

WHAT IS NALOXONE?



Naloxone is a medication designed to rapidly **REVERSE** opioid overdoses.

Naloxone:

- Temporarily blocks the effects of opioid overdose allowing the person to breath on their own until help arrives*
- Takes 1-3 minutes to take effect and may require more than one dose.
- Does NOT work on alcohol or other non-opioid substances
- Will not cause harm if a non-overdose related medical emergency is occurring.

*Naloxone effects can last 30-90 minutes and varies per person

Reduce Risk!

Main risks linked to overdose include:

- Mixing different substances
- Using drugs when alone
- History of serious, non-fatal overdoses

Three ways to obtain Naloxone:

- ✓ *Select Pharmacies*
- ✓ *Local Health Departments*
- ✓ *Community Services Boards*

For additional resources and training opportunities, visit:



REVIVE!
DBHDS



dbhds.virginia.gov

DBHDS

Virginia Department of Behavioral Health
and Developmental Services

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How to Recognize and
Respond to an Opioid
Overdose Emergency
with Naloxone



SAMHSA
Substance Abuse and Mental Health
Services Administration

VDH VIRGINIA
DEPARTMENT
OF HEALTH

What is an Opioid?



Opioids are a class of drug that interact with nerve cells to reduce physical pain.

Opioids include prescription pain medications like:

- Oxycodone (OxyContin, Percocet)
- Hydrocodone (Lortab, Vicodin)
- Codeine

Also found in street drugs like:

- Heroin
- Fentanyl

Respond with Naloxone

- ❖ Check for Responsiveness



- ❖ Call 911



- ❖ Administer Naloxone



- ❖ Begin rescue breathing if they aren't breathing on their own and continue until help arrives.

- ✓ Tilt chin up
- ✓ Plug or pinch both nostrils
- ✓ Breathe gently into their mouth



What is an Overdose?

When a person consumes more opioids than their body can tolerate, it can stop central nervous system functions such as breathing and heartbeat.



- Unresponsive to yelling, ear lobe pinch or a sternum rub
- Not breathing or having slow/shallow breaths
- For lighter skinned people, the skin tone turns bluish purple, for darker skinned people, it turns grayish or ashen