

# Oh No Vibrio!

## How you get Vibriosis:

Eating raw oysters,  
clams, or mussels

Salt water gets into open  
cuts or sores in skin

Salt water enters the ear  
while swimming



## How you avoid Vibriosis:

Only eat properly  
cooked seafood!

Don't swim with open  
wounds!

Wear earplugs!

# Vibriosis Prevention Tips



**Eat seafood that is properly cooked**

*Shellfish is more likely to contain Vibrio bacteria when waters are warm*



**Don't swim with skin wounds or cuts**

*Or use waterproof bandages to cover wounds before getting into the water*

**Think twice about swimming with a medical condition.**

*If you have liver disease, diabetes, or cancer for example, you are more vulnerable to infections*