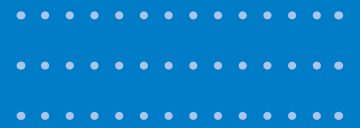




Bright Smiles



For Babies Virginia Oral Health Partnership for Children



Manual



Bright Smiles for Babies Virginia Oral Health Partnership for Children

Virginia Department of Health, Dental Health Program
109 Governor Street, Richmond, Virginia 23219
(804) 864-7775

The VDH Dental Health Program is pleased to provide you with our training manual for the **Bright Smiles for Babies (BSB)** program focused on infants and toddlers **under the age of three years**. The program includes oral screenings, fluoride varnish applications, and anticipatory guidance.

This manual contains evidence-based information, materials, and resources that you may use to implement this prevention program. Reviewing the contents of this manual is a highly recommended part of the BSB training. Feel free to print and share any of the resources included.

Periodically, manual materials are updated and revised. To access updated resources, please visit our website: <https://www.vdh.virginia.gov/oral-health/>, click on Programs, then Bright Smiles for Babies.

Please contact the VDH Dental Health Program (804) 864-7775 if you have any questions.

Our goal is to help you provide an oral health educational and treatment program for young children in your care. Thank you for your support of this oral health initiative. Your time and commitment contribute to healthy mouths across the Commonwealth of Virginia.

We would like to acknowledge and thank the “Into the Mouths of Babes” North Carolina Dental Screening and Varnish Project and Kelly Haupt, Program Coordinator, for their generous support in the development of this program.

BRIGHT SMILES FOR BABIES (BSB) MANUAL TABLE OF CONTENTS

BSB Manual Introduction - **PLEASE READ FIRST**

BSB Manual Table of Contents

How to Get Started

Tab 1 – BSB Oral Health Protocol

- BSB Oral Health Protocol (VDH)
- Dental Referral Guidelines for Infants and Toddlers
- Sample Dental Screening Report and Parent Instructions (English/Spanish)
- Sample Fluoride Varnish Consent and Treatment Record Forms (English/Spanish)

Tab 2 – Assessment and Varnish

- Bright Futures Oral Assessment Periodicity Schedule (AAP)
- BSB Key Oral Health Messages
- BSB Oral Health Risk Assessment Form
- BSB Oral Health Assessment Guidance
- BSB Oral Screening and Fluoride Varnish Procedures
- Caries Risk Assessment Guideline (AAPD)
- Dental Growth and Development Chart (AAPD)
- Fluoride Topical and Systemic Supplements (ADA)
- Fluoride Varnish Handout (English/Spanish)
- Oral Health Risk Assessment Tool (AAP)
- Oral Health Electronic Health Record (EHR) Sample Template

Tab 3 – Anticipatory Guidance (for provider reference)

- Infancy – 12 Months
- 1 Year – 2 Years
- 2 Years – 3 Years
- Children with Special Health Care Needs (CSHCN)
- Topical Fluoride Recommendations for Children Under Age 6 Years

Tab 4 – Parent Handouts (Feel free to print & share)

- Baby Teeth Care (English/Spanish)
- Brushing a Child's Teeth (English/Spanish)
- Common Questions About Fluoride: A Resource for Parents/Caregivers (AAP)
- Fluorosis Facts: A Resource for Parents/Caregivers (AAP)
- Important Information on Primary (Baby) Teeth (English/Spanish)
- Nutrition and Oral Health (English/Spanish)
- Plaque and Tooth Decay (English/Spanish)

Tab 5 – Children with Special Health Care Needs (CSHCN)

- Dental Care Everyday: A Caregiver's Guide (NIDCR booklet)
- Healthy Mouth for People with Special Health Care Needs (VDH) (English/Spanish)
- Oral Conditions in Children with Special Needs (NIDCR) for providers

Tab 6 – Review of Literature

- ASTDD Fluoride Varnish Policy Statement
- Fluoride Varnish Efficacy in Preventing Early Childhood Caries (Weintraub)
- The Role of Physicians in Children’s Oral Health (NASHP)

Tab 7 – Oral Health for Pregnant Women

- Oral Health During Pregnancy (DentaQuest)
- Oral Health in Pregnancy (JOGNN)
- Pregnancy Oral Health Online Resources
- Pre-natal Anticipatory Guidance
- Smiles for Children ADULT Benefits, including full benefits for pregnant women
- Tips for Oral Health During Pregnancy (MCOH)

Tab 8 – Miscellaneous

- AAPD Early Childhood Caries Classifications, Consequences and Prevention
- AAPD Periodicity Chart
- AAPD Periodicity Guidelines
- AAPD Policy on Use of Fluoride
- Educational Resources Order Form (VDH)
- Evidence-Based Oral Health Websites for Early Childhood and ISHCN
- Medicaid Reimbursement for Medical Providers
- Resources for Dental and Fluoride Varnish Supplies

How to Get Started

You have taken the first step by participating in the Bright Smiles for Babies (BSB) online or in-person training. Here are some additional tips that may be helpful in moving towards implementation.

Tips:

- Take the time to review the BSB manual and develop an implementation plan. This can be based on input from all staff members who will be directly involved or affected. Hold a staff meeting and ask for suggestions and ideas.
- Decide how to 'flag' potential and existing varnish patients. This can be done using color coding labels on patient files.
- Set a target start date.
- Identify an 'in-office varnish coordinator' who is responsible for carrying out the plan and:
 - Acting as liaison to the Virginia Department of Health (VDH) Dental Health Program for questions/guidance
 - Ordering materials (and incorporate into your re-order system)
 - Clinical
 - Education pamphlets from VDH
 - Stocking clinic rooms or central supply location with all supplies; or use a small, plastic, portable 'tote box' to easily move supplies from room to room.
 - Making copies of necessary forms, including education materials in this manual (and periodically checking for updated forms)
 - Adapting electronic records to document services
 - Developing list of local dentists who accept Medicaid