PRESCRIPTION VS. OVER-THE-COUNTER NALOXONE



The Virginia Department of Health (VDH) Naloxone Distribution Program distributes no-cost naloxone to eligible partners to provide to individuals at high risk of witnessing or experiencing an overdose. VDH is currently distributing over-the-counter (OTC) 4mg naloxone nasal spray to partners. Prior to the availability of OTC naloxone, VDH distributed prescription naloxone to partners. The following requirements apply to the naloxone nasal spray that partners receive from VDH at no-cost.

Requirements for All No-Cost Naloxone Nasal Spray Received from VDH

- Organizations must manage inventory securely and monitor expiration dates.
- The person issuing the naloxone must provide the recipient with instruction on the administration of naloxone and the current REVIVE! brochure available on the <u>REVIVE!</u> Webpage. Completion of REVIVE! training is strongly recommended, but not required to receive naloxone.
- Organizations may only provide no-cost naloxone to individuals and may **not** distribute it to other organizations.
 Organizations should instead refer interested organizations to VDH to receive no-cost naloxone.

Additional Requirements for Prescription Naloxone

- Persons identified as "authorized dispensers" on the <u>Statewide Standing Order for Naloxone and Other Opioid</u>
 <u>Reversal Agents</u> may dispense prescription naloxone, pursuant to the Statewide standing order, to a person to
 administer to another person believed to be experiencing or about to experience a life-threatening opioid overdose.
 - Per Virginia Code 54.1-3300, "Dispense" means to deliver a drug to an ultimate user pursuant to the lawful order of a practitioner, including the prescribing and administering, packaging, labeling, or compounding necessary to prepare the substance for delivery.
 - The Statewide Standing Order for Naloxone and Other Opioid Reversal Agents is the "lawful order of a practitioner".
- If using the Statewide Standing Order as the prescription order, it is required by law to dispense naloxone pursuant
 to the Virginia Board of Pharmacy <u>Naloxone or Other Opioid Antagonists Protocol</u>, which requires labeling of the
 medication and recordkeeping in accordance with Board of Pharmacy regulations. See section <u>1C</u> of the protocol for
 dispensing requirements.

Additional Requirements for OTC Naloxone

- OTC naloxone should be provided as is, without an added prescription label.
- Organizations should develop internal policies and procedures for providing OTC naloxone to high-risk individuals
 or their close networks. The person giving naloxone should provide no-cost naloxone in accordance with the
 agreement and organization policies. Authorization via a standing order is not required to provide OTC naloxone.

How to Tell Which Naloxone Product You Have

Both prescription and OTC products are available as a brand name product, NARCAN [®], and a generic product, naloxone.

Prescription Naloxone

Prescription naloxone will always have "Rx only" on the package, per federal regulations.





Prescription NARCAN® Prescription naloxone generic

OTC Naloxone

All OTC medications are packaged with instructions for use and additional information for individuals to use safely.





OTC Narcan®