

Ateeqa Ijaz, MPH **Western Tidewater District – VDH** Cohort 2, 2024, Program

WTHD aimed to address the challenge of locating data resources at a jurisdictional level rather than at district level to assess the health needs and disparities within each locality.

#### Issue/Gap Identified

Limited health-related data (i.e., chronic/behavioral/psychosocial) availability at the county/city level.

Data standardization issues (i.e., inconsistencies in definitions & measurements). .

Small sample size, especially for Franklin City, raises reliability issues..

#### My Output

Gathered and Identified Data Sources at district and jurisdictional levels.



Healthcare Behavior DataUSA VDH - Dashboard Gun Violence Archive



· U.S. Census Bureau DataUSA · City-Data · Seer\*Stats US County Population Data





· VDH - Child & Maternal

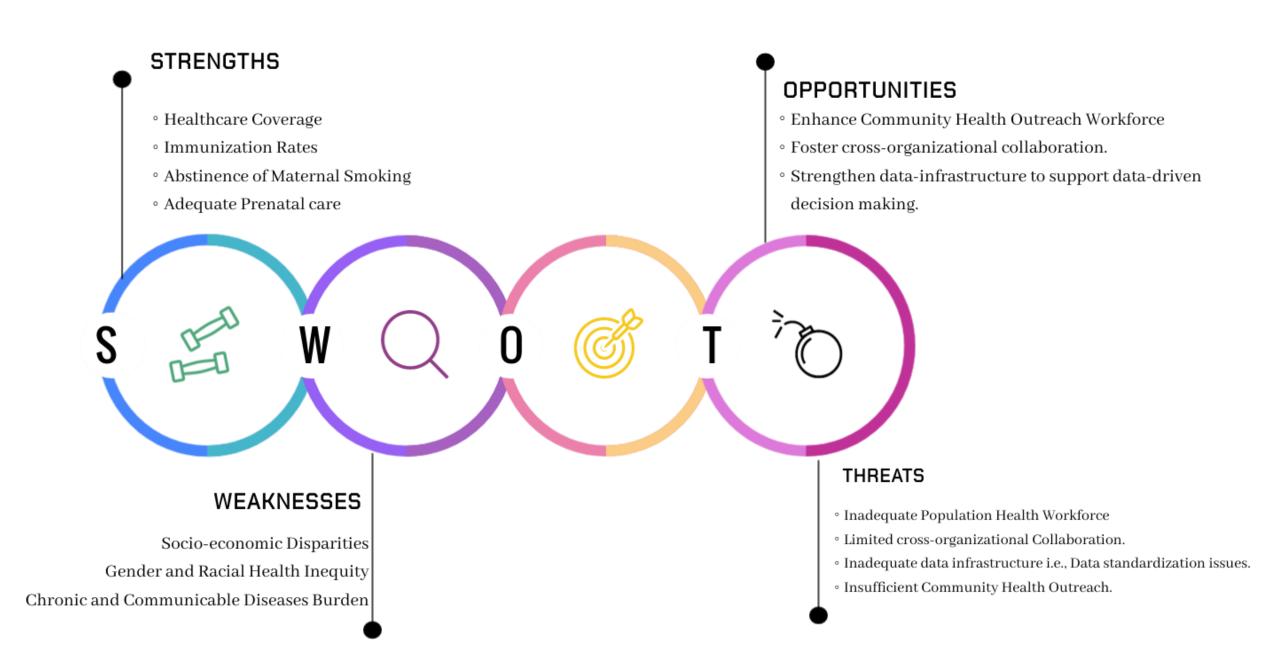
Health Dashboard



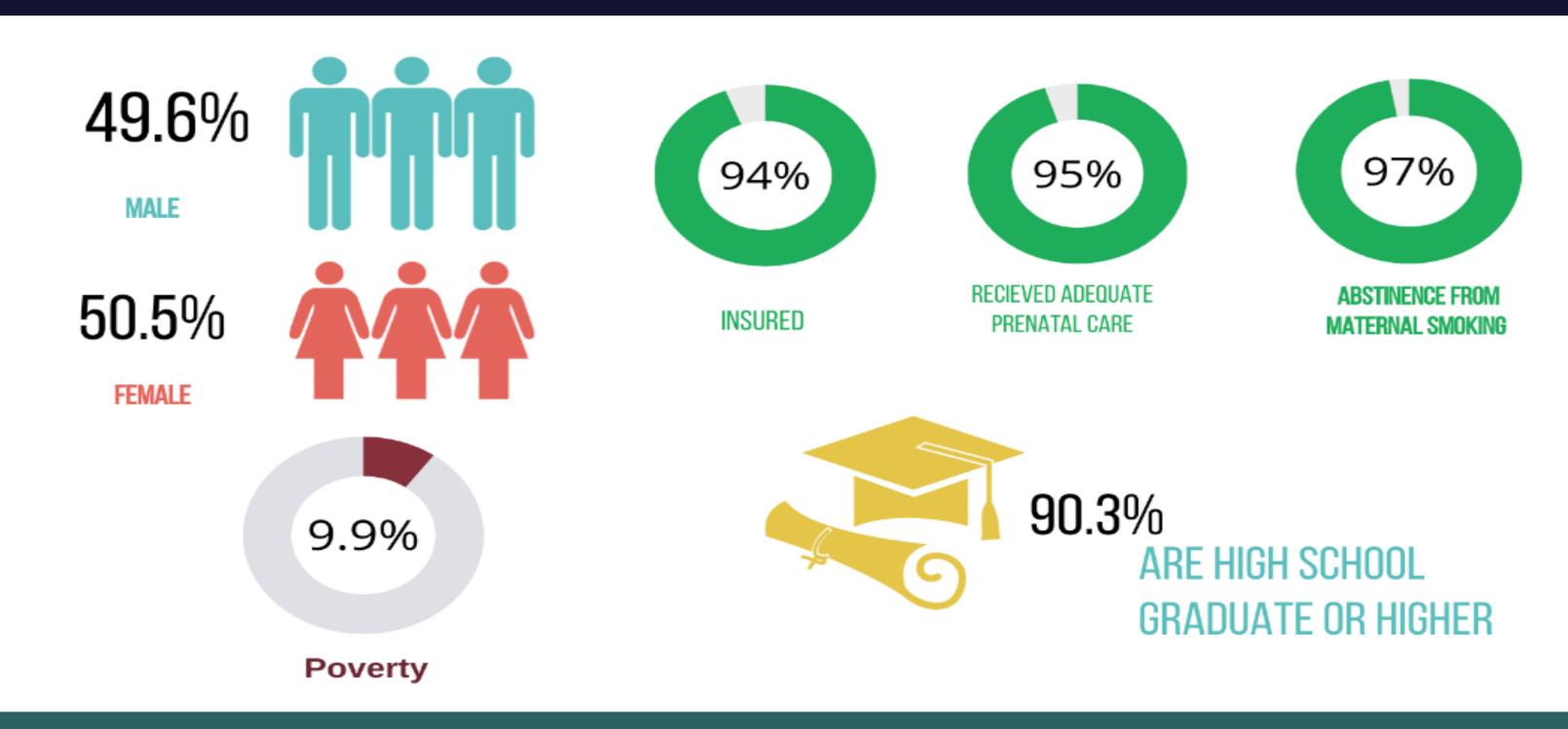


 Virgini Plan for Well-Being ° Mental Health America VDH - Dashboard Greater Hampton Roads Connects

- Conducted a comprehensive assessment of extracted data Identified the strengths and weaknesses
  - Conducted **SWOT** analysis and Provided recommendations



### Western Tidewater Health District (WTHD)



## **Q** Community Strengths

#### Franklin Isle of Wight



Healthcare Resources/Coverage Immunization Rate HIV

- Socioeconomic status Healthcare Coverage Immunization
- Child & Maternal Health

#### Southampton



- Healthcare Insurance
- Drug overdose deaths Immunization

#### Suffolk



- Socioeconomic status
- Healthcare Coverage
- Immunization Rate

## Improvement Opportunities



 Health Risk Behavior Education Attainment



 Quality of Life Uninsured Children



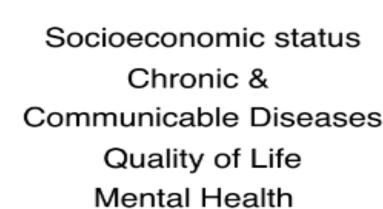
 Child & Maternal Health Socioeconomic status



Health Risk Behavior Child & Maternal Health

# **Q** Community Weakness







**Chronic Diseases** Health Behavior i.e., Binge Drinking Mental Health



Chronic Diseases Quality of Life Mental Health



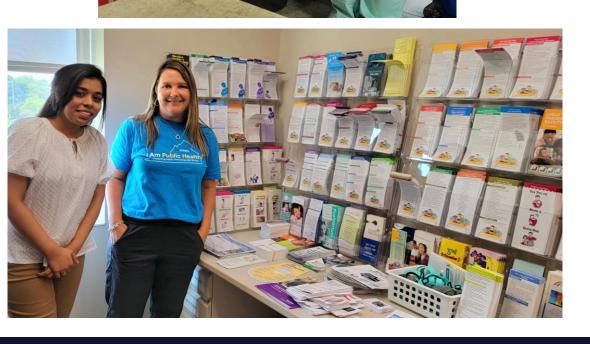
Mental Health Syphilis, HIV Chronic Disease i.e., diabetes, stroke, heart disease and cancer

#### **Lesson Learned**

- Environmental Health Restaurant Inspection Skills
- Spent a day in clinics with nurses, learning how they strive to provide better healthcare services and interact with patients.
- Acquired patient interviewing skills, along with knowledge of the codes and ethics of patient interactions.
- Demonstrated critical thinking and the ability to work independently when required.
- Gained insights into the data-related challenges faced by public health officials

#### **Pictures**







### Acknowledgment

Special thanks to Amal Patel, Angela Tillery, Marli Lauden and her team. Jay Duell and his team, and lastly to all amazing co-workers at WTHD who made this experience worthwhile

