

### Purpose

- The Community Health Assessment (CHA) is conducted to guide and inform the Community Health Improvement Plan (CHIP)
- Assessing the entire district is difficult, therefore selecting 5 census tracts is more feasible for both assessing health priorities and implementing initiatives that can make positive change
- Choosing these 5 census tracts was done using the Area Deprivation Index, which identifies these as the most vulnerable
- The census tract "Arrington-Wingina" in Nelson County had an index of 77

## **Other Contributions**

- Attended the North Anna Power Plant Station Virginia Operations Dress Rehearsal Drill in Louisa County, acted as a sub-in for the real exercise
- Started a collaborative project to conduct "Stay Interviews" for BRHD employees
- Assisted in Environmental Health Restaurant Inspections by taking temperatures and visually inspecting facilities
- Wrote BRHD newsletter entries highlighting dental health and tick awareness

## **Community Health Assessment**

Gavin Oaks University of Virginia Blue Ridge Health District Cohort 2, 2024

# Outcomes

- day. As of July 15th, over 130 residents were visited
- As a team, conducted approximately 50 surveys from the beginning of June to mid July
- for all surveys conducted in Nelson County
- and maintained records to track gift card distribution
- Scribed at Steering Committee meetings for the CHA process
- best practices, and focus group facilitation

QR Code for previous MAPP2Health Reports :



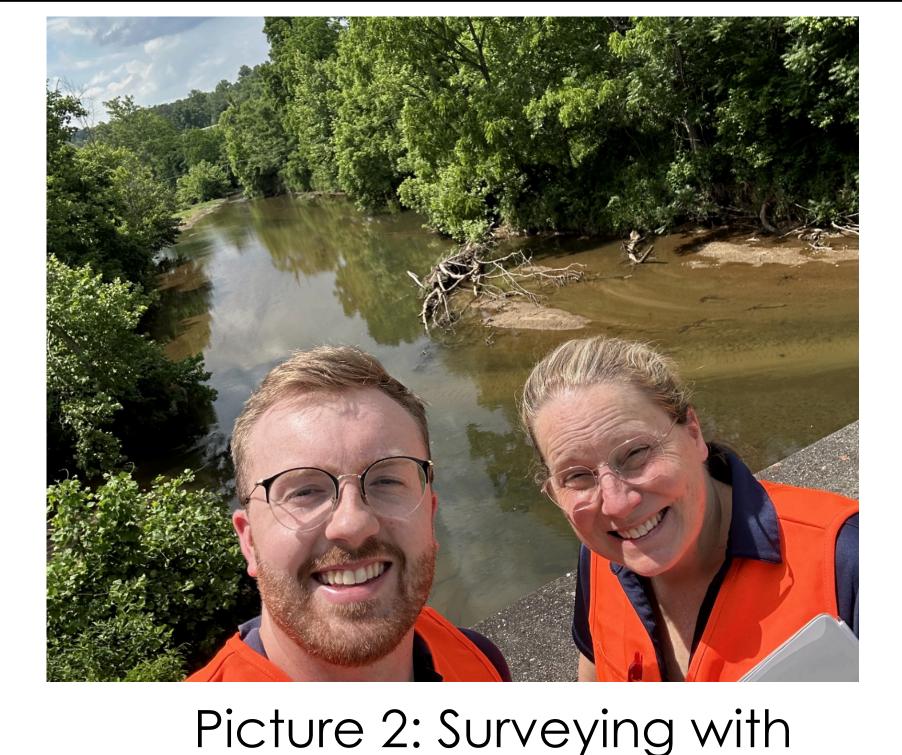


Picture 1: Conducting Surveys in Nelson County

• Visited 70+ residents in Nelson County during various hours of the

Organized route making, route optimization, and team scheduling Created a gift card hand out process for the survey participants Researched and put together reports on Steering Committee roles,





Leanne Knox



#### Challenges

- Navigating VDH policies • Gift card procedure
- Adapting to the 9-5 company culture
- Understanding my objectives and role within VDH and BRHD
- Surveying could be slow when respondents were not home

#### Lessons Learned

- Project management and overall design is crucial to the success of a program
- Surveying can be frustrating but rewarding
- Collaboration and asking others to share expertise is key

### Acknowledgments

- Shoutout to my mentors Jen Fleisher and Kathryr Goodman!
- Shoutout to everyone I rode with to Nelson county!
- Thank you to everyone at BRHD!