

# TRAINTA BEHAVIORAL RISK FACTOR SURVEILLANCE SYSTEM

### 2024 QUESTIONNAIRE





## BEHAVIORAL RISK FACTOR SURVEILLANCE SYSTEM VIRGINIA 26161 2024 QUESTIONNAIRE

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#### **OMB HEADER**

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#### **INTRODUCTORY TEXT**

HELLO, I am calling for the Virginia Department of Health. My name is (name). We are gathering information about the health of US residents. This project is conducted by the health department with assistance from the Centers for Disease Control and Prevention. Your telephone number has been chosen randomly, and I would like to ask some questions about health and health practices.

**Notes**: States may opt not to mention the state name to avoid refusals by out of state residents in the cell phone sample.

If cell phone respondent objects to being contacted by state where they have never lived, say: "This survey is conducted by all states and your information will be forwarded to the correct state of residence"



Question Number	Question Text	<u>Responses</u>	Interviewer Notes
LL01	Is this [PHONE NUMBER]?	If "Yes" go to LL02  If "No" terminate: Thank you very much, but I seem to have dialed the wrong number. It's possible that your number may be called at a later time.	
LL02	Is this a private residence?	If "Yes" go to LL04  Read if necessary: By private residence we mean someplace like a house or apartment.  If "No" go to LL03.  If "No, this is a business", Read: Thank you very much but we are only interviewing persons on residential phones at this time.  TERMINATE	Do <b>NOT</b> read: Private residence includes any home where the respondent spends at least 30 days including vacation homes, RVs or other locations in which the respondent lives for portions of the year.
LL03	Do you live in college housing?	If "Yes" go to LL04  Read if necessary: By college housing we mean dormitory, graduate student or visiting faculty housing, or other housing arrangement provided by a college or university.  If "No" terminate:  Read: Thank you very much, but we are only interviewing persons who live in private residences or college housing at this time.	



LL04	Do you currently live inVirginia?	If "Yes" go to LL05  If "No" terminate: Read: Thank you very much but we are only interviewing persons who live in Virginia at this time.	
LL05	Is this a cell phone?	If "Yes, it is a cellphone" TERMINATE  Read: Thank you very much but we are only interviewing by landline telephones in private residences or college housing at this time.  If "No, it is not a cellphone" go to LL06.  Read if necessary: By cell phone we mean a telephone that is mobile and usable outside your neighborhood.  Do not read: Telephone service over the internet counts as landline service (includes Vonage, Magic Jack and other home-based phone services).	
LL06	Are you 18 years of age or older?	If college housing = "Yes" Continue; Otherwise go to LL09  If "No" TERMINATE Read: Thank you very much but we are only interviewing persons aged 18 or older at this time.	



LL07	I need to randomly select one adult who lives in your household to be interviewed. Excluding adults living away from home, such as students away at college, how many members of your household, including yourself, are 18 years of age or older?	If "1", <b>Read</b> : Are you that adult? If "Yes": Then you are the person I need to speak with. If "No": May I speak with the adult in the household? Go to LL09.  If "2 or more adults" go to LL08.	If respondent questions why any specific individual was chosen, emphasize that the selection is random and is not limited to any certain age group or sex.
LL08	The person in your household that I need to speak with is the adult with the most recent birthday. Are you the adult with the most recent birthday?	1 = Yes 2 = No - Ask for correct respondent	If person indicates that they are not the selected respondent, ask for correct respondent and reask LL08. (See CATI programming)



LLO9	Are you?	Read:  1 Male: Go to Transition Section 1.  2 Female: Go to Transition Section 1.  3-6 Transgender, non- binary, or another gender: Go to LL10  Do Not Read:  7 Don't know/Not sure 9 Refused	We ask this question to determine which health related questions apply to each respondent. For example, persons who report males as their sex at birth might be asked about prostate health issues.
LL10	What was your sex at birth? Was it male or female?	1 Male 2 Female 7 Don't know/Not sure 9 Refused  If '7' or '9' then TERMINATE "Thank you for your time, your number may be selected for another survey in the future."	Read if necessary: "What sex were you assigned at birth on your original birth certificate?"
Transition to Section 1.	I will not ask for your last name, address, or other personal information that can identify you. You do not have to answer any question you do not want to, and you can end the interview at any time. Any information you give me will not be connected to any personal information If you have any questions about the survey, please call 804-864-7686		Do not read: Introductory text may be reread when selected respondent is reached. Do not read: The sentence "Any information you give me will not be connected to any personal information" may be replaced by "Any personal information that you provide will not be used to identify you." If the state coordinator approves the change.



<u>Question Number</u>	Question Text	<u>Responses</u>	<u>Interviewer Notes</u>
CP01.	Is this a safe time to talk with you?	If "Yes" go to CP02  If "No" ([set appointment if possible]) TERMINATE]	<b>Read</b> : Thank you very much. We will call you back at a more convenient time.
CP02.	Is this [PHONE NUMBER]?	If "Yes" go to CP03 If "No" TERMINATE	Read: Thank you very much, but I seem to have dialed the wrong number. It's possible that your number may be called at a later time
CP03.	Is this a cell phone?	If "Yes" go to CP03  If "No", <b>Read</b> : thank you very much, but we are only interviewing persons on cell telephones at this time. TERMINATE	
CP04	Are you 18 years of age or older?	If "Yes" go to CP05  If "No", <b>Read</b> : Thank you very much but we are only interviewing persons aged 18 or older at this time. TERMINATE	



CP05	Are you?	Read:  1 Male: Go to CP07.  2 Female: CP07.  3-6 Transgender, non-binary, or another gender: Go to CP06  Do Not Read:  7 Don't know/Not sure  9 Refused	We ask this question to determine which health related questions apply to each respondent. For example, persons who report males as their sex at birth might be asked about prostate health issues.
CP06	What was your sex at birth? Was it male or female?	1 Male 2 Female 7 Don't know/Not sure 9 Refused  If '7' or '9' then TERMINATE "Thank you for your time, your number may be selected for another survey in the future."	Read if necessary: "What sex were you assigned at birth on your original birth certificate?"
CP07	Do you live in a private residence?	If "Yes" go to CP09  Read if necessary: By private residence we mean someplace like a house or apartment  If "No" go to CP08	Do not read: Private residence includes any home where the respondent spends at least 30 days including vacation homes, RVs or other locations in which the respondent lives for portions of the year.



CP08	Do you live in college housing?	If "Yes" go to CP09  Read if necessary: By college housing we mean dormitory, graduate student or visiting faculty housing, or other housing arrangement provided by a college or university.	
		If "No" TERMINATE  Read: Thank you very much, but we are only interviewing persons who live in private residences or college housing at this time.	
CP09	Do you currently live inVirginia?	If "Yes" go to CP11 If "No" go to CP10	



CP10	In what state do you currently live?	1 Alabama 2 Alaska 4 Arizona 5 Arkansas 6 California 8 Colorado 9 Connecticut 10 Delaware 11 District of Columbia 12 Florida 13 Georgia 15 Hawaii 16 Idaho 17 Illinois 18 Indiana 19 Iowa 20 Kansas 21 Kentucky 22 Louisiana 23 Maine 24 Maryland 25 Massachusetts 26 Michigan 27 Minnesota 28 Mississippi 29 Missouri 30 Montana 31 Nebraska 32 Nevada 33 New Hampshire 34 New Jersey 35 New Mexico 36 New York 37 North Carolina 38 North Dakota 39 Ohio	
		37 North Carolina 38 North Dakota	



CP10		41 Oregon 42 Pennsylvania 44 Rhode Island 45 South Carolina 46 South Dakota 47 Tennessee 48 Texas 49 Utah 50 Vermont 51 Virginia 53 Washington 54 West Virginia 55 Wisconsin 56 Wyoming 66 Guam 72 Puerto Rico 78 Virgin Islands  If "77 Live outside US and participating territories 99 Refused" TERMINATE Read: Thank you very much, but we are only interviewing persons who live in the US.	
CP11	Do you also have a landline telephone in your home that is used to make and receive calls?	1 Yes 2 No 7 Don't know/ Not sure 9 Refused	
CP12	How many members of your household, including yourself, are 18 years of age or older?	Number 77 Don't know/ Not sure 99 Refused	Note: If CP08 = yes then number of adults is automatically set to





#### **CORE SECTION 1: HEALTH STATUS**

Question Number	Question Text	<u>Responses</u>	<u>Interviewer Notes</u>
CHS.01	Would you say that in general your health is—	Read: 1 Excellent 2 Very Good 3 Good 4 Fair 5 Poor Do not read: 7 Don't know/Not sure 9 Refused	



#### **CORE SECTION 2: HEALTHY DAYS**

<u>Question Number</u>	Question Text	<u>Responses</u>	Interviewer Notes	
CHD.01	Now thinking about your physical health, which includes physical illness and injury, for how many days during the past 30 days was your physical health not good?	Number of days (01-30) 88 None 77 Don't know/not sure 99 Refused	88 may be coded if respondent says "never" or "none" It is not necessary to ask respondents to provide a number if they indicate that this never occurs.	
CHD.02	Now thinking about your mental health, which includes stress, depression, and problems with emotions, for how many days during the past 30 days was your mental health not good?	Number of days (01-30) 88 None 77 Don't know/not sure 99 Refused Skip CHD.03 if CHD.01, PHYSHLTH, is 88 and CHD.02, MENTHLTH, is 88	88 may be coded if respondent says "never" or "none" It is not necessary to ask respondents to provide a number if they indicate that this never occurs.	
CHD.03	During the past 30 days, for about how many days did poor physical or mental health keep you from doing your usual activities, such as selfcare, work, or recreation?	_ Number of days (01-30) 88 None 77 Don't know/not sure 99 Refused 88 may be coded if respondent says "never" or "none" It is not necessary to ask respondents to provide a number if they indicate that this never occurs.		



#### **CORE SECTION 3: HEALTH CARE ACCESS**

Question Number	Question Text	<u>Responses</u>	Interviewer Notes
CHCA.01	What is the current primary source of your health insurance?	Read if necessary:  01 A plan purchased through an employer or union (including plans purchased through another person's employer)  02 A private nongovernmental plan that you or another family member buys on your own  03 Medicare  04 Medigap  05 Medicaid  06 Children's Health Insurance Program (CHIP)  07 Military related health care: TRICARE (CHAMPUS) / VA health care / CHAMP- VA  08 Indian Health Service  09 State sponsored health plan  10 Other government program  88 No coverage of any type  77 Don't Know/Not Sure 99 Refused	If respondent has multiple sources of insurance, ask for the one used most often.  If respondents give the name of a health plan rather than the type of coverage ask whether this is insurance purchased independently, through their employer, or whether it is through Medicaid or CHIP.
CHCA.02	Do you have one person (or a group of doctors) that you think of as your personal health care provider?	1 Yes, only one 2 More than one 3 No 7 Don't know / Not sure 9 Refused  If "no", read: Is there more than one, or is there no person who you think of as your personal doctor or health care provider?	NOTE: if the respondent had multiple doctor groups then it would be more than one—but if they had more than one doctor in the same group it would be one.



#### **CORE SECTION 3: HEALTH CARE ACCESS**

CHCA.03	Was there a time in the past 12 months when you needed to see a doctor but could not because you could not afford it?	1 Yes 2 No 7 Don't know / Not sure 9 Refused	
CHCA.04	About how long has it been since you last visited a doctor for a routine checkup?	Read if necessary:  1 Within the past year (anytime less than 12 months ago)  2 Within the past 2 years (1 year but less than 2 years ago)  3 Within the past 5 years (2 years but less than 5 years ago)  4 5 or more years ago  Do not read:  7 Don't know / Not sure  8 Never  9 Refused	Read if necessary: A routine checkup is a general physical exam, not an exam for a specific injury, illness, or condition.



### **CORE SECTION 4: EXERCISE**

Question Number	<u>Question Text</u>	<u>Responses</u>	Interviewer Notes
CEX.01	During the past month, other than your regular job, did you participate in any physical activities or exercises such as running, calisthenics, golf, gardening, or walking for exercise?	1 Yes 2 No 7 Don't know / Not sure 9 Refused  Do not read: If respondent does not have a regular job or is retired, they may count any physical activity or exercise they do.	



### **CORE SECTION 5: ORAL HEALTH**

Question Number	Question Text	<u>Responses</u>	Interviewer Notes
COH.01	Including all types of dentists, such as orthodontists, oral surgeons, and all other dental specialists, as well as dental hygienists, how long has it been since you last visited a dentist or a dental clinic for any reason?	Read if necessary:  1 Within the past year (anytime less than 12 months ago)  2 Within the past 2 years (1 year but less than 2 years ago)  3 Within the past 5 years (2 years but less than 5 years ago)  4 5 or more years ago  Do not read:  7 Don't know / Not sure  8 Never  9 Refused	
COH.02	Not including teeth lost for injury or orthodontics, how many of your permanent teeth have been removed because of tooth decay or gum disease?	Read if necessary:  1 1 to 5 2 6 or more but not all 3 All 8 None Do not read: 7 Don't know / Not sure 9 Refused  Read if necessary: If wisdom teeth are removed because of tooth decay or gum disease, they should be included in the count for lost teeth.	



#### **Prologue:**

Has a doctor, nurse, or other health professional ever told you that you had any of the following? For each, tell me Yes, No, Or You're Not Sure.

Question Number	Question Text	<u>Responses</u>	Interviewer Notes
CCHC.01	Ever told you that you had a heart attack also called a myocardial infarction?	1 Yes 2 No 7 Don't know / Not sure 9 Refused	
CCHC.02	(Ever told) (you had) angina or coronary heart disease?	1 Yes 2 No 7 Don't know / Not sure 9 Refused	
CCHC.03	(Ever told) (you had) a stroke?	1 Yes 2 No 7 Don't know / Not sure 9 Refused	
CCHC.04	(Ever told) (you had) asthma?	1 Yes If "Yes" go to CCHC.05  2 No 7 Don't know / Not sure 9 Refused If "No, Don't know/Not sure, or Refused" go to CCHC.06	



CCHC.05	Do you still have asthma?	1 Yes 2 No 7 Don't know / Not sure 9 Refused	
CCHC.06	(Ever told) (you had) skin cancer that is not melanoma?	1 Yes 2 No 7 Don't know / Not sure 9 Refused	
CCHC.07	(Ever told) (you had) any melanoma or any other types of cancer?	1 Yes 2 No 7 Don't know / Not sure 9 Refused	
CCHC.08	(Ever told) (you had) C.O.P.D. (chronic obstructive pulmonary disease), emphysema or chronic bronchitis?	1 Yes 2 No 7 Don't know / Not sure 9 Refused	
CCHC.09	(Ever told) (you had) a depressive disorder (including depression, major depression, dysthymia, or minor depression)?	1 Yes 2 No 7 Don't know / Not sure 9 Refused	



CCHC.10	Not including kidney stones, bladder infection or incontinence, were you ever told you had kidney disease?	1 Yes 2 No 7 Don't know / Not sure 9 Refused	Read if necessary: Incontinence is not being able to control urine flow.
CCHC.11	(Ever told) (you had) some form of arthritis, rheumatoid arthritis, gout, lupus, or fibromyalgia?	1 Yes 2 No 7 Don't know / Not sure 9 Refused	Do not read: Arthritis diagnoses include: rheumatism, polymyalgia rheumatic, osteoarthritis (not osteoporosis), tendonitis, bursitis, bunion, tennis elbow, carpal tunnel syndrome, tarsal tunnel syndrome, joint infection, Reiter's syndrome, ankylosing spondylitis; spondylosis, rotator cuff syndrome, connective tissue disease, scleroderma, polymyositis, Raynaud's syndrome, vasculitis, giant cell arteritis, Henoch- Schonlein purpura, Wegener's granulomatosis, polyarteritis nodosa)



CCHC.12	(Ever told) (you had) diabetes?	1 Yes (See Interview notes)  2 Yes, but female told only during pregnancy 3 No 4 No, pre-diabetes or borderline diabetes 7 Don't know / Not sure 9 Refused If "2-9 is selected" go to Pre-Diabetes Optional Module (if used). Otherwise, go to next section.	If yes and respondent is female, ask: was this only when you were pregnant? If respondent says pre-diabetes or borderline diabetes, use response code 4.
CCHC.13	How old were you when you were first told you had diabetes?	Code age in years [97 = 97 and older] 98 Don't know / Not sure 99 Refused  Go to Diabetes Module if used, otherwise go to next section.	



Question Number	Question Text	<u>Responses</u>	<u>Interviewer Notes</u>
CDEM.01	What is your age?	Code age in years 07 Don't know / Not sure 09 Refused	
CDEM.02	Are you Hispanic, Latino/a, or Spanish origin?	If yes, read: Are you  1 Mexican, Mexican American, Chicano/a  2 Puerto Rican  3 Cuban  4 Another Hispanic, Latino/a, or Spanish origin Do not read:  5 No  7 Don't know / Not sure 9 Refused	One or more categories may be selected.



CDEM.03	Which one or more of the following would you say is your race?	Please read:  10 White  20 Black or African American  30 American Indian or Alaska Native  40 Asian  41 Asian Indian  42 Chinese  43 Filipino  44 Japanese  45 Korean  46 Vietnamese  47 Other Asian  50 Pacific Islander  51 Native Hawaiian  52 Guamanian or Chamorro  53 Samoan  54 Other Pacific Islander  Do not read:  60 Other  88 No additional choices  77 Don't know / Not sure  99 Refused  If more than one response to  CDEM.03; continue to CDEM.04.  Otherwise, go to CDEM.05	If 40 (Asian) or 50 (Pacific Islander) is selected read and code subcategories underneath major heading. One or more categories may be selected.  If respondent indicates that they are Hispanic for race, please read the race choices.
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CDEM.04	Which one of these groups would you say best represents your race?	Please read: 10 White 20 Black or African American 30 American Indian or Alaska Native 40 Asian 41 Asian Indian 42 Chinese 43 Filipino 44 Japanese 45 Korean 46 Vietnamese 47 Other Asian 50 Pacific Islander 51 Native Hawaiian 52 Guamanian or Chamorro 53 Samoan 54 Other Pacific Islander  Do not read: 60 Other 77 Don't know / Not sure 99 Refused	If 40 (Asian) or 50 (Pacific Islander) is selected read and code subcategories underneath major heading.  If respondent has selected multiple races in previous and refuses to select a single race, code refused  If using SOGI module, insert here. Sex at birth module may be inserted here if not used in the screening section.
CDEM.05	Are you	Please read: 1 Married 2 Divorced 3 Widowed 4 Separated 5 Never married Or 6 A member of an unmarried couple Do not read: 9 Refused	



CDEM.06	What is the highest grade or year of school you completed?	Read if necessary:  1 Never attended school or only attended kindergarten  2 Grades 1 through 8 (Elementary)  3 Grades 9 through 11 (Some high school)  4 Grade 12 or GED (High school graduate)  5 College 1 year to 3 years (Some college or technical school)  6 College 4 years or more (College graduate)  Do not read:  9 Refused	
CDEM.07	Do you own or rent your home?	1 Own 2 Rent 3 Other arrangement 7 Don't know / Not sure 9 Refused	Other arrangement may include group home, staying with friends or family without paying rent. Home is defined as the place where you live most of the time/the majority of the year.  Read if necessary: We ask this question in order to compare health indicators among people with different housing situations.



CDEM.08	In what county do you currently live?	1 Own 2 Rent 3 Other arrangement 7 Don't know / Not sure 9 Refused ANSI County Code 777 Don't know / Not sure 999 Refused 888 County from another state	
CDEM.09	What is the ZIP Code where you currently live?	 77777 Do not know 99999 Refused If cell interview go to CDEM12	
CDEM.10	Not including cell phones or numbers used for computers, fax machines or security systems, do you have more than one landline telephone number in your household?	1 Yes 2 No 7 Don't know / Not sure 9 Refused Go to CDEM.12	
CDEM.11	How many of these landline telephone numbers are residential numbers?	Enter number (1-5) 6 Six or more 7 Don't know / Not sure 8 None 9 Refused	



CDEM.12	How many cell phones do you have for your personal use?	Enter number (1-5) 6 Six or more 7 Don't know / Not sure 8 None 9 Refused  Do not include cell phones that are used exclusively by other members of your household. Read if necessary: Include cell phones used for both business and personal use.	Last question needed for partial complete.
CDEM.13	Have you ever served on active duty in the United States Armed Forces, either in the regular military or in a National Guard or military reserve unit?	1 Yes 2 No 7 Don't know / Not sure 9 Refused	Read if necessary: Active duty does not include training for the Reserves or National Guard, but DOES include activation, for example, for the Persian Gulf War.
CDEM.14	Are you currently?	Read: 1 Employed for wages 2 Self-employed 3 Out of work for 1 year or more 4 Out of work for less than 1 year 5 A Homemaker 6 A Student 7 Retired Or 8 Unable to work Do not read: 9 Refused	



CDEM.15	How many children less than 18 years of age live in your household?	Number of children 88 None 99 Refused	
CDEM.16	Is your annual household income from all sources—	Read if necessary: 01 Less than \$10,000? 02 Less than \$15,000? (\$10,000 to less than \$15,000) 03 Less than \$20,000? (\$15,000 to less than \$20,000) 04 Less than \$25,000 05 Less than \$35,000 If (\$25,000 to less than \$35,000) 06 Less than \$50,000 If (\$35,000 to less than \$50,000) 07 Less than \$75,000? (\$50,000 to less than \$75,000) 08 Less than \$100,000? (\$75,000 to less than \$100,000) 09 Less than \$150,000? (\$100,000 to less than \$150,000)? 10 Less than \$200,000? (\$150,000 to less than \$200,000) 11 \$200,000 or more  Do not read: 77 Don't know / Not sure 99 Refused	Skip if Male (MSAB.01, BIRTHSEX, is coded 1). If MSAB.01=missing and (CP05=1 or LL12=1; or LL09 = 1 or LL07 =1). Or Age >49



CDEM.17	To your knowledge, are you now pregnant?	1 Yes 2 No 7 Don't know / Not sure 9 Refused	
CDEM.18	About how much do you weigh without shoes?	Weight (pounds/kilograms) 7777 Don't know / Not sure 9999 Refused	If respondent answers in metrics, put 9 in first column. Round fractions up
CDEM.19	About how tall are you without shoes?	/ Height (ft / inches/meters/centimeters) 77/ 77 Don't know / Not sure 99/ 99 Refused	If respondent answers in metrics, put 9 in first column. Round fractions down



#### **CORE SECTION 8: DISABILITY**

Question Number	<u>Question Text</u>	<u>Responses</u>	Interviewer Notes
CDIS.01	Some people who are deaf or have serious difficulty hearing use assistive devices to communicate by phone. Are you deaf or do you have serious difficulty hearing?	1 Yes 2 No 7 Don't know / Not sure 9 Refused	
CDIS.02	Are you blind or do you have serious difficulty seeing, even when wearing glasses?	1 Yes 2 No 7 Don't know / Not sure 9 Refused	
CDIS.03	Because of a physical, mental, or emotional condition, do you have serious difficulty concentrating, remembering, or making decisions?	1 Yes 2 No 7 Don't know / Not sure 9 Refused	
CDIS.04	Do you have serious difficulty walking or climbing stairs?	1 Yes 2 No 7 Don't know / Not sure 9 Refused	
CDIS.05	Do you have difficulty dressing or bathing?	1 Yes 2 No 7 Don't know / Not sure 9 Refused	
CDIS.06	Because of a physical, mental, or emotional condition, do you have difficulty doing errands alone such as visiting a doctor's office or shopping?	1 Yes 2 No 7 Don't know / Not sure 9 Refused	



# CORE SECTION 9: BREAST AND CERVICAL CANCER SCREENING

#### Skip to next module if sex/ sex at birth = male

The next questions are about breast and cervical cancer.

Question Number	<u>Question Text</u>	<u>Responses</u>	<u>Interviewer Notes</u>
CBCCS.01	Have you ever had a mammogram?	1 Yes If "Yes" got to CBCCS.02  2 No 7 Don't know/ not sure 9 Refused If "2-9" is selected go to CBCCS.03	A mammogram is an x-ray of each breast to look for breast cancer.
CBCCS.02	How long has it been since you had your last mammogram?	Read if necessary:  1 Within the past year (anytime less than 12 months ago)  2 Within the past 2 years (1 year but less than 2 years ago)  3 Within the past 3 years (2 years but less than 3 years ago)  4 Within the past 5 years (3 years but less than 5 years ago)  5 or more years ago  7 Don't know / Not sure  9 Refused	
CBCCS.03	There are two different kinds of tests to check for cervical cancer. One is a Pap smear or Pap test and the other is the HPV or Human Papillomavirus test.  Have you ever had a cervical cancer screening test?	1 1 Yes If "Yes" got to CBCCS.04  2 No 7 Don't know/ not sure 9 Refused If "2, 7 or 9" are selected, go to CBCCS.07	Read if necessary: These are routine tests for women in which a doctor or other health professional takes a sample from the cervix with a swab or brush and sends it to the lab.



# CORE SECTION 9: BREAST AND CERVICAL CANCER SCREENING

CBCCS.04	How long has it been since you had your last cervical cancer screening test?	Read if necessary:  1 Within the past year (anytime less than 12 months ago)  2 Within the past 2 years (1 year but less than 2 years ago)  3 Within the past 3 years (2 years but less than 3 years ago)  4 Within the past 5 years (3 years but less than 5 years ago)  5 or more years ago  7 Don't know / Not sure  9 Refused	
CBCCS.05	At your most recent cervical cancer screening, did you have a Pap test?	1 Yes 2 No 7 Don't know / Not sure 9 Refused	
CBCCS.06	At your most recent cervical cancer screening, did you have an H.P.V. test?	1 Yes 2 No 7 Don't know / Not sure 9 Refused	H.P.V. stands for Human papillomarvirus (pap-uh-loh-muh virus)
CBCCS.07	Have you had a hysterectomy?	1 Yes 2 No 7 Don't know / Not sure 9 Refused	Read if necessary: A hysterectomy is an operation to remove the uterus (womb).



# CORE SECTION 10: COLORECTAL CANCER SCREENING

If Section CDEM.01, AGE, is less than 45 go to next module.			
Question Number	Question Text	<u>Responses</u>	Interviewer Notes
CCRC.01	Colonoscopy and sigmoidoscopy are exams to check for colon cancer. Have you ever had either of these exams?	1 Yes If "Yes" go to CCRC.02  2 No 7 Don't know/ not sure 9 Refused If "No, Don't know/ not sure, or Refused" is selected go to CCRC.06	
CCRC.02	Have you had a colonoscopy, a sigmoidoscopy, or both?	1 Colonoscopy If "Colonoscopy" is selected go to CCRC.03 2 Sigmoidoscopy If "Sigmoidoscopy" is selected go to CCRC.04 3 Both If "Both" is selected go to CCRC.03 7 Don't know/Not sure If "Don't know/Not sure" go to CCRC.05 9 Refused If "Refused" is selected go to CCRC.06	



#### CORE SECTION 10: COLORECTAL CANCER SCREENING

CCRC.03	How long has it been since your most recent colonoscopy?	Read if necessary:  1 Within the past year (anytime less than 12 months ago)  2 Within the past 2 years (1 year but less than 2 years ago)  3 Within the past 5 years (2 years but less than 5 years ago)  4 Within the past 10 years (5 years but less than 10 years ago)  5 10 or more years ago  Do not read:  7 Don't know / Not sure  9 Refused	If CCRC.02 =3 (BOTH) continue to CCRC.04 an CCRC.05, Go to CCRC.06
CCRC.04	How long has it been since your most recent sigmoidoscopy?	Read if necessary:  1 Within the past year (anytime less than 12 months ago)  2 Within the past 2 years (1 year but less than 2 years ago)  3 Within the past 5 years (2 years but less than 5 years ago)  4 Within the past 10 years (5 years but less than 10 years ago)  5 10 or more years ago  Do not read:  7 Don't know / Not sure  9 Refused	Go to CCRC.06



CCRC.05	How long has it been since your most recent colonoscopy or sigmoidoscopy?	Read if necessary:  1 Within the past year (anytime less than 12 months ago)  2 Within the past 2 years (1 year but less than 2 years ago)  3 Within the past 5 years (2 years but less than 5 years ago)  4 Within the past 10 years (5 years but less than 10 years ago)  5 10 or more years ago  Do not read:  7 Don't know / Not sure  9 Refused	
CCRC.06	Have you ever had any other kind of test for colorectal cancer, such as virtual colonoscopy, CT colonography, blood stool test, FIT DNA, or Cologuard test?	1 Yes If "yes" go to CCRC.07  2 No 7 Don't Know/Not sure 9 Refused If "No. Don't know/Not sure or Refused" is selected go to Next Module	



CCRC.07	A virtual colonoscopy uses a series of X-rays to take pictures of inside the colon.Have you ever had a virtual colonoscopy?	1 Yes If "Yes" is selected go to CCRC.08  2 No 7 Don't Know/Not sure 9 Refused If "No. Don't know/Not sure or Refused" is selected go to CCRC.09	CT colonography, sometimes called virtual colonoscopy, is a new type of test that looks for cancer in the colon. Unlike regular colonoscopies, you do not need medication to make you sleepy during the test. In this new test, your colon is filled with air and you are moved through a donut-shaped X-ray machine as you lie on your back and then your stomach.
CCRC.08	When was your most recent CT colonography or virtual colonoscopy?	Read if necessary:  1 Within the past year (anytime less than 12 months ago)  2 Within the past 2 years (1 year but less than 2 years ago)  3 Within the past 5 years (2 years but less than 5 years ago)  4 Within the past 10 years (5 years but less than 10 years ago)  5 10 or more years ago  Do not read:  7 Don't know / Not sure  9 Refused	



CCRC.09	One stool test uses a special kit to obtain a small amount of stool at home and returns the kit to the doctor or the lab. Have you ever had this test?	1 Yes If "Yes" is selected go to CCRC.10  2 No 7 Don't Know/Not sure 9 Refused If "No. Don't know/Not sure or Refused" is selected go to CCRC.11	The blood stool or occult blood test, fecal immunochemical or FIT test determine whether you have blood in your stool or bowel movement and can be done at home using a kit. You use a stick or brush to obtain a small amount of stool at home and send it back to the doctor or lab.
CCRC.10	How long has it been since you had this test?	Read if necessary:  1 Within the past year (anytime less than 12 months ago)  2 Within the past 2 years (1 year but less than 2 years ago)  3 Within the past 3 years (2 years but less than 3 years ago)  4 Within the past 5 years (3 years but less than 5 years ago)  5 or more years ago  Do not read:  7 Don't know / Not sure  9 Refused	
CCRC.11	Another stool test uses a special kit to obtain an entire bowel movement at home and returns the kit to a lab. Have you ever had this test?	1 Yes If "Yes" is selected go to CCRC.12 2 No 7 Don't Know/Not sure 9 Refused If "No. Don't know/Not sure or Refused" is selected go to next module	



CCRC.12	Was the blood stool or FIT (you reported earlier) conducted as part of a Cologuard test?	1 Yes 2 No 7 Don't Know/Not sure 9 Refused	Cologuard is a new type of stool test for colon cancer. Unlike other stool tests, Cologuard looks for changes in DNA in addition to checking for blood in your stool. The Cologuard test is shipped to your home in a box that includes a container for your stool sample.
CCRC.13	How long has it been since you had this test?	Read if necessary:  1 Within the past year (anytime less than 12 months ago)  2 Within the past 2 years (1 year but less than 2 years ago)  3 Within the past 3 years (2 years but less than 3 years ago)  4 Within the past 5 years (3 years but less than 5 years ago)  5 or more years ago  Do not read:  7 Don't know / Not sure  9 Refused  Do not read:  7 Don't know / Not sure  9 Refused	



## **CORE SECTION 11: TOBACCO USE**

Question Number	Question Text	<u>Responses</u>	Interviewer Notes
CTOB.01	Have you smoked at least 100 cigarettes in your entire life?	1 Yes 2 No 7 Don't know/Not Sure 9 Refused If "No. Don't know/Not sure or Refused" is selected go to CTOB.03.	Do not include: electronic cigarettes (e-cigarettes, njoy, bluetip, JUUL), herbal cigarettes, cigars, cigarillos, little cigars, pipes, bidis, kreteks, water pipes (hookahs) or marijuana. 5 packs = 100 cigarettes.
CTOB.02	Do you now smoke cigarettes every day, some days, or not at all?	1 Every day 2 Some days 3 Not at all 7 Don't know / Not sure 9 Refused	
CTOB.03	Do you currently use chewing tobacco, snuff, or snus every day, some days, or not at all?	1 Every day 2 Some days 3 Not at all 7 Don't know / Not sure 9 Refused	Read if necessary: Snus (Swedish for snuff) is a moist smokeless tobacco, usually sold in small pouches that are placed under the lip against the gum.



## **CORE SECTION 11: TOBACCO USE**

CTOB.04	Would you say you have never used ecigarettes or other electronic vaping products in your entire life or now use them every day, use them some days, or used them in the past but do not currently use them at all?	1 Never used e-cigarettes in your entire life 2 Use them every day 3 Use them some days 4 Used them in the past but do not currently use them at all  Do not read: 7 Don't know / Not sure 9 9 Refused	These questions concern electronic vaping products for nicotine use. The use of electronic vaping products for marijuana use is not included in these questions.  Electronic cigarettes (ecigarettes) and other electronic vaping products include electronic hookahs (ehookahs), vape pens, ecigars, and others. These products are battery-powered and usually contain nicotine and flavors such as fruit, mint, or candy. Brands you may have heard of are JUUL, NJOY, or blu.  If respondent says "Not at all" ask that they do not mean "Never used ecigs in your entire life"
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# CORE SECTION 12: LUNG CANCER SCREENING

If CTOB.01=1 (yes) and CTOB.02 = 1, 2, or 3 (every day, some days, or not at all) continue, else go to CLC.04

Question Number	Question Text	<u>Responses</u>	Interviewer Notes
CLC.01	You've told us that you have smoked in the past or are currently smoking. The next questions are about screening for lung cancer.  How old were you when you first started to smoke cigarettes regularly?	Age in Years (001 - 100) 777 Don't know/Not sure 999 Refused 888 Never smoked cigarettes regularly If "Never smoked cigarettes regularly" is selected go to CLC.04  Note: Skip CLC.02 if SMOKDAY2 = 1	Regularly is at least one cigarette or more on days that a respondent smokes (either every day or some days) or smoked (not at all). If respondent indicates age inconsistent with previously entered age, verify that this is the correct answer and change the age of the respondent regularly smoking or make a note to correct the age of the respondent.
CLC.02	How old were you when you last smoked cigarettes regularly?	Age in Years (001 – 100) 777 Don't know/Not sure 999 Refused	



#### CORE SECTION 12: LUNG CANCER SCREENING

	<u> </u>		<del>                                     </del>
CLC.03	On average, when you [smoke/ smoked] regularly, about how many cigarettes {do/did} you usually smoke each day?	Number of cigarettes 777 Don't know/Not sure 999 Refused	Regularly is at least one cigarette or more on days that a respondent smokes (either every day or some days) or smoked (not at all). Respondents may answer in packs instead of number of cigarettes. Below is a conversion table: 0.5 pack = 10 cigarettes/ 1.75 pack = 35 cigarettes/ 0.75 pack = 15 cigarettes/ 2 packs = 40 cigarettes/ 1 pack = 20 cigarettes/ 2.5 packs= 50 cigarettes/ 1.25 pack = 25 cigarettes/ 3 packs= 60 cigarettes/ 1.5 pack = 30 cigarettes/ 1
CLC.04	The next question is about CT or CAT scans of your chest area. During this test, you lie flat on your back and are moved through an open, donut shaped x- ray machine. Have you ever had a CT or CAT scan of your chest area?	1 Yes 2 No 7 Don't know/not sure 9 Refused If "No. Don't know/Not sure or Refused" is selected go to next section.	



## CORE SECTION 12: LUNG CANCER SCREENING

CLC.05	Were any of the CT or CAT scans of your chest area done mainly to check or screen for lung cancer?	1 Yes 2 No 7 Don't know/not sure 9 Refused 9 Refused If "No. Don't know/Not sure or Refused" is selected go to next section.	
CLC.06	When did you have your most recent CT or CAT scan of your chest area mainly to check or screen for lung cancer?	Read only if necessary:  1 Within the past year (anytime less than 12 months ago)  2 Within the past 2 years (1 year but less than 2 years)  3 Within the past 3 years (2 years but less than 3 years)  4 Within the past 5 years (3 years but less than 5 years)  5 Within the past 10 years (5 years but less than 10 years ago)  6 10 or more years ago  Do not read:  7 Don't know / Not sure  9 Refused	



### **CORE SECTION 13: ALCOHOL CONSUMPTION**

#### **Prologue**

The next questions concern alcohol consumption. One drink of alcohol is equivalent to a 12-ounce beer, a 5-ounce glass of wine, or a drink with one shot of liquor.

Question Number	Question Text	<u>Responses</u>	Interviewer Notes
CALC.01	During the past 30 days, how many days per week or per month did you have at least one drink of any alcoholic beverage such as beer, wine, a malt beverage or liquor?	1 Days per week 2 Days in past 30 days 888 No drinks in past 30 days 777 Don't know / Not sure 999 Refused If "No drinks in past 30 days, Don't know/Not sure or Refused" is selected go to next section.	Read if necessary: A 40-ounce beer would count as 3 drinks, or a cocktail drink with 2 shots would count as 2 drinks.
CALC.02	During the past 30 days, on the days when you drank, about how many drinks did you drink on the average?	Number of drinks 88 None 77 Don't know / Not sure 99 Refused	Read if necessary: A 40-ounce beer would count as 3 drinks, or a cocktail drink with 2 shots would count as 2 drinks.
CALC.03	Considering all types of alcoholic beverages, how many times during the past 30 days did you have X [CATI X = 5 for men, X = 4 for women] or more drinks on an occasion?	Number of times 77 Don't know / Not sure 88 no days 99 Refused	CATI X = 5 for men, X = 4 for women (states may use sex at birth to determine sex if module is adopted)



## **CORE SECTION 13: ALCOHOL CONSUMPTION**

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## **CORE SECTION 14: IMMUNIZATION**

Question Number	Question Text	<u>Responses</u>	Interviewer Notes
CIMM.01	During the past 12 months, have you had either a flu vaccine that was sprayed in your nose or a flu shot injected into your arm?	1 Yes 2 No 7 Don't know / Not sure 9 Refused If "No. Don't know/Not sure or Refused" is selected go to CIMM.04	Read if necessary: A new flu shot came out in 2011 that injects vaccine into the skin with a very small needle. It is called Fluzone Intradermal vaccine. This is also considered a flu shot.
CIMM.02	During what month and year did you receive your most recent flu vaccine that was sprayed in your nose or flu shot injected into your arm?	/ Month / Year 77 / 7777 Don't know / Not sure 09 / 9999 Refused	



## **CORE SECTION 14: IMMUNIZATION**

CIMM.03	At what kind of place did you get your last flu shot or vaccine?	Read if necessary:  01 A doctor's office or health maintenance organization (HMO)  02 A health department  03 Another type of clinic or health center (a community health center)  04 A senior, recreation, or community center  05 A store (supermarket, drug store)  06 A hospital (inpatient)  07 An emergency room  08 Workplace  09 Some other kind of place  11 A school  Do not read:  12 A drive though location at some other place than listed above  10 Received vaccination in  Canada/Mexico  77 Don't know / Not sure  99 Refused	
CIMM.04	Have you ever had a pneumonia shot also known as a pneumococcal vaccine?	1 Yes 2 No 7 Don't know / Not sure 9 Refused	Read if necessary: There are two types of pneumonia shots: polysaccharide, also known as Pneumovax, and conjugate, also known as Prevnar.



## CORE SECTION 15: H.I.V./AIDS

<u>Question Number</u>	Question Text	<u>Responses</u>	Interviewer Notes
CHIV.01	Including fluid testing from your mouth, but not including tests you may have had for blood donation, have you ever been tested for H.I.V?	1 Yes 2 No 7 Don't know/ not sure 9 Refused	Please remember that your answers are strictly confidential and that you don't have to answer every question if you do not want to. Although we will ask you about testing, we will not ask you about the results of any test you may have had.
CHIV.02	Not including blood donations, in what month and year was your last H.I.V. test?	/ Code month and year 77/ 7777 Don't know / Not sure 99/ 9999 Refused *Note: If response is before January 1985, code "777777".	If the respondent remembers the year but cannot remember the month, code the first two digits 77 and the last four digits for the year.



## CORE SECTION 15: H.I.V./AIDS



## **CLOSING STATEMENT/ TRANSITION TO MODULES**

	Read if necessary	<u>Read</u>	CATI Instructions (not read)
w al Tl	hat was my last question. Everyone's answers ill be combined to help us provide information bout the health practices of people in this state. hank you very much for your time and poperation.		Read if no optional modules follow, otherwise continue to optional modules.



#### Module 3: Arthritis

Asked only if CCHC.11 = 1 (Only of those answering yes to arthritis question)			
Question Number	Question Text	<u>Responses</u>	Interviewer Notes
MARTH.01	Has a doctor or other health professional ever suggested physical activity or exercise, to help your arthritis or joint symptoms?	1 Yes 2 No 7 Don't know/ Not sure 9 Refused	If the respondent is unclear about whether this means increase or decrease in physical activity, this means increase.

#### Module 4: Shingles Vaccination

If age ≤ 49 Go to next module.			
Question Number	Question Text	<u>Responses</u>	<u>Interviewer Notes</u>
MSHNG.01	Have you ever had the shingles or zoster vaccine?	1 Yes 2 No 7 Don't know / Not sure 9 Refused	Shingles is an illness that results in a rash or blisters on the skin and is usually painful. There are two vaccines now available for shingles: Zostavax, which requires 1 shot and Shingrix which requires 2 shots.



#### **Module 6: Tetanus Vaccination**

Question Number	Question Text	<u>Responses</u>	Interviewer Notes
MARTH.01	Has a doctor or other health professional ever suggested physical activity or exercise, to help your arthritis or joint symptoms?	1 Yes, received Tdap 2 Yes, received tetanus shot, but not Tdap 3 Yes, received tetanus shot but not sure what type 4 No, did not receive any tetanus shot in the past 10 years 7 Don't know/Not sure 9 Refused	If yes, ask: Was this Tdap, the tetanus shot that also has pertussis or whooping cough vaccine?

#### <u>Module 7: Cancer Survivorship: Type of Cancer</u>

If CCHC.06 or CCHC.07 = 1 (Yes) continue, else go to next module.			
Question Number	Question Text	<u>Responses</u>	<u>Interviewer Notes</u>
MTOC.01	You've told us that you have had cancer. I would like to ask you a few more questions about your cancer.  How many different types of cancer have you had?	1 Only one 2 Two 3 Three or more  7 Don't know / Not sure 9 Refused If "Don't know/ Not sure, or refused is selected go to next module	



MTOC.02	At what age were you told that you had cancer?	Age in Years (97 = 97 and older) 98 Don't know/Not sure 99 Refused	If MTOC.01= 2 (Two) or 3 (Three or more), ask: At what age were you first diagnosed with cancer? Read if necessary: This question refers to the first time they were told about their first cancer.
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If CCHC.06 = 1 (Yes) and MTOC.01 = 1 (Only one): ask Was it Melanoma or other skin cancer? then code MTOC.03 as a response of 16 if Melanoma or 22 if other skin cancer

MTOC.03  What kind of cancer is it?	Read if respondent needs prompting for cancer type:  01 Bladder  02 Blood  03 Bone  04 Brain  05 Breast  06 Cervix/Cervical  07 Colon  08 Esophagus/Esophageal  09 Gallbladder  10 Kidney  11 Larynx-trachea  12 Leukemia  13 Liver	If MTOC.01 = 2 (Two) or 3 (Three or more), ask: With your most recent diagnoses of cancer, what type of cancer was it?
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ı	!
	14 Lung
	15 Lymphoma
	16 Melanoma
	17 Mouth/tongue/lip
	18 Ovary/Ovarian
	19 Pancreas/Pancreatic
	20 Prostate
	21 Rectum/Rectal
l	22 Skin (non-melanoma)
l	23 Skin (don't know what kind)
l	24 Soft tissue (muscle or fat)
l	25 Stomach
l	26 Testis/Testicular
l	27 Throat - pharynx
l	28 Thyroid
l	29 Uterus/Uterine
l	30 Other
	Do not read:
	77 Don't know / Not sure
l	99 Refused



#### Module 12: Caregiver

Question Number	Question Text	<u>Responses</u>	Interviewer Notes
MCARE.01	During the past 30 days, did you provide regular care or assistance to a friend or family member who has a health problem or disability?	1 Yes 2 No 7 Don't know/Not sure 8 Caregiving recipient died in past 30 days 9 Refused If "Don't know/ Not sure, Caregiving recipient died in past 30 days or refused" is selected go to next module	If caregiving recipient has died in the past 30 days, say: I'm so sorry for your loss and code
MCARE.02	What is their relationship to you?	1 Parent, stepparent, or parent-in-law 2 Grandparent, step grandparent or grandparent-in-law 3 Spouse or partner 4 Child or stepchild 5 Grandchild or step grandchild 6 Sibling, stepsibling, or sibling-in-law 7 Other relative 8 Friend or non-relative 77 Don't know/Not sure 99Refused	If respondent provides care for more than one person, say: "Please refer to the person whom you are providing the most care." Read selections if necessary or unable to code.
MCARE.03	What is the main health problem or disability that the person you care for has?	1)Alzheimer's disease, dementia, or other cognitive impairment 2)Heart disease, hypertension, or stroke 3)Cancer 4)Diabetes 5)Injuries including broken bones or traumatic brain injury	If MCARE.03 = 1 (Alzheimer's disease, dementia or other cognitive impairment disorder), go to MCARE.05. Otherwise, continue



-			
		1)Alzheimer's disease, dementia, or other cognitive impairment 2)Heart disease, hypertension, or stroke 3)Cancer 4)Diabetes 5)Injuries including broken bones or traumatic brain injury 6)Mental illness such as depression, anxiety, or schizophrenia 7)Developmental disorders such as autism, Down syndrome, or spina bifida 8)Respiratory conditions such as asthma, emphysema, or chronic obstructive pulmonary disease 9)Arthritis/rheumatism 10)Hearing or vision loss 11)Movement disorders such as Parkinson's, spinal cord injury, multiple sclerosis or cerebral palsy 12)Old age, infirmity, or frailty 13)Other 77 Don't know/Not sure 99 Refused	
MCARE.04	Does the person you care for also have Alzheimer's disease, dementia or other cognitive impairment disorder?	1Yes 2No 7Don't Know/Not sure 9 Refused	



	1		
MCARE.05	In the past 30 days, did you provide regular care for this person by helping with nursing or medical tasks such as injections, wound care, or tube feedings?	1Yes 2No 7Don't Know/Not sure 9 Refused	
MCARE.06	In the past 30 days, did you provide regular care for this person by managing personal care such as bathing, getting to the bathroom, or helping to eat?	1Yes 2No 7Don't Know/Not sure 9 Refused	
MCARE.07	In the past 30 days, did you provide regular care for this person by managing household tasks such as help with transportation, shopping, or managing money?	1Yes 2No 7Don't Know/Not sure 9 Refused	



MCARE.08	In an average week, how many hours do you provide regular care or assistance? Would you say	Please read: 1)Less than 20 hours per week (19 hours or less) 2)Less than 40 hours per week (more than 19 hours, but less than 40 hours) 3)40 hours or more per week Do not read: 7Don't Know/ Not Sure 9Refused	
MCARE.09	For how long have you provided regular care to this person?	Read if necessary:  1) Within the past 30 days (anytime less than 30 days ago)  2) Within the past 2 years (more than 30 days but less than 2 years ago)  3) Within the past 5 years (more than 2 years but less than 5 years ago)  4) 5 years or more  Do not read:  7 Don't Know/ Not Sure  9 Refused	



#### Module 13: Adverse Childhood Experiences

#### Prologue:

I'd like to ask you some questions about events that happened during your childhood. This information will allow us to better understand problems that may occur early in life and may help others in the future. This is a sensitive topic and some people may feel uncomfortable with these questions. At the end of this section, I will give you a phone number for an organization that can provide information and referral for these issues. Please keep in mind that you can ask me to skip any question you do not want to answer. All questions refer to the time period before you were 18 years of age.

\*Be aware of the level of stress introduced by questions in this section and be familiar with the crisis plan.\*

Question Number	Question Text	<u>Responses</u>	<u>Interviewer Notes</u>
M15.01	Now, looking back before you were 18 years of age 1) Did you live with anyone who was depressed, mentally ill, or suicidal?	1 Yes 2 No 7 Don't Know/Not Sure 9 Refused	
M15.02	Did you live with anyone who was a problem drinker or alcoholic?	1 Yes 2 No 7 Don't Know/Not Sure 9 Refused	
M15.03	Did you live with anyone who used illegal street drugs or who abused prescription medications?	1 Yes 2 No 7 Don't Know/Not Sure 9 Refused	
M15.04	Did you live with anyone who served time or was sentenced to serve time in a prison, jail, or other correctional facility?	1 Yes 2 No 7 Don't Know/Not Sure 9 Refused	



M15.05	Were your parents separated or divorced?	1 Yes 2 No 8 Parents not married 7 Don't Know/Not Sure 9 Refused
M15.06	How often did your parents or adults in your home ever slap, hit, kick, punch or beat each other up?	Read: 1 Never 2 Once 3 More than once Don't Read: 7 Don't know/Not Sure 9 Refused
M15.07	Not including spanking, (before age 18), how often did a parent or adult in your home ever hit, beat, kick, or physically hurt you in any way? Was it—	Read: 1 Never 2 Once 3 More than once Don't Read: 7 Don't know/Not Sure 9 Refused
M15.08	How often did a parent or adult in your home ever swear at you, insult you, or put you down? Was it	Read: 1 Never 2 Once 3 More than once Don't Read: 7 Don't know/Not Sure 9 Refused
M15.09	How often did anyone at least 5 years older than you or an adult, ever touch you sexually? Was it	Read: 1 Never 2 Once 3 More than once Don't Read: 7 Don't know/Not Sure 9 Refused



M15.10	How often did anyone at least 5 years older than you or an adult, try to make you touch them sexually? Was it	Read: 1 Never 2 Once 3 More than once Don't Read: 7 Don't know/Not Sure 9 Refused
M15.11	How often did anyone at least 5 years older than you or an adult, force you to have sex? Was it	Read: 1 Never 2 Once 3 More than once Don't Read: 7 Don't know/Not Sure 9 Refused
M15.12	For how much of your childhood was there an adult in your household who made you feel safe and protected? Would you say never, a little of the time, some of the time, most of the time, or all of the time?	<ol> <li>Never</li> <li>A little of the time</li> <li>Some of the time</li> <li>Most of the time</li> <li>All of the time</li> <li>Don't Know/Not sure</li> <li>Refuse</li> </ol>
M15.13	For how much of your childhood was there an adult in your household who tried hard to make sure your basic needs were met? Would you say never, a little of the time, some of the time, most of the time, or all of the time?	<ol> <li>Never</li> <li>A little of the time</li> <li>Some of the time</li> <li>Most of the time</li> <li>All of the time</li> <li>Don't Know/Not sure</li> <li>Refused</li> </ol>



Would you like	
for me to provide	
a toll-free	
number for an	If yes provide
organization that	number [STATE TO
can provide	INSERT NUMBER
information and	HERE]
referral for the	
issues in the last	
few questions.	



#### Module 15: Marijuana Use

#### **Preamble**

The following questions are about marijuana or cannabis. Do not include hemp-based or CBD-only products in your responses.

Question Number	Question Text	<u>Responses</u>	<u>Interviewer Notes</u>
MMU.01	During the past 30 days, on how many days did you use marijuana or cannabis?	01-30 Number of days 88 None 77 Don't know/not sure 99 Refused If "None, Don't know/not sure or Refused" is selected go to next module.	Do not include hemp- based CBD-only products.
MMU.02	During the past 30 days, did you smoke it (for example, in a joint, bong, pipe, or blunt)?	1 Yes 2 No 7 Don't Know/Not Sure 9 Refused	Do not include hemp- based CBD-only products.
MMU.03	eat it or drink it (for example, in brownies, cakes, cookies, or candy, or in tea, cola, or alcohol)?	1 Yes 2 No 7 Don't Know/Not Sure 9 Refused	Do not include hemp- based CBD-only products.
MMU.04	vaporize it (for example, in an e-cigarette-like vaporizer or another vaporizing device)	1 Yes 2 No 7 Don't Know/Not Sure 9 Refused	Do not include hemp- based CBD-only products.



#### Module 15: Marijuana Use

MMU.05	dab it (for example, using a dabbing rig, knife, or dab pen)?	1 Yes 2 No 7 Don't Know/Not Sure 9 Refused	Do not include hemp-based CBD- only products.
MMU.06	use it in some other way?	1 Yes 2 No 7 Don't Know/Not Sure 9 Refused  Note: If respondent answers yes to only one type of use, skip MMU.07. Create CATI to only show the options of use that the respondents chose in earlier questions (MMU.02-MMU.06).	Do not include hemp-based CBD- only products.
MMU.07	During the past 30 days, which one of the following ways did you use marijuana the most often? Did you usually	Read:  1 Smoke it (for example, in a joint, bong, pipe, or blunt).  2 Eat it nor drink it (for example, in brownies, cakes, cookies, or candy or in tea, cola or alcohol)  3 Vaporize it (for example, in an ecigarette-like vaporizer or another vaporizing device)  4 Dab it (for example, using a dabbing rig, knife, or dab pen), or 5 Use it some other way.  Do not read:  7 Don't know/not sure  9 Refused	Select one. If respondent provides more than one say: Which way did you use it most often?  Do not include hemp-based CBD-only products.



#### Module 17: Other Tobacco Use

Question Number	Question Text	<u>Responses</u>	Interviewer Notes
		ASK IF CTOB.02 = 1,2	
MOTU.01	Currently, when you smoke cigarettes, do you usually smoke menthol cigarettes?	1 Yes 2 No 7 Don't know / Not sure 9 Refused	
		ASK IF CTOB.04 = 2, 3	
MOTU.02	Currently, when you use e-cigarettes, do you usually use menthol e-cigarettes?	1 Yes 2 No 7 Don't know / Not sure 9 Refused	

#### Prologue:

The next question is about heated tobacco products. Some people refer to these as "heat not burn" tobacco products. These heat tobacco sticks or capsules to produce a vapor. Some brands of heated tobacco products include iQOS [eye-kos], Glo, and Eclipse.

MOTU.03  Before today, have you heard of heated tobacco products?	1 Yes 2 No 7 Don't know / Not sure 9 Refused	
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#### Module 19: Firearm Safety

#### **Prologue**

The next questions are about safety and firearms. Some people keep guns for recreational purposes such as hunting or sport shooting. People also keep guns in the home for protection. Please include firearms such as pistols, revolvers, shotguns, and rifles; but not BB guns or guns that cannot fire. Include those kept in a garage, outdoor storage area, or motor vehicle.

Question Number	Question Text	<u>Responses</u>	<u>Interviewer Notes</u>
MFS.01	Are any firearms now kept in or around your home?	1 Yes 2 No 7 Don't know/ not sure 9 Refused If "None, Don't know/not sure or Refused" is selected go to next module.	Do not include guns that cannot fire; include those kept in cars, or outdoor storage.
MFS.02	Are any of these firearms now loaded?	1 Yes 2 No 7 Don't know/ not sure 9 Refused If "No, Don't know/not sure or Refused" is selected go to next module.	
MFS.03	Are any of these loaded firearms also unlocked?	1 Yes 2 No 7 Don't know/ not sure 9 Refused	By unlocked, we mean you do not need a key or a combination or a hand/fingerprint to get the gun or to fire it. Don't count the safety as a lock.



#### Module 24: Sexual Orientation and Gender Identity (SOGI)

#### **Prologue**

The next two questions are about sexual orientation and gender identity If sex= male (using BIRTHSEX, CELLSEX, LANDSEX ) continue, otherwise go to MSOGI.01b.

Question Number	Question Text	<u>Responses</u>	Interviewer Notes
MSOGI.01a	Which of the following best represents how you think of yourself?	1 = Gay 2 = Straight, that is, not gay 3 = Bisexual 4 = Something else 7 = I don't know the answer 9 = Refused	Read if necessary: We ask this question in order to better understand the health and health care needs of people with different sexual orientations.  Please say the number before the text response. Respondent can answer with either the number or the text/word.
MSOGI.01b	Which of the following best represents how you think of yourself?	1 = Lesbian or Gay 2 = Straight, that is, not gay 3 = Bisexual 4 = Something else 7 = I don't know the answer 9 = Refused	Read if necessary: We ask this question in order to better understand the health and health care needs of people with different sexual orientations.  Please say the number before the text response. Respondent can answer with either the number or the text/word.



#### Module 24: Sexual Orientation and Gender Identity (SOGI)

MSOGI.02	Do you consider yourself to be transgender?	1 Yes, Transgender, male-to-female 2 Yes, Transgender, female to male 3 Yes, Transgender, gender nonconforming 4 No 7 Don't know/not sure 9 Refused	Read if necessary: Some people describe themselves as transgender when they experience a different gender identity from their sex at birth. For example, a person born into a male body, but who feels female or lives as a woman would be transgender. Some transgender people change their physical appearance so that it matches their internal gender identity. Some transgender people take hormones and some have surgery. A transgender person may be of any sexual orientation – straight, gay, lesbian, or bisexual.  If asked about definition of gender non-conforming: Some people think of themselves as gender nonconforming when they do not identify only as a man or only as a woman.  If yes, ask Do you consider yourself to be 1. male-to-female, 2. female-to-male, or 3. gender nonconforming?  Please say the number before the text response. Respondent can answer with either the number or the text/word.
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#### Module 25: Family Planning

#### Prologue:

The next set of questions asks you about your experiences preventing pregnancy and using birth control, also known as family planning. Questions that ask about sexual intercourse are referring to sex where a penis is inserted into the vagina.

Note: If respondent greater than 49 years of age, has had a hysterectomy, is pregnant, or if respondent is male go to the next module.

Question Number	Question Text	Responses	<u>Interviewer Notes</u>
MFP.01	In the past 12 months, did you have sexual intercourse?	1 Yes 2 No 7 Don't know/ not sure 9 Refused If "No, Don't know/not sure or Refused" is selected go to next module.	
MFP.02	Some things people do to keep from getting pregnant include not having sex at certain times of the month, pulling out, using birth control methods such as the pill, implant, shots, condoms, or IUD, having their tubes tied, or having a vasectomy. The last time you had sexual intercourse, did you or your partner do anything to keep you from getting pregnant?	1 Yes 2 No 7 Don't know/ not sure 9 Refused If "No, Don't know/not sure or Refused" is selected go to MFP.04.	



#### Module 25: Family Planning



#### Module 25: Family Planning

MFP.04	Some reasons people might not do anything to keep from getting pregnant might include wanting a pregnancy, not being able to pay for birth control, or not thinking that they can get pregnant.  What was your main reason for not doing anything to prevent pregnancy the last time you had sexual intercourse?	Read if necessary 01 You didn't think you were going to have sex/no regular partner 02 You just didn't think about it 03 You wanted a pregnancy 04 You didn't care if you got pregnant 05 You or your partner didn't want to use birth control (side effects, don't like birth control) 06 You had trouble getting or paying for birth control 07 You didn't trust giving out your personal information to medical personnel 08 Didn't think you or your partner could get pregnant (infertile or too old) 09 You were using withdrawal or "pulling out" 10 You had your tubes tied (sterilization) 11 Your partner had a vasectomy (sterilization) 12 You were breast-feeding or you just had a baby 13 You were assigned male at birth 14 Other reasons Do not read: 77 Don't know/Not sure 99 Refused	If respondent reports "other reason," ask respondent to "please specify" and ensure that their response does not fit into another category. If response does fit into another category, please mark appropriately.
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#### Module 25: VA State-Added 1: Family Planning (NEW)

IF RESPONDENT GREATER THAN 49 YEARS OF AGE, HAS HAD A HYSTERECTOMY, IS PREGNANT, OR IF RESPONDENT IS MALE GO TO THE NEXT MODULE.

Question Number	Question Text	<u>Responses</u>	Interviewer Notes
VA1.1	The next few questions ask about your recent experiences in accessing birth control. Some women use birth control for health reasons not related to pregnancy, regardless of whether they are sexually active. In the past 12 months, have you ever had a time where you needed birth control but couldn't get it?	1 Yes 2 No 7 Don't know / Not sure 9 Refused	If respondent experienced ANY problems getting birth control in the last 12 months, code as 'Yes.'
VA1.2	What is the main reason that delayed or stopped you from being able to access birth control when you needed it?	Read only if necessary:  01 The clinic, pharmacy or store wasn't open when I needed to go 02 The clinic, pharmacy or store was too far away  03 I didn't have health insurance  04 It was too expensive  05 I didn't know enough about the methods available to me	



		Read only if necessary:  01 The clinic, pharmacy or store wasn't open when I needed to go 02 The clinic, pharmacy or store was too far away  03 I didn't have health insurance  04 It was too expensive  05 I didn't know enough about the methods available to me  06 The clinic, pharmacy or store didn't have the specific birth control method I wanted  07 The clinic, pharmacy or store doesn't provide birth control at all  08 My prescription ran out and I didn't get it renewed  09 I didn't have a doctor and so couldn't get a prescription  10 I didn't know where to go to get birth control  11 My partner didn't want me to use birth control  12 I was thinking about becoming pregnant  13 Other	
VA2.3	In the last 12 months, when you saw a doctor (or other health care provider), did you have a conversation about your desire to avoid pregnancy or become pregnant? Please select the answer that best represents your most recent experience.	PLEASE READ:  1 Yes, I brought it up with my provider 2 Yes, my provider brought it up with me 3 No 4 I haven't seen a doctor in the last 12 months 7 DON'T KNOW / NOT SURE 9 REFUSED	READ IF NECESSARY: Going to the doctor could include visits like an annual check- up or going for a specific health condition not necessarily related to reproductive health.



VA2.4	The last time you got birth control, how did you pay for it?	READ IF NECESSARY:  1 My insurance covered the entire cost  2 My insurance covered most of it, I paid a copay 2023 Virginia BRFSS Questionnaire 45  3 I paid for all of it out-of-pocket 4 The clinic helped me pay for it 5 Someone else (friend, family, partner) helped me pay for it 6 I enrolled in a clinical trial in order to get it 88 DOESN'T APPLY—MY METHOD DOESN'T REQUIRE ME TO PAY ANYTHING 77 DON'T KNOW / NOT SURE 99 REFUSED	
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#### VA State-Added 2: Traumatic Brain Injury (NEW)

Question Number	<u>Question Text</u>	<u>Responses</u>	Interviewer Notes
VA2.1	Has a doctor or other health professional ever told you that you have suffered a traumatic brain injury (TBI)?	1 Yes 2 No 7 Don't know / Not sure 9 Refused	



#### VA State-Added 3: Veteran's Health (2023, VA State-Added 6)

The next questions ask about your risk for possible suicide. To be able to develop helpful suicide interventions, we need to understand how many people in our state are at risk. Although this is a sensitive topic, we ask that you answer the following questions to the best of your ability. We also want to assure you again that the answers to these questions are completely confidential.

Las siguientes preguntas se refieren a su riesgo de posible suicidio. Para poder desarrollar intervenciones útiles contra el suicidio, debemos entender cuántas personas en nuestro expresar están en riesgo. Aunque este es un tema delicado, le pedimos que responda las siguientes preguntas lo mejor que pueda. También queremos asegurarle una vez más que las respuestas a estas preguntas son completamente confidenciales

Question Number	Question Text	<u>Responses</u>	Interviewer Notes
VA3.1	Has there been a time in the past 12 months when you thought of taking your own life?  ¿Ha habido algún momento en los últimos 12 meses en el que haya pensado en quitarse la vida?	1 Yes 2 No 7 Don't know / Not sure 9 Refused  IF VA3.1 = 2,7, OR 9, GO TO CLOSING STATEMENT	
VA3.2	During the past 12 months, did you attempt to commit suicide? Would you say  Durante los últimos 12 meses, ¿intentó suicidarse? ¿Diría usted que?	Please Read: 1 Yes, but did not require treatment 2 Yes, was treated at a VA facility 3 Yes, was treated at a non-VA facility 4 No  Do not read: 7 Don't know / Not sure 9 Refused	1 Sí, pero no requirió tratamiento 2 Sí, fue tratado en un centro de VA 3 Sí, fue tratado en un centro no perteneciente a VA 4 No



#### **Ending statement for section**

I realize this can be a sensitive topic and some people may feel uncomfortable with these questions. If you or anyone you know would ever like to talk to someone about suicide you can call the National Suicide Prevention Lifeline at '988' or 1-800-273-8255 or the National [DD1] Hopeline Network at 1-800-784-2433. If you serve in the armed forces, are a veteran or family member you can call the Veterans Crisis Hotline 1-800-273-8255 and Press "1". Would you like me to repeat any of these numbers?

Tengo presente de que esto puede ser un tema delicado y algunas personas pueden sentirse incómodas con estas preguntas. Si a usted o a alguien que conoce le gustaría hablar con alguien sobre el suicidio, puede llamar a la Línea Nacional de Prevención del Suicidio al 1-800-273-8255 o a la Red Nacional Hopeline al 1-800-784-2433. Si sirve en las fuerzas armadas, si es un veterano o un miembro de su familia, puede llamar a la línea directa para crisis de veteranos al 1-800-273-8255 y presionar "1". ¿Desea que repita alguno de estos números?



# VA State-Added 4: Gambling (VA 2022, State-Added 6) \*\*\*\*Asked for all respondents\*\*\*\*

Question Number	Question Text	<u>Responses</u>	<u>Interviewer Notes</u>
VA4.1	During the past 12 months, how many times have you gambled or bet with money or possessions?  Durante los últimos 12 meses, ¿cuántas veces ha jugado o apostado con dinero o posesiones?	Read if Necessary:  1 0 times (GOTO Next Section) 2 1 or 2 times 3 3 to 9 times 4 10-19 times 5 20-39 times 6 40 or more times 7 Don't Know/Not Sure (GOTO Next Section) 9 Refused (GOTO Next Section) 1 0 veces 2 1 o 2 veces 3 3 a 9 veces 4 10 a 19 veces 5 20 a 39 veces 6 40 veces o más	INTERVIEWER NOTE: Types of gambling include casino, races, online games, lottery tickets, scratch tickets, bingo, keno, dice, raffles, video terminals, cards, fantasy sports, or sporting events.  Los tipos de juegos de apuesta incluyen el casino, las carreras, los juegos en línea, los billetes de lotería, los boletos para rascar, el bingo, el keno, los dados, las rifas, los terminales de vídeo, las cartas, los deportes de fantasía o los eventos deportivos.
VA4.2	Has the money or time that you spent on gambling led to financial problems or problems in your family, work, school, or personal life?  ¿El dinero o el tiempo que ha dedicado al juego le ha ocasionado problemas económicos o problemas en su familia, trabajo, escuela o vida personal?	1 Yes 2 No 7 Don't know / Not sure 9 Refused	



#### **CLOSING STATEMENT**

That was my last question. Everyone's answers will be combined to help us provide information about the health practices of people in Virginia. Thank you very much for your time and cooperation.