	2.8%	(0.9 - 7.9)	307
7th grade	2.8%	(1.8 - 4.4)	522	0.0%	(0.0 - 0.1)	263	5.7%	(3.5 - 9.1)	259
8th grade	0.8%	(0.8 - 0.8)	616	0.1%	(0.0 - 0.6)	289	1.5%	(1.2 - 1.9)	327
Race/Ethnicity									
Asian	-	-	22	-	-	7	-	-	15
Black*	3.2%	(2.6 - 3.9)	739	0.0%	(0.0 - 0.1)	373	7.6%	(4.8 - 11.8)	366
Hispanic/Latino	3.7%	(1.3 - 10.4)	154	0.0%	(0.0 - 0.2)	91	8.9%	(2.3 - 28.4)	63
White*	0.0%	(0.0 - 0.0)	591	0.0%	(0.0 - 0.1)	268	0.0%	(0.0 - 0.1)	323
Other/Multiple races	0.7%	(0.2 - 2.9)	196	0.7%	(0.2 - 2.8)	91	0.8%	(0.2 - 3.1)	105

Note: 23 students were excluded from this analysis.

*Non-Hispanic.

N = Number of students in this subgroup.

- = Fewer than 50 students in this subgroup.

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

Virginia Central Region - Middle School Survey

Summary Tables - Weighted Data

QN54: have been the victim of teasing or name calling because of their race or ethnic background

	Percentage	Total 95% confidence interval	N	Percentage	Male 95% confidence interval	N	Percentage	Female 95% confidence interval	N
Overall	15.6%	(13.6 - 17.7)	1,755	12.1%	(8.1 - 17.6)	857	19.3%	(18.0 - 20.6)	898
Age									
11 years old or younger	17.2%	(15.8 - 18.7)	420	14.2%	(11.1 - 17.9)	191	19.7%	(18.2 - 21.2)	229
12 years old	13.2%	(10.2 - 16.9)	528	7.4%	(2.7 - 18.6)	288	21.3%	(17.8 - 25.3)	240
13 years old or older	16.0%	(14.5 - 17.5)	805	14.4%	(9.6 - 21.0)	376	17.6%	(14.6 - 21.2)	429
Grade									
6th grade	16.7%	(13.4 - 20.7)	606	12.7%	(7.3 - 21.3)	302	21.0%	(19.5 - 22.6)	304
7th grade	14.6%	(14.2 - 15.1)	524	12.9%	(11.5 - 14.5)	265	16.4%	(14.4 - 18.8)	259
8th grade	14.9%	(13.1 - 16.9)	621	10.3%	(4.8 - 20.6)	288	19.7%	(16.5 - 23.4)	333
Race/Ethnicity									
Asian	-	-	22	-	-	7	-	-	15
Black*	19.8%	(16.3 - 23.8)	741	12.7%	(9.4 - 17.0)	374	30.3%	(24.7 - 36.5)	367
Hispanic/Latino	23.6%	(16.2 - 32.9)	154	30.9%	(19.4 - 45.4)	90	13.3%	(10.5 - 16.8)	64
White*	4.7%	(3.8 - 5.9)	591	5.0%	(4.7 - 5.3)	268	4.5%	(3.1 - 6.5)	323
Other/Multiple races	24.2%	(22.0 - 26.7)	195	7.1%	(1.1 - 34.0)	89	40.1%	(36.0 - 44.3)	106

Note: 20 students were excluded from this analysis.

*Non-Hispanic.

N = Number of students in this subgroup.

- = Fewer than 50 students in this subgroup.

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

Virginia Central Region - Middle School Survey

Summary Tables - Weighted Data

QN55: have been the victim of teasing or name calling because someone thought they were gay, lesbian, or bisexual

	Percentage	Total 95% confidence interval	N	Percentage	Male 95% confidence interval	N	Percentage	Female 95% confidence interval	N
Overall	17.4%	(12.7 - 23.3)	1,756	10.6%	(5.4 - 19.6)	856	24.4%	(21.5 - 27.6)	900
Age									
11 years old or younger	19.7%	(11.5 - 31.5)	428	10.2%	(2.6 - 32.8)	196	26.8%	(22.1 - 32.0)	232
12 years old	20.5%	(17.6 - 23.8)	524	13.1%	(7.8 - 21.2)	282	30.8%	(26.0 - 36.0)	242
13 years old or older	13.3%	(10.0 - 17.7)	802	8.8%	(6.1 - 12.5)	376	18.3%	(12.9 - 25.2)	426
Grade									
6th grade	19.1%	(11.1 - 30.8)	611	10.1%	(2.4 - 33.9)	304	28.4%	(24.3 - 32.8)	307
7th grade	16.5%	(15.4 - 17.7)	524	9.8%	(9.7 - 10.0)	264	23.6%	(21.5 - 25.9)	260
8th grade	15.8%	(12.4 - 19.8)	617	12.0%	(8.4 - 16.9)	286	19.7%	(16.0 - 23.9)	331
Race/Ethnicity									
Asian	-	-	22	-	-	7	-	-	15
Black*	13.1%	(7.2 - 22.6)	743	5.5%	(2.4 - 12.0)	375	23.6%	(16.3 - 32.9)	368
Hispanic/Latino	18.7%	(12.8 - 26.3)	155	20.3%	(10.3 - 36.1)	90	16.4%	(13.3 - 20.0)	65
White*	18.9%	(15.5 - 22.8)	590	9.1%	(5.1 - 15.8)	267	27.1%	(25.0 - 29.3)	323
Other/Multiple races	31.4%	(25.3 - 38.1)	196	33.5%	(21.6 - 47.9)	90	29.5%	(23.2 - 36.8)	106

Note: 19 students were excluded from this analysis.

*Non-Hispanic.

N = Number of students in this subgroup.

- = Fewer than 50 students in this subgroup.

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

Virginia Central Region - Middle School Survey

Summary Tables - Weighted Data

QN56: asked for help from someone before their suicide attempt

	Percentage	Total 95% confidence interval	N	Percentage	Male 95% confidence interval	N	Percentage	Female 95% confidence interval	N
Overall	8.7%	(7.5 - 10.1)	488	11.7%	(10.0 - 13.7)	201	5.7%	(2.6 - 12.2)	287
Age									
11 years old or younger	7.9%	(3.0 - 19.3)	115	-	-	43	0.9%	(0.2 - 3.7)	72
12 years old	7.2%	(2.9 - 16.7)	153	3.9%	(0.3 - 32.7)	70	11.4%	(10.0 - 13.0)	83
13 years old or older	11.1%	(8.6 - 14.3)	218	15.0%	(11.8 - 18.9)	86	7.1%	(2.0 - 22.6)	132
Grade									
6th grade	9.2%	(8.0 - 10.6)	181	12.7%	(8.6 - 18.6)	78	5.3%	(3.5 - 8.0)	103
7th grade	3.8%	(1.1 - 11.7)	156	0.0%	-	70	7.5%	(2.6 - 19.7)	86
8th grade	13.8%	(9.8 - 19.3)	151	25.4%	(19.6 - 32.2)	53	4.5%	(0.9 - 19.4)	98
Race/Ethnicity									
Asian	-	-	4	-	-	0	-	-	4
Black*	8.3%	(5.3 - 12.9)	258	8.4%	(8.0 - 8.9)	111	8.1%	(2.4 - 24.1)	147
Hispanic/Latino	12.3%	(4.3 - 30.2)	50	-	-	26	-	-	24
White*	10.1%	(8.6 - 11.8)	98	-	-	37	10.3%	(7.9 - 13.4)	61
Other/Multiple races	11.0%	(1.3 - 54.6)	62	-	-	18	-	-	44

Note: 1287 students were excluded from this analysis.

*Non-Hispanic.

N = Number of students in this subgroup.

- = Fewer than 50 students in this subgroup.

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

Virginia Central Region - Middle School Survey

Summary Tables - Weighted Data

QN57: ever used a heated tobacco product

	Percentage	Total 95% confidence interval	N	Percentage	Male 95% confidence interval	N	Percentage	Female 95% confidence interval	N
Overall	0.9%	(0.3 - 3.1)	1,758	1.3%	(0.3 - 5.9)	856	0.5%	(0.1 - 2.1)	902
Age									
11 years old or younger	0.3%	(0.1 - 1.2)	431	0.4%	(0.1 - 1.3)	197	0.2%	(0.0 - 1.2)	234
12 years old	0.8%	(0.1 - 4.8)	528	1.3%	(0.2 - 8.7)	286	0.1%	(0.1 - 0.3)	242
13 years old or older	1.5%	(0.5 - 4.1)	797	1.9%	(0.4 - 8.5)	371	1.0%	(0.2 - 4.2)	426
Grade									
6th grade	0.7%	(0.1 - 3.7)	616	1.2%	(0.2 - 6.3)	307	0.2%	(0.0 - 1.0)	309
7th grade	0.6%	(0.2 - 1.9)	522	0.1%	(0.1 - 0.3)	262	1.1%	(0.3 - 4.0)	260
8th grade	1.4%	(0.4 - 5.3)	616	2.5%	(0.5 - 11.4)	285	0.3%	(0.1 - 1.0)	331
Race/Ethnicity									
Asian	-	-	22	-	-	7	-	-	15
Black*	1.7%	(0.5 - 5.6)	737	2.1%	(0.5 - 8.8)	369	1.2%	(0.3 - 4.3)	368
Hispanic/Latino	0.1%	(0.0 - 0.3)	157	0.2%	(0.1 - 0.5)	91	0.1%	(0.0 - 0.4)	66
White*	0.7%	(0.1 - 3.1)	594	1.3%	(0.2 - 6.8)	269	0.2%	(0.0 - 0.8)	325
Other/Multiple races	0.7%	(0.2 - 2.7)	196	0.1%	(0.0 - 0.3)	91	1.2%	(0.3 - 5.7)	105

Note: 17 students were excluded from this analysis.

*Non-Hispanic.

N = Number of students in this subgroup.

- = Fewer than 50 students in this subgroup.

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

Virginia Central Region - Middle School Survey

Summary Tables - Weighted Data

QN58: Currently used a heated tobacco product

	Percentage	Total 95% confidence interval	N	Percentage	Male 95% confidence interval	N	Percentage	Female 95% confidence interval	N
Overall	0.5%	(0.1 - 1.9)	1,757	0.7%	(0.1 - 3.8)	856	0.3%	(0.1 - 1.5)	901
Age									
11 years old or younger	0.1%	(0.0 - 0.7)	429	0.3%	(0.0 - 1.5)	196	0.0%	(0.0 - 0.1)	233
12 years old	0.0%	(0.0 - 0.1)	527	0.0%	(0.0 - 0.2)	286	0.0%	(0.0 - 0.2)	241
13 years old or older	1.1%	(0.3 - 4.1)	799	1.4%	(0.2 - 9.8)	372	0.8%	(0.2 - 3.5)	427
Grade									
6th grade	0.1%	(0.0 - 0.5)	614	0.2%	(0.0 - 1.1)	306	0.0%	(0.0 - 0.2)	308
7th grade	0.5%	(0.1 - 2.0)	522	0.1%	(0.0 - 0.2)	263	1.0%	(0.2 - 4.2)	259
8th grade	1.0%	(0.2 - 6.6)	617	1.9%	(0.2 - 13.7)	285	0.1%	(0.0 - 0.2)	332
Race/Ethnicity									
Asian	-	-	22	-	-	7	-	-	15
Black*	1.3%	(0.3 - 5.7)	739	1.5%	(0.2 - 10.0)	370	1.1%	(0.3 - 4.6)	369
Hispanic/Latino	0.0%	(0.0 - 0.2)	154	0.0%	(0.0 - 0.3)	90	0.1%	(0.0 - 0.4)	64
White*	0.1%	(0.0 - 0.5)	594	0.2%	(0.0 - 1.2)	269	0.0%	(0.0 - 0.1)	325
Other/Multiple races	0.0%	(0.0 - 0.1)	196	0.0%	(0.0 - 0.2)	91	0.0%	(0.0 - 0.2)	105

Note: 18 students were excluded from this analysis.

*Non-Hispanic.

N = Number of students in this subgroup.

- = Fewer than 50 students in this subgroup.

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

Virginia Central Region - Middle School Survey

Summary Tables - Weighted Data

QN59: Ever drank alcohol

	Percentage	Total 95% confidence interval	N	Percentage	Male 95% confidence interval	N	Percentage	Female 95% confidence interval	N
Overall	15.6%	(13.5 - 18.1)	1,758	14.2%	(11.3 - 17.7)	862	17.2%	(15.9 - 18.5)	896
Age									
11 years old or younger	11.7%	(8.2 - 16.4)	431	17.8%	(10.2 - 29.2)	198	7.0%	(4.6 - 10.5)	233
12 years old	14.6%	(13.6 - 15.6)	527	12.4%	(11.2 - 13.7)	289	17.6%	(14.7 - 21.0)	238
13 years old or older	19.6%	(15.8 - 24.1)	798	13.3%	(10.4 - 16.9)	373	26.7%	(20.3 - 34.1)	425
Grade									
6th grade	9.2%	(6.2 - 13.3)	617	11.9%	(7.5 - 18.6)	309	6.3%	(4.1 - 9.6)	308
7th grade	21.8%	(19.7 - 24.1)	522	21.3%	(18.5 - 24.3)	267	22.4%	(20.9 - 24.0)	255
8th grade	18.7%	(13.9 - 24.7)	615	10.3%	(7.1 - 14.7)	284	27.7%	(19.4 - 37.7)	331
Race/Ethnicity									
Asian	-	-	21	-	-	7	-	-	14
Black*	13.4%	(10.7 - 16.6)	740	11.0%	(9.9 - 12.3)	373	16.8%	(12.1 - 22.9)	367
Hispanic/Latino	18.2%	(12.0 - 26.5)	157	9.7%	(2.3 - 32.4)	92	30.0%	(26.7 - 33.5)	65
White*	14.3%	(13.2 - 15.3)	591	18.4%	(16.2 - 20.9)	270	10.7%	(9.6 - 12.0)	321
Other/Multiple races	22.5%	(16.4 - 30.1)	197	18.4%	(13.9 - 24.0)	91	26.3%	(16.8 - 38.7)	106

Note: 17 students were excluded from this analysis.

*Non-Hispanic.

N = Number of students in this subgroup.

- = Fewer than 50 students in this subgroup.

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

Virginia Central Region - Middle School Survey

Summary Tables - Weighted Data

QN60: Ever used marijuana

	Percentage	Total 95% confidence interval	N	Percentage	Male 95% confidence interval	N	Percentage	Female 95% confidence interval	N
Overall	3.4%	(2.3 - 5.0)	1,755	2.6%	(1.0 - 6.3)	857	4.2%	(3.9 - 4.5)	898
Age									
11 years old or younger	0.2%	(0.1 - 0.4)	427	0.2%	(0.1 - 0.4)	195	0.2%	(0.0 - 0.7)	232
12 years old	2.8%	(1.0 - 7.4)	528	4.1%	(1.4 - 11.4)	289	1.0%	(0.3 - 2.9)	239
13 years old or older	6.4%	(5.7 - 7.1)	798	2.9%	(1.1 - 7.5)	371	10.1%	(7.8 - 12.9)	427
Grade									
6th grade	0.6%	(0.1 - 3.1)	612	0.9%	(0.1 - 5.7)	306	0.2%	(0.1 - 0.6)	306
7th grade	4.9%	(3.1 - 7.5)	520	3.8%	(1.4 - 10.2)	264	6.0%	(5.7 - 6.3)	256
8th grade	5.9%	(4.9 - 7.1)	619	3.6%	(1.2 - 10.3)	285	8.3%	(6.0 - 11.3)	334
Race/Ethnicity									
Asian	-	-	22	-	-	7	-	-	15
Black*	4.9%	(3.8 - 6.4)	738	4.2%	(1.7 - 9.9)	370	5.9%	(3.8 - 9.1)	368
Hispanic/Latino	7.1%	(2.8 - 16.9)	155	0.0%	-	90	16.6%	(7.7 - 32.2)	65
White*	0.8%	(0.4 - 1.5)	594	0.6%	(0.1 - 2.7)	270	1.0%	(0.9 - 1.2)	324
Other/Multiple races	5.7%	(1.7 - 17.4)	194	8.9%	(2.2 - 29.9)	91	2.5%	(1.9 - 3.4)	103

Note: 20 students were excluded from this analysis.

*Non-Hispanic.

N = Number of students in this subgroup.

- = Fewer than 50 students in this subgroup.

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

Virginia Central Region - Middle School Survey

Summary Tables - Weighted Data

QN61: Currently used marijuana

	Percentage	Total 95% confidence interval	N	Percentage	Male 95% confidence interval	N	Percentage	Female 95% confidence interval	N
Overall	1.0%	(0.5 - 2.0)	1,754	0.1%	(0.1 - 0.3)	854	1.8%	(0.8 - 3.9)	900
Age									
11 years old or younger	0.1%	(0.0 - 0.3)	425	0.0%	(0.0 - 0.1)	193	0.1%	(0.0 - 0.7)	232
12 years old	0.4%	(0.1 - 1.4)	531	0.1%	(0.0 - 0.2)	289	0.9%	(0.3 - 3.0)	242
13 years old or older	2.1%	(1.1 - 3.7)	796	0.3%	(0.1 - 0.7)	370	4.0%	(2.3 - 6.9)	426
Grade									
6th grade	0.1%	(0.0 - 0.3)	610	0.0%	(0.0 - 0.2)	304	0.1%	(0.0 - 0.5)	306
7th grade	0.9%	(0.2 - 3.1)	522	0.1%	(0.0 - 0.2)	263	1.7%	(0.4 - 6.3)	259
8th grade	2.3%	(1.1 - 4.6)	618	0.3%	(0.1 - 1.0)	285	4.3%	(2.1 - 8.8)	333
Race/Ethnicity									
Asian	-	-	22	-	-	7	-	-	15
Black*	1.1%	(0.6 - 1.8)	738	0.1%	(0.1 - 0.3)	369	2.4%	(1.3 - 4.3)	369
Hispanic/Latino	2.6%	(0.4 - 15.5)	154	0.0%	-	90	6.0%	(1.0 - 28.3)	64
White*	0.6%	(0.5 - 0.7)	592	0.2%	(0.1 - 0.8)	268	0.9%	(0.7 - 1.0)	324
Other/Multiple races	0.5%	(0.1 - 1.4)	196	0.1%	(0.0 - 0.3)	91	0.8%	(0.2 - 3.0)	105

Note: 21 students were excluded from this analysis.

*Non-Hispanic.

N = Number of students in this subgroup.

- = Fewer than 50 students in this subgroup.

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

Virginia Central Region - Middle School Survey

Summary Tables - Weighted Data

QN62: Have ever taken an over-the-counter drug to get high

	Percentage	Total 95% confidence interval	N	Percentage	Male 95% confidence interval	N	Percentage	Female 95% confidence interval	N
Overall	0.8%	(0.4 - 1.7)	1,753	0.7%	(0.6 - 0.8)	850	1.0%	(0.3 - 3.5)	903
Age									
11 years old or younger	0.1%	(0.0 - 0.6)	427	0.0%	(0.0 - 0.2)	195	0.2%	(0.0 - 1.3)	232
12 years old	1.5%	(1.3 - 1.8)	522	2.1%	(1.8 - 2.5)	282	0.7%	(0.2 - 3.4)	240
13 years old or older	0.9%	(0.1 - 5.9)	802	0.0%	(0.0 - 0.1)	371	1.9%	(0.2 - 12.7)	431
Grade									
6th grade	0.1%	(0.0 - 0.5)	606	0.0%	(0.0 - 0.1)	299	0.2%	(0.0 - 1.0)	307
7th grade	1.5%	(1.4 - 1.6)	523	2.3%	(1.5 - 3.6)	264	0.6%	(0.2 - 2.4)	259
8th grade	1.2%	(0.2 - 8.1)	620	0.0%	(0.0 - 0.0)	285	2.4%	(0.3 - 16.7)	335
Race/Ethnicity									
Asian	-	-	22	-	-	7	-	-	15
Black*	1.0%	(0.2 - 5.8)	736	0.0%	(0.0 - 0.1)	368	2.5%	(0.5 - 11.0)	368
Hispanic/Latino	0.7%	(0.1 - 4.0)	153	0.0%	(0.0 - 0.2)	87	1.6%	(0.3 - 9.0)	66
White*	0.9%	(0.8 - 1.0)	593	1.9%	(1.7 - 2.1)	268	0.0%	(0.0 - 0.1)	325
Other/Multiple races	0.6%	(0.1 - 3.0)	197	0.0%	(0.0 - 0.2)	91	1.2%	(0.2 - 5.9)	106

Note: 22 students were excluded from this analysis.

*Non-Hispanic.

N = Number of students in this subgroup.

- = Fewer than 50 students in this subgroup.

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

Virginia Central Region - Middle School Survey

Summary Tables - Weighted Data

QN63: Were offered, sold, or given an illegal drug on school property

	Percentage	Total 95% confidence interval	N	Percentage	Male 95% confidence interval	N	Percentage	Female 95% confidence interval	N
Overall	0.5%	(0.2 - 1.3)	1,752	0.1%	(0.0 - 0.1)	851	0.9%	(0.3 - 2.6)	901
Age									
11 years old or younger	0.0%	(0.0 - 0.1)	427	0.0%	(0.0 - 0.2)	194	0.0%	(0.0 - 0.1)	233
12 years old	0.6%	(0.1 - 2.3)	525	0.1%	(0.0 - 0.3)	285	1.2%	(0.3 - 5.1)	240
13 years old or older	0.8%	(0.4 - 1.7)	798	0.1%	(0.0 - 0.2)	370	1.6%	(0.8 - 3.2)	428
Grade									
6th grade	0.0%	(0.0 - 0.1)	611	0.0%	(0.0 - 0.2)	304	0.0%	(0.0 - 0.1)	307
7th grade	1.0%	(0.3 - 3.6)	521	0.1%	(0.0 - 0.3)	262	1.9%	(0.5 - 7.4)	259
8th grade	0.7%	(0.5 - 0.8)	616	0.1%	(0.0 - 0.2)	283	1.2%	(1.1 - 1.5)	333
Race/Ethnicity									
Asian	-	-	22	-	-	7	-	-	15
Black*	0.9%	(0.5 - 1.6)	739	0.1%	(0.0 - 0.3)	371	1.9%	(1.0 - 3.8)	368
Hispanic/Latino	0.8%	(0.2 - 3.7)	155	0.1%	(0.0 - 0.4)	89	1.6%	(0.3 - 8.7)	66
White*	0.1%	(0.0 - 0.4)	589	0.0%	(0.0 - 0.1)	265	0.2%	(0.0 - 0.7)	324
Other/Multiple races	0.9%	(0.2 - 4.5)	195	0.0%	-	90	1.8%	(0.3 - 8.7)	105

Note: 23 students were excluded from this analysis.

*Non-Hispanic.

N = Number of students in this subgroup.

- = Fewer than 50 students in this subgroup.

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

Virginia Central Region - Middle School Survey

Summary Tables - Weighted Data

QN64: Did not eat fruit

	Percentage	Total 95% confidence interval	N	Percentage	Male 95% confidence interval	N	Percentage	Female 95% confidence interval	N
Overall	15.5%	(13.1 - 18.3)	1,759	16.0%	(12.1 - 21.0)	857	15.0%	(11.1 - 19.9)	902
Age									
11 years old or younger	11.5%	(8.5 - 15.5)	430	9.7%	(8.4 - 11.1)	196	13.0%	(7.9 - 20.7)	234
12 years old	15.6%	(10.2 - 23.1)	522	20.9%	(15.8 - 27.0)	284	8.3%	(2.4 - 24.5)	238
13 years old or older	18.5%	(15.7 - 21.7)	805	16.2%	(10.7 - 23.8)	375	21.0%	(18.9 - 23.2)	430
Grade									
6th grade	12.0%	(10.5 - 13.7)	611	12.3%	(8.4 - 17.6)	304	11.7%	(7.5 - 17.8)	307
7th grade	21.1%	(17.6 - 25.2)	523	22.7%	(22.4 - 23.0)	264	19.5%	(12.6 - 28.9)	259
8th grade	14.9%	(12.0 - 18.3)	621	14.7%	(7.8 - 26.0)	287	15.0%	(12.2 - 18.3)	334
Race/Ethnicity									
Asian	-	-	22	-	-	7	-	-	15
Black*	27.0%	(25.2 - 28.9)	742	26.0%	(19.4 - 33.7)	373	28.6%	(17.6 - 42.8)	369
Hispanic/Latino	8.8%	(5.2 - 14.4)	158	7.9%	(2.8 - 20.2)	92	10.1%	(8.2 - 12.3)	66
White*	8.7%	(6.4 - 11.7)	591	9.1%	(6.6 - 12.3)	266	8.4%	(6.1 - 11.4)	325
Other/Multiple races	16.6%	(10.8 - 24.6)	196	24.5%	(19.2 - 30.8)	90	9.2%	(1.7 - 37.6)	106

Note: 16 students were excluded from this analysis.

*Non-Hispanic.

N = Number of students in this subgroup.

- = Fewer than 50 students in this subgroup.

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

Virginia Central Region - Middle School Survey

Summary Tables - Weighted Data

QN65: Did not eat vegetables

	Percentage	Total 95% confidence interval	N	Percentage	Male 95% confidence interval	N	Percentage	Female 95% confidence interval	N
Overall	14.0%	(10.0 - 19.1)	1,753	15.8%	(10.3 - 23.4)	855	12.1%	(9.4 - 15.4)	898
Age									
11 years old or younger	14.6%	(8.8 - 23.1)	427	19.0%	(9.4 - 34.4)	196	11.2%	(7.3 - 16.7)	231
12 years old	14.3%	(9.7 - 20.5)	521	17.2%	(12.8 - 22.7)	283	10.3%	(4.9 - 20.2)	238
13 years old or older	13.3%	(9.8 - 17.8)	803	12.6%	(8.4 - 18.4)	374	14.0%	(11.0 - 17.7)	429
Grade									
6th grade	14.8%	(9.2 - 23.0)	607	18.3%	(9.6 - 32.2)	303	11.2%	(7.8 - 16.0)	304
7th grade	14.0%	(7.9 - 23.8)	523	13.5%	(8.8 - 20.1)	264	14.6%	(7.0 - 27.9)	259
8th grade	12.7%	(10.7 - 14.9)	619	14.6%	(10.6 - 19.6)	286	10.7%	(10.1 - 11.3)	333
Race/Ethnicity									
Asian	-	-	22	-	-	7	-	-	15
Black*	15.6%	(10.3 - 22.9)	740	13.4%	(7.1 - 24.0)	372	18.6%	(15.5 - 22.2)	368
Hispanic/Latino	20.7%	(8.8 - 41.6)	155	30.2%	(14.8 - 51.9)	91	7.5%	(2.5 - 20.3)	64
White*	9.3%	(8.0 - 10.8)	591	9.5%	(7.2 - 12.3)	267	9.2%	(8.2 - 10.3)	324
Other/Multiple races	9.8%	(5.5 - 16.9)	196	11.6%	(8.2 - 16.3)	90	8.1%	(2.6 - 22.0)	106

Note: 22 students were excluded from this analysis.

*Non-Hispanic.

N = Number of students in this subgroup.

- = Fewer than 50 students in this subgroup.

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

Virginia Central Region - Middle School Survey

Summary Tables - Weighted Data

QN66: ate at least one meal or snack from a fast food restaurant or convenience stores

	Percentage	Total 95% confidence interval	N	Percentage	Male 95% confidence interval	N	Percentage	Female 95% confidence interval	N
Overall	79.1%	(73.6 - 83.7)	1,755	81.2%	(73.2 - 87.2)	858	76.9%	(73.1 - 80.4)	897
Age									
11 years old or younger	78.3%	(67.6 - 86.3)	426	77.0%	(66.5 - 85.0)	194	79.4%	(68.6 - 87.1)	232
12 years old	81.7%	(78.7 - 84.3)	525	89.9%	(84.7 - 93.4)	287	70.2%	(68.9 - 71.5)	238
13 years old or older	77.9%	(72.9 - 82.3)	802	77.1%	(66.2 - 85.2)	375	78.9%	(77.7 - 80.0)	427
Grade									
6th grade	81.8%	(73.8 - 87.8)	609	84.8%	(76.2 - 90.7)	304	78.7%	(69.0 - 86.0)	305
7th grade	75.1%	(74.3 - 75.9)	523	78.5%	(76.4 - 80.3)	265	71.5%	(69.9 - 73.1)	258
8th grade	79.4%	(72.9 - 84.7)	619	79.0%	(63.0 - 89.2)	287	79.9%	(77.2 - 82.4)	332
Race/Ethnicity									
Asian	-	-	21	-	-	7	-	-	14
Black*	83.2%	(75.3 - 88.9)	736	80.3%	(70.7 - 87.3)	371	87.3%	(81.4 - 91.5)	365
Hispanic/Latino	82.4%	(69.0 - 90.8)	158	92.5%	(72.8 - 98.3)	92	68.3%	(62.2 - 73.8)	66
White*	72.7%	(71.8 - 73.5)	594	78.1%	(78.0 - 78.3)	269	68.0%	(66.4 - 69.6)	325
Other/Multiple races	91.6%	(84.7 - 95.5)	196	90.7%	(85.3 - 94.3)	90	92.4%	(83.1 - 96.8)	106

Note: 20 students were excluded from this analysis.

*Non-Hispanic.

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- = Fewer than 50 students in this subgroup.

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

Virginia Central Region - Middle School Survey

Summary Tables - Weighted Data

QN67: most of the time or always went hungry because there was not enough food in their home

	Percentage	Total 95% confidence interval	N	Percentage	Male 95% confidence interval	N	Percentage	Female 95% confidence interval	N
Overall	4.8%	(3.6 - 6.4)	1,755	6.4%	(5.2 - 7.8)	860	3.1%	(1.9 - 5.3)	895
Age									
11 years old or younger	5.4%	(2.2 - 12.7)	427	7.4%	(3.1 - 16.7)	196	3.8%	(1.2 - 11.5)	231
12 years old	4.7%	(3.9 - 5.7)	524	4.5%	(3.7 - 5.4)	287	5.1%	(4.1 - 6.3)	237
13 years old or older	4.4%	(3.5 - 5.6)	802	7.2%	(5.9 - 8.8)	375	1.4%	(1.0 - 1.9)	427
Grade									
6th grade	4.2%	(1.6 - 10.2)	610	4.9%	(2.1 - 10.8)	306	3.4%	(1.0 - 10.5)	304
7th grade	9.3%	(6.0 - 14.2)	522	14.0%	(8.9 - 21.4)	265	4.2%	(2.9 - 6.0)	257
8th grade	1.2%	(0.7 - 2.1)	619	0.7%	(0.1 - 4.1)	287	1.8%	(1.4 - 2.2)	332
Race/Ethnicity									
Asian	-	-	22	-	-	7	-	-	15
Black*	6.4%	(4.4 - 9.1)	736	7.1%	(5.8 - 8.6)	373	5.3%	(1.9 - 13.8)	363
Hispanic/Latino	3.6%	(0.7 - 15.8)	158	6.0%	(1.4 - 22.9)	92	0.1%	(0.0 - 0.4)	66
White*	2.5%	(2.4 - 2.7)	593	4.4%	(4.0 - 4.9)	269	1.0%	(0.6 - 1.4)	324
Other/Multiple races	14.9%	(11.1 - 19.8)	196	13.2%	(8.8 - 19.4)	90	16.6%	(12.7 - 21.3)	106

Note: 20 students were excluded from this analysis.

*Non-Hispanic.

N = Number of students in this subgroup.

- = Fewer than 50 students in this subgroup.

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

Virginia Central Region - Middle School Survey

Summary Tables - Weighted Data

QN68: Ate dinner at home with at least one of their parents or guardians on four or more days

	Percentage	Total 95% confidence interval	N	Percentage	Male 95% confidence interval	N	Percentage	Female 95% confidence interval	N
Overall	83.1%	(79.4 - 86.3)	1,746	82.0%	(75.5 - 87.1)	855	84.3%	(79.7 - 88.0)	891
Age									
11 years old or younger	92.0%	(84.7 - 96.0)	426	89.0%	(75.0 - 95.6)	194	94.3%	(88.9 - 97.1)	232
12 years old	84.2%	(79.3 - 88.2)	522	85.6%	(79.0 - 90.3)	285	82.4%	(78.9 - 85.4)	237
13 years old or older	75.4%	(72.4 - 78.2)	796	74.6%	(69.1 - 79.4)	374	76.2%	(74.1 - 78.3)	422
Grade									
6th grade	90.1%	(83.0 - 94.5)	608	88.1%	(74.7 - 94.9)	303	92.3%	(87.9 - 95.2)	305
7th grade	82.7%	(79.3 - 85.7)	520	80.0%	(79.3 - 80.7)	263	85.6%	(78.5 - 90.6)	257
8th grade	73.7%	(69.8 - 77.3)	614	75.5%	(67.7 - 81.9)	287	71.8%	(70.4 - 73.1)	327
Race/Ethnicity									
Asian	-	-	22	-	-	7	-	-	15
Black*	79.4%	(72.3 - 85.0)	733	76.4%	(68.2 - 83.0)	371	83.7%	(70.8 - 91.6)	362
Hispanic/Latino	71.2%	(62.7 - 78.3)	157	79.9%	(64.1 - 89.9)	92	59.0%	(53.5 - 64.3)	65
White*	91.5%	(89.5 - 93.1)	592	90.2%	(85.6 - 93.4)	269	92.6%	(91.1 - 93.8)	323
Other/Multiple races	74.6%	(67.7 - 80.5)	195	78.7%	(66.5 - 87.2)	89	70.8%	(61.0 - 79.0)	106

Note: 29 students were excluded from this analysis.

*Non-Hispanic.

N = Number of students in this subgroup.

- = Fewer than 50 students in this subgroup.

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

Virginia Central Region - Middle School Survey

Summary Tables - Weighted Data

QN69: Have ever been told by a doctor or a nurse that they have asthma

	Percentage	Total 95% confidence interval	N	Percentage	Male 95% confidence interval	N	Percentage	Female 95% confidence interval	N
Overall	18.5%	(13.6 - 24.8)	1,750	19.1%	(15.1 - 23.7)	857	18.0%	(11.9 - 26.3)	893
Age									
11 years old or younger	15.6%	(8.5 - 26.8)	428	10.2%	(7.6 - 13.5)	196	19.8%	(10.1 - 35.2)	232
12 years old	15.7%	(10.9 - 22.1)	523	23.6%	(16.8 - 32.2)	286	4.6%	(1.8 - 11.5)	237
13 years old or older	22.9%	(18.2 - 28.4)	797	21.3%	(17.8 - 25.4)	373	24.7%	(18.4 - 32.2)	424
Grade									
6th grade	16.6%	(9.4 - 27.6)	610	15.2%	(9.5 - 23.5)	305	18.0%	(9.0 - 32.8)	305
7th grade	19.0%	(14.6 - 24.3)	520	28.7%	(22.7 - 35.7)	264	8.6%	(5.6 - 13.0)	256
8th grade	20.9%	(15.0 - 28.3)	616	14.7%	(10.0 - 21.2)	286	27.4%	(19.6 - 36.9)	330
Race/Ethnicity									
Asian	-	-	22	-	-	7	-	-	15
Black*	30.9%	(25.2 - 37.3)	733	26.9%	(21.0 - 33.8)	371	36.8%	(20.0 - 57.5)	362
Hispanic/Latino	15.5%	(8.8 - 25.9)	158	20.2%	(9.8 - 37.0)	92	9.1%	(5.9 - 13.7)	66
White*	10.5%	(9.1 - 12.2)	591	10.8%	(7.0 - 16.2)	268	10.3%	(9.1 - 11.7)	323
Other/Multiple races	17.3%	(8.9 - 31.0)	196	21.6%	(11.7 - 36.4)	90	13.3%	(5.1 - 30.5)	106

Note: 25 students were excluded from this analysis.

*Non-Hispanic.

N = Number of students in this subgroup.

- = Fewer than 50 students in this subgroup.

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

Virginia Central Region - Middle School Survey

Summary Tables - Weighted Data

QN70: Saw a dentist

	Percentage	Total 95% confidence interval	N	Percentage	Male 95% confidence interval	N	Percentage	Female 95% confidence interval	N
Overall	71.4%	(64.5 - 77.3)	1,750	70.4%	(66.4 - 74.1)	856	72.3%	(61.0 - 81.4)	894
Age									
11 years old or younger	69.6%	(60.0 - 77.7)	427	69.5%	(59.1 - 78.3)	196	69.6%	(53.7 - 81.9)	231
12 years old	81.9%	(71.5 - 89.1)	522	79.1%	(67.6 - 87.3)	285	85.8%	(66.3 - 94.9)	237
13 years old or older	65.2%	(61.9 - 68.4)	799	64.0%	(59.8 - 68.1)	373	66.5%	(55.8 - 75.8)	426
Grade									
6th grade	70.1%	(58.9 - 79.3)	608	69.0%	(58.8 - 77.6)	304	71.2%	(56.4 - 82.6)	304
7th grade	79.6%	(68.8 - 87.3)	521	83.3%	(75.2 - 89.1)	265	75.6%	(62.2 - 85.3)	256
8th grade	64.8%	(60.2 - 69.2)	617	59.1%	(53.2 - 64.7)	285	70.7%	(54.9 - 82.7)	332
Race/Ethnicity									
Asian	-	-	22	-	-	7	-	-	15
Black*	55.6%	(49.9 - 61.2)	734	62.5%	(59.0 - 65.8)	372	45.6%	(35.3 - 56.2)	362
Hispanic/Latino	63.5%	(61.6 - 65.5)	157	56.6%	(53.7 - 59.5)	91	72.9%	(68.4 - 77.0)	66
White*	85.7%	(79.7 - 90.2)	592	83.0%	(76.3 - 88.2)	267	88.0%	(82.4 - 92.0)	325
Other/Multiple races	79.1%	(58.1 - 91.2)	196	77.3%	(50.1 - 92.1)	90	80.8%	(52.9 - 94.0)	106

Note: 25 students were excluded from this analysis.

*Non-Hispanic.

N = Number of students in this subgroup.

- = Fewer than 50 students in this subgroup.

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

Virginia Central Region - Middle School Survey

Summary Tables - Weighted Data

QN71: most of the time or always have their teeth or mouth been painful or sore

	Percentage	Total 95% confidence interval	N	Percentage	Male 95% confidence interval	N	Percentage	Female 95% confidence interval	N
Overall	2.6%	(1.9 - 3.7)	1,754	3.2%	(1.9 - 5.3)	859	2.0%	(1.6 - 2.5)	895
Age									
11 years old or younger	2.8%	(1.6 - 4.9)	428	1.0%	(0.2 - 5.1)	196	4.3%	(2.5 - 7.2)	232
12 years old	0.4%	(0.1 - 1.5)	524	0.6%	(0.1 - 3.0)	287	0.1%	(0.1 - 0.3)	237
13 years old or older	4.0%	(3.2 - 4.9)	800	6.6%	(4.2 - 10.3)	374	1.1%	(0.3 - 3.6)	426
Grade									
6th grade	2.4%	(1.2 - 4.9)	611	1.1%	(0.2 - 6.8)	306	3.8%	(2.3 - 6.1)	305
7th grade	3.8%	(3.2 - 4.5)	522	7.2%	(6.2 - 8.2)	265	0.2%	(0.1 - 0.4)	257
8th grade	1.7%	(0.9 - 3.4)	617	2.0%	(0.3 - 12.7)	286	1.4%	(0.4 - 5.2)	331
Race/Ethnicity									
Asian	-	-	22	-	-	7	-	-	15
Black*	3.9%	(1.8 - 8.0)	734	5.4%	(2.8 - 10.2)	372	1.5%	(0.4 - 5.4)	362
Hispanic/Latino	0.8%	(0.1 - 4.1)	158	1.4%	(0.2 - 7.2)	92	0.0%	-	66
White*	2.2%	(1.9 - 2.5)	594	2.3%	(2.1 - 2.6)	269	2.0%	(1.7 - 2.3)	325
Other/Multiple races	6.2%	(3.0 - 12.2)	196	0.1%	(0.0 - 0.2)	90	11.8%	(6.8 - 19.8)	106

Note: 21 students were excluded from this analysis.

*Non-Hispanic.

N = Number of students in this subgroup.

- = Fewer than 50 students in this subgroup.

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS
Virginia Central Region - Middle School Survey
Summary Tables - Weighted Data

QN72: Were most of the time or always self-conscious or embarrassed because of their teeth or mouth

	Percentage	Total 95% confidence interval	N	Percentage	Male 95% confidence interval	N	Percentage	Female 95% confidence interval	N
Overall	5.0%	(3.2 - 7.7)	1,499	3.9%	(1.7 - 8.6)	747	6.3%	(4.2 - 9.2)	752
Age									
11 years old or younger	6.7%	(3.1 - 14.1)	365	6.0%	(0.8 - 34.8)	171	7.3%	(2.8 - 17.6)	194
12 years old	1.4%	(0.7 - 3.1)	449	2.0%	(0.9 - 4.6)	249	0.7%	(0.3 - 1.5)	200
13 years old or older	6.4%	(4.7 - 8.6)	683	4.0%	(3.6 - 4.5)	325	9.3%	(5.7 - 14.8)	358
Grade									
6th grade	5.1%	(2.4 - 10.6)	529	4.0%	(0.6 - 23.9)	271	6.4%	(2.5 - 15.1)	258
7th grade	5.8%	(5.7 - 6.0)	450	5.2%	(5.1 - 5.3)	226	6.5%	(6.3 - 6.7)	224
8th grade	4.0%	(2.2 - 7.2)	516	2.4%	(2.2 - 2.6)	248	5.9%	(2.3 - 14.0)	268
Race/Ethnicity									
Asian	-	-	19	-	-	7	-	-	12
Black*	2.8%	(1.2 - 6.2)	653	0.9%	(0.2 - 4.3)	337	6.1%	(1.1 - 26.6)	316
Hispanic/Latino	14.5%	(7.4 - 26.4)	130	12.4%	(5.2 - 26.5)	74	17.1%	(9.9 - 28.1)	56
White*	3.7%	(2.6 - 5.3)	487	4.2%	(2.0 - 8.5)	228	3.3%	(3.0 - 3.6)	259
Other/Multiple races	8.8%	(8.4 - 9.2)	168	0.0%	-	79	16.2%	(14.0 - 18.6)	89

Note: 276 students were excluded from this analysis.

*Non-Hispanic.

N = Number of students in this subgroup.

- = Fewer than 50 students in this subgroup.

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

Virginia Central Region - Middle School Survey

Summary Tables - Weighted Data

QN73: strongly agree or agree that they feel good about themselves

	Percentage	Total 95% confidence interval	N	Percentage	Male 95% confidence interval	N	Percentage	Female 95% confidence interval	N
Overall	64.3%	(61.1 - 67.4)	1,739	80.4%	(75.6 - 84.5)	854	47.3%	(43.8 - 50.8)	885
Age									
11 years old or younger	65.5%	(58.1 - 72.2)	425	79.0%	(68.2 - 86.8)	195	54.9%	(45.8 - 63.8)	230
12 years old	68.3%	(65.0 - 71.4)	517	79.3%	(73.8 - 83.8)	284	52.9%	(51.9 - 53.8)	233
13 years old or older	60.7%	(59.1 - 62.3)	795	82.4%	(80.1 - 84.5)	373	36.8%	(34.3 - 39.5)	422
Grade									
6th grade	67.7%	(59.5 - 75.0)	604	78.6%	(68.8 - 85.9)	303	56.3%	(48.7 - 63.7)	301
7th grade	65.5%	(63.0 - 67.8)	514	86.2%	(82.2 - 89.5)	263	43.3%	(42.4 - 44.3)	251
8th grade	58.3%	(57.1 - 59.6)	617	76.9%	(74.2 - 79.4)	286	38.8%	(34.4 - 43.3)	331
Race/Ethnicity									
Asian	-	-	22	-	-	7	-	-	15
Black*	71.6%	(65.6 - 76.8)	729	84.0%	(80.5 - 87.1)	370	53.3%	(43.9 - 62.5)	359
Hispanic/Latino	51.7%	(42.5 - 60.7)	158	68.9%	(61.8 - 75.3)	92	27.6%	(11.6 - 52.8)	66
White*	67.3%	(63.2 - 71.1)	585	83.7%	(77.9 - 88.2)	266	53.5%	(50.7 - 56.4)	319
Other/Multiple races	64.2%	(59.2 - 69.0)	196	80.1%	(70.0 - 87.4)	90	49.5%	(39.7 - 59.3)	106

Note: 36 students were excluded from this analysis.

*Non-Hispanic.

N = Number of students in this subgroup.

- = Fewer than 50 students in this subgroup.

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

Virginia Central Region - Middle School Survey

Summary Tables - Weighted Data

QN74: most of the time or always get the kind of help they need

	Percentage	Total 95% confidence interval	N	Percentage	Male 95% confidence interval	N	Percentage	Female 95% confidence interval	N
Overall	34.5%	(31.1 - 38.1)	1,371	28.8%	(26.5 - 31.2)	604	39.6%	(33.5 - 46.0)	767
Age									
11 years old or younger	40.1%	(33.3 - 47.4)	345	31.2%	(30.0 - 32.4)	148	46.8%	(34.2 - 59.8)	197
12 years old	42.5%	(40.3 - 44.7)	381	32.6%	(24.2 - 42.3)	190	53.4%	(46.0 - 60.7)	191
13 years old or older	23.6%	(18.8 - 29.1)	643	23.7%	(16.0 - 33.5)	264	23.5%	(21.5 - 25.6)	379
Grade									
6th grade	39.0%	(35.9 - 42.3)	463	30.5%	(25.3 - 36.2)	220	47.4%	(35.6 - 59.5)	243
7th grade	31.2%	(27.7 - 35.0)	411	21.1%	(20.3 - 22.0)	186	39.7%	(32.5 - 47.4)	225
8th grade	30.8%	(23.7 - 38.9)	493	34.2%	(21.5 - 49.6)	196	28.0%	(25.2 - 31.0)	297
Race/Ethnicity									
Asian	-	-	22	-	-	7	-	-	15
Black*	24.2%	(23.6 - 24.9)	534	16.5%	(10.7 - 24.6)	237	32.7%	(22.9 - 44.3)	297
Hispanic/Latino	38.8%	(21.1 - 60.0)	129	38.2%	(27.0 - 50.9)	68	39.5%	(15.5 - 69.9)	61
White*	41.5%	(38.5 - 44.7)	488	36.3%	(33.6 - 39.1)	201	45.6%	(41.6 - 49.7)	287
Other/Multiple races	28.5%	(18.5 - 41.3)	157	23.0%	(12.1 - 39.3)	68	33.5%	(23.2 - 45.7)	89

Note: 404 students were excluded from this analysis.

*Non-Hispanic.

N = Number of students in this subgroup.

- = Fewer than 50 students in this subgroup.

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

Virginia Central Region - Middle School Survey

Summary Tables - Weighted Data

QN75: Reported that an adult in their household most of the time or always tried hard to make sure their basic needs were met

	Percentage	Total 95% confidence interval	N	Percentage	Male 95% confidence interval	N	Percentage	Female 95% confidence interval	N
Overall	92.1%	(90.5 - 93.5)	1,733	88.0%	(83.2 - 91.5)	850	96.4%	(93.6 - 98.0)	883
Age									
11 years old or younger	93.3%	(92.2 - 94.2)	422	87.5%	(85.4 - 89.4)	192	97.8%	(95.9 - 98.8)	230
12 years old	92.1%	(89.3 - 94.2)	520	88.9%	(84.5 - 92.2)	284	96.3%	(95.0 - 97.2)	236
13 years old or older	91.2%	(88.3 - 93.4)	789	87.6%	(79.5 - 92.7)	372	95.2%	(91.5 - 97.3)	417
Grade									
6th grade	91.0%	(88.8 - 92.8)	602	84.4%	(79.4 - 88.3)	300	98.0%	(96.4 - 98.9)	302
7th grade	92.2%	(91.7 - 92.6)	516	88.8%	(85.0 - 91.7)	263	95.6%	(92.4 - 97.4)	253
8th grade	93.8%	(89.4 - 96.4)	611	92.6%	(76.3 - 98.0)	285	95.0%	(90.6 - 97.4)	326
Race/Ethnicity									
Asian	-	-	22	-	-	7	-	-	15
Black*	89.4%	(85.5 - 92.3)	720	85.2%	(82.8 - 87.3)	366	95.4%	(88.0 - 98.3)	354
Hispanic/Latino	88.4%	(75.4 - 95.0)	156	83.4%	(52.0 - 95.9)	91	95.2%	(69.8 - 99.4)	65
White*	94.6%	(92.8 - 96.0)	591	92.1%	(87.4 - 95.1)	268	96.8%	(96.5 - 97.0)	323
Other/Multiple races	90.1%	(79.1 - 95.6)	195	82.4%	(66.8 - 91.6)	89	97.0%	(86.4 - 99.4)	106

Note: 42 students were excluded from this analysis.

*Non-Hispanic.

N = Number of students in this subgroup.

- = Fewer than 50 students in this subgroup.

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

Virginia Central Region - Middle School Survey

Summary Tables - Weighted Data

QN76: most of the time or always feel safe and secure in their neighborhood

	Percentage	Total 95% confidence interval	N	Percentage	Male 95% confidence interval	N	Percentage	Female 95% confidence interval	N
Overall	91.0%	(88.3 - 93.2)	1,744	92.6%	(90.3 - 94.4)	854	89.4%	(86.3 - 91.8)	890
Age									
11 years old or younger	93.3%	(88.9 - 96.0)	427	97.1%	(90.6 - 99.1)	196	90.2%	(82.5 - 94.8)	231
12 years old	87.3%	(82.5 - 91.0)	524	84.9%	(78.7 - 89.6)	285	90.5%	(86.7 - 93.3)	239
13 years old or older	91.9%	(91.0 - 92.6)	791	95.4%	(94.3 - 96.4)	371	87.9%	(86.5 - 89.2)	420
Grade									
6th grade	91.7%	(86.6 - 95.0)	612	92.2%	(88.1 - 94.9)	306	91.2%	(84.3 - 95.3)	306
7th grade	89.1%	(86.7 - 91.1)	514	91.5%	(88.8 - 93.6)	261	86.7%	(84.3 - 88.7)	253
8th grade	92.0%	(89.9 - 93.7)	614	94.3%	(92.7 - 95.6)	285	89.6%	(86.5 - 92.0)	329
Race/Ethnicity									
Asian	-	-	22	-	-	7	-	-	15
Black*	92.2%	(83.9 - 96.4)	726	96.6%	(91.3 - 98.7)	368	86.1%	(75.3 - 92.6)	358
Hispanic/Latino	82.5%	(77.9 - 86.3)	157	88.4%	(81.5 - 92.9)	91	74.6%	(60.7 - 84.8)	66
White*	93.2%	(92.2 - 94.0)	591	91.7%	(90.3 - 92.9)	269	94.4%	(92.6 - 95.9)	322
Other/Multiple races	92.0%	(78.8 - 97.3)	196	89.3%	(70.0 - 96.8)	90	94.6%	(83.6 - 98.3)	106

Note: 31 students were excluded from this analysis.

*Non-Hispanic.

N = Number of students in this subgroup.

- = Fewer than 50 students in this subgroup.

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

Virginia Central Region - Middle School Survey

Summary Tables - Weighted Data

QN77: most of the time or always feel safe and secure at school

	Percentage	Total 95% confidence interval	N	Percentage	Male 95% confidence interval	N	Percentage	Female 95% confidence interval	N
Overall	71.4%	(64.2 - 77.6)	1,742	73.0%	(66.5 - 78.6)	853	69.7%	(61.1 - 77.2)	889
Age									
11 years old or younger	65.5%	(56.2 - 73.7)	425	62.9%	(55.5 - 69.8)	195	67.4%	(55.6 - 77.4)	230
12 years old	78.6%	(75.1 - 81.7)	523	77.8%	(75.8 - 79.7)	285	79.5%	(71.2 - 85.9)	238
13 years old or older	71.2%	(63.1 - 78.2)	792	76.2%	(66.7 - 83.7)	371	65.8%	(58.0 - 72.7)	421
Grade									
6th grade	69.1%	(61.1 - 76.0)	610	68.6%	(62.6 - 74.0)	305	69.6%	(58.6 - 78.7)	305
7th grade	77.1%	(70.2 - 82.7)	517	78.5%	(76.0 - 80.8)	262	75.7%	(64.2 - 84.4)	255
8th grade	69.3%	(57.9 - 78.7)	611	74.2%	(60.8 - 84.3)	284	64.0%	(53.7 - 73.2)	327
Race/Ethnicity									
Asian	-	-	22	-	-	7	-	-	15
Black*	63.3%	(50.8 - 74.2)	724	67.3%	(65.1 - 69.5)	367	57.6%	(33.4 - 78.6)	357
Hispanic/Latino	67.4%	(51.3 - 80.2)	155	57.3%	(40.5 - 72.5)	91	80.9%	(72.1 - 87.4)	64
White*	79.0%	(77.4 - 80.6)	593	84.2%	(81.7 - 86.4)	269	74.7%	(71.3 - 77.8)	324
Other/Multiple races	77.6%	(64.2 - 87.0)	196	65.8%	(54.5 - 75.6)	90	88.6%	(73.8 - 95.6)	106

Note: 33 students were excluded from this analysis.

*Non-Hispanic.

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2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

Virginia Central Region - Middle School Survey

Summary Tables - Weighted Data

QN78: participate in after school or community activities

	Percentage	Total 95% confidence interval	N	Percentage	Male 95% confidence interval	N	Percentage	Female 95% confidence interval	N
Overall	66.6%	(60.8 - 72.0)	1,732	64.3%	(57.2 - 70.8)	851	69.1%	(62.7 - 74.9)	881
Age									
11 years old or younger	70.8%	(60.9 - 79.0)	421	71.4%	(58.0 - 81.8)	193	70.3%	(58.5 - 79.9)	228
12 years old	66.1%	(60.1 - 71.7)	518	58.9%	(55.0 - 62.7)	284	75.6%	(64.3 - 84.2)	234
13 years old or older	63.9%	(56.1 - 71.0)	791	63.8%	(53.2 - 73.2)	372	63.9%	(59.0 - 68.6)	419
Grade									
6th grade	71.2%	(63.9 - 77.4)	604	69.8%	(63.6 - 75.4)	303	72.6%	(60.9 - 81.8)	301
7th grade	69.0%	(59.5 - 77.1)	512	66.3%	(60.2 - 71.9)	261	71.7%	(58.3 - 82.1)	251
8th grade	58.2%	(47.4 - 68.2)	612	55.0%	(40.5 - 68.7)	285	61.6%	(54.5 - 68.2)	327
Race/Ethnicity									
Asian	-	-	22	-	-	7	-	-	15
Black*	61.5%	(50.8 - 71.1)	724	55.8%	(48.8 - 62.6)	367	69.5%	(50.0 - 83.9)	357
Hispanic/Latino	59.4%	(57.3 - 61.5)	156	60.0%	(48.9 - 70.2)	92	58.6%	(47.2 - 69.1)	64
White*	78.1%	(73.6 - 82.0)	588	76.4%	(69.9 - 81.9)	269	79.4%	(74.8 - 83.4)	319
Other/Multiple races	78.1%	(61.6 - 88.8)	194	82.3%	(68.5 - 90.9)	89	74.3%	(56.8 - 86.4)	105

Note: 43 students were excluded from this analysis.

*Non-Hispanic.

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- = Fewer than 50 students in this subgroup.

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

Virginia Central Region - Middle School Survey

Summary Tables - Weighted Data

QN79: described their grades in school as mostly A's or B's

	Percentage	Total 95% confidence interval	N	Percentage	Male 95% confidence interval	N	Percentage	Female 95% confidence interval	N
Overall	83.1%	(78.6 - 86.8)	1,740	77.9%	(71.2 - 83.5)	852	88.4%	(85.2 - 91.0)	888
Age									
11 years old or younger	89.6%	(84.4 - 93.2)	424	91.8%	(80.5 - 96.8)	193	88.0%	(83.9 - 91.1)	231
12 years old	87.7%	(75.9 - 94.1)	525	85.7%	(68.7 - 94.2)	286	90.4%	(84.3 - 94.2)	239
13 years old or older	74.7%	(63.2 - 83.5)	789	63.1%	(52.5 - 72.5)	371	87.6%	(74.3 - 94.5)	418
Grade									
6th grade	89.3%	(86.3 - 91.7)	607	89.4%	(80.9 - 94.3)	303	89.2%	(85.8 - 91.8)	304
7th grade	82.1%	(74.8 - 87.7)	519	74.4%	(67.3 - 80.4)	264	89.8%	(81.5 - 94.6)	255
8th grade	75.3%	(59.2 - 86.5)	610	65.3%	(50.5 - 77.6)	283	85.9%	(67.9 - 94.6)	327
Race/Ethnicity									
Asian	-	-	22	-	-	7	-	-	15
Black*	71.8%	(67.1 - 76.1)	724	64.5%	(54.8 - 73.1)	367	82.0%	(78.7 - 84.9)	357
Hispanic/Latino	76.7%	(61.8 - 87.1)	156	68.5%	(51.8 - 81.4)	91	88.4%	(80.7 - 93.2)	65
White*	91.7%	(90.6 - 92.7)	589	92.7%	(91.7 - 93.6)	267	90.9%	(88.0 - 93.2)	322
Other/Multiple races	88.4%	(82.3 - 92.6)	197	82.4%	(77.8 - 86.2)	91	94.0%	(86.8 - 97.4)	106

Note: 35 students were excluded from this analysis.

*Non-Hispanic.

N = Number of students in this subgroup.

- = Fewer than 50 students in this subgroup.

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

Virginia Central Region - Middle School Survey

Summary Tables - Weighted Data

QN80: ever lived with someone who was having a problem with alcohol or drug use

	Percentage	Total 95% confidence interval	N	Percentage	Male 95% confidence interval	N	Percentage	Female 95% confidence interval	N
Overall	11.5%	(9.2 - 14.2)	1,734	8.1%	(7.4 - 8.7)	853	15.0%	(10.3 - 21.3)	881
Age									
11 years old or younger	7.5%	(3.1 - 17.3)	420	3.7%	(2.0 - 6.7)	192	10.4%	(3.5 - 26.9)	228
12 years old	14.4%	(11.1 - 18.6)	521	14.7%	(8.5 - 24.2)	286	14.1%	(11.6 - 17.1)	235
13 years old or older	12.5%	(8.9 - 17.4)	791	5.9%	(3.1 - 11.1)	373	19.9%	(15.6 - 25.1)	418
Grade									
6th grade	8.5%	(6.4 - 11.1)	602	7.7%	(3.5 - 16.0)	302	9.3%	(3.1 - 24.8)	300
7th grade	16.0%	(14.3 - 17.8)	517	12.3%	(10.3 - 14.8)	264	19.6%	(18.4 - 20.9)	253
8th grade	11.2%	(7.1 - 17.4)	612	4.5%	(1.5 - 12.9)	285	18.5%	(13.1 - 25.4)	327
Race/Ethnicity									
Asian	-	-	22	-	-	7	-	-	15
Black*	11.4%	(8.8 - 14.5)	721	7.6%	(5.4 - 10.6)	368	16.6%	(9.5 - 27.4)	353
Hispanic/Latino	15.4%	(6.4 - 32.7)	156	4.8%	(2.0 - 11.1)	92	30.2%	(9.1 - 65.1)	64
White*	10.6%	(9.1 - 12.4)	588	8.1%	(7.0 - 9.5)	266	12.7%	(9.9 - 16.1)	322
Other/Multiple races	17.0%	(11.0 - 25.3)	197	27.3%	(18.1 - 39.0)	91	7.4%	(2.3 - 21.7)	106

Note: 41 students were excluded from this analysis.

*Non-Hispanic.

N = Number of students in this subgroup.

- = Fewer than 50 students in this subgroup.

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

Virginia Central Region - Middle School Survey

Summary Tables - Weighted Data

QN81: ever lived with someone who was depressed, mentally ill, or suicidal

	Percentage	Total 95% confidence interval	N	Percentage	Male 95% confidence interval	N	Percentage	Female 95% confidence interval	N
Overall	16.7%	(15.1 - 18.5)	1,720	9.6%	(9.0 - 10.3)	845	24.1%	(20.7 - 28.0)	875
Age									
11 years old or younger	13.0%	(6.6 - 24.0)	422	9.3%	(4.9 - 17.0)	192	15.8%	(8.3 - 28.1)	230
12 years old	16.0%	(14.0 - 18.2)	514	5.0%	(2.6 - 9.4)	284	30.6%	(25.2 - 36.6)	230
13 years old or older	20.2%	(18.6 - 21.8)	782	13.3%	(10.6 - 16.5)	367	27.9%	(22.7 - 33.9)	415
Grade									
6th grade	12.8%	(7.8 - 20.1)	602	8.0%	(4.8 - 13.3)	301	17.6%	(11.1 - 26.9)	301
7th grade	22.1%	(15.7 - 30.2)	507	10.2%	(6.4 - 16.0)	258	34.1%	(24.8 - 44.8)	249
8th grade	17.0%	(16.6 - 17.4)	608	11.2%	(8.0 - 15.5)	284	23.3%	(18.6 - 28.8)	324
Race/Ethnicity									
Asian	-	-	20	-	-	7	-	-	13
Black*	14.8%	(13.5 - 16.2)	716	9.2%	(6.0 - 13.8)	363	22.5%	(19.1 - 26.3)	353
Hispanic/Latino	22.9%	(16.7 - 30.6)	155	10.7%	(3.1 - 30.8)	91	40.1%	(34.6 - 45.8)	64
White*	13.1%	(11.7 - 14.7)	586	7.2%	(6.9 - 7.4)	267	18.2%	(15.8 - 20.9)	319
Other/Multiple races	24.0%	(19.6 - 29.2)	194	7.0%	(1.1 - 34.7)	88	39.6%	(27.6 - 52.9)	106

*Note: 55 students were excluded from this analysis.

*Non-Hispanic.

N = Number of students in this subgroup.

- = Fewer than 50 students in this subgroup.

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

Virginia Central Region - Middle School Survey

Summary Tables - Weighted Data

QN82: Have ever been separated from a parent or guardian because they went to jail, prison, or a detention center

	Percentage	Total 95% confidence interval	N	Percentage	Male 95% confidence interval	N	Percentage	Female 95% confidence interval	N
Overall	9.5%	(5.3 - 16.3)	1,730	8.8%	(5.0 - 15.0)	847	10.1%	(5.2 - 18.9)	883
Age									
11 years old or younger	9.7%	(3.3 - 25.1)	423	10.0%	(3.6 - 24.8)	191	9.5%	(3.1 - 25.6)	232
12 years old	6.2%	(2.3 - 16.2)	520	7.5%	(3.0 - 17.5)	285	4.5%	(1.1 - 16.8)	235
13 years old or older	11.5%	(7.5 - 17.2)	785	9.0%	(5.6 - 14.2)	369	14.3%	(8.3 - 23.5)	416
Grade									
6th grade	8.4%	(3.4 - 19.0)	606	8.2%	(3.9 - 16.5)	301	8.5%	(2.7 - 23.7)	305
7th grade	12.9%	(9.4 - 17.4)	514	15.0%	(11.2 - 19.9)	262	10.7%	(7.5 - 15.1)	252
8th grade	7.6%	(3.3 - 16.3)	606	3.6%	(1.4 - 9.1)	282	11.9%	(5.1 - 25.1)	324
Race/Ethnicity									
Asian	-	-	21	-	-	7	-	-	14
Black*	16.1%	(11.3 - 22.5)	716	12.1%	(5.6 - 24.2)	363	21.6%	(17.8 - 26.0)	353
Hispanic/Latino	10.7%	(3.2 - 29.9)	157	6.3%	(1.5 - 22.9)	91	16.6%	(4.7 - 44.5)	66
White*	4.6%	(2.4 - 8.7)	593	6.7%	(3.6 - 12.2)	268	2.8%	(1.2 - 6.2)	325
Other/Multiple races	12.6%	(9.7 - 16.2)	194	16.3%	(12.3 - 21.4)	89	9.1%	(7.3 - 11.1)	105

Note: 45 students were excluded from this analysis.

*Non-Hispanic.

N = Number of students in this subgroup.

- = Fewer than 50 students in this subgroup.

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

Virginia Central Region - Middle School Survey

Summary Tables - Weighted Data

qnfrcig: Currently smoked cigarettes frequently

	Percentage	Total 95% confidence interval	N	Percentage	Male 95% confidence interval	N	Percentage	Female 95% confidence interval	N
Overall	0.0%	(0.0 - 0.0)	1,768	0.0%	(0.0 - 0.0)	865	0.0%	-	903
Age									
11 years old or younger	0.0%	(0.0 - 0.1)	432	0.0%	(0.0 - 0.2)	198	0.0%	-	234
12 years old	0.0%	-	529	0.0%	-	288	0.0%	-	241
13 years old or older	0.0%	(0.0 - 0.1)	805	0.0%	(0.0 - 0.1)	377	0.0%	-	428
Grade									
6th grade	0.0%	(0.0 - 0.1)	618	0.0%	(0.0 - 0.1)	309	0.0%	-	309
7th grade	0.0%	(0.0 - 0.1)	525	0.0%	(0.0 - 0.1)	266	0.0%	-	259
8th grade	0.0%	-	621	0.0%	-	288	0.0%	-	333
Race/Ethnicity									
Asian	-	-	22	-	-	7	-	-	15
Black*	0.0%	-	747	0.0%	-	377	0.0%	-	370
Hispanic/Latino	0.0%	(0.0 - 0.2)	158	0.1%	(0.0 - 0.3)	92	0.0%	-	66
White*	0.0%	-	592	0.0%	-	269	0.0%	-	323
Other/Multiple races	0.0%	(0.0 - 0.1)	197	0.0%	(0.0 - 0.2)	91	0.0%	-	106

Note: 7 students were excluded from this analysis.

*Non-Hispanic.

N = Number of students in this subgroup.

- = Fewer than 50 students in this subgroup.

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS
Virginia Central Region - Middle School Survey
Summary Tables - Weighted Data

qndaycig: Currently smoked cigarettes daily

	Percentage	Total 95% confidence interval	N	Percentage	Male 95% confidence interval	N	Percentage	Female 95% confidence interval	N
Overall	0.0%	(0.0 - 0.0)	1,768	0.0%	(0.0 - 0.0)	865	0.0%	-	903
Age									
11 years old or younger	0.0%	(0.0 - 0.1)	432	0.0%	(0.0 - 0.1)	198	0.0%	-	234
12 years old	0.0%	-	529	0.0%	-	288	0.0%	-	241
13 years old or older	0.0%	(0.0 - 0.1)	805	0.0%	(0.0 - 0.1)	377	0.0%	-	428
Grade									
6th grade	0.0%	(0.0 - 0.0)	618	0.0%	(0.0 - 0.1)	309	0.0%	-	309
7th grade	0.0%	(0.0 - 0.1)	525	0.0%	(0.0 - 0.1)	266	0.0%	-	259
8th grade	0.0%	-	621	0.0%	-	288	0.0%	-	333
Race/Ethnicity									
Asian	-	-	22	-	-	7	-	-	15
Black*	0.0%	-	747	0.0%	-	377	0.0%	-	370
Hispanic/Latino	0.0%	(0.0 - 0.2)	158	0.1%	(0.0 - 0.3)	92	0.0%	-	66
White*	0.0%	-	592	0.0%	-	269	0.0%	-	323
Other/Multiple races	0.0%	-	197	0.0%	-	91	0.0%	-	106

Note: 7 students were excluded from this analysis.

*Non-Hispanic.

N = Number of students in this subgroup.

- = Fewer than 50 students in this subgroup.

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

Virginia Central Region - Middle School Survey

Summary Tables - Weighted Data

qnfrevp: Currently used electronic vapor products frequently

	Percentage	Total 95% confidence interval	N	Percentage	Male 95% confidence interval	N	Percentage	Female 95% confidence interval	N
Overall	0.6%	(0.3 - 1.0)	1,749	0.7%	(0.6 - 0.8)	856	0.5%	(0.1 - 2.4)	893
Age									
11 years old or younger	0.0%	(0.0 - 0.1)	428	0.0%	(0.0 - 0.1)	195	0.0%	(0.0 - 0.0)	233
12 years old	1.5%	(1.3 - 1.8)	520	2.1%	(1.7 - 2.5)	286	0.7%	(0.1 - 3.6)	234
13 years old or older	0.4%	(0.1 - 1.6)	799	0.0%	(0.0 - 0.2)	373	0.7%	(0.2 - 3.2)	426
Grade									
6th grade	0.0%	(0.0 - 0.0)	610	0.0%	(0.0 - 0.1)	304	0.0%	(0.0 - 0.0)	306
7th grade	1.9%	(1.4 - 2.6)	515	2.3%	(1.5 - 3.5)	264	1.5%	(0.3 - 6.5)	251
8th grade	0.1%	(0.0 - 0.2)	620	0.0%	(0.0 - 0.3)	286	0.1%	(0.0 - 0.2)	334
Race/Ethnicity									
Asian	-	-	21	-	-	7	-	-	14
Black*	0.4%	(0.1 - 1.9)	738	0.0%	(0.0 - 0.2)	372	1.0%	(0.2 - 4.3)	366
Hispanic/Latino	0.6%	(0.1 - 4.0)	157	0.0%	(0.0 - 0.2)	92	1.5%	(0.2 - 9.3)	65
White*	0.9%	(0.8 - 1.0)	593	1.9%	(1.7 - 2.1)	270	0.0%	(0.0 - 0.1)	323
Other/Multiple races	0.0%	(0.0 - 0.1)	193	0.0%	(0.0 - 0.2)	88	0.0%	(0.0 - 0.2)	105

Note: 26 students were excluded from this analysis.

*Non-Hispanic.

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- = Fewer than 50 students in this subgroup.

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

Virginia Central Region - Middle School Survey

Summary Tables - Weighted Data

qndayevp: Currently used electronic vapor products daily

	Percentage	Total 95% confidence interval	N	Percentage	Male 95% confidence interval	N	Percentage	Female 95% confidence interval	N
Overall	0.6%	(0.3 - 1.0)	1,749	0.7%	(0.6 - 0.8)	856	0.5%	(0.1 - 2.4)	893
Age									
11 years old or younger	0.0%	-	428	0.0%	-	195	0.0%	-	233
12 years old	1.5%	(1.3 - 1.8)	520	2.1%	(1.7 - 2.5)	286	0.7%	(0.1 - 3.6)	234
13 years old or older	0.4%	(0.1 - 1.7)	799	0.0%	(0.0 - 0.1)	373	0.7%	(0.2 - 3.3)	426
Grade									
6th grade	0.0%	(0.0 - 0.0)	610	0.0%	(0.0 - 0.0)	304	0.0%	-	306
7th grade	1.9%	(1.4 - 2.6)	515	2.3%	(1.5 - 3.5)	264	1.5%	(0.3 - 6.5)	251
8th grade	0.0%	(0.0 - 0.1)	620	0.0%	(0.0 - 0.2)	286	0.1%	(0.0 - 0.2)	334
Race/Ethnicity									
Asian	-	-	21	-	-	7	-	-	14
Black*	0.4%	(0.1 - 1.9)	738	0.0%	(0.0 - 0.2)	372	1.0%	(0.2 - 4.3)	366
Hispanic/Latino	0.6%	(0.1 - 4.1)	157	0.0%	-	92	1.5%	(0.2 - 9.3)	65
White*	0.8%	(0.7 - 1.0)	593	1.9%	(1.7 - 2.1)	270	0.0%	-	323
Other/Multiple races	0.0%	(0.0 - 0.1)	193	0.0%	(0.0 - 0.2)	88	0.0%	(0.0 - 0.2)	105

Note: 26 students were excluded from this analysis.

*Non-Hispanic.

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2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

Virginia Central Region - Middle School Survey

Summary Tables - Weighted Data

qnfrskl: Currently used smokeless tobacco frequently

	Percentage	Total 95% confidence interval	N	Percentage	Male 95% confidence interval	N	Percentage	Female 95% confidence interval	N
Overall	0.0%	(0.0 - 0.0)	1,770	0.0%	(0.0 - 0.0)	864	0.0%	(0.0 - 0.0)	906
Age									
11 years old or younger	0.0%	(0.0 - 0.1)	432	0.0%	(0.0 - 0.1)	198	0.0%	(0.0 - 0.1)	234
12 years old	0.0%	(0.0 - 0.0)	531	0.0%	(0.0 - 0.0)	289	0.0%	-	242
13 years old or older	0.0%	(0.0 - 0.0)	805	0.0%	(0.0 - 0.1)	375	0.0%	(0.0 - 0.1)	430
Grade									
6th grade	0.0%	(0.0 - 0.1)	618	0.0%	(0.0 - 0.1)	309	0.0%	(0.0 - 0.1)	309
7th grade	0.0%	(0.0 - 0.0)	527	0.0%	(0.0 - 0.1)	266	0.0%	-	261
8th grade	0.0%	(0.0 - 0.1)	621	0.0%	-	287	0.0%	(0.0 - 0.1)	334
Race/Ethnicity									
Asian	-	-	22	-	-	7	-	-	15
Black*	0.0%	(0.0 - 0.1)	747	0.0%	-	376	0.0%	(0.0 - 0.2)	371
Hispanic/Latino	0.0%	(0.0 - 0.1)	158	0.0%	(0.0 - 0.2)	92	0.0%	-	66
White*	0.0%	(0.0 - 0.0)	595	0.0%	(0.0 - 0.1)	270	0.0%	-	325
Other/Multiple races	0.0%	(0.0 - 0.1)	196	0.0%	(0.0 - 0.2)	90	0.0%	-	106

Note: 5 students were excluded from this analysis.

*Non-Hispanic.

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2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

Virginia Central Region - Middle School Survey

Summary Tables - Weighted Data

qndayskl: Currently used smokeless tobacco daily

	Percentage	Total 95% confidence interval	N	Percentage	Male 95% confidence interval	N	Percentage	Female 95% confidence interval	N
Overall	0.0%	(0.0 - 0.0)	1,770	0.0%	(0.0 - 0.0)	864	0.0%	-	906
Age									
11 years old or younger	0.0%	(0.0 - 0.1)	432	0.0%	(0.0 - 0.1)	198	0.0%	-	234
12 years old	0.0%	(0.0 - 0.0)	531	0.0%	(0.0 - 0.0)	289	0.0%	-	242
13 years old or older	0.0%	(0.0 - 0.0)	805	0.0%	(0.0 - 0.1)	375	0.0%	-	430
Grade									
6th grade	0.0%	(0.0 - 0.0)	618	0.0%	(0.0 - 0.1)	309	0.0%	-	309
7th grade	0.0%	(0.0 - 0.0)	527	0.0%	(0.0 - 0.1)	266	0.0%	-	261
8th grade	0.0%	-	621	0.0%	-	287	0.0%	-	334
Race/Ethnicity									
Asian	-	-	22	-	-	7	-	-	15
Black*	0.0%	-	747	0.0%	-	376	0.0%	-	371
Hispanic/Latino	0.0%	(0.0 - 0.1)	158	0.0%	(0.0 - 0.2)	92	0.0%	-	66
White*	0.0%	(0.0 - 0.0)	595	0.0%	(0.0 - 0.1)	270	0.0%	-	325
Other/Multiple races	0.0%	(0.0 - 0.1)	196	0.0%	(0.0 - 0.2)	90	0.0%	-	106

Note: 5 students were excluded from this analysis.

*Non-Hispanic.

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2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

Virginia Central Region - Middle School Survey

Summary Tables - Weighted Data

qnfrcgr: Currently smoked cigars frequently

	Percentage	Total 95% confidence interval	N	Percentage	Male 95% confidence interval	N	Percentage	Female 95% confidence interval	N
Overall	0.0%	(0.0 - 0.0)	1,762	0.0%	(0.0 - 0.0)	861	0.0%	(0.0 - 0.0)	901
Age									
11 years old or younger	0.0%	(0.0 - 0.0)	431	0.0%	(0.0 - 0.0)	197	0.0%	-	234
12 years old	0.0%	-	524	0.0%	-	286	0.0%	-	238
13 years old or older	0.0%	(0.0 - 0.1)	805	0.0%	-	376	0.0%	(0.0 - 0.1)	429
Grade									
6th grade	0.0%	(0.0 - 0.0)	614	0.0%	(0.0 - 0.0)	308	0.0%	-	306
7th grade	0.0%	-	524	0.0%	-	264	0.0%	-	260
8th grade	0.0%	(0.0 - 0.1)	620	0.0%	-	287	0.0%	(0.0 - 0.2)	333
Race/Ethnicity									
Asian	-	-	22	-	-	7	-	-	15
Black*	0.0%	(0.0 - 0.1)	742	0.0%	-	374	0.0%	(0.0 - 0.2)	368
Hispanic/Latino	0.0%	-	157	0.0%	-	91	0.0%	-	66
White*	0.0%	-	593	0.0%	-	269	0.0%	-	324
Other/Multiple races	0.0%	(0.0 - 0.1)	196	0.0%	(0.0 - 0.2)	91	0.0%	-	105

Note: 13 students were excluded from this analysis.

*Non-Hispanic.

N = Number of students in this subgroup.

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2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

Virginia Central Region - Middle School Survey

Summary Tables - Weighted Data

qndaycgr: Currently smoked cigars daily

	Percentage	Total 95% confidence interval	N	Percentage	Male 95% confidence interval	N	Percentage	Female 95% confidence interval	N
Overall	0.0%	-	1,762	0.0%	-	861	0.0%	-	901
Age									
11 years old or younger	0.0%	-	431	0.0%	-	197	0.0%	-	234
12 years old	0.0%	-	524	0.0%	-	286	0.0%	-	238
13 years old or older	0.0%	-	805	0.0%	-	376	0.0%	-	429
Grade									
6th grade	0.0%	-	614	0.0%	-	308	0.0%	-	306
7th grade	0.0%	-	524	0.0%	-	264	0.0%	-	260
8th grade	0.0%	-	620	0.0%	-	287	0.0%	-	333
Race/Ethnicity									
Asian	-	-	22	-	-	7	-	-	15
Black*	0.0%	-	742	0.0%	-	374	0.0%	-	368
Hispanic/Latino	0.0%	-	157	0.0%	-	91	0.0%	-	66
White*	0.0%	-	593	0.0%	-	269	0.0%	-	324
Other/Multiple races	0.0%	-	196	0.0%	-	91	0.0%	-	105

Note: 13 students were excluded from this analysis.

*Non-Hispanic.

N = Number of students in this subgroup.

- = Fewer than 50 students in this subgroup.

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

Virginia Central Region - Middle School Survey

Summary Tables - Weighted Data

qntb2: Currently smoked cigarettes or cigars

	Percentage	Total 95% confidence interval	N	Percentage	Male 95% confidence interval	N	Percentage	Female 95% confidence interval	N
Overall	3.2%	(2.4 - 4.2)	1,755	3.4%	(3.1 - 3.8)	858	2.9%	(1.7 - 4.8)	897
Age									
11 years old or younger	0.3%	(0.1 - 1.7)	431	0.7%	(0.1 - 3.6)	197	0.0%	(0.0 - 0.0)	234
12 years old	5.7%	(4.3 - 7.7)	522	3.2%	(1.5 - 6.6)	285	9.3%	(7.7 - 11.3)	237
13 years old or older	3.6%	(3.0 - 4.3)	800	5.4%	(4.4 - 6.6)	374	1.6%	(0.3 - 7.5)	426
Grade									
6th grade	0.7%	(0.1 - 3.3)	614	1.3%	(0.3 - 5.7)	308	0.0%	(0.0 - 0.1)	306
7th grade	8.3%	(5.8 - 11.7)	520	8.8%	(6.1 - 12.5)	262	7.8%	(5.5 - 10.9)	258
8th grade	1.5%	(0.9 - 2.5)	617	0.9%	(0.1 - 5.6)	286	2.1%	(0.4 - 9.9)	331
Race/Ethnicity									
Asian	-	-	22	-	-	7	-	-	15
Black*	2.9%	(2.0 - 4.1)	738	4.8%	(3.9 - 5.8)	372	0.2%	(0.1 - 0.5)	366
Hispanic/Latino	2.5%	(0.4 - 15.6)	157	0.1%	(0.0 - 0.3)	91	6.0%	(1.0 - 28.3)	66
White*	1.4%	(0.9 - 2.1)	590	2.8%	(1.7 - 4.5)	268	0.2%	(0.0 - 0.7)	322
Other/Multiple races	4.9%	(1.2 - 18.0)	196	10.0%	(2.8 - 29.9)	91	0.1%	(0.0 - 0.3)	105

Note: 20 students were excluded from this analysis.

*Non-Hispanic.

N = Number of students in this subgroup.

- = Fewer than 50 students in this subgroup.

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

Virginia Central Region - Middle School Survey

Summary Tables - Weighted Data

qntb3: Currently smoked cigarettes or cigars or used smokeless tobacco

	Percentage	Total 95% confidence interval	N	Percentage	Male 95% confidence interval	N	Percentage	Female 95% confidence interval	N
Overall	3.9%	(3.1 - 5.1)	1,754	4.6%	(4.1 - 5.0)	857	3.3%	(2.0 - 5.3)	897
Age									
11 years old or younger	2.2%	(1.5 - 3.3)	431	4.8%	(4.1 - 5.6)	197	0.2%	(0.0 - 1.2)	234
12 years old	5.8%	(4.3 - 7.8)	522	3.2%	(1.5 - 6.7)	285	9.4%	(7.7 - 11.5)	237
13 years old or older	4.0%	(3.4 - 4.6)	799	5.5%	(4.4 - 6.7)	373	2.4%	(0.8 - 7.1)	426
Grade									
6th grade	2.2%	(1.1 - 4.3)	614	4.0%	(2.3 - 7.0)	308	0.2%	(0.0 - 1.0)	306
7th grade	8.8%	(6.9 - 11.3)	519	8.8%	(6.1 - 12.5)	261	8.8%	(7.7 - 10.1)	258
8th grade	1.5%	(0.9 - 2.6)	617	1.0%	(0.2 - 5.3)	286	2.1%	(0.4 - 9.8)	331
Race/Ethnicity									
Asian	-	-	22	-	-	7	-	-	15
Black*	5.0%	(4.0 - 6.3)	738	7.7%	(6.3 - 9.3)	372	1.3%	(0.4 - 4.3)	366
Hispanic/Latino	2.6%	(0.4 - 15.5)	157	0.1%	(0.0 - 0.3)	91	6.0%	(1.0 - 28.3)	66
White*	1.4%	(0.9 - 2.1)	590	2.8%	(1.7 - 4.5)	268	0.2%	(0.0 - 0.7)	322
Other/Multiple races	5.5%	(1.5 - 18.4)	195	10.1%	(2.9 - 29.8)	90	1.3%	(0.3 - 5.6)	105

Note: 21 students were excluded from this analysis.

*Non-Hispanic.

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2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

Virginia Central Region - Middle School Survey

Summary Tables - Weighted Data

qntb4: Currently smoked cigarettes or cigars or used smokeless tobacco or electronic vapor products

	Percentage	Total 95% confidence interval	N	Percentage	Male 95% confidence interval	N	Percentage	Female 95% confidence interval	N
Overall	5.5%	(4.2 - 7.3)	1,732	5.6%	(4.2 - 7.5)	847	5.5%	(4.0 - 7.3)	885
Age									
11 years old or younger	2.9%	(1.4 - 5.9)	427	5.7%	(3.9 - 8.1)	194	0.8%	(0.1 - 5.1)	233
12 years old	6.8%	(5.3 - 8.6)	512	4.4%	(2.3 - 8.1)	282	10.1%	(8.9 - 11.4)	230
13 years old or older	6.7%	(4.3 - 10.3)	791	6.6%	(5.1 - 8.6)	369	6.8%	(3.5 - 12.9)	422
Grade									
6th grade	2.8%	(1.2 - 6.3)	606	4.7%	(2.5 - 8.9)	303	0.8%	(0.2 - 4.0)	303
7th grade	10.9%	(10.3 - 11.5)	508	11.0%	(10.8 - 11.3)	259	10.7%	(9.5 - 12.1)	249
8th grade	4.0%	(1.7 - 8.8)	614	1.3%	(0.4 - 4.6)	283	6.7%	(3.0 - 14.4)	331
Race/Ethnicity									
Asian	-	-	21	-	-	7	-	-	14
Black*	8.3%	(6.3 - 11.0)	729	10.2%	(8.0 - 12.9)	367	5.7%	(3.0 - 10.7)	362
Hispanic/Latino	4.6%	(2.9 - 7.0)	156	0.2%	(0.0 - 0.6)	91	10.7%	(8.2 - 13.7)	65
White*	1.8%	(1.0 - 3.0)	588	3.2%	(2.0 - 5.0)	268	0.6%	(0.1 - 2.9)	320
Other/Multiple races	6.8%	(2.0 - 20.5)	191	11.0%	(3.2 - 31.7)	87	3.1%	(0.7 - 13.7)	104

Note: 43 students were excluded from this analysis.

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2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

Virginia Central Region - Middle School Survey

Summary Tables - Weighted Data

qntb5: Currently smoked cigarettes or used electronic vapor products

	Percentage	Total 95% confidence interval	N	Percentage	Male 95% confidence interval	N	Percentage	Female 95% confidence interval	N
Overall	3.0%	(1.5 - 5.7)	1,743	2.7%	(1.3 - 5.6)	854	3.3%	(1.7 - 6.3)	889
Age									
11 years old or younger	1.1%	(0.2 - 6.6)	428	1.5%	(0.3 - 8.1)	195	0.8%	(0.1 - 5.2)	233
12 years old	3.1%	(1.7 - 5.7)	518	4.3%	(2.3 - 8.1)	285	1.5%	(0.5 - 4.7)	233
13 years old or older	4.4%	(2.1 - 9.0)	795	2.2%	(0.7 - 6.4)	372	6.7%	(3.4 - 12.8)	423
Grade									
6th grade	1.4%	(0.3 - 6.0)	610	2.0%	(0.5 - 7.9)	304	0.8%	(0.1 - 4.1)	306
7th grade	4.3%	(1.8 - 9.6)	512	5.0%	(3.0 - 8.2)	263	3.5%	(0.9 - 12.8)	249
8th grade	3.9%	(1.7 - 8.8)	617	1.3%	(0.3 - 4.7)	285	6.6%	(2.9 - 14.2)	332
Race/Ethnicity									
Asian	-	-	21	-	-	7	-	-	14
Black*	3.8%	(1.4 - 10.0)	735	2.6%	(0.6 - 10.9)	371	5.5%	(2.8 - 10.7)	364
Hispanic/Latino	4.6%	(2.9 - 7.0)	157	0.2%	(0.0 - 0.6)	92	10.6%	(8.2 - 13.7)	65
White*	1.7%	(1.0 - 3.0)	590	3.1%	(1.9 - 5.0)	269	0.6%	(0.1 - 2.9)	321
Other/Multiple races	6.8%	(2.0 - 20.5)	193	11.0%	(3.2 - 31.7)	88	3.1%	(0.7 - 13.6)	105

Note: 32 students were excluded from this analysis.

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2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

Virginia Central Region - Middle School Survey

Summary Tables - Weighted Data

qnbk7day: Ate breakfast on all 7 days

	Percentage	Total 95% confidence interval	N	Percentage	Male 95% confidence interval	N	Percentage	Female 95% confidence interval	N
Overall	45.7%	(35.9 - 55.8)	1,762	53.3%	(40.6 - 65.7)	861	37.7%	(31.4 - 44.5)	901
Age									
11 years old or younger	47.4%	(41.8 - 53.1)	429	57.3%	(51.6 - 62.9)	195	40.0%	(34.6 - 45.6)	234
12 years old	55.8%	(40.6 - 70.1)	526	57.7%	(39.0 - 74.5)	288	53.2%	(42.9 - 63.3)	238
13 years old or older	37.2%	(25.5 - 50.7)	805	47.5%	(30.1 - 65.5)	376	26.0%	(19.5 - 33.8)	429
Grade									
6th grade	52.0%	(41.6 - 62.2)	612	60.5%	(45.4 - 73.9)	305	43.3%	(37.8 - 49.0)	307
7th grade	44.5%	(34.0 - 55.6)	526	48.1%	(41.7 - 54.6)	267	40.7%	(26.5 - 56.7)	259
8th grade	38.1%	(24.4 - 54.1)	620	49.0%	(26.2 - 72.3)	287	26.8%	(20.9 - 33.6)	333
Race/Ethnicity									
Asian	-	-	22	-	-	7	-	-	15
Black*	41.1%	(25.1 - 59.3)	744	50.4%	(30.5 - 70.1)	375	28.2%	(20.1 - 38.0)	369
Hispanic/Latino	43.6%	(32.4 - 55.6)	156	51.4%	(30.5 - 71.8)	91	32.8%	(29.9 - 35.9)	65
White*	53.7%	(48.1 - 59.1)	593	64.7%	(57.8 - 71.0)	268	44.5%	(40.0 - 49.2)	325
Other/Multiple races	27.3%	(26.0 - 28.6)	197	32.1%	(22.2 - 43.8)	91	22.8%	(14.8 - 33.4)	106

Note: 13 students were excluded from this analysis.

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2021 YOUTH RISK BEHAVIOR SURVEY RESULTS
Virginia Central Region - Middle School Survey
Summary Tables - Weighted Data

qnpa0day: Did not participate in at least 60 minutes of physical activity on at least 1 day

	Percentage	Total 95% confidence interval	N	Percentage	Male 95% confidence interval	N	Percentage	Female 95% confidence interval	N
Overall	9.9%	(6.8 - 14.0)	1,744	10.1%	(7.0 - 14.4)	856	9.6%	(6.6 - 13.6)	888
Age									
11 years old or younger	7.3%	(3.8 - 13.8)	421	4.0%	(1.1 - 13.3)	193	9.9%	(5.0 - 18.9)	228
12 years old	9.7%	(7.2 - 13.0)	522	14.0%	(10.6 - 18.3)	287	3.7%	(1.8 - 7.4)	235
13 years old or older	11.9%	(6.5 - 20.9)	799	11.1%	(6.7 - 17.8)	374	12.8%	(6.2 - 24.5)	425
Grade									
6th grade	8.2%	(4.5 - 14.4)	604	7.3%	(4.3 - 12.0)	303	9.1%	(4.5 - 17.5)	301
7th grade	13.0%	(11.0 - 15.3)	520	17.2%	(15.7 - 18.9)	265	8.4%	(5.9 - 11.9)	255
8th grade	9.1%	(3.1 - 23.9)	616	6.9%	(2.6 - 17.4)	286	11.3%	(3.7 - 29.9)	330
Race/Ethnicity									
Asian	-	-	22	-	-	7	-	-	15
Black*	11.9%	(6.4 - 21.0)	732	13.4%	(7.9 - 21.7)	371	9.7%	(4.0 - 21.7)	361
Hispanic/Latino	15.0%	(13.6 - 16.5)	155	10.3%	(9.9 - 10.7)	92	21.6%	(16.3 - 28.1)	63
White*	5.5%	(4.0 - 7.6)	591	5.3%	(3.4 - 8.1)	268	5.7%	(4.2 - 7.8)	323
Other/Multiple races	10.5%	(5.3 - 19.8)	195	15.5%	(7.4 - 29.7)	90	5.8%	(2.4 - 13.2)	105

Note: 31 students were excluded from this analysis.

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2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

Virginia Central Region - Middle School Survey

Summary Tables - Weighted Data

qnpa7day: Were physically active at least 60 minutes per day on all 7 days

	Percentage	Total 95% confidence interval	N	Percentage	Male 95% confidence interval	N	Percentage	Female 95% confidence interval	N
Overall	33.3%	(29.8 - 36.9)	1,744	37.1%	(33.4 - 40.9)	856	29.2%	(25.0 - 33.8)	888
Age									
11 years old or younger	35.4%	(31.2 - 39.8)	421	34.5%	(30.1 - 39.1)	193	36.0%	(32.2 - 40.1)	228
12 years old	36.6%	(31.7 - 41.9)	522	42.2%	(34.4 - 50.5)	287	28.8%	(28.2 - 29.4)	235
13 years old or older	29.3%	(26.6 - 32.1)	799	34.9%	(32.4 - 37.4)	374	23.2%	(19.1 - 27.8)	425
Grade									
6th grade	36.9%	(32.1 - 42.0)	604	37.4%	(30.2 - 45.1)	303	36.4%	(33.1 - 39.8)	301
7th grade	35.2%	(32.2 - 38.3)	520	44.1%	(38.4 - 50.0)	265	25.7%	(25.0 - 26.4)	255
8th grade	26.1%	(23.3 - 29.1)	616	29.4%	(29.1 - 29.6)	286	22.7%	(17.8 - 28.5)	330
Race/Ethnicity									
Asian	-	-	22	-	-	7	-	-	15
Black*	29.1%	(25.2 - 33.3)	732	33.9%	(23.6 - 46.1)	371	22.1%	(13.8 - 33.2)	361
Hispanic/Latino	38.2%	(32.3 - 44.5)	155	46.5%	(41.6 - 51.4)	92	26.6%	(22.2 - 31.4)	63
White*	35.8%	(35.2 - 36.5)	591	38.6%	(36.0 - 41.2)	268	33.5%	(30.9 - 36.2)	323
Other/Multiple races	30.4%	(21.4 - 41.2)	195	44.2%	(28.9 - 60.7)	90	17.5%	(10.4 - 28.0)	105

Note: 31 students were excluded from this analysis.

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2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

Virginia Central Region - Middle School Survey

Summary Tables - Weighted Data

qnnodnt: Never saw a dentist

	Percentage	Total 95% confidence interval	N	Percentage	Male 95% confidence interval	N	Percentage	Female 95% confidence interval	N
Overall	1.7%	(0.9 - 2.9)	1,750	2.1%	(0.9 - 4.8)	856	1.2%	(0.7 - 2.2)	894
Age									
11 years old or younger	1.2%	(0.7 - 2.0)	427	0.0%	(0.0 - 0.1)	196	2.1%	(1.1 - 4.1)	231
12 years old	3.4%	(1.3 - 8.5)	522	5.8%	(2.2 - 14.0)	285	0.1%	(0.0 - 0.2)	237
13 years old or older	0.8%	(0.4 - 1.5)	799	0.5%	(0.4 - 0.6)	373	1.1%	(0.4 - 3.0)	426
Grade									
6th grade	2.1%	(0.8 - 5.0)	608	2.3%	(0.3 - 13.5)	304	1.9%	(1.0 - 3.4)	304
7th grade	2.2%	(1.3 - 3.5)	521	3.2%	(2.5 - 4.0)	265	1.1%	(0.3 - 4.0)	256
8th grade	0.6%	(0.5 - 0.7)	617	0.7%	(0.6 - 0.8)	285	0.5%	(0.4 - 0.6)	332
Race/Ethnicity									
Asian	-	-	22	-	-	7	-	-	15
Black*	1.6%	(0.4 - 5.3)	734	1.4%	(0.5 - 3.7)	372	1.9%	(0.4 - 7.8)	362
Hispanic/Latino	3.6%	(0.8 - 15.4)	157	6.3%	(1.6 - 21.8)	91	0.0%	(0.0 - 0.3)	66
White*	1.4%	(1.2 - 1.6)	592	1.6%	(1.5 - 1.8)	267	1.2%	(1.1 - 1.4)	325
Other/Multiple races	0.0%	(0.0 - 0.1)	196	0.0%	(0.0 - 0.2)	90	0.0%	(0.0 - 0.1)	106

Note: 25 students were excluded from this analysis.

*Non-Hispanic.

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