



The MARTHA W. GOODSON Center

Upcoming Summer 2024 Events



Smithfield – 2nd Tuesday of each month at 5:00pm

Gloucester Early Stage – 1st. Tuesday of each month at 11:00

RHS Team Members- 4th Monday of each month 12pm – RRMC/ Virtual

Warwick Forest IL residents – 4th Mondays

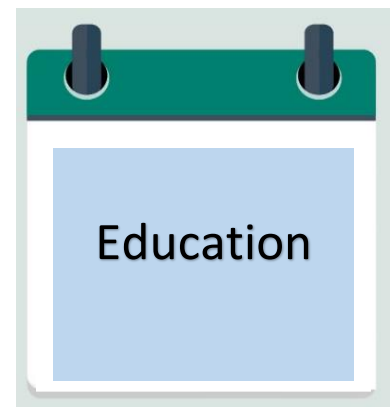


Memory Cafe – Gloucester 2nd. Wednesday of each month at 1:30 – 3:00

Memory Cafe – Williamsburg 4th Wednesday of each month at 1:30 – 3:00

Memory Cafe – York County 3rd. Wednesday of each month at 1:30 – 3:00

Community Sing-Along for persons living with Parkinson's
2nd & 4th Tuesdays 11am MWG Training Center, Williamsburg



Dementia Education series MWG Training Center Williamsburg 1pm
6/27 **Warning Signs**; 7/25 **Understanding Dementia**; 8/15 **Communication**

Monthly panels 1pm MWG Training Center: 6/13 **Brain Health for Black Americans**; 7/18 **Mental Health Awareness**; 8/15 **Grief, Loss & Dementia**;

Dealing with Dementia workshop 7/23 1-5 pm

"Mastering Meds: safe & effective med management as we age" 8/15 1pm

For information or to register e-mail MWGCenter@rivhs.com or call (757) 378-5078.

