

RICHMOND/HENRICO REGIONAL RESOURCE GUIDE

TO SUBSTANCE USE, MENTAL AND BEHAVIORAL HEALTH

2024



RICHMOND & HENRICO HEALTH DISTRICTS



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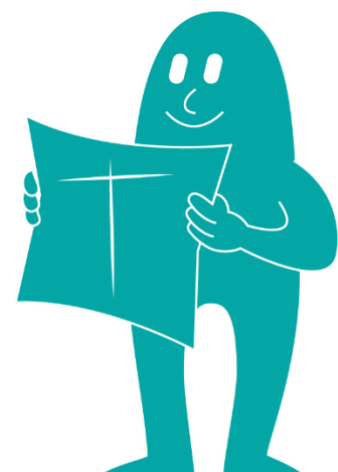
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About this Guide

Introduction

The National Association of County and City Health Officials (NACCHO) funded opportunities in fifteen sites as part of its Implementing Overdose Response Strategies at the Local Level (IOPSELL) program. One of the recipients of the IOPSELL grant is Richmond and Henrico Health Districts (RHHD). This directory aims to increase the knowledge and accessibility of resources for individuals facing substance use disorder (SUD) and mental and behavioral health challenges.

The focus of this guide is to provide a comprehensive detailed list of substance use, mental and behavioral health service facilities in Richmond City and Henrico County within an easy-to-use guide. This tool allows grassroots navigators and community-based case managers to engage with and collaborate care among support service partners to address this public health crisis.

Overdoses have skyrocketed in the City of Richmond and the County of Henrico. For example, the Virginia Department of Health Office of the Chief Medical Examiner Overdose Monitor reported fatal opioid overdoses in Richmond increased three-fold from 2018 to 2022. Henrico saw a doubling in fatal overdoses during the same time-period. Nonfatal opioid overdose rates also continue to rise.¹ Mental illness and substance use disorders often co-occur, which means an individual experiences both conditions (as a dual diagnosis) at the same time. Individuals with mental illness are more likely to experience an SUD than those without.² This co-occurrence between mental illness and substance-use disorder is the reason this guide provides resources for both; they are to be considered simultaneously.

Appendix A, the methodology section of the guide, outlines the components of conducting the online research and local networking critical in identifying and authenticating regional organizations. The sustainability plan for the guide is found in Appendix B and describes how this guide will be kept current, accurate and relevant.

¹ vdh.virginia.gov/drug-overdose-data/overdose-deaths

² <https://www.samhsa.gov/medications-substance-use-disorders/medications-counseling-related-conditions/co-occurring-disorders>

How to use this guide

The RHHD resource guide is comprised of two sections: the educational narrative, and the service directory.

About the Educational Narrative

The first section is an educational narrative outlining background information, definitions and evidence-based research. This information provides a perspective on elements advancing wellbeing and longevity for persons challenged with substance use, behavioral and mental health issues. Topics included in the narrative are:

- Free clinics
- Mental health and behavioral health
- Harm reduction
- Substance use disorder treatment
- Sober living residences

About the Service Directory

The second section is an alphabetized directory of local agencies and organizations offering services. Each entry in the directory contains contact and location information, website, and a brief overview of services. Programs are designated as:

- SUD treatment and/or
- Mental health/behavioral health (MH/BH) services

Organizations that are accessible via public transportation (i.e. GRTC transit system) are denoted with **GRTC** beside the address. To be considered GRTC accessible, the facility must be a 10-minute or less walk from a bus stop. A useful GRTC app providing specific route schedules to plan trips is available for download online.³

How to Search within this Guide

If you are searching for a particular treatment or service, such as “Intensive Outpatient,” you can search the guide by pressing “CTRL” and “F” concurrently on Windows or “Command” and “F” on Mac and type “Intensive Outpatient” into the search bar that appears.

³ ridegrtc.com/planning-your-trip/bus-tracking-app

Insurance Coverage

The first step in seeking treatment for mental health and/or substance use disorder is understanding insurance status.

Insured individuals have some type of insurance coverage to assist in payment of health-related services.

Uninsured means the individual does NOT have ANY type of coverage to assist in payment of health-related services. Uninsured individuals may qualify for some of the insurance options listed below.

Underinsured individuals have insurance, but it doesn't cover the services or total cost of the care they need. To apply for a new or alternative insurance plan, one should start with the Health Insurance Marketplace.

Insurance coverage falls into the following categories:

- Marketplace
- Medicaid
- Medicare
- Private insurance

Marketplace

The Health Insurance Marketplace⁴ is a federally run platform where individuals can go online⁵ or call to compare and apply for different types of insurance plans. The direct contact number for Virginia's Marketplace is 1-888-687-1501.

To be eligible for Virginia's Insurance Marketplace coverage, individuals/households must:

- Reside in Virginia
- Be U.S. citizens, U.S. nationals, or be lawful immigrants during the entire time they plan to have coverage
- Not be incarcerated (unless pending disposition of charges)
- Be uninsured without an offer of affordable employer-based health coverage

⁴ healthcare.gov

⁵ www.marketplace.virginia.gov

When you can apply:

Open Enrollment Period

This is the yearly period from November 1 to January 15 during which you can buy health insurance through the Marketplace or make changes to your existing health plan. If you don't enroll during this time, you can't purchase a health plan until the next Open Enrollment Period—unless you qualify for a Special Enrollment Period.

Special Enrollment Period

A Special Enrollment Period takes place outside the yearly Open Enrollment Period. You can enroll in a health plan through the Marketplace during a Special Enrollment Period only if you experience a Qualifying Life Event (QLE) such as unexpected loss of insurance coverage, a change in your household (marital status, a birth or a death) or change in residence among other situations.

Medicaid

Medicaid covers low-income individuals of all ages⁶. Medicaid is administered by states following federal requirements. Eligibility requirements and benefits vary by state.

Aside from a Marketplace portal, you may apply directly for Medicaid in one of three ways:

Apply Online:

- CommonHelp website: commonhelp.virginia.gov/
- For more information on applying for Medicaid coverage visit the CoverVA website: coverva.dmas.virginia.gov/apply/apply-for-coverage/

Apply by phone:

- Cover Virginia Call Center Monday-Friday 8:00AM-7:00PM and Saturday 9:00AM-12:00PM at 1-833-522-5582 (1-833-5CALLVA) or TDD: 1-888-221-1590

Apply by paper application:

- Paper application English: coverva.dmas.virginia.gov/media/1211/final-english-magi-standard-application-022221.pdf
- Paper application Spanish: coverva.dmas.virginia.gov/media/1212/final-magi-1s-spanish-standard-app-022221.pdf
- Mail or drop off to your local Department of Social Services (DSS)

⁶ [medicaid.gov/medicaid/index.html](https://www.medicaid.gov/medicaid/index.html)

Richmond City Department of Social Services (804) 646-7000
 Marshall Plaza Building, 900 E. Marshall St.,
 P.O. Box 10129, Richmond, VA 23240

Henrico County Department of Social Services (804) 501-4001
 8600 Dixon Powers Drive, P.O. Box 90775, Henrico, VA 23273

Documents needed to apply:⁷

1. Full legal name
2. Date of birth
3. Social Security numbers (or document numbers for any documented immigrants who need insurance)
4. Employer and income information for everyone in your family (for example, from paystubs, W-2 forms, or wage and tax statements)
5. Policy numbers for any current health insurance
6. Information about any job-related health insurance available to your family
7. Government issued form of identification (e.g. driver’s license, passport, military ID card) with at least a birthdate, a photograph and an issue date.

Medicaid Managed Care Organizations (MCO)

Once you are eligible for Medicaid, you will receive an approval letter and an initial blue and white Medicaid health care card (shown here).

After a short time, you will receive paperwork to choose a specific health plan as your Medicaid care provider. These distinct health plans are called Managed Care Organizations or (MCO’s). A Managed Care Organization (MCO) is “a health care company or a health plan that is focused on managed care as a model to limit costs, while keeping quality of care high”.⁸ An example of a specific MCO card you would receive is shown here.

Medicaid partners with MCOs to provide coverage of healthcare services. The MCO that you choose will determine which doctors, specialists, hospitals, and



⁷ coverva.dmas.virginia.gov/apply/apply-for-coverage

⁸ cigna.com/knowledge-center/what-is-managed-care

medication coverage that will be covered for your health care needs. It is important to contact your MCO directly to inquire about your level of coverage and available services.

Health Plans for the Richmond/Henrico Region

Cardinal Care: Virginia’s Managed Care Organization

- Medallion 4.0 and Commonwealth Coordinated Care Plus (CCC Plus), the default plan unless you chose a different

MCOs in Virginia:

- | | | |
|------------------------------------|----------------|----------|
| • Aetna Better Health | 1-800-279-1878 | TTY: 711 |
| • Anthem Healthkeepers Plus | 1-800-901-0020 | TTY: 711 |
| • Molina Healthcare | 1-800-424-4518 | TTY: 711 |
| • Sentara Community Plan | 1-800-881-2166 | TTY: 711 |
| • United Healthcare Community Plan | 1-844-752-9434 | TTY: 711 |

MCO Covered Services

Covered services depend on the carrier or manager of your health insurance as well as the specific plan you are enrolled in. Additionally, covered services in a policy may change periodically. Whenever seeking services, it is always best to contact the organization to verify they accept your MCO coverage.

Many low-income families who don’t qualify for other forms of financial assistance can get help specifically for addiction treatment (alcohol, opioid or other substance) through the Virginia Addition and Recovery Treatment Services (ARTS). ARTS funds cover inpatient detox, residential treatment, partial hospitalization, intensive outpatient programs, substance use disorder treatment programs, office-based addiction treatment, case management, and peer recovery supports. Medicaid provides dedicated ARTS Care Coordinators to help individuals covered by Medicaid connect to addiction and recovery services. These care coordinators are listed on the DMAS page for ARTS.⁹

Table 1 shows some of the most common insurance companies managing MCOs in Virginia and the general mental health or SUD treatment services they cover.

⁹ dmas.virginia.gov/media/6067/arts-member-one-pager-08-01-2023.pdf

TABLE 1: VIRGINIA MCO'S AND COVERED SERVICES

| | UNITED HEALTHCARE | AETNA | SENTARA | MOLINA | ANTHEM HEALTHKEEPERS |
|-----------------------------|---|---|---|---|--|
| MAT | Yes, per federal guidelines (which may restrict duration) | Yes, though regional formulary. Drug options may vary | Yes, with some restrictions, such as which medications, and for how long services are covered | Yes, however, the specific coverage details may vary depending on the treatment plan. | Yes, per federal guidelines (which may restrict duration) |
| RESIDENTIAL RECOVERY | Yes, for medically managed withdrawal, various lengths of inpatient or residential treatments. Depends on the plan. | Yes, for medically managed withdrawal, various lengths of inpatient or residential treatments. Depends on the plan. | Yes. Terms will be defined by the local organization's care plan. | Yes. Terms will be defined by the local organization's care plan. | Yes. Terms will be defined by the local organization's care plan. |
| MENTAL HEALTH | Yes, at federally mandated minimums: medications and counseling specific to plan | Yes, at federally mandated minimums: medications and counseling specific to plan | Yes, at federally mandated minimums: medications and counseling specific to plan | Yes, at federally mandated minimums: medications and counseling specific to plan | Yes, at federally mandated minimums: medications and counseling specific to plan |
| SUD TREATMENT | Addiction and Recovery Treatment Services (ARTS) Program. | Addiction and Recovery Treatment Services (ARTS) Program. . | Addiction and Recovery Treatment Services (ARTS) Program. . | Addiction and Recovery Treatment Services (ARTS) Program. . | Addiction and Recovery Treatment Services (ARTS) Program. . |

Insurance & Public Benefit Coverage for Incarcerated Individuals

Another form of Medicaid coverage is insurance for incarcerated individuals. Incarcerated individuals receiving SUD treatment, mental or behavioral healthcare, or medical care can receive necessary services through institutional Medicaid. A case worker or supervisor in the institution can help with this application. Such coverage must change to community coverage in order to start or continue services after release. Due to an administrative delay in the start of converge, this transition should happen prior to release. Otherwise, a delay in treatment services could be detrimental with public health consequences.¹⁰

¹⁰ healthcare.gov/incarcerated-people/, cms.gov/marketplace/technical-assistance-resources/incarcerated-and-recently-released-consumers.pdf

Any formerly incarcerated person who did not receive medical or mental health services while under criminal justice supervision will need to apply for medical assistance upon re-entry, through their local department of social services or online at commonhelp.virginia.gov.

Supplemental Security Income (SSI) are benefits that are based on age, disability and limited income and resources. SSI will award substance use disability benefits *only* with a dual diagnosis (disabling mental or physical condition).

SSI benefits are suspended while an individual resides in a criminal justice facility or institution. However, benefits to their eligible dependents (spouse or children) will continue as long as those family members remain eligible. These funds will be sent directly to the family member in the community.

If disability benefits or SSI payments were withheld because you were in prison, a request for reinstatement can be made at the local Social Security Administration. A copy of your release documents must be provided before the request is completed. For more information see ssa.gov/pubs/EN-05-10133.pdf.

Social Security Disability Insurance (SSDI) is similar to SSI. It is an entitlement program for persons who are disabled but, unlike SSI, eligibility requires a work history and prior payroll contributions to social security. SSDI benefits cease during a person's incarceration. All SSDI recipients must reapply after returning to the community, regardless of the length of time their benefits have been suspended. Note that receiving either SSI or SSDI does not always guarantee eligibility to either community Medicaid or Medicare, respectively.

Medicare

Through the Marketplace, you can also determine if you are eligible for Medicare. Medicare is a federal health insurance program for those 65 and over or those with certain disabilities. Medicare covers some substance use disorder resources under Medicare Part B, as well as mental health services. Refer to medicare.gov/coverage/mental-health-substance-use-disorder to learn more and refer to the generalized list below.

- Mental health services
 - Inpatient
 - Outpatient
 - Partial hospitalization
 - Intensive outpatient services
- Behavioral health integration services
- Telehealth
- Opioid use disorder treatment services in opioid treatment programs

- Medication
- Counseling, therapy, and assessments
- Drug testing
- Overdose education

Private Insurance

Private insurance is often accessed through employment, but an individual can also purchase private insurance on their own. You can shop plans and see which plan best fits your health needs. The plans vary based on cost and coverage. If your employer provides insurance, you may choose to enroll in their plan instead of purchasing a plan on Marketplace. Your employer may provide an Employee Assistance Program, or EAP at no cost (other than a nominal co-pay) to you. An EAP may offer assistance for various substance use treatment services as a private carrier.

Ryan White Programs

- Under Ryan White HIV/AIDS Program funding: substance abuse (**outpatient**) services which are considered to be medical treatments are included. Nonmedical treatments and/or counseling to address substance use disorder (i.e., alcohol and/or legal and illegal drugs) are covered *ONLY if provided either by a physician, under the supervision of a physician, or by other qualified personnel in an outpatient setting.*
- Additionally, Ryan White Programs cover essential nonmedical support services. A Ryan White case manager works with the individual’s family to arrange client-specific advocacy, education and risk reduction, food bank and meal delivery, short term housing assistance, even perhaps emergency funds as a payer-of-last-resort. Prescriptions, transportation to and from treatment, and legal expenses related to the case may also be submitted.

Free Clinics

Free clinics are available for individuals that are uninsured and unable to access care through insurance. Free and charitable clinics help bridge a gap in health care coverage, providing services to fit the medical needs of uninsured and underinsured Americans.¹¹

Free clinics address disparities in healthcare. These facilities are non-profit organizations supported by federal and local funds or private donations. They are often staffed by volunteers. Free clinics provide an assortment of healthcare services to meet the medical and mental health needs of individuals who might not receive essential services otherwise. Each free clinic is shaped by local need, and no two are the same.

TABLE 2: AREA FREE CLINICS WITH ELIGIBILITY REQUIREMENTS AND SERVICES OFFERED

| FREE CLINIC NAME | ELIGIBILITY REQUIREMENTS | SERVICES OFFERED | PHONE NUMBER |
|---------------------------------------|--|---|--|
| DAILY PLANET | Based on service requested and household income and family size | Behavioral health services Mental health services Substance use counseling (group, individual, and family) MAT services Safe Haven Transitional housing | 24/7 service: (804) 783-2505 |
| CROSS-OVER HEALTHCARE MINISTRY | Uninsured individuals at or below 200% federal poverty level | Mental health services Medication management | Richmond Clinic: (804)655-2794 Henrico County Clinic: (804)655-2794 |
| GLACIER HEALTH AND DEVELOPMENT CENTER | Eligibility is based on household size, annual income, and insurance | Mental health services (specifically outpatient psychotherapy) | (804) 918-1115 |
| CARITAS | Eligible after preliminary detox via through Safe Off the Street Program | Peer-driven recovery services 12-step meetings Structured transitional sober residence Residential recovery | Men: (804) 887-1580 Women: (804) 401-8671 |

¹¹ ncbi.nlm.nih.gov

Organizations for Re-Entry Continuum of Care/Navigation Assistance

The Virginia Department of Corrections (VADOC) provides a comprehensive packet of reentry resources to individuals who are leaving incarceration or under community supervision to assist in their transition.^{12 13} A similar worthwhile reference is the online Community Resources for Probation and Patrol.¹⁴

Fundamental community services for physical health, mental health, and social well-being are listed. For example, step by step information on gaining employment, health insurance and housing assistance is detailed. However, an initial connection with case management and navigation assistance is strongly suggested as soon as an individual returns to the community. Although Community Service Boards may provide some of these services, they are bound by jurisdictional boundaries.

For both Richmond City and Henrico County, the recommended place to start is with **O.A.R. Richmond**, an organization already familiar to many due to the organization's participation in re-entry planning inside each of these criminal justice centers.

¹² vadoc.virginia.gov/media/1955/reentry-resouce-packet.pdf

¹³ vadoc.virginia.gov/media/1976/vadoc-reentry-council-brochure.pdf

¹⁴ vadoc-resource-directory-district-32.pdf

TABLE 3: INITIAL POINTS OF CONTACT TO ENGAGE A COORDINATOR OR CASE MANAGER

| RESOURCE NAME AND ADDRESS | DESCRIPTION | WEBSITE | PHONE NUMBER |
|--|---|--|----------------------------------|
| A Better Day Than Yesterday 2807 Hull Street Richmond, Va 23224 | Case management driven by the committed to the reunification of families and strengthening the connection between children and their incarcerated parent(s) | abetterdaythanyesertday.org | (804) 299-1932 |
| Boaz And Ruth 3030 Meadowbridge Rd. Richmond, VA 23222 | Faith based non-profit initiative to rebuild, empower and connect members of the community | boazandruth.com | (804) 329-4900 |
| Help Me Help You Foundation (HMHY) 1731 Wall Street Richmond, VA 23224 | Serving as a resource to the city of Richmond and the State of Virginia's Department of Corrections to assist returning citizens who have been released from jail or prison | hmhyfoundation.org | (804) 562-2980 |
| Nolef Turns, Inc. 211 North 18th Street Richmond VA 23223 | Reducing recidivism by supporting and advocating alongside those with court and justice involvement | nolefturns.org | (804) 918-6470 |
| O.A.R. Richmond 311 West Clay Street Richmond, VA 23230 | The Department of Corrections re-entry packets recommended first stop to manage successful re-entry. Accepting only clients within their first six months of return to the community. | oarric.org | (804) 643-2746 |
| Patient Aligned Care Team (PACT) Social Work Services 1201 Broad Rock Boulevard, Richmond, VA 23249 | Veterans Administration social workers providing connections and guidance for a variety of social services for veterans, their families and dependents | socialwork.va.gov/socialworkers.asp | (804) 675-5000 |
| Real Life 406 E. Main St., Richmond, VA 23219 | Re-entry resource for housing and counseling as well as case management, creating pathways to attain and sustain a thriving life for those who desire change | reallifeprogram.org | (804) 406-4111 |
| Virginia Veteran And Family Support Virtual and by phone, Central Region | Providing outreach, connection and support to members of the VA National Guard, VA residents in the Armed Forces and family members of veterans, Guard and Reserves | dvs.virginia.gov/virginia-veteran-and-family-support-2/find-support/region-4-central | (877) 285-1299 (804) 371-4675 |

Mental Health and Behavioral Health Services

The terms “mental health” and “behavioral health” are often confused but actually have different frames of reference.

Mental Health

Mental health is “our emotional, psychological, and social well-being. It affects how we think, feel, and act.”¹⁵ Mental health can be influenced by various factors like life events, genetics, environment, or daily habits.¹⁶ Mental health disorders include bipolar disorder, anxiety disorder, schizophrenia, psychosis, and more.

Mental health treatment focuses on:

- Reducing symptoms
- Addressing underlying causes
- Make the condition manageable

Behavioral Health

Behavioral health¹⁷ refers to:

- Mental health
- Substance use disorders
- Life stressors and crises
- Stress-related physical symptoms

Behavioral health programs focus on:

- Diagnosis
- Evaluations of how the actions a person takes affect their physical or mental health
- Treatment of conditions
- Prevention

Although mental health and behavioral health have different focuses, they are often addressed together in programs, especially with SUD treatment services.

¹⁵ [cdc.gov/mentalhealth/learn/index.htm](https://www.cdc.gov/mentalhealth/learn/index.htm)

¹⁶ [healthline.com/health/mental-health#What-is-mental-health](https://www.healthline.com/health/mental-health#What-is-mental-health)

¹⁷ [ama-assn.org/delivering-care/public-health/what-behavioral-health](https://www.ama-assn.org/delivering-care/public-health/what-behavioral-health)

Harm Reduction Services Including Naloxone

The SAMHSA, Substance Abuse and Mental Health Services Administration, defines Harm Reduction as: “an evidence-based approach that is critical to engaging with people who use drugs and equipping them with life-saving tools and information to create positive change in their lives and potentially save their lives.”¹⁸

Harm reduction is a key pillar in the U.S. Department of Health and Human Services’ Overdose Prevention Strategy.¹⁹ Harm reduction aims to improve a person’s overall wellbeing through preventing overdose and other health consequences of substance use. Harm reduction can decrease the spread of HIV, Hep C, and endocarditis, saving lives while significantly reducing community and individual healthcare costs.

Harm reduction programs may include:

- Educational materials
- Needle exchange
- Narcan[®] training and distribution
- Nutrition provisions
- Safe-sex tools
- Saline and wound care kits
- Fentanyl and Xylazine test strips
- Nicotine cessation therapies, and more

These services are community-based and often distributed without charge from mobile units. Educational materials are provided along with these tools and supplies for risk reduction are distributed in a stigma-free environment.

There may be registration required for some services. Some facilities/organizations listed in the guide may have age restrictions for distribution of some items and medications (ex. Narcan or some sex kits).

Narcan[®], or Naloxone (generic name), is the single most effective means to reverse an opioid overdose. It can be life-saving. When given, it counters the effects of an opioid overdose so normal breathing can resume.²⁰

¹⁸ [samhsa.gov/find-help/harm-reduction](https://www.samhsa.gov/find-help/harm-reduction)

¹⁹ [hhs.gov/overdose-prevention/](https://www.hhs.gov/overdose-prevention/)

²⁰ [cdc.gov/overdose-prevention/reversing-overdose/index.html](https://www.cdc.gov/overdose-prevention/reversing-overdose/index.html)

The most common way Naloxone can be given is through a nasal application. Learning the signs of overdose is critical. It is recommended to have Naloxone on hand wherever opioids are available and/or used. When giving Naloxone, individuals should contact the suicide and crisis chat hotline by dialing **988** and stay with the person until emergency crews arrive.

Whether looking for precautionary measures against overdose or for immediate assistance, contact **Never Use Alone Hotline** at (804) 484-3731. Confidential Operators stay on the phone with you while you use, and if necessary, initiate recovery actions.

Test strips are chemically sensitive strips of paper used to detect the presence of specific **contaminants** (like fentanyl or xylazine) in a drug. Knowing the presence of contaminants can help individuals take steps to reduce their risk of overdose.

It is important to note that test strips do not work in all cases. One portion of a drug may contain contaminants, while another portion may not. Test strips don't tell you the *amount* of contaminants in a compound, just the presence. Please refer to [cdc.gov/stop-overdose/safety/index.html](https://www.cdc.gov/stop-overdose/safety/index.html) for more information.

Ways to Access Naloxone

- Local health department and community service boards – **No cost, always in stock**
- Pharmacies – Over the counter, prices vary, call for availability
- Local community organizations (reference directory) – Call for availability

Ways to Access Test Strips

- Local health department and community services boards
- Police department

Harm Reduction Education and Training Opportunities

Naloxone can be administered by anyone in the community. It is **highly** recommended to complete an appropriate education and training on the proper use of Naloxone.

Table 4 indicates where individuals can receive training on harm reduction and Naloxone. Facilities in the table provide educational and/or material resources, but not always direct services.

TABLE 4: HARM REDUCTION RESOURCES FOR EDUCATION AND TRAINING

| RESOURCE | CONTACT | WEBSITE | NOTES |
|---|---|--|---|
| RICHMOND HENRICO HEALTH DISTRICT | (804)205-3501 | www.vdh.virginia.gov/richmond-city/ www.henrico.gov/health/ | Contact: Jasmine Blue Email: jasmine.blue@vdh.virginia.gov |
| HEALTH BRIGADE HARM REDUCTION TEAM | Contact a team member directly: (804)358-6140, (804)476-0795, or (804)508-0932 | healthbrigade.org/patients-and-clients/richmond-needle-exchange | Adjacent link's webpage includes inclusive services of Harm Reduction Team. Re: Naloxone Training & distribution by confidential registration at each site. Distribution of Narcan [®] and some other kits at mobile sites do not need registration but are only available to 18+ |
| RED CROSS | (804)780-2250 (Local) National HQ (800) REDCROSS (800) 733-2767 | redcross.org/take-a-class/opioidoverdose | 45 to 60-minute video |
| CDC | (800) 232-4636 | cdc.gov/opioids/naloxone/training/index.html | Mini Module Lessons, Strategies, and Testimonials |
| NEXT DISTRO | (646) 389-0752 | nextdistro.org | Online (only) and mail-based harm reduction service |
| O.D. LIFELINE | (844) 554-3354 | overdoselifeline.org/how-to-administer-naloxone | Online accessible-to-all video training; Supply orders only to IN resident |
| REVIVE! | (804)786-3921 | dbhds.virginia.gov/behavioral-health/substance-abuse-services/revive | REVIVE! Is the Opioid Overdose and Naloxone Education (OONE) curriculum for the Commonwealth of Virginia REVIVE! video training on how to recognize and respond to an opioid overdose emergency using Naloxone. This video is available for distribution as well. Naloxone scheduled distribution information there and additional training opportunities in the area |
| SUBSTANCE ABUSE AND ADDICTION RECOVERY ALLIANCE (SAARA) | (804) 762-4445 or info@saara.org . | saara.org | As a statewide organization, SAARA provides individuals and communities with education, advocacy and <i>PEER recovery services</i> . Via a help and information line, advocates link callers, potential participants and those who care about them to various support programs. |

TABLE 5: RESOURCES OFFERING NEEDLE EXCHANGE

| RESOURCE NAME | CONTACT | WEBSITE | NOTES |
|----------------------------|--|--|---|
| AMERICAN ADDICTION CENTERS | (888) 966-8152 | americanaddictioncenters.org/harm-reduction/needle-exchange | Resources including locator |
| RIVER CITY HARM REDUCTION | Text (804) 223-1275 to get mobile outreach locations rivercityharmredux@gmail.com | nasen.org/sep/river-city-harm-redux | Mobile, as needed. Call or email |
| HEALTH BRIGADE | (804)358-6140; Walk-ups accepted Contact a team member directly: (804)476-0795 or (804)508-0932 | healthbrigade.org/patients-and-clients/richmond-needle-exchange | Harm Reduction Team Needles only to those 18+ Other supplies and items may be distributed at the discretion of the staff and available supplies |

Substance Use Disorder (SUD) Treatment

Recovery is a process of change through which individuals improve their health and wellness, live self-directed lives, and strive to reach their full potential.²¹

This process begins with seeking help and support. Support may be in the form of medication management, various counseling techniques, peer recovery relationships and developing skills to transition into a healthy home and community. Co-existing conditions, including polysubstance use and the dual diagnosis of mental health issues and substance use disorder, must be addressed.

SUD treatment centers offer a variety of programs including medically managed withdrawal, detoxification, treatment programs, and aftercare for one's recovery journey. Treatment centers may offer outpatient and/or in-patient services including residential programs.

²¹ samhsa.gov/find-help/recovery

SUD Treatment Facilities

A treatment center is an accessible and integrated facility for evidence-based clinical best practices. Providers team with the client, contributing to an effective person-driven, individualized treatment plan. These coordinated multi-disciplinary programs, when available, have the best results for retention and sustained recovery; however, all organizations referred to as “substance use disorder treatment centers” do *not* provide integrated services. These facilities often collaborate with reliable referral sources in the same community for the services their programs do not provide.

The American Society of Addiction Medicine (ASAM) is an organization that uses the Commission on Accreditation of Rehabilitation Facilities (CARF) to rate facilities by their level of services in the continuum of care for SUD programs.

Some organizations in this guide highlight their rating on the ASAM scale, while others do not. The ASAM scale is important to note during the patient referral process as it indicates the level of services offered. The ASAM website²² offers an overview of the rating system. Each level has intermediate benchmarks as well, and this scale is continuously updated.

Among the most common programs in SUD facilities are two levels of initial treatments: Intensive Outpatient Programs (IOP) and Partial Hospitalization Programs (PHP). Aspects of the two types of programs are outlined below:

Intensive Outpatient Programs (IOPs)

- Offers greater schedule flexibility, with time slots available in the morning, afternoon, or evening
- Sessions last a few hours per day, a few days per week
- Last 6-8 weeks in total
- May be an initial program or a transitional one, allowing not only living at home instead of in rehab (as does PHP, also) but allows time for family routines and some employment commitments

Partial Hospitalization Programs (PHPs)

- Involves medical monitoring and intensive therapies, including medication management, individual therapy, and group therapy
- Sessions last up to 8 hours per day, at least five days per week

²² [asam.org/asam-criteria/about-the-asam-criteria](https://www.asam.org/asam-criteria/about-the-asam-criteria)

- Last weeks to months in total
- Offers more support from rehabilitative staff
- Often a step-down from residential or inpatient programs
- Generally medically monitored, co-existing diagnoses may be addressed via multiple forms of counseling and therapies

Medication Assisted Treatment (MAT) or Medications for Opioid Use Disorder (MOUD)

Recently, MAT has been more accurately termed "Medication for Opioid Use Disorder" (MOUD) to better describe a *comprehensive and integrated recovery* program consisting primarily of medications prescribed by a physician to prevent cravings, withdrawal symptoms and harm from opioid side effects.

MOUD describes programs with an integrated approach. Dispensing medications for opioid use disorder takes place in conjunction with counseling, resource guidance and other supporting measures. However, due to stigma and individual preferences, some individuals will forgo one or the other service track and work a recovery plan that is less comprehensive. Evidence-based research demonstrates medication alone is the most significant component of recovery; however, the best results for sustained recovery are when medication is paired with counseling and behavioral therapies.²³ Ideally, a "whole patient" approach for those seeking recovery finds all three components:

- MOUD (with counseling)
- Case management with a warm handoff to community-based wraparound services
- Peer and patient navigation for healthy relationships and community²⁴

Comprehensive MOUD treatment programs promote:

- Retention
- Recovery
- Patient survival

Those who complete MOUD treatment programs successfully have increased employment opportunities as well as improved maternity outcomes for pregnant individuals.²⁵ Individual clients may not match every program; within the Richmond and Henrico Health Districts, there are several exemplary models. Overall, the districts have a combination of comprehensive, integrated collaboratives and single entities across the board.

²³ ruralhealthinfo.org/toolkits/moud/1/benefits

²⁴ samhsa.gov/medications-substance-use-disorders

²⁵ store.samhsa.gov/sites/default/files/pep23-06-06-002.pdf

Methadone, the oldest form of MOUD, has been routinely available since the 1970s. It is the most thoroughly researched treatment for SUD. As the chart below illustrates, newer medications and combinations of medications have some advantages such as decreased dosing frequency, lesser different side effects and resultant increased program retention.

TABLE 6: FDA APPROVED MEDICATIONS FOR SUBSTANCE USE DISORDER MAT PROGRAMS

| MEDICATION USED FOR MOUD PROGRAM | COMMON STREET NAME AND/OR BRAND NAME | PRIMARY BENEFIT IN AN MOUD PROGRAM | MEANS OF ADMINISTRATION |
|--|--|--|--|
| METHADONE | “Meth” or “dollies” among other descriptive street names Methadose ^R | Most common (routinely since 1970)- reduces cravings and prevents other withdrawal symptoms | Liquid or tablet |
| BUPRENORPHINE | “Bupe” Butrans ^R or Sublocade ^R | reduces cravings and prevents other withdrawal symptoms; initial doses closely monitored due to some risk of precipitated overdose | Patch, implant, injection or tablet (under the tongue) |
| BUPRENORPHINE/ NALOXONE COMBINATION | “Boxes” or “saboxins” among others Suboxone ^R | Also reduces cravings, but uniquely reduces risk of misuse of MAT via diversion | Film (for cheek or under tongue), tablet under tongue |
| NALTREXONE | Virtually any street name for MAT drugs, as this informal language is often not drug-specific Vivitrol ^R | For use only after withdrawal; decreases cravings (for Alcohol and opioids both) and blocks effects of any additional opioids | Oral or injected, extended release |
| NALOXONE | Narcan ^R | Reversal of opioid overdose as a life-saving measure | Nasal spray or subdermal injection |

“One size does not fit all.” Any complexities or contraindications for a particular drug choice due to a client’s co-existing conditions and medications can be addressed in an individualized MOUD regimen.

In order to be licensed to manage patients in an MOUD program, the FDA requires clinicians to complete special training, maintain their certifications, and dedicate a minimum portion of their practice office hours to patients with SUD. Additionally, the FDA closely monitors physician participation and may make unannounced site visits. To find practitioners who have those credentials, see asam.org.

Sober Living Homes/Recovery Residences

Sober living homes (SLH), also known as recovery residences are alcohol and drug-free housing. They serve to create safe and healthy living environments for individuals recovering from substance abuse disorder or co-occurring mental illnesses.²⁶

Services can range from peer-support to counseling to clinical services. SLH also vary in the level of supervision and administration of services. These residences in Virginia are accredited by the Virginia Association of Recovery Residences (VARR) and provide various services to residents based on the level of support offered.²⁷

Individuals can use various websites to search for recovery residences as well as current vacancies, shown in the table below.

TABLE 7: WHERE TO SEARCH FOR RECOVERY RESIDENCES

| Search Engine | Website | Description |
|------------------|--|--|
| Bounceback RVA | bouncebackhc.com/treatment/ | This site has links with brief descriptions of various recovery resources in Richmond City and Henrico County. In addition to some treatment facilities, contacts for residential treatment and sober houses are included. |
| RVA Sober Living | vasoberliving.org/sober-living-residences | These homes are operated by persons with long-term sobriety, who work alongside residents to provide a safe and structured environment for their own recovery. Some, but not all, accept persons on MAT/MOUD. |
| VARR | varronline.org/accredited-residences-search/#/ | These residences maintain accreditation by the state if they maintain strict criteria for evidence-based residential recovery homes, with standardized programs based on the individuals' strengths. |
| Oxford House | oxfordhouse.org/pdf/va oxfordhouse.org/house-directory To find current vacancies: oxfordvacancies.com vaoxfordhouse.org/how-to-search-houses-and-vacancies | These long-term homes are self-governed and substance-free with no on-site staff. Specific requirements of each resident includes participation in house chores, groups, community service, and gains employment. |

²⁶ <https://varronline.org/>, <https://dbhds.virginia.gov/office-of-recovery-services/recovery-residences/>

²⁷ narronline.org/wp-content/uploads/2014/06/Primer-on-Recovery-Residences-09-20-2012a.pdf

Virginia Association of Recovery Residences (VARR)

About VARR

VARR stands for the Virginia Association of Recovery Residences and is Virginia’s National Association of Recovery Residences (NARR) accredited body. VARR sets “high levels of standards for quality recovery residences in Virginia and accredit residences that meet such rigorous criteria in order to support persons in recovery with information and access to recovery residences bound together by the core principles of standards, ethics, and unity.”²⁸

VARR Standards

Recovery residences must adhere to the NARR Code of Ethics to be a VARR Accredited Recovery Residence. The Code of Ethics can be found online²⁹ and includes some standards such as assessing potential resident’s strengths and needs and determining whether the level of support available within the residence is appropriate, assisting residents through referrals, providing a homelike environment, protecting the privacy, confidentiality, and personal rights of each resident, providing an environment where each resident’s recovery needs are primary factors in decision making, and more. NARR defines 4 recovery residence levels of support (level I: peer-run, level II: monitored, level III: supervised, and level IV: service provider) with specific standards criteria for each level.

VARR Accredited Recovery Residences

A list of VARR Accredited Recovery Residences can be found online³⁰, along with up-to-date bed availability.

Oxford Houses

Oxford houses are a distinct types of recovery residences that are self-governed substance-free with no on-site staff. These houses are gender-specific and are long-term housing options without a time-limit on duration of stay.³¹ They provide a space for individuals to gain self-reliance and leadership skills while living amongst peers in a safe, supportive recovery environment.

²⁸ varronline.org/about

²⁹ varronline.org/standards-2

³⁰ varronline.org/accredited-residences

³¹ dbhds.virginia.gov/office-of-recovery-services/recovery-residences

Oxford houses must meet certain standards detailed in the Oxford House Manual. Research demonstrates that Oxford Houses create a healthy recovery community with most favorable outcomes, primarily:

- Decreased return to use
- Increased employment
- Increased community involvement



RICHMOND/HENRICO REGIONAL RESOURCE GUIDE
TO SUBSTANCE USE, MENTAL AND BEHAVIORAL HEALTH

DIRECTORY



Advancing Communities Everywhere

advancingcommunitiesace.org

A person-centered approach for community members facing mental health challenges to ensure clients are given the tools and support for success

MH/BH SERVICES

Mental Health/Behavioral Health Program

Address: 409 East Main St, Suite 102, Richmond, VA 23219 **GRTC**

Phone: (804)716-8739

Hours: Mon–Fri 8:00AM-5:00PM

Clients: Adults and their families

Insurance: All private carriers, Medicare, Medicaid and MCOs, self-pay

Types of Services/Programs Provided:

- Mobile crisis interventions
- Mental Health Skill Building
- Individual couple, and family counseling
- Intensive outpatient program (IOP)
- In-home programs as needed including in-home counseling for children and youth (4-21)
- Medication management
- Workforce readiness, nutrition, physical health and financial literacy classes
- Community stabilization with referrals to other community-based services as appropriate
- Step-down services with coordination of aftercare for successful community re-integration

ALIGN Integrated Care, PLLC.

myaligninc.com

Prioritizing mental health through alignment of mind, body, and soul to fulfill one's authentic potential

MH/BH SERVICES

Mental Health/Behavioral Health Program

Address: 5114 Williamsburg Rd., Henrico, VA 23231 **GRTC**

Phone: (804)214-6460

Email: Patientcare@myaligninc.com

Hours: By appointment (flexible hours, three locations and telehealth)

Clients: Adults and their families
Special programs for military families

Insurance: Medicare, Medicaid, MCOs, TriCare (pending), private carriers, self-pay

Types of Services/Programs Provided:

- Psychological evaluations
- Psychotherapy and medication management
- Partial hospitalization program (PHP)
- Substance use counseling
- Individual, family, group, couples counseling
- Mental health skill building
- Family and crisis stabilization
- Telehealth offerings
- Education regarding and connections to partners and other community resources in Richmond, Danville, and Martinsville
- In-home intensive care services
- ALIGN stands for: acknowledgement, learn to listen, inspect and identify, gain and grow

AppleGate Recovery and Coleman Institute (Baymark collaboratives)

applegaterecovery.com/locations/virginia/richmond
thecolemaninstitute.com

Comprehensive substance use disorder treatment facility: two Baymark agencies at one address. AppleGate focuses more on the medication side, with counseling. Coleman Institute focus on the detox, preparing individuals for their recovery journey.

SUD TREATMENT SERVICES

Substance Use Program

Address: 204 North Hamilton St., Suite B, Richmond, VA 2322 **GRTC**

Phone: Call center: (877)470-3924
 Baymark: (540)253-1029 or
 local facility: (804)409-3866

Hours: Mon–Thurs 8:30AM-5:00PM; Fri 8:30AM-4:30PM

Clients: Adults 18+

Insurance: Major private carriers, Medicaid, MCOs, Medicare

Types of Services/Programs Provided:

- Accelerated medically managed withdrawal/detoxification
- Intensive outpatient program (IOP) for variety of substances
- Individual-centered programs of counseling including persons with dual diagnosis
- Office based opioid treatment (OBOT)
- MAT/MOUD
- Case management and holistic approaches

Archstone Counseling and Treatment

archstonecounseling.com/iop

Peer Recovery Specialist and Veteran-Owned outpatient programs incorporating standard and alternative approaches for successful alcohol use and substance use recovery

SUD TREATMENT SERVICES

Substance Use Program

Address: 1007 Peachtree Blvd., Richmond, VA 23226 **GRTC**

Phone: (804)288-1788

Email: schedule@archstonecounseling.com

Hours: Office: Mon-Thurs 9:00AM-6:00PM; Fri 9:00AM-5:00PM

Clients: Adults 18+

Special tracks for Veterans

Special tracks for 1st Responders

Insurance: Medicaid, MCOs, private carriers; work with all comers

Types of Services/Programs Provided:

- Dual diagnosis and substance use patient-centered treatment plans
- Trauma-informed, standard and holistic alternative therapies
- Evaluation and medication management
- Intense outpatient program (IOP)
- Group and individual counseling, mutual aid programs such as 12-step
- Education for coping skills, grief and anger management; family engagement
- Peer recovery specialists
- Return to use prevention and aftercare

ArrowWood Addiction Treatment Center

arrowwoodaddictiontreatmentcenter.com

Providing safe and comfortable drug and alcohol personalized and evidence-based sequential treatment programs from detoxification to sustained recovery

SUD TREATMENT SERVICES

Substance Use Program

Address: 5305 Plaza Dr., Hopewell, VA 23860 **GRTC**

Phone: (800)580-0624

Hours: 24/7

Clients: Adults 18+

Informed care: LGBTQ+; students;

Users of polysubstances

Insurance: All private carriers, but verify specific plan first
(online or call)

Types of Services/Programs Provided:

- Free 15-minute screening consultation by phone
- Medically monitored withdrawal
- Education and counseling
- Patient-centered care including holistic programs such as massage and yoga
- Inpatient and residential (34 each gender-specific capacity) accommodations
- Intensive outpatient program (IOP) and partial hospitalization program (PHP)
- General outpatient including MAT/MOUD
- Peer recovery specialists and mutual aid programs such as 12-Step
- Aftercare and return-to-use prevention; family engagement

Balance Behavioral Health

balancebehavioral.com

Offering a wide array of mental and behavioral health services to provide you with the critical tools and skills needed to improve your life and achieve your goals

MH/BH SERVICES

Mental Health/Behavioral Health Program

Address: 6504 Woodlake Village Circle, Midlothian, VA 23112

Phone: (804) 823-5475

Email: administrator@balancebehavioral.com

Hours: Mon-Fri 9:00AM-5:00PM

Clients: Adults and children

Insurance: All private carriers, Medicare, Medicaid, MCOs, self-pay with sliding scale

Types of Services/Programs Provided:

- Comprehensive assessment
- Adult and children individual therapy programs
- Couples and family counseling
- Parenting skill-building
- Medication management
- Trauma-informed care including PTSD

Behavioral Awareness Center

behavioralawareness.com

Integrated treatments for the mind and body provided by court recognized subject matter experts for wellness through solution-oriented therapies

SUD TREATMENT SERVICES

Substance Use Program

Address: 909 Hioaks Rd., Suite B, Richmond, VA 23225 **GRTC**

Phone: (804) 320-3626

Email: bactherapy@gmail.com

Facebook: facebook.com/behavioralawarenesscenter

Hours: Mon-Fri 9:00AM-5:30PM; weekends by appointment

Clients: Adults 18+
including court-referrals and special women's groups

Insurance: Most private carriers, EAPs, self-pay

Types of Services/Programs Provided:

- Virtual and in-person services
- Integrated treatments, dual diagnosis and co-occurring disorders
- Outpatient monitored withdrawal
- Medication monitoring for compliance checks
- Multiple counseling and clinical therapies
- MAT/MOUD
- HIV/AIDS support
- Programs for women's issues such as Substance Abuse and Intimacy Disorder (SAID)
- Access to various recovery housing settings including Awareness House (8-bed recovery house for men)
- SAMHSA recognized curriculum for Anger management/Domestic violence
- ASAM approved (Virginia) DUI/DWI treatment criteria

Behavioral Health Partners

bhprva.com

Offers outpatient mental health and psychological services including counseling, psychological and educational testing, youth psychiatry and medication management

MH/BH SERVICES; SUD TREATMENT SERVICES

Mental Health/Behavioral Health; SUD Treatment Program

Address: 703 North Courthouse Rd., Richmond, VA 23236 **GRTC**

Phone: (804) 794-4482

Hours: Mon-Fri 8:00AM-5:00PM

Clients: Adolescents and adults

Insurance: Medicare, Medicaid, MCOs, some private carriers;
call for specifics

Types of Services/Programs Provided:

- Individual and family counseling (mental health)
- Intensive outpatient program (IOP) for substance use disorders
- Additional substance use disorder related counseling
- Adolescent psychiatry and medication management
- Skill training for recovery maintenance and return to use prevention

Behavioral Health Services of Virginia

bhsva.net

Accredited mental health organization that offers services for youth and individuals with mental health disabilities

MH/BH SERVICES; SUD TREATMENT SERVICES

Mental Health/Behavioral Health; SUD Treatment Program

Address: 1701 East Parham Rd., Richmond, VA 23228

Phone: Richmond location: (804) 261-4163

BHS VA main number: (804) 977-1365

For Crisis or emergencies: (804) 977-1365

Hours: Mon-Fri 9:00AM-5:00PM

Clients: Youth and adults up to age 64

Intake: Contact Richmond office

Insurance: Most private carriers; Medicaid, MCOs

Types of Services/Programs Provided:

- Intensive outpatient program (IOP) for substance use disorders
- Intensive home services (for ages 5-18)
- Community stabilization (for ages 17-64)
- Mental health skill building
- Mobile crisis response
- Psychiatric services
- Applied behavioral analysis (ABA)
- Mentoring

BHG (Behavioral Health Group) – Glen Allen Treatment Center

bhgrecovery.com

Substance use treatment and recovery care to help improve health and wellness, live a self-directed life, and strive to reach one's full potential

SUD TREATMENT SERVICES

Substance Use Program

Address: 13199 Mountain Rd., Glen Allen, VA 23059

Phone: Local: (804) 510-0556

Call center: (844) 535-7291

Hours: Mon-Fri 5:00AM-1:00PM; Sat 6:00AM-11:00AM

Clients: Adults 18+

Walk-ins welcome

Insurance: Medicare, Medicaid, MCOs, most private carriers, self-pay

Types of Services/Programs Provided:

- Comprehensive and integrated recovery programs including medications, medical services, counseling and therapy
- Social and legal services; criminal justice advocacy
- Family therapy and parenting education
- Vocational rehabilitation, workforce readiness and employment assistance
- Community building through partnerships
- Network of referrals for aftercare
- Some transportation assistance

Bicycle Health

bicyclehealth.com

Tele-help and community-based hybrid providing clinical care, medication for addiction treatment (MAT), therapy and support at multiple sites throughout the area and U.S

SUD TREATMENT SERVICES

Substance Use Program

Address: Multiple sites throughout the area, most are close to **GRTC**

Phone: (757) 210-7415

Hours: 24/7 availability

Intake: Use contact form online to schedule first callback
Enrollment hours: 9:00AM – 10:00PM

Clients: Adults 18+
Often same day

Insurance: Medicare, Medicaid, MCOs, private carriers,
affordable self-pay, monthly

Types of Services/Programs Provided:

- Free initial consultation
- Comprehensive and integrated recovery programs including medications, medical services, counseling and therapy
- Withdrawal management
- Suboxone MAT/MOUD
- Virtual visits on your schedule
- Special programs for men only, women only, LGBTQ+, parents, new-to-recovery
- Education to overcome stigma, develop self-esteem and manage stress
- Peer support services
- Skill development
- Community-based activities and groups
- Network of referrals for aftercare

Bon Secours

bonsecours.com/health-care-services/behavioral-mental-health/addiction-treatment

Voluntary and individualized drug and alcohol treatment programs providing medical detox for people struggling from abuse of, addiction to, or dependence on prescription drugs, street drugs, over the counter (OTC) drugs and/or alcohol

SUD TREATMENT SERVICES

Memorial Regional Medical Center

Address: 8260 Atlee Rd., Mechanicsville, VA 23116

Phone: (804) 764-6000

Hours: 24/7

Clients: Adults 18+

Insurance: All private carriers, Medicare, Medicaid, MCOs, self-pay

Types of Services/Programs Provided:

- Patient-centered interdisciplinary treatment with case management
- 7-day inpatient medically monitored detox program, including dual diagnosis
- 24/7 nursing care and structured day program, allowing visitations
- Intensive therapies covering triggers, cravings, family issues, depression, anxiety and return to use prevention
- Education on medications, nutrition, pain management, coping skills and communication
- Clinical counseling and therapies as well as mutual aid programs such as 12-step
- Family therapy as needed and discharge planning
- ARTS programs

Bon Secours (continued)

MH/BH SERVICES; SUD TREATMENT SERVICES

Richmond Community Hospital

Address: 1500 North 28th St., Richmond, VA 23223 **GRTC**

Phone: (804) 225-1700

Hours: 24/7

Clients: Adults 18+

Insurance: All private carriers, Medicare, Medicaid, MCOs, self-pay

Types of Services/Programs Provided:

- Comprehensive mental health assessments
- Medication management
- Patient-centered interdisciplinary treatment with case management
- Intensive outpatient program (IOP)
- 7-day inpatient medically monitored detox program, including dual diagnosis
- 24/7 nursing care and structured day program, allowing visitations
- Intensive therapies covering triggers, cravings, family issues, depression, anxiety and return to use prevention
- Education on medications, nutrition, pain management, coping skills and communication
- Clinical counseling and therapies as well as mutual aid programs such as 12-step
- Family therapy as needed and discharge planning
- ARTS programs

Bon Secours (continued)

SUD TREATMENT SERVICES

Southside Regional Medical Center

Address: 200 Medical Park Blvd., Petersburg, VA 23805 **GRTC**

Phone: (804) 765-5000

Hours: 24/7

Clients: Adults 18+

Insurance: All private carriers, Medicare, Medicaid, MCOs, self-pay

Types of Services/Programs Provided:

- Patient-centered interdisciplinary treatment with case management
- 7-day inpatient medically monitored detox program, including dual diagnosis
- 24/7 nursing care and structured day program, allowing visitations
- Intensive therapies covering triggers, cravings, family issues, depression, anxiety and return to use prevention
- Education on medications, nutrition, pain management, coping skills and communication
- Clinical counseling and therapies as well as mutual aid programs such as 12-step
- Family therapy as needed and discharge planning
- ARTS programs

Bon Secours (continued)

SUD TREATMENT SERVICES

St. Francis Medical Center

Address: 13710 St. Francis Blvd., Midlothian, VA 23114

Phone: (804) 594-7300

Hours: 24/7

Clients: Adults 18+

Insurance: All private carriers, Medicare, Medicaid, MCOs, self-pay

Types of Services/Programs Provided:

- Patient-centered interdisciplinary treatment with case management
- 7-day inpatient medically monitored detox program, including dual diagnosis
- 24/7 nursing care and structured day program, allowing visitations
- Intensive therapies covering triggers, cravings, family issues, depression, anxiety and return to use prevention
- Education on medications, nutrition, pain management, coping skills and communication
- Clinical counseling and therapies as well as mutual aid programs such as 12-step
- Family therapy as needed and discharge planning
- ARTS programs

Bon Secours (continued)

SUD TREATMENT SERVICES

St. Mary's Hospital SUD Treatment Program

Address: 5801 Bremo Rd., Richmond, VA 23226 **GRTC**

Phone: (804) 285-2011

Hours: 24/7

Clients: Adults 18+

Insurance: All private carriers, Medicare, Medicaid, MCOs, self-pay

Types of Services/Programs Provided:

- Patient-centered interdisciplinary treatment with case management
- 7-day inpatient medically monitored detox program, including dual diagnosis
- 24/7 nursing care and structured day program, allowing visitations
- Intensive therapies covering triggers, cravings, family issues, depression, anxiety and return to use prevention
- Education on medications, nutrition, pain management, coping skills and communication
- Clinical counseling and therapies as well as mutual aid programs such as 12-step
- Family therapy as needed and discharge planning
- ARTS programs

Bon Secours (continued)

MH/BH SERVICES

St. Mary's Hospital Behavioral Health Services

Address: 5801 Bremono Rd., hospital 7 West, Richmond, VA 23226 **GRTC**

Phone: (804) 287-7836

Hours: 24/7

Clients: Adults 18+

Insurance: All private carriers, Medicare, Medicaid, MCOs, self-pay

Types of Services/Programs Provided:

- Substance abuse treatment
- Counseling
- Mental health assessments
- Intensive outpatient program (IOP)
- Partial hospitalization program (PHP)
- Outpatient clinics
- Medication management
- Return to use prevention

Breaking the Cycle, LLC

breakingthecycleva.com

A team of dedicated mental health professionals passionate about breaking the cycle of mental illness and help individuals succeed becoming the best version of themselves

MH/BH SERVICES

Mental Health/Behavioral Health Program

Address: 112 S Providence Rd., Suite 201,
North Chesterfield, VA 23236 **GRTC**

Phone: (804) 504-5971

Email: info@breakingthecycleva.com

Hours: Mon-Thurs 9:00AM - 2:00PM; Fri by appointment

Clients: Adults and children

Insurance: Medicaid and others

Types of Services/Programs Provided:

- Mobile crisis intervention
- De-escalation services
- Stabilization with monitoring with stepdown to divert from need for higher level care needs
- Plans for immediate safety
- Community stabilization services
- Coordination of needed community services

CARITAS

caritasva.org

Integrated treatments for the mind and body provided by court recognized subject matter experts for wellness through solution-oriented therapies

SUD TREATMENT SERVICES

The Healing Place and a continuum of housing assistance

Address: 2220 Stockton St., Richmond, VA 23224 (women) **GRTC**
 700 Dinwiddie Ave, Richmond, VA 23224 (men) **GRTC**

Phone: (804) 358-0964 office
 (804) 418-3049 (women’s facility)
 (804) 230-1184 (men’s facility)

Email: info@caritasva.org

Hours: 24/7 contact

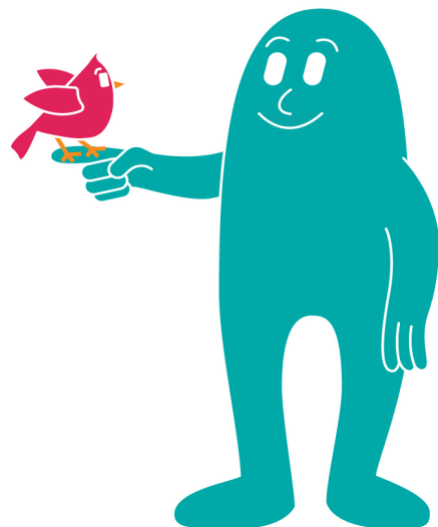
Clients: Adults 18+

Insurance: No billing (all recovery services funded by public and private philanthropy)

Types of Services/Programs Provided:

- Continuum of care for unhoused individuals to include street outreach, diversion efforts, emergency shelters, financial housing supports
- Nonmedical approach to recovery and introduction to a recovery network
- Rapid re-housing or shelter assistance
- Ongoing Peer-driven recovery services and active alumni support
- Mutual aid groups such as 12-step meetings
- Safe off the Street program
 - o 8-12 bed stabilization unit
 - o Detox (as needed) prior to eligibility for treatment programs
- The Healing Place
 - o Eligible after preliminary detox via through Safe Off the Street program
 - o Long-term peer-driven residential recovery program
 - o 140 beds for Women/160 beds for Men

- Workforce development
- ☑ Multiple sober living Recovery Residences (124 beds within 47 apartments) - affordable single and double units with transitional services to follow at client identified pace
- ☑ Appropriate referral network as needed (such as medical and dental and behavioral health to The Daily Planet Health Services)
- ☑ Furniture bank and other urgent-need resources



Casselton Consultants

casseltonconsultants.com

The treatment of alcohol and substance abuse by providing outpatient services to adults and older adolescents in need of therapeutic and educational interventions

SUD TREATMENT SERVICES

Substance Use Program

Address: 4525 West Hundred Rd., Chester, VA 23831
7113 Three Chopt Rd., Richmond, VA 23226

Phone: (804) 778-7685

Email: Casseltonconsultants@comcast.net

Hours: Mon-Fri 9:00AM-4:00PM; evening sessions by appointment

Clients: Adults and older adolescents, including those court-ordered

Insurance: Medicaid, MCOs, self-pay

Types of Services/Programs Provided:

- Jail evaluations and re-entry planning
- Screening and assessments to design individualized program
- Educational programs – fee-based and coordinated with criminal justice system
- Outpatient clinical counseling and therapies, individual/group, with family engagement
- Recovery program compliance with random screenings
- Peer and mutual aid programs such as 12-step
- Transportation assistance available

Central Virginia Health Services – Petersburg Recovery Center

cvhsinc.org

Non-profit community health center with Federally Qualified Health Center (FQHC) status providing patient-directed substance use disorder treatment programs

SUD TREATMENT SERVICES

Substance Use Program

Address: 541 South Sycamore St., Petersburg, VA 23805 **GRTC**

Phone: (804) 835-6100

Hours: Mon, Wed 8:30AM-5:00PM;
Tues 7:00AM-5:00PM;
Thurs 8:30AM-7:00PM

Clients: Adults 18+

Insurance: All carriers found on Marketplace site, Medicaid, MCOs

Types of Services/Programs Provided:

- Office based addiction treatment programs (OBAT) with medical management
- Integrated primary care and psychotherapy services to address co-existing conditions including dual diagnosis
- MAT/MOUD
- Care coordination and case management
- Return to use prevention planning and aftercare
- Affordable pharmacy and dental services nearby

Chandler Behavioral Services

chandlerbh.com

Equipping, empowering, and educating individuals to stabilize their mental health symptoms and become self-sufficient, become productive citizens and achieve their personal goals

MH/BH SERVICES

Mental Health/Behavioral Health Program

Address: 1731 Wall St. (rear), Richmond, VA 23224 **GRTC**

Phone: (804) 658-4367

Email: info@chandlerbh.com

Hours: 24/7 (staffed crisis line)

Clients: Adults and families

Insurance: Medicaid, MCOs

Types of Services/Programs Provided:

- Mobile crisis response
- Same day assessments for individualized care coordination with integrated providers
- Community stabilization
- Access to comprehensive, evidence-based services along the behavioral health continuum of care
- Intensive outpatient program (IOP) ASAM 2.1
- Mental health skill-building and wellness education
- Outpatient case management, counseling and peer support services
- Advocacy and networking connection to medically necessary supports; pre-screening for those referrals

Chesterfield County Community Services Board

chesterfield.gov/919/Adult-Substance-Use-Services

Supporting one's recovery journey, regardless of paths to and goals for recovery, with equal access to treatment

SUD TREATMENT SERVICES

Substance Use Program

Address: 9901 Lori Rd., Chesterfield, VA 23832

Phone: (804) 835-6100

24/7 Crisis line: (804) 748-6356

Hours: 24/7 (staffed)

Clients: Adults and adolescents with specific programs for priority populations

Intake: Mon, Fri 8:00AM-2:00PM; Tues, Thurs 8:00AM-4:00PM

Insurance: Medicare, Medicaid, all private carriers, sliding scale self-pay

Types of Services/Programs Provided:

- Mobile unit for Harm Reduction Services and Crisis Intervention
- Same day assessments for individualized plan (including dual drug track)
- In-jail diversion services
- Monitored withdrawal, detox and residential services
- Outpatient case management, counseling and peer support services
- MAT/MOUD
- Trauma-informed care with family engagement
- Prioritization of women with children, persons who are pregnant
- REVIVE training, Naloxone and Harm reduction supplies
- Transportation assistance available

CleanSlate Outpatient Addiction Medicine

cleanslatecenters.com

Comprehensive compassionate, effective opioid and alcohol addiction treatment programs that “meet you where you are”

SUD TREATMENT SERVICES

Substance Use Program

- Address:** 1510 North 28th St., Suite 101, Richmond, VA 23223 **GRTC**
8220 Meadowbridge Rd., Suite 310, Mechanicsville, VA 23116 **GRTC**
- Phone:** Call center: (833) 505-4673 or Local: (804) 417-0120
- Hours:** Richmond: Mon, Wed, Thurs 8:30AM-5:00PM; Fri 8:30-2:00PM
Mechanicsville: Mon, Tues, Thurs 8:30AM-5:00PM; Wed 8:30AM-8:00PM; Fri 8:30-2:00PM
- Clients:** Adults 18+
Persons who are pregnant or post-partum
- Insurance:** Medicaid, Medicare, private carriers, self-pay w/flexible plan

Types of Services/Programs Provided:

- Comprehensive intake and coordinated individual-driven care plan
- Coordination with other local health care and social services to ensure a full spectrum of care
- Outpatient holistic patient-driven medical, behavioral, and mental health care
- Co-occurring conditions and dual diagnosis
- Group and individual counseling that is trauma-informed
- Virtual chats and telehealth available during office hours
- MAT/MOUD
- Special programs for persons who are pregnant or post-partum
- Assistance accessing community resources
- Workforce readiness and employment assistance
- Certified Peer Recovery Specialists as coach-navigators

Colonial Heights Service Board and Counseling of District 19

d19csb.com

Helping others reach their potential by providing mental health, intellectual disabilities and substance use services

SUD TREATMENT SERVICES

Substance Use Program

- Address:** 20 West Bank St., Petersburg, VA 23803 **GRTC**
3660 Boulevard Ave., Colonial Heights, VA 23834
- Phone:** Petersburg: (804) 862-6137 Colonial Heights: (804) 520-7210
- Hours:** Petersburg: Mon-Fri 8:30AM-4:30PM
Colonial Heights: Mon-Fri 9:00AM-5:00PM
- Clients:** Adults 18+ (all services); adolescents (counseling only)
- Intake:** Same day access, walk-ins welcome
- Insurance:** Medicare, Medicaid, MCOs, military (TriCare) insurance, cash self-pay, block and other federal grants

Types of Services/Programs Provided:

- Crisis intervention and stabilization
- Education and brief interventions
- In-jail services and re-entry planning
- Screenings/ assessments including co-occurring disorders and dual diagnosis
- Referrals for inpatient services
- Substance use disorder counseling
- Peer recovery specialists
- Trauma-informed staff
- Targeted case management
- Telehealth
- Residential services
- Return to use prevention and 12-step facilitation of mutual aid programs
- Incentive drug screenings to maintain treatment retention
- Some transportation assistance, but no GRTC

Commonwealth Behavioral Health

commonwealthbehavioralhealth.com

Providing a wide range of diagnostic services, counseling, and psychotherapy serving adults, youth, and adults and youth and special needs

MH/BH SERVICES

Mental Health/Behavioral Health Program

Address: 2060 Buford Rd., Richmond, VA 23225 **GRTC**

Phone: (804) 378-1880

Email: info@commonwealthbehavioralhealth.com

Hours: Mon-Fri 8:00AM-5:00PM

Clients: Youth, adults, including those with special needs

Intake: Client registration and application on website

Insurance: Medicaid, MCOs, EAPs, Tricare

Types of Services/Programs Provided:

- Psychological evaluations
- Substance use counseling
- Individual, family, group, couples counseling

Commonwealth Supportive Services

csupportiveservice.org

Responding to situations in order to prevent exacerbation of a condition, injury to the client or others, and to provide treatment of the least restrictive setting

MH/BH SERVICES

Mental Health/Behavioral Health Program

Address: 16 South 2nd St., Suite 300, Richmond, VA 23219 **GRTC**

Phone: (804) 429-7706

Email: Info@csupportiveservices.org

Hours: 24/7

Clients: Adults and children, including those with disabilities

Insurance: Medicaid MCOs and waiver services only

Types of Services/Programs Provided:

- Mobile crisis response if referred through Virginia Crisis Connect (or triaged from 988 call center)
- Community stabilization
- 23-hour observation for crisis intervention
- Care coordination: case management and medication management, medical and therapeutic evaluations and connections to other community services
- Warm hand-off to community service resources for substance use disorder, housing instability, abuse and workforce development
- Mental health skill building
- For those with disabilities: medication management daily, accompaniment to all medical appointments and follow-ups; treatment plans to obtain personal goals

Comprehensive Counseling Services of Virginia

myccsva.com

Client-focused organization delivering quality behavioral healthcare that ensures safety and preserves the dignity of clients, while enhancing their well-being

MH/BH SERVICES

Mental Health/Behavioral Health Program

Address: 9510 Iron Bridge Rd., Suite 100, Chesterfield, VA 23832

Phone: (804) 621-4249

Hours: Mon-Thurs 9:00AM-5:00PM; Thurs 9:00AM-4:00PM;
Sat/Sun by appointment

Clients: Children (ages 5 - 20),
Adults (ages 21 - 65)
Special women's programs

Insurance: Self-pay only; some services reimbursable as out of network

Types of Services/Programs Provided:

- Assessments and treatment services for primary MH/BH and dual diagnosis SUD
- VASAP assessments
- Collaborate with legal team on court related issues
- Intensive outpatient program (IOP)
- Outpatient therapy and counselling (individual, group and family engaged)
- Peer support and community
- Intensive in-home services for children and young adults (under age 21)
- Immigration evaluations for Asylum, Domestic Violence (VAWA), Cancellation of Removal, U-Visa, T-Visas, and Extreme Hardship waivers
- Mental health skill-building and other transition tools toward long-term wellbeing
- Aftercare planning for sustainability with community resources for support

Constant Change Enterprises, LLC

constantchangeva.com

Helping individuals and their families develop practical ways to function effectively in society

MH/BH TREATMENT SERVICES

Mental Health/Behavioral Health Program

Address: 7633 Hull Street Rd., Suite 100, North Chesterfield, VA 23235

Phone: (804) 359-2100

Email: constantchangellc@gmail.com

Hours: 24/7 crisis response

Mon – Thurs 10:00AM-5:00PM; Fri by appointment

Clients: Children, adolescents (aged 5-17) and their family members (aged 4-65)

Insurance: Medicaid, MCOs, self-pay

Types of Services/Programs Provided:

- Comprehensive assessments; time from referral to treatment typically 2-7 days
- Trauma-informed services for behavioral and mental health difficulties
- Patient centered, strength-based treatment plans
- Substance use counseling (individual and group)
- Mental health skill-building; behavior management
- Mobile crisis unit and crisis stabilization (23-hour observation)
- Family stabilization and reunification
- Special programs for SUD, abuse and neglect, grief and loss, behavioral problems arising from learning disabilities
- Community stabilization
- Safety and coping skill building
- Case coordination

CrossOver Healthcare Ministry

crossoverministry.org

Offering integrated mental health and medical services with case coordination for individuals with substance use disorder

MH/BH SERVICES

Mental Health/Behavioral Health Program

Address: 108 Cowardin Ave., Richmond, VA 23224 **GRTC**

8600 Quioccasin Rd., Henrico VA 23229 **GRTC**

Phone: (804) 655-2794

Email: info@crossoverministry.org

Hours: Richmond Mon-Thurs 8:30AM-5:00PM

Henrico Mon 8:30AM-7:30PM; Tues-Thurs 8:30AM-5:00PM; Fri 8:30AM-5:00PM; occasional Tues and Thurs evening hours

Clients: Youth, adults, families for general medical and mental health needs

Intake: Call for intake; eligibility quiz on website

Insurance: Medicaid; free care for uninsured patients with family income \leq 200% Federal Poverty Level

Types of Services/Programs Provided:

- SUD treatments are for adults only
- Short-term and long-term counseling
- Telehealth service available
- Care coordination
- Medication management
- Peer support programs
- Psychological evaluation
- Case management and navigation

CrossRoads

crossroadstreatmentcenters.com

A patient-centered outpatient counseling and MAT/MOUD facility serving individuals in Richmond and Petersburg

SUD TREATMENT SERVICES

Substance Use Program

Address: 1227 East Belt Blvd., Richmond, VA 23224 **GRTC**
10531-10543 S. Crater Rd., Petersburg, VA 23805 **GRTC**

Phone: (800) 805-6989 (Call center open 24/7)
24/7 “instant intake”

Hours: Richmond:
Tues 8:00AM-12:00PM and Thurs 2:00PM-6:00PM
Petersburg:
Mon 5:00AM-12:00PM; Tues, Wed 5:00AM-10:00AM and
1:00PM-5:00PM; Thurs 5:00AM-2:00PM; Fri 5:00AM-10:00AM;
Sat 5:00AM-8:00AM

Clients: Adults 18+

Insurance: Medicaid, Medicare, MCOs, private carriers

Types of Services/Programs Provided:

- Comprehensive clinical and medical assessments from DEI-prioritized staff
- Patient-driven recovery toward identified goals
- Clinically monitored and medically assisted detoxification and withdrawal
- Office based outpatient treatment (OBOT) for MAT/MOUD programs
- Screening, education and counseling
- Return to use prevention and compliancy testing
- Aftercare planning and coordinated referral network to community

Daily Planet Health Services

dailyplanetva.org

Providing accessible, comprehensive, and integrated quality health services to anyone regardless of their housing, financial, citizenship, or insurance status

SUD TREATMENT SERVICES

Substance Use Program

Address: 517 West Grace St., Richmond, VA 23220 **GRTC**

180 East Belt Blvd., Richmond, VA 23224 **GRTC**

Phone: Main (804) 231-7137 West Grace St.(804)783-2505 East Belt Blvd (804) 292-3011

Hours: Mon-Fri 8:00AM-4:30PM

Clients: Adults 18+ meeting financial eligibility

Intake: Initial mental health assessments Mon, Wed, Thurs (arrive by 8:00AM)

Insurance: Veterans or military insurance, sliding scale self-pay based on household income and size; may be free based on needs assessment

Types of Services/Programs Provided:

- Psychiatric screenings and assessments
- Medication evaluation and management
- Comprehensive, integrated care aimed at holistic wellness with case manager
- Mental health and substances use disorder counseling
- MAT/MOUD
- Peer recovery specialists
- Housing assistance through affiliated Safe Haven (peer driven support in transitional housing)

Discovery Counseling and Consulting of Virginia

vadcc.com/therapy

Helping clients address difficult problems and develop unique solutions using use cutting edge, proven evidence-based individualized programs

MH/BH SERVICES

Mental Health/Behavioral Health Program

Address: 7760 Shradler Rd., Henrico, VA 23228 **GRTC**

Phone: (804) 591-0002

Hours: Mon-Thurs 8:00AM-7:00PM; Fri 8:00AM-5:00PM

Clients: Adults, adolescents, children

Insurance: Some private carriers, self-pay

Types of Services/Programs Provided:

- Multidisciplined staff provides comprehensive evaluation and integrated care
- Patient-driven treatment plan for a comprehensive range of behavioral or mental health issues
- Psychiatric care as needed
- Substance use programs including dual diagnoses
- Individual, couples and group counseling
- Family engagement
- Skills building trainings
- LGBTQ+ affirming

Division of Juvenile Community Programs

rva.gov/justice-services/division-juvenile-community-programs

Program designed to “enhance public safety by reducing juvenile delinquency through valuable prevention services, and evidence-based intervention programming that strengthens families and changes the lives of at-risk youth”

MH/BH SERVICES

Richmond Juvenile Behavioral Health Docket

Address: 306 North 8th St. Richmond, VA 23219 **GRTC**

Phone: Human Services Coordinator: (804)646-8677

Email: priscilla.wright@rva.gov

Hours: Mon-Fri 8:00AM-5:00PM

Clients: Youth (City of Richmond residents only)

Intake: Call human services coordinator

Types of Services/Programs Provided:

- Must be referred through court system
- 9–12 month comprehensive program of Individual and group counselling to assist youth in taking control of their life situations
- Helps youth successfully separate from the criminal justice system by addressing their behavioral health and substance use

Dominion Behavior Healthcare

dbhrichmond.com

Offers outpatient mental health treatment, counseling, and therapy for youth, adolescents, adults, couples, and families

MH/BH SERVICES

Mental Health/Behavioral Health Program

- Address:** 2301 North Parham Rd., Suite 5 Richmond, VA 23229
703 N. Courthouse Rd., Ste 101, North Chesterfield, VA 23236
- Phone:** Main (804) 270-1124
Chesterfield (804) 794-4482
- Hours:** North Parham Office: Mon-Fri 8:00AM-5:00PM; Sat/Sun by appointment
Chesterfield Office: Mon-Thurs 9:00AM-9:00PM; Fri 9:00AM-5:00PM; Sat 9:00AM-1:00PM
- Clients:** Youth, adolescents, and adults
- Intake:** New patient registration form on website or contact intake staff at (804) 270-1124 (ext. 117)
- Insurance:** Participate with most private and government carriers and EAP

Types of Services/Programs Provided:

- Telehealth
- Psychiatric evaluations and treatment
- Outpatient services
- Mental health therapy (individual, group, family)
- Medication management
- Substance use assessment and treatment

Dominion Care Outpatient Services – Sequoia Intensive Outpatient Program

dominion.care/services/outpatient-therapy/#sequoia

Providing care through outpatient therapy, psychological, psychiatric, and substance abuse services for those who need additional support

SUD TREATMENT SERVICES

Substance Use Program

Address: 1640 East Parham Rd., Richmond, VA 23228

Phone: (804) 272-2000

Call center (855) 444-9383

Program Coordinator (804) 762-3489

Hours: Day Programs Mon, Wed, Thurs 9:00AM-1:00PM

Office Hours Mon-Fri 8:00AM-5:00PM

Clients: Adults 18+ (individual or couples)

Insurance: All private carriers, Medicare, Medicaid, MCOs, military (TriCare), sliding scale self-pay

Types of Services/Programs Provided:

- Intensive outpatient program (IOP)
- Education and care coordination
- Person-centered, holistic and evidence-based counseling
- Direct referral to collaborating community services for medications (MAT/MOUD)

Ecosystem

ecosystemnow.org

cvppservices.com

aog4u.org

hypecounselingservices.org

A collaborative effort of organizations with three different missions, but one shared vision for the disenfranchised citizens of the Greater Richmond Area

SUD TREATMENT SERVICES

Atlantic Outreach Group, Inc.

Address: 2421 Westwood Ave., Suite A, Richmond, VA 23230 **GRTC**

Phone: (804) 308-2648

Email: info@AOG4U.org

Hours: Mon-Fri 9:00AM-5:00PM

Clients: Adults 18+

Insurance: Self-pay and grants as well as public support
(financial and in-kind)

Types of Services/Programs Provided:

- Peer recovery and DEI-prioritized staffing
- Fresh Start, a full-service recovery program designed to help individuals who are experiencing SUD barriers transition to self-sufficient living
- Food and pet pantry
- Prevention + Sober Living
 - Alumni program for graduates of the Fresh Start program
 - Support for participants to fully regain independent living
 - Peer-led recovery residence
 - Re-use prevention plans
 - Workforce readiness
- Collaborative partnerships offering
 - Housing support
 - Full array wrap-around services
 - Resources to truly prepare participants for a fresh start at life.
- VARR certified

Ecosystem (continued)

MH/BH SERVICES

Central Virginia's Preferred Providers (CVPP)

Address: 5911 West Broad St., Richmond, VA 23230 **GRTC**

Phone: (804) 330-6441

Hours: Mon-Fri 9:00AM-5:00PM

Clients: Adults, children and families

Insurance: Private carriers, Medicaid, MCOs, Medicare

Types of Services/Programs Provided:

- Integrated, individual-focused programs
- Primary care evaluations and PCP medical services
- Psychiatric evaluations and services
- Medication management
- Treatment of co-occurring disorders
- Partial hospitalization program (PHP)
- SUD counseling
- Therapy/counseling (individual, group, family, couples)
- Trauma-informed providers and staff
- Mental health, wellness, and parenting counseling

Ecosystem (continued)

MH/BH SERVICES; SUD TREATMENT SERVICES

H.Y.P.E. Counseling Services

Address: 5911 West Broad St., Richmond, VA 23230 **GRTC**

Phone: (804) 213-0259

Hours: Mon-Fri 9:00AM-5:00PM

Clients: Adults 18+

Insurance: Medicaid

Types of Services/Programs Provided:

Note: Services and programs are for adult clients with a history of serious mental illness, previous psychiatric hospitalization, and a prescription for anti-psychotic, mood stabilizing, or antidepressant medication issued within the past twelve (12) months.

- Intensive outpatient program (IOP)
- Withdrawal management
- Short-term medical observation/ 23-hour continuous monitoring of situations that require immediate attention but may not necessitate prolonged hospitalization
- Medication management and education on the importance of medical management
- Psychiatric, medical or psycho-pharmacological consultation
- Addiction and recovery services including Certified Peer Support Services
- Outpatient counseling services
- Intensive In-home services
- Community stabilization
- 23-hour observation unique and efficient healthcare solution for individuals who need short-term medical supervision
- SUD and BH counseling
- Trauma-informed and addiction specialist providers and staff
- Mental and physical health, wellness (including nutrition) and financial literacy skill building
- Face-to face services for as many as twelve (12) hours per week for an average of six (6) months to a year.
- Residential treatment program

Epic Health Partners, LLC

epichealthpartners.com

Community-based behavioral health facility that provides adults and children with needed mental and behavioral health assessments and services

MH/BH SERVICES

Mental Health/Behavioral Health Program

Address: 10 East Leigh St., Richmond, VA 23219 **GRTC**

Phone: (804) 914-1392

Hours: Mon-Thurs 9:00AM-5:00PM; Fri 9:00AM-3:00PM

Clients: Adults and children

Insurance: Private carriers, Medicaid, MCOs, self-pay

Types of Services/Programs Provided:

- Mental health assessment
- Mental health and social skills building
- Comprehensive Crisis Services
- Telehealth
- ARTS program
- Intensive outpatient program (IOP)
- MAT/MOUD

Family Guidance Centers

familyguidancecenters.com

Offers mental health services for youth, adolescents, and adults

MH/BH SERVICES

Mental Health/Behavioral Health Program

Address: 4908 Monument Ave, Richmond, VA 23230 **GRTC**
11520 Nuckols Rd., Suite 102 Glen Allen, VA 23059 **GRTC**
Other locations in Brandermill, Midlothian, and Powhatan

Phone: Main number (804) 743-0960
Crisis line (804) 743-0960 option 1
Richmond (804) 447-3403
Glen Allen (804) 404-2198

Email: frontoffice@familyguidancecenters.com

Hours: Mon-Fri 9:00-5:00PM

Clients: Adults and families

Intake: Call main number or submit interest form online at
familyguidancecenters.com/new-patients

Insurance: All major private carriers, Medicare, Medicaid (MCOs), self-pay

Types of Services/Programs Provided:

- Telehealth
- Behavioral and mental health assessments/testing/treatment
- Therapy and counseling
- Trauma-informed services
- Family stabilization

Family Guidance of Virginia

familyguidanceofvirginia.com

Staff of licensed specialists helps adults, adolescents and young children deal with a wide range of mental health issues including substance use disorder and dual diagnosis

MH/BH SERVICES; SUD TREATMENT SERVICES

Mental Health/Behavioral Health; Substance Use Program

Address: 8014 Midlothian Tpk., Suite 202, N Chesterfield, VA 23235

GRTC

Phone: (804) 447-3403

Hours: Mon-Fri 9:00AM-5:00PM

Clients: Adults 18+

Insurance: Medicare, Medicaid, all major private carriers, self-pay

Types of Services/Programs Provided:

- ARTS with intensive outpatient program (IOP)
- Counseling (trauma-informed)
- MAT/MOUD
- Behavior and social skills education
- Family stabilization
- 12-step and mutual aid programs
- Harm reduction and peer recovery specialist services

Family Insight, P.C.

familyinsight.net

Using a Complete Care Model, uniting physical, mental, and social health to elevate overall well-being

MH/BH SERVICES

Mental Health/Behavioral Health Program

Address: 6800 Paragon Pl., Suite 237, Richmond, VA 23230 **GRTC**
2820 Waterford Lake Dr., Suite 102, Midlothian, VA 23112

Phone: (804) 562-9997 (Richmond)
(804) 658-4509 (Midlothian)

Email: peter.doyle@familyinsight.net

Hours: Mon-Fri: 9:00AM-7:00PM; Sat hours pending

Clients: Adults and families

Insurance: Most private carriers, Medicaid and MCOs and local funding sources (upon meeting eligibility)

Types of Services/Programs Provided:

- No wait list: appointments scheduled within 24 hours
- Comprehensive diagnostic mental and behavioral assessment, focusing on co-occurring disorders
- Patient-centered care using the “Complete Care Model” of integrated best-practices for physical, emotional, mental and social goals for wellbeing
- Holistic In-person and virtual sessions (telehealth)
- Trauma-informed individual and group counseling
- Mental health and independent-living skills building including anger management and family stabilization
- In home services as needed
- Crisis management
- 24-hour access to peer support specialists
- Intensive outpatient program (IOP) for SUD with a continuum of care for adolescents, adults and their families
- Education and harm reduction information
- Random testing for compliance, retention and sustained recovery

DEI conscious employer

Flourish Counseling Services

flourishcounselingservices.org

Providing support, guidance, and nurturing through every step of an Individual's recovery journey, via client-centered telehealth services

MH/BH SERVICES

Mental Health/Behavioral Health Services

Address: Online, telehealth only; provided by local Richmond providers

Phone: (804) 203-2778

Email: jenna@flourishingcounseling.org

Hours: Mon-Fri 9:00AM-5:00PM

Clients: Adolescents and adults

Insurance: Most private carriers, and sliding scale self-pay

Types of Services/Programs Provided:

- Age-based counseling (teens, college students and adults)
- Trauma-informed behavioral health and SUD treatment services
- Outpatient, telehealth with individual-driven goals
- Stigma-free skills assessments and skills building
- Free consultations

Foundation for Care

foundationforcare.net

Provides comprehensive services for adults with disabilities and mental health challenges through residential and mental health skill-building programs

MH/BH SERVICES; SUD TREATMENT SERVICES

Mental Health/Behavioral Health; Substance Use Program

Address: 711 North Courthouse Rd., Richmond, VA 23236

Phone: (804) 668-5480

Email: Info@foundationforcare.net

Hours: Mon-Fri 9:00AM-5:00PM

Clients: Adults, adolescents and their families

Insurance: Medicaid, MCOs

Types of Services/Programs Provided:

- Complete psychological and psychiatric assessment
- Intensive outpatient program (IOP)
- Compliance screening
- Person-centered plans based on individual's strengths and needs
- Structured individual, family and group activities including therapies
- Skills needed to sustain recovery
- Case management for care coordination with social service organizations in the community
- Medication management
- Integrated services with PCPs
- In-home services as needed for skill-building and counseling
- Crisis stabilization with diversion options avoiding hospitalization when possible
- Family stabilization and reunification
- Mental health skill building including education in nutrition, health and safety
- Social skills building

Foundation Medical Group

foundationmedicalgroup.org/cheap-top-buprenorphine-addiction-doctors-in-virginia-texas-georgia-and-utah

Low-cost, high-quality providers of addiction treatment services available, allowing anyone in need of our services to afford treatment at our multistate clinics

SUD TREATMENT SERVICES

Substance Use Program

Address: 1807 Huguenot Rd., Suite 117, Midlothian VA 23113

Phone: (804) 506-0526

Email: info@foundationmedicalgroup.org

Hours: 24/7 Services by appointments evenings and weekends also available

Clients: Adults 18+

Intake: Same day intake

Insurance: All private carriers, Medicaid, MCOs, affordable self-pay

Types of Services/Programs Provided:

- Confidential drug testing and monitoring
- Same day new patient appointments
- In-person and telehealth visits for counseling
- MAT/MOUD
- Coordination with attorneys, probation officers and courts as needed
- Partnerships with other providers for intensive outpatient program (IOP), partial hospitalization program (PHP), residential programs and transitional sober living

Freedom Medical Center

fmcfreedom.com

Integrated center providing personalized care that is tailored to meet an individual's unique recovery needs with a range of holistic and traditional services

MH/BH SERVICES; SUD TREATMENT SERVICES

Substance Use Program

Address: 300-A Temple Lake Dr., Colonial Heights, VA 23834 **GRTC**

Phone: (804) 935-9145

Email: foundationmedical804@gmail.com

Facebook: facebook.com/profile.php?id=61559512675532

Hours: Mon-Fri 6:00AM-1:30PM; Sat/Sun 10:00AM-12:00PM

Clients: Adults 18+

Insurance: Major private carriers, Medicare, Medicaid, MCOs, customized EAPs

Types of Services/Programs Provided:

- Comprehensive medical, dental, psychiatric services and substance use treatments
- Primary Care (PCP) services
- Outpatient treatment program including MAT/MOUD tailored to needs and goals
- Mental health counseling and outpatient therapies for substance use disorder
- Services addressing co-occurring conditions and substance use for physical, psychological and social well-being
- Skill building and coping mechanisms
- Reer Recovery Specialists navigators
- Online appointment scheduling via confidential patient portal
- Assistance with court related issues
- Employer programs for employee retention during and after treatment

Gateway Homes

gatewayhomes.org

Nonprofit providing outpatient and residential mental and behavioral health services to individuals with severe mental illness diagnoses with demonstrated interest in increased independence and recovery

MH/BH SERVICES

Mental Health/Behavioral Health Program

- Address:** Multiple properties in Goochland and Chesterfield Counties
Administrative offices for the residences in Chesterfield and Manakin-Sabot:
4905 Dickens Rd., Suite 106, Richmond, VA 23230
- Phone:** (804) 712-4133
- Email:** mbowles@gatewayhomes.org
- Hours:** 24/7 residential supervision and care
Administrative office Mon-Fri 9:00AM-5:00PM
- Clients:** Adults and adolescents with primary SMI diagnosis, case-by-case admissions
- Intake:** At this time, waiting list; call or email for consideration
- Insurance:** Medicare, SSDI-Medicaid some government and philanthropic funding; self-pay (may be reimbursable from private carriers)

Types of Services/Programs Provided:

- Multidisciplinary team for comprehensive assessment and comprehensive integrated treatment plans (outpatient and residential) supporting mental and physical health
- 148 bed, three tiered progressive residential accommodations between two sites
- Patient needs-driven mental health and social skills building for community and workforce readiness
- Various therapies and individual counseling

- Medication management
- Community outings and activities
- Must be at least 6-months free of suicidal, self-injury or aggressive acts
- Aftercare planning for re-integration into the community including support connections and network of community resources

Glacial Health and Development Center

ghdc.org

Offering a multi-disciplinary, holistic approach to interventions for mental health

MH/BH SERVICES

Mental Health/Behavioral Health Program

Address: 2006 Bremono Rd., #101 Richmond, VA 23226 **GRTC**

Phone: (804) 918-1115

Email: info@GHDC.org

Facebook: facebook.com/GHDCPrograms

Hours: Daily 12:00PM-8:00PM

Clients: Youth, adults, and families

Intake: Call or complete intake form at
ghdc.org/mental-health-services/intake-forms

Insurance: Private carriers, MCOs, Medicaid, self-pay

Types of Services/Programs Provided:

- Mental health evaluation
- Multi-disciplinary holistic integrated treatment plans
- Outpatient counseling (family and group)
- Psychotherapy
- Intensive care coordination
- Medication management
- Court related services
- "30-for-30 counseling:" 30-minute services for \$30 for low-income individuals paying out-of-pocket

Goochland-Powhatan Community Service Boards

hgpcsb.org

Providing outpatient therapy and medication management services for substance use and/or mental/behavioral health issues to individuals in Goochland and Powhatan counties

SUD TREATMENT SERVICES

Substance Use Program

Address: 3058 River Rd, West, Goochland, VA 23063
3910 Old Buckingham Rd., Powhatan, VA 23139

Phone: Goochland: (804) 556-5400
Powhatan: (804) 598-2200
Crisis lines: (804) 556-3716 (G) or (804) 598-2697 (P)

Email: gpcsinfo@goochandva.us

Hours: Goochland:
Mon, Wed, Thurs 8:30AM-5:00PM; Tues 8:30AM-7:00PM;
Fri 8:00AM-4:30PM
Powhatan:
Mon 8:30AM-7:00PM; Tues-Thurs 8:30AM-5:00PM;
Fri 8:00AM-4:30PM

Clients: Adults and youth

Insurance: All private carriers, Medicaid, self-pay sliding scale

Types of Services/Programs Provided:

- Same day access to screenings and assessments
- Outpatient individual and group counseling
- Psychiatric medication management
- Humanistic psychodynamic treatment modalities
- Coordination of wrap around substance use disorder and mental/behavioral health treatment services within the agencies and among community partnerships

Groups Recover Together

joingroups.com

A nonjudgmental community-building treatment center for MAT/MOUD with counseling for rebuilding lives, health, and relationships

SUD TREATMENT SERVICES

Substance Use Program

Address: 310 Turner Rd., Suites D-H, Richmond, VA 23225 **GRTC**

Phone: 24/7 Information line: (888) 858-1723

Current Clients: (804) 729-5342

Hours: Mon, Wed, Thurs 9:00AM-7:00PM; Tues 10:00AM-8:00PM

Clients: Adults 18+

Intake: (540)202-2554

Insurance: Private carriers, Medicare, Medicaid, MCOs,
discounted self-pay

Types of Services/Programs Provided:

- ARTS programs and office-based addiction treatment (OBAT)
- MAT/MOUD with virtual or in-person counseling sessions
- Group therapy with clinicians, doctors, and peer support specialists
- Life skills and goals, with aftercare planning
- Connections to community resources for social needs
- Assistance with Medicaid application

Hallmark Youthcare

hallmarkyouthcare.org

A psychiatric residential treatment facility for adolescents, Qualified Residential Treatment Provider (QRTP) and ASAM accredited

MH/BH SERVICES; SUD TREATMENT SERVICES

Mental Health/Behavioral Health; Substance Use Program

Address: 12800 West Creek Parkway, Richmond, VA 23238

Phone: Information: (804) 784-2200
Admissions: (804) 784-6432

Hours: 24/7

Clients: Youth (ages 11-17)

Intake: Parents may initiate the admission process while obtaining referral

Insurance: Most major private carriers, Medicaid, MCOs from VA, DC, and MD

Types of Services/Programs Provided:

- Must be enrolled in the residential treatment facility
- Must be referred by physician
- Must be detoxed prior to admission
- Trauma-informed treatment for individuals aged 11-17 (no provisions for crisis or monitoring withdrawal)
- Residential treatment plan with 82 beds and expanding
- Long-term residential treatment with gender-specific units (50 beds)
- Counseling and therapy sessions for individuals, groups, and family engagement
- Appropriate academic services
- Parental coaching and education regarding adolescent substance use

Hanover County Community Service Board – Ashland & Mechanicsville sites

hanovercounty.gov/358/Community-Services-Board

hanovercounty.gov/398/Services-for-Adults

hanovercounty.gov/399/Services-for-ChildrenYouth

Providing prevention, treatment, employment and support services for Hanover residents and their families as related to mental health, substance use and developmental disabilities needs

SUD TREATMENT SERVICES

Substance Use Program

Address: 12300 Washington Hwy, Ashland, VA 23005
475 Bell Creek Rd., Mechanicsville, VA 23116

Phone: Ashland: (804) 365-4222
Mechanicsville: (804) 365-6760
24/7 crisis line: (804) 365-4200

Hours: Mon-Fri 8:30AM–5:00PM

Clients: Adults 18+

Insurance: Funding from local jurisdiction grants, block grants, Medicare, Medicaid, MCOs, military (TriCare), private carriers

Types of Services/Programs Provided:

- Integrated substance use disorder programming
- Multiple forms of therapy and counseling for individuals, groups and families
- Psychotherapy including telehealth therapy
- Medication management (for prescriptions from personal physician)
- Collaboration with schools, law enforcement, and social services for the county
- Transportation assistance for Hanover County residents

HCA

hcavirginia.com/specialties/mental-health-and-wellness/addiction-treatment

Offering inpatient and outpatient mental health and addiction treatment programs for teens and adults as well as a maternal addiction program in a judgement-free environment

MH/BH SERVICES; SUD TREATMENT SERVICES

Chippenham Hospital/Tucker Pavilion

Address: 7101 Jahnke Rd., Richmond, VA 23225 **GRTC**

Phone: Inpatient Programs: (804) 483-0050
IOP and PHP: (804) 216-510524/7
Information: (804) 320-3627

Hours: 24/7

Clients: Adults and Youth 13+
Special youth programs
Maternal addiction services

Insurance: All private carriers, Medicare, Medicaid, MCOs, military (TriCare), self-pay

Types of Services/Programs Provided:

- Inpatient medical detoxification/medically monitored withdrawal
- Individualized goals identification and patient-directed programs
- Intensive outpatient program (IOP)
- Partial hospitalization program (PHP)
- Group and individual counseling and therapy
- Maternal Addiction program
- Education and skill building
- Return to use prevention and aftercare

HCA (continued)

MH/BH SERVICES; SUD TREATMENT SERVICES

Parham Hospital Mental Health and Wellness Center for Emotional Growth

Address: 7702 East Parham Rd., Medical Office Building 3, Suite 305
Henrico, VA 23294 **GRTC**

Phone: Inpatient: (804) 672-4370 Outpatient: (804) 672-4380

Hours: 24/7

Clients: Adults 18+ and Youth
Youth programs
Maternal addiction services

Insurance: All private carriers, Medicare, Medicaid, MCOs, military
(TriCare), self-pay

Types of Services/Programs Provided:

- Inpatient medical detoxification/medically monitored withdrawal
- Individualized goals identification and patient-directed programs
- Intensive outpatient program (IOP)
- Partial hospitalization program (PHP)
- Group and individual counseling and therapy
- Maternal Addiction program
- Education and skill building
- Return to use prevention and aftercare

HCA (continued)

MH/BH SERVICES

Tri-cities Hospital Mental Health and Wellness

Address: 411 West Randolph Rd., Hopewell, VA 23860

Phone: (804) 541-1600

Hours: 24/7 access to specialists

Clients: Adults and children
Special military programs

Insurance: Private carriers, Medicare, Medicaid, MCOs self-pay

Types of Services/Programs Provided:

- Preventive health and wellness programs for military personnel
- Outpatient as well as inpatient mental health and SUD programs
- Crisis intervention
- Medically monitored detoxification
- Medication monitoring
- Trauma-informed including prolonged PTSD focuses
- Integrated multi-discipline individualized treatment plan
- Intensive outpatient program (IOP) and partial hospitalization program (PHP)
- MAT/MOUD
- Multi-family care
- Community referral network
- Individualized aftercare planning

Henrico Area Mental Health and Development Services

henrico.us/services/adolescent-services

henrico.us/mhds/substance-use-treatment

henrico.us/mhds

Providing same day access to “people experiencing the effects of or at risk for mental illness, developmental disabilities, and substance use disorders and children with developmental delays located in Henrico, Charles City, & New Kent counties”

MH/BH SERVICES; SUD TREATMENT SERVICES

Mental Health, Developmental, and Substance Use Treatment Program

Address: Main Office: 10299 Woodman Rd. Glen Allen, VA 23060
9403-A Pocohontas Trail, Providence Forge, Va 23140
2010 Bremono Rd., Henrico, VA 23226 **GRTC**
3908 Nine Mile Rd., Henrico, VA 23223 **GRTC**

Phone: Main office (804) 727-8500
24/7 Crisis Line (804) 727-8484
Bremono Rd. office (804) 727-8920
Nine Mile Rd. office (804) 727-8100
Providence Forge office (804) 727-8515

Hours: Glen Allen: Mon-Wed 7:30AM-3:00PM; Thurs 7:30AM-5:30PM;
Fri 7:30AM-11:00AM
Providence Forge and Henrico sites: Mon-Fri 8:30AM-5:00PM;
evenings by appointment

Clients: Adults and adolescents

Intake: (804) 727-8515

Insurance: County and local funding, block grants, Medicare, Medicaid, MCOs, military (TriCare), self-pay sliding scale

Types of Services/Programs Provided:

- Adolescent mental health services (ages 14-18)
- Same day screenings and assessments, comprehensive evaluation
- Comprehensive outpatient services
- Office based addiction treatment (OBAT)
- MAT/MOUD
- Individual and group counseling and family engagement
- Peer recovery specialist services
- Special women's programs (pregnant and parenting)
- Case management, outreach, and prevention
- Reliable network of referral sources for
- Monitored withdrawal programs
- Detoxification/withdrawal and residential programs
- REVIVE training
- Distribution of harm reduction supplies and materials
- Transportation assistance to county residents

Horizon Health Services (Waverly Health Clinic)

hhsinc.net/locations/waverly-medical-center

Offering low-barrier, comprehensive community health committed to enhancing the quality of life for people of all ages.

MH/BH SERVICES

Mental Health/Behavioral Health Program

Address: 344 W. Main Street Waverly, VA 23890

Phone: (804) 834-8871

Hours: Mon-Fri 8:00AM-5:30PM

Clients: Adults and children

Insurance: Private carriers, Medicare, Medicaid, MCOs, self-pay with sliding scale

Types of Services/Programs Provided:

- Walk-ins welcome
- Comprehensive medical and mental health assessment for adults and children
- Integrated, multidisciplinary team patient-centered care
- Adult and children medical and mental health
- Substance use disorder counseling and opioid treatment programs (OTP)
- Mental health, social and coping skill-building
- Medication management and prescription discount-assistance
- Case management
- Multilingual services

Hunter Holmes McGuire Veterans Affairs Medical Center

va.gov/richmond-health-care/health-services

Providing health services including mental health care (and specifically substance use care) to veterans, their families, and dependents (beneficiaries) based on certain conditions and eligibility requirements

MH/BH SERVICES; SUD TREATMENT SERVICES

Substance Use Program

Address: 1201 Broad Rock Blvd., Richmond, VA 23249 **GRTC**

Phone: (804) 675-5000 ext. 5

Hours: 24/7

Clients: Eligible veterans, their dependents, and survivors

Insurance: Medicare, Medicaid, private carriers, military (TriCare), SAMHSA grants

Types of Services/Programs Provided:

- Eligible veterans, their dependents and survivors only
- Outpatient substance use disorder treatments
- Medical and clinical management of dual diagnosis and co-existing conditions
- Medically monitored detoxification/withdrawal
- MAT/MOUD
- Counseling and therapies, mutual aid and 12-step programs
- Integrated care management using peer recovery specialists
- Federally certified opioid treatment program (SAMHSA, FCOTP)

Infinite Solutions Behavioral Services, LLC

isbservicesllc.com

Enhancing the well-being of those who suffer with a mental illness by providing infinite solutions and problem skills to those individuals

MH/BH SERVICES

Mental Health/Behavioral Health Program

Address: 1025 Boulders Pkwy Ste 110, Richmond, VA 23225
2493 Boulevard, Colonial Heights, VA 23834

Phone: (804) 658-0133 (Richmond)
(804)324-5652 (Colonial Heights)

Email: ISBS2018@outlook.com

Hours: Mon-Thurs 9:30AM-4:30PM; Fri 10:30AM-2:30PM

Clients: Adults 18+

Insurance: Medicaid and MCOs

Types of Services/Programs Provided:

- Mobile crisis rapid response, assessment and early intervention
- 23-hours stabilization unit for individuals who have urgent behavioral health needs
- Residential Crisis Stabilization Unit (24/7) residential psychiatric and substance related assessment and brief intervention
- Community stabilization
- Mental health skill building
- Medication management
- Warm hand-off to integrated community services to meet basic needs

Insight Physicians, P.C.

insightphysicianspc.com

Providing diagnosis, prevention and treatment of mental, addictive, and emotional disorders which interfere with individuals' ability to live full and happy lives

MH/BH SERVICES

Mental Health/Behavioral Health Program

- Address:** 804 Moorefield Park Dr., Suite 108
North Chesterfield, VA 23236
2810 North Parham Road, Suite 120, Richmond, VA 23294
- Phone:** New patient line: (804) 288-1942
North Chesterfield office: (804) 323-8282
Parham Road office: (804) 288-1881
- Hours:** Mon-Fri 9:00AM-5:00PM
24-hour answering service at each office number
- Clients:** Adolescents, youth, adults, seniors, and families
- Insurance:** Most private insurance, Medicaid and MCOs

Types of Services/Programs Provided:

- Comprehensive assessments and a wide range of individualized treatment plans
- Needs based further testing
- Individual and group therapies as outpatient services
- Medication management
- Family engagement
- Mental health skill-building
- Affiliations with area hospitals should a need arise

Integrity Counseling and Wellness, LLC

integritycounselingandwellness.com

A client-focused organization employing a staff of highly trained counselors to serve those who want to overcome addiction to alcohol or drugs

SUD TREATMENT SERVICES

Substance Use Program

Address: 13540 East Boundary Rd. Suite 110, Midlothian, VA 23112

Phone: (804) 505-2560

Email: LPCR@protonmail.com

Hours: 24/7

Clients: Adults 18+

Insurance: Medicaid, MCOs, self-pay

Types of Services/Programs Provided:

- Office based addiction treatment (OBAT)
- Intensive outpatient program (IOP)
- MAT/MOUD
- Counseling and therapy
- Peer recovery support services
- Aftercare planning for return to use prevention

Intercept Health

intercepthealth.com

Providing mental health and behavioral health services as well as substance use services for individuals in their treatment journey through a LifeBridge continuum of care

MH/BH SERVICES

Mental Health/Behavioral Health Services

Address: 5511 Staples Mill Rd. #102 Richmond, VA 23228 **GRTC**

Phone: (804) 440-3700

Hours: Mon-Fri 9:00AM-5:00PM

Clients: Individuals and families

Insurance: Medicare, Medicaid, most private carriers, self-pay

Types of Services/Programs Provided:

- Crisis services
- Psychiatric and SUD services
- Outpatient services
- Home based services
- Parenting services
- School based services
- Training for foster care
- Assessment/diagnostics
- Currently expanding services in Richmond to include residential treatment for youth
- Roanoke location is their model as they bring Richmond on board gradually

Iron Bridge Recovery Center

ironbridgerecovery.com

Emphasizing individualized evidence-based treatment with social and recovery supports, while helping clients to find a sense of hope, purpose and joy by addressing mind, body, and spirit

MH/BH SERVICES; SUD TREATMENT SERVICES

Mental Health/Behavioral Health; Substance Use Program

Address: 6701 Court Yard Rd., Chester, VA 23831

Phone: (804) 729-8884

Hours: 24/7 (Information and contact)

Clients: Adults 18+

Traumatic Brain Injury program

Insurance: Private carriers, self-pay

Types of Services/Programs Provided:

- Assessment leading to patient-driven program under the supervision of medical and clinical addiction specialists
- Medically monitored withdrawal/detoxification
- Residential 30-day program tailored to need and progress
- Therapy and counseling (group, individual, families)
- Individualized integrated recovery plan including skills training
- Mutual aid programs including 12-step
- Restorative parenting and family reunification

Landmark Recovery of Richmond

landmarkrecovery.com/locations/?state=Virginia#locations-results

One of a network of Landmark centers treating persons with addiction through individualized holistic programs focusing on the root causes of their substance abuse

SUD TREATMENT SERVICES

Substance Use Program

Address: 300 Gateway Centre Pkwy., Richmond, VA 23235 **GRTC**

Phone: (804) 599-3473

Call center: (888) 448-0302

Hours: 24/7

Clients: Adults 18+

Insurance: All private carriers, Medicaid, MCOs, self-pay with installment plan

Types of Services/Programs Provided:

- Medically managed withdrawal/detoxification
- Inpatient and residential programs
- Intensive outpatient program (IOP)
- Partial hospitalization program (PHP)
- Overdose prevention education
- Counseling and therapy support for lifetime recovery journey

Master Center for Addiction Medicine

mastercenter.com

Providing comprehensive outpatient treatment in multiple locations and telehealth for recovery at home

SUD TREATMENT SERVICES

Substance Use Program

- Address:** 4212 Park Place Ct., Glen Allen, VA 23060 **GRTC**
 5116 Richmond Henrico Tpk., Henrico, VA 23227 **GRTC**
 2505 Pocoshock Place, Suite 101, Richmond, VA 23235
- Phone:** Park Place Ct. (Glen Allen): (804) 332-5950
 Richmond Henrico (Azaelea, N. Richmond): (804) 332-5950
 Pocoshock (Chesterfield County): (804) 571-7843
- Hours:** Park Place Ct.: Mon-Fri: 8:30AM-5:00PM
 Richmond Henrico Tpk.: Mon-Fri 8:30AM-5:00PM (closed 12:00-1:00PM)
 Pocoshock Pl.: Mon, Tues, Thurs 8:30AM-7:00PM; Wed 8:30AM-5:00PM; Sat 8:30AM-12:30PM
- Clients:** Adults 18+
 Walk-ins welcome
- Intake:** (804) 323-7029, intakereferrals@mastercenter.com
 or fax (804) 726-1528
- Insurance:** Most private carriers, Medicare, Medicaid, MCOs

Types of Services/Programs Provided:

- Accessible, understandable and affordable substance use disorder or dual diagnosis treatment programs at nine Virginia sites
- Comprehensive multidisciplinary individual-centered evaluation
- Innovative continuum of care from intake through sustained recovery planning
- 30-day medically monitored, ambulatory withdrawal/detoxification
- Intensive outpatient program (IOP) 6 weeks

- ☑ MAT/MOUD integrated with counseling (individual, groups and family engagement)
- ☑ Peer recovery support specialists
- ☑ Trauma-informed programming (considerations of PTSD, veterans, etc.)
- ☑ Special programs for women, mothers, and pregnant people
- ☑ Same day and next day appointments; multiple locations statewide
- ☑ Telehealth options
- ☑ Medical and clinical addiction specialists among DEI-prioritized staff
- ☑ Special group services: veterans as well as offerings for all “Family and Friends” (counseling sessions, informative webinars, etc.)
- ☑ Master Center Resource Guide – interactive and managed locally – listing sites for individual and family support services (social services, multiple supply pantries, free or low-cost medical clinics, residential treatment centers and recovery housing to name a few)

McShin Recovery Resource Foundation

mcshin.org

A social model of a comprehensive recovery program that implements peer-to-peer delivered recovery support services

SUD TREATMENT SERVICES

Substance Use Program

Address: 2300 Dunbarton Rd., Richmond, VA 23228 **GRTC**

Phone: (804) 249-1845

Email: info@mcshin.org

Hours: 24/7

Clients: Adults 18+

Insurance: No insurance participation; services resourced by block grants, foundation scholarship or self-pay

Types of Services/Programs Provided:

- Same day appointments
- Coordination for comprehensive integrated medical and social needs
- Medically monitored detoxification/withdrawal
- Outpatient services
- MAT/MOUD
- Education
- Therapy
- Counseling (individual, group, or family engagement)
- Grief recovery
- Tiered residential programs (28 and 90 days) with space dedicated to mothers with young children
- Transitional and sober-living recovery housing
- Jail recovery re-entry program
- Peer Support Specialist and Recovery Coach trainings
- REVIVE! Naloxone overdose prevention training
- Aftercare planning

Mental Health Professionals (VABODE)

SMARTSRecovery.com

Through several non-profit programs, community mental health services, and substance abuse programs, we are able to help families and individuals find the healing, support and success they deserve

SUD TREATMENT SERVICES

SMARTS Recovery by VABODE

Address: 2529 Professional Road, Chesterfield, VA. 23235

Phone: (804) 876-2777 (804-8-SMARTS)

Hours: 24/7

Clients: Adults and children

Insurance: Medicaid and MCOs, private carriers, self-pay

Types of Services/Programs Provided:

- Psychological evaluations with psychiatric referrals as needed
- Intensive outpatient programs (IOP)
- Self-Motivated Addiction Recovery Treatment Services (SMARTS), a mutual aid program to sustain recovery
- Individual and family SUD counseling and education
- Recovery capital and skills building
- Return to use prevention and aftercare planning
- Random testing (urine and breathalyzer) to promote program compliance and retention
- Required weekly attendance to AA/NA meetings and sponsorship
- Peer recovery specialists available 24/7

Mental Health Professionals VABODE (continued)

MH/BH SERVICES

Mental Health/Behavioral Health Services

Address: 34701 Cox Rd., Suite 250, Glen Allen, VA 23060

Phone: (804) 822-6333

Hours: 24/7

Clients: Adults and children

Insurance: Medicaid and MCOs, private carriers, self-pay

Types of Services/Programs Provided:

- Free consultation
- Psychological evaluations with psychiatric referrals as needed
- Comprehensive mental health services for individuals dealing with mental health, SUD or developmental disabilities
- Functional mental health, social and behavioral skills to promote individual's health and safety
- Life, parenting and communications skill training
- Intensive in-home counseling and other services as needed
- Children and youth (5-21) may be eligible (based on risk assessment) for therapeutic day services
- Activities of daily living skills building and education regarding use of community resources
- Monitoring of health, nutrition and physical conditioning
- Medication management
- 24-hour emergency response and crisis intervention
- Individual and family counseling
- Case management and aftercare planning

More Solutions Youth and Family Services

moresolutions-yfs.com

Providing services to stabilize the functioning of the family unit while improving communication and interactions among family and community members

MH/BH SERVICES

Mental Health/Behavioral Health Services

Address: 7239 Mechanicsville Tpk., Mechanicsville, VA 23113

Phone: (804) 730-1801

Hours: Hours

Clients: Family members

Intake: Referrals only: to office, electronically from website or by fax (804) 789-9121

Insurance: MCD, MCOs

Types of Services/Programs Provided:

- Crisis intervention
- Child-focused family stabilization
- In-home therapy as needed including court-ordered supervised visitations
- Evidence-based counseling
- Basic living skills
- Connections to community resources for assessed specific social needs
- Community crisis stabilization services
- Housing assistance through non-profit partner organizations

Neighborhood Community Services

neighborhoodcommunityservices.com

Providing lifeline support for individuals and families facing psychiatric and behavioral challenges

MH/BH SERVICES

Mental Health/Behavioral Health Program

Address: 10134 Hull Street Rd., Suite D, Midlothian, VA 23112

Phone: (804) 477-6275

Email: Info@ncssupport.com

Hours: Mon-Thurs 9:00AM-5:00PM; Fri 9:00AM-2:00PM

Clients: Adults, adolescents and families

Insurance: Medicaid and MCOs, self-pay

Types of Services/Programs Provided:

- Comprehensive outpatient counseling services
- Adult and children individual therapy programs
- Family engagement with circles of support
- Intensive in-home counseling and other services
- Community stabilization with a warm hand-off to other community-based providers at the appropriate level of care
- Coordination of aftercare

New Life Clinical Services of Virginia

newlifeclinical.org

Using a holistic approach, a clinically based treatment program with multiple group sessions daily, individual counseling, and vocational training

SUD TREATMENT SERVICES

Substance Use Program

Address: 2501 Turner Rd. Richmond, VA 23225 **GRTC**

Phone: (844) 231-HOPE (4673) bilingual
(804) 276-9364

Hours: 24/7

Clients: Adults and Youth

Welcome women with children

Insurance: Primarily self-pay which *may be reimbursable* by private carriers, Medicaid, MCOs, scholarship opportunities for those commitment to program

Types of Services/Programs Provided:

- Holistic approach including counseling and therapies (individual, group and family engaged)
- Intensive outpatient program (IOP)
- Detoxification/medically managed withdrawal with clinicians (limited medication assistance; no active MAT/MOUD program)
- Residential programs (men capacity of 30, women capacity of 20)
- Education, nutrition and skills training
- Anger management and communication
- Emotional intelligence and healthy relationships
- Community resources and vocational training with workforce readiness incorporating neighboring businesses
- Retreat venue available
- Faith-based, with spiritual component to programming

New Pathways Youth and Adult Services Virginia

psysinc.com

Offering intensive outpatient services for substance abuse treatment

MH/BH SERVICES

Mental Health/Behavioral Health Program

Address: 2708 Hull St., Richmond, VA 23224 **GRTC**
313 East Broad St. Richmond, VA 23219 **GRTC**

Phone: (804) 231-9344

Hours: Mon-Thurs 9:00AM-3:00PM

Clients: Youth and adults with mental illness and/or SUD

Intake: Call (540) 202-2554

Insurance: Medicaid programs only

Types of Services/Programs Provided:

- Individual and family services provided in-home locations and in the community
- Crisis intervention
- Peer support services
- Mental health and recovery skill building services
- Intensive in-home counseling

New Season – Richmond and Southside Treatment Centers

NewSeason.com

Offering individualized therapeutic programs and Medication-Assisted Treatment (MAT) programs integrating treatment, counseling, and compassionate care that saves lives

SUD TREATMENT SERVICES

Substance Use Program

- Address:** 3021 Mechanicsville Tpk., Richmond, VA 23223 **GRTC**
9609 Richmond Hwy., Route 1, Richmond, VA 23237 **GRTC**
- Phone:** Mechanicsville Tpk.: (804) 213-0249
Richmond Hwy.: (804) 275-1116
Centralized call center: (877) 284-7074
- Hours:** Mechanicsville Tpk.: Mon-Fri 5:00AM-1:30PM; Sat 6:00AM-9:00AM
Richmond Hwy.: Mon-Fri 5:00AM-3:00PM; Sat 6:00AM-11:00AM
- Clients:** Adults 18+
- Insurance:** Private carriers, Medicare, Medicaid, MCOs, affordable self-pay

Types of Services/Programs Provided:

- Convenient outpatient services
- Medically supervised withdrawal/detoxification
- Medical examinations
- MAT/MOUD with earned take-home benefits
- Counselling and therapies (individual, group and family engaged)
- Social skills development
- Case management and housing assistance
- Referrals to community social services
- Transportation assistance
- Federally certified opioid treatment program (SAMHSA, FCOTP)

New Triumph Recovery and Restoration, LLC

Providing unique, peer founded, mission-driven addiction and substance use disorder counseling and aid

SUD TREATMENT SERVICES

Substance Use Program

Address: 308 North 6th Ave., Hopewell, VA 23806 **GRTC**

Phone: (804) 352-7148

Email: ddunlap@newtriumphrrs.com

Hours: Mon-Fri 9:00AM-5:00PM

Clients: Adults 18+

Insurance: Medicaid only

Types of Services/Programs Provided:

- Mental and behavioral health services
- Programs for alcohol, SUD, polysubstance use or dual diagnosis
- Education, therapy, and counseling (individual and group)
- Peer support and mutual aid groups including 12-step programs
- Skill training for life management
- Coping with anger and stress
- Relationship strengthening
- Family reunification

Next Frontier Recovery, LLC

nextfrontierrecovery.com

Peer recovery specialist driven alongside addiction specialist providers supporting the long-term recovery needs of persons challenged by substance use disorder

SUD TREATMENT SERVICES

Substance Use Program

Address: 9003 Quioccasin Rd., Henrico, VA 23229 **GRTC**

Phone: (804)690-2204

Email: david@nextfrontierrecovery.com

Hours: Mon-Fri 9:30AM-2:30PM with some extended afternoon programming

Clients: Adults 21+

Insurance: Medicaid, MCOs, most private carriers, self-pay

Types of Services/Programs Provided:

- Peer recovery support programs
- Mutual support groups
- Clinician run group counseling
- Holistic therapies for individuals and groups
- Case management and continuum of care within a network of local/nearby providers
- Close affiliation with River City Counseling group and Verity Psychiatry and Addiction Services
- Transitional housing for men (8 beds); to expand to second residence shortly (\$165/week)

Odyssey Outpatient Network

odysseyoutpatient.com

Providing individualized, evidence-based mental health outpatient treatment for adults and adolescents to ensure long-term recover

MH/BH SERVICES

Mental Health/Behavioral Health Program

- Address:** Aster Springs: 3957 Westerre Pky., Richmond, VA 23233 **GRTC**
Pasadena Villa: 4050 Innslake Dr., Suite 300, Glen Allen, VA 23060
- Phone:** Aster Springs: (804) 601-2461
Pasadena Villa Outpatient: (804) 844-2527
- Hours:** Mon-Fri 8:00AM-5:00PM
- Clients:** Adolescents and adults
LGBTQ+ affirming
- Insurance:** Private carriers

Types of Services/Programs Provided:

- Individualized mental health care including co-existing disorders
- Collaborative clinical team
- In person and virtual-day and virtual-evening intensive outpatient programs (IOP)
- Evidence-based holistic approach including various counseling and therapies (individual and group)
- Family counseling
- Art, music, mindfulness and yoga therapies
- Partial hospitalization program (PHP)
- Social skill building

One Path One Purpose

opopweb.com

To promote and support mental wellness, so that individuals can function as productive members in their communities

MH/BH SERVICES

Mental Health/Behavioral Health Program

Address: 1909 Huguenot Rd., Suite 05, North Chesterfield, VA
23235

Phone: (804) 464-1884

Email: infor@onepathonepurpose.com

Hours: 24/7

Clients: Adults 18+ with psychiatric or dual diagnoses or history of such, including those recently re-entering community

Insurance: Medicaid and MCOs, self-pay

Types of Services/Programs Provided:

- Comprehensive mental health support services for those with a history of psychiatric hospitalization, prior crisis treatment in a residential or facility setting or recent release from incarceration and formerly under the care of a psychiatrist
- Short-term therapeutic skill building interventions
- Mobile crisis rapid response, assessment and early interventions to prevent exacerbation of risk to individuals and community
- Community stabilization with referrals to other community-based services at the appropriate level of care (as diversion to escalated needs)
- Engagement of natural supports and coordination of aftercare

OneSource Community Mental Health

onesourceofva.org

Including individualized ARTS addiction rehabilitation, mental health services, treatment programs and facilities to support long-term drug and alcohol recovery

MH/BH SERVICES; SUD TREATMENT SERVICES

Mental Health/Behavioral Health; Substance Use Treatment Program

Address: 7806 Forest Hill Ave., Richmond, VA 23225 **GRTC**

Phone: (804) 663-5243

Hours: 24/7

Clients: Adults 18+

Insurance: Exclusively ARTS Medicaid, MCOs, self-pay

Types of Services/Programs Provided:

- Crisis stabilization and mental health care
- Tiered array of residential treatment programs (men and women, 44 bed each)
- High and low-intensity recovery housing (ASAM 3.1 and 3.5; will expand services and capacity in 2024/2025)
- Evidence-based holistic approach including various counseling and therapies (individual and group sessions)
- Intensive outpatient program (IOP) and partial hospitalization program (PHP)
- Person-centered education and community building
- Peer recovery support and family engagement
- Aftercare planning and transitional housing aimed at successful re-integration into community by developing independent skills and resources

Opportunities for a Better Tomorrow

opp4abt.com

Offering mental health support to individuals living in the Richmond/Chesterfield area

MH/BH SERVICES

Mental Health/Behavioral Health Program

Address: 10109 Krause Rd., Chesterfield, VA 23832

Phone: Office: (804) 621-4462
Cell: (804) 909-3497

Email: info@opp4ABT.com or sbobbitt@opp4abt.com

Hours: 24/7

Clients: Adults, adolescents, and children and families

Intake: Schedule an appointment at opp4abt.com/appointment-request

Insurance: Private Carrier, Medicaid, EAP, and affordable self-pay

Types of Services/Programs Provided:

- Mobile crisis response
- Office-based therapy and cognitive behavioral therapy
- Peer support services
- Family reconciliation
- Community based stabilization
- Crisis based stabilization
- 23 Hour program for intensive treatment that is less restrictive than a hospital
- Assessments, medication management, connections to community resources
- Transportation assistance included to and from the facility

Pinnacle Family Counseling Center for Recovery

pinnacle-treatment.com

Offering comprehensive substance use disorder treatment plans including those with special needs

SUD TREATMENT SERVICES

Radford Outpatient Facility

Address: 2002 Bremo Rd., Suite 110, Richmond, VA 23226 **GRTC**

Phone: (804) 354-1996

Hours: Mon-Thurs 9:00AM-9:00PM; Fri 9:00AM-2:00PM

Clients: Adults 18+

Teen and other special group programs

Intake: 24/7 Intake information: (800)782-1520

Insurance: Medicaid, MCOs, all major private carriers, military (TriCare), government grants

Types of Services/Programs Provided:

- Federally certified opioid treatment program (SAMHSA, FCOTP)
- Comprehensive clinical assessments and individualized programs (including dual diagnosis)
- Intensive outpatient program (IOP) with compliance testing
- Patient-driven counseling (individual, group, and family engagement)
- Trauma-informed care, including grief/loss counseling
- Psychiatric services and telehealth
- Case management for aftercare planning, continuity of care, return to use prevention
- Special programs for age-specific, gender-specific, LGBTQ+ clients, military families and active military, HIV+ patients, professionals (such as first responders, pilots, medical professionals)

Pinnacle Family Counseling Center (continued)

SUD TREATMENT SERVICES

FCCR Southlake Facility

Address: 906 Southlake Blvd., Suite C, Richmond, VA 23236 **GRTC**

Phone: (804) 782-0492

Hours: Office: Mon-Fri 5:00AM-6:00PM
 MAT/MOUD: Mon-Fri 5:00AM-12:00PM and 1:00PM-6:00PM;
 Sat 6:00AM-12:00PM

Clients: Adults 18+ (some adolescent evening programs)
 Special groups programming for teens, and persons who are pregnant or are new parents

Intake: 24/7 intake information call (800)782-1520

Insurance: Medicare, Medicaid, MCOs, major private carriers

Types of Services/Programs Provided:

- Federally certified opioid treatment program (SAMHSA, FCOTP)
- Clinical evaluation by addiction specialist
- Medically monitored withdrawal/detoxification
- MAT/MOUD
- Patient-driven counseling and therapies (individual, group, and family engagement)
- Telehealth and telehealth options
- Education for life skills: social, vocational, nutritional, coping and anger management
- Special programming for expecting and new parents, teens
- Aftercare planning and support
- Additional transportation assistance

Pinnacle Family Counseling Center (continued)

SUD TREATMENT SERVICES

Leesburg Facility

Address: 155 Wadsworth Dr., Richmond, VA 23236 **GRTC**

Phone: (804) 533-1330

Hours: Office: Mon-Fri 8:00AM-5:00PM
MAT/MOUD: Mon, Wed, Thurs, 6:00PM-9:00PM

Clients: Adults 18+

Intake: 24/7 intake information: (800) 782-1520

Insurance: Medicaid, MCOs, some private carriers, office help to file out of network

Types of Services/Programs Provided:

- Federally certified opioid treatment program (SAMHSA, FCOTP)
- General outpatient treatments
- individual-driven counseling and therapies (individual, group, and family engagement)
- Residential program (low intensity)
- Intensive outpatient program (IOP)
- Partial hospitalization program (PHP)
- MAT/MOUD
- Psychosocial educational program for life skills, coping and return to community
- Telehealth options
- Some transportation assistance

Poplar Springs Hospital

poplarsprings.com

Extensive staff of specialists committed to helping those who need a full continuum of behavioral health care

MH/BH SERVICES; SUD TREATMENT SERVICES

Mental Health/Behavioral Health; Substance Use Program

Address: 350 Poplar Dr., Petersburg, VA 23805 **GRTC**

Phone: 24/7 Information: (866) 546-7279
(804) 735-0598

Hours: 24/7

Clients: Adolescents and adults
Special military-focused programs

Insurance: Medicaid, MCOs, military (TriCare), private carriers, self-pay

Types of Services/Programs Provided:

- Intensive outpatient program (IOP) and partial hospitalization program (PHP)
- Residential programs specific for adolescents and adults with acute inpatient needs including medically managed detoxification or co-occurring conditions
- MAT/MOUD (in-house or third-party physicians)
- Special programs for patients with dual diagnosis, PTSD, trauma, sexual trauma, military, first responders
- Individualized counseling and therapy plans (individual and group sessions)
- Skills training including anger management and return to use prevention
- Telehealth
- Long term transitional housing

P.R.I.E. Behavioral Health, LLC.

priebh.com

Enhancing the lives of people suffering from Mental Health and Substance Abuse disorders by Providing Insight, Fostering Empowerment, and Restoring Hope

MH/BH SERVICES; SUD TREATMENT SERVICES

Mental Health/Behavioral Health; Substance Use Treatment

Address: 2025 E Main St., Suite 105, Richmond, VA 23223 **GRTC**

Phone: (804) 303-4105

Email: admin@priebh.com

Hours: Mon-Fri 9:00AM-6:00PM; Admissions Mon-Thurs only

Clients: Adults 18+

Insurance: Medicaid, MCOs, Medicare, private carriers

Types of Services/Programs Provided:

- Comprehensive assessment to include co-existing conditions
- Individual and group counseling sessions using evidence-based practices
- Skill building (social, coping)
- Intensive outpatient program (IOP)
- Partial hospitalization program (PHP)
- Activities encouraging community engagement
- Case management connections to assistance with housing, food, clothing and other basic needs
- Medication management
- Telehealth

Richmond Behavioral Health Authority

rbha.org

Richmond City's designated Community Service Board which offers substance use and mental and behavioral health treatment services to Richmond residents

MH/BH SERVICES; SUD TREATMENT SERVICES

Mental Health/Behavioral Health; Substance Use Program

Address: Main: 107 South 5th St., Richmond, VA 23219 **GRTC**

Phone: 24/7 Crisis line: (804) 819-4100 Main Office: (804) 819-4000

Hours: Mon-Fri 9:00AM-5:00PM (Residential services 24/7)

Clients: Adults 18+ with some family services to include teens
LGBTQ+ affirming

Insurance: Medicare, Medicaid, MCOs, some private carriers (depending on specific plan), few SAMHSA grants as “payor of last resort”

Types of Services/Programs Provided:

- Comprehensive assessment of need
- Client-driven treatment plan for evidence-based best practices (based on national accreditation) via multiple programs and facilities
- 24/7 Medically monitored withdrawal/detoxification (frequent wait)
- Intensive outpatient program (IOP) 9-12 hours/week, (12-16 weeks)
- Outpatient program for adults and adolescents (1-5 hours/week)
- Various behavioral, substance use and mental health counseling (individuals and group sessions with family engagement)
- Expansive array (multiple buildings, gender segregated) residential treatment programs and transitional housing
- Assistance with criminal justice services
- Peer Support Specialists
- Naloxone training and dispensing for overdose prevention
- Special programs for persons who are pregnant
- Certified Community Behavioral Health Clinic (CCBHC) and
- Federally Certified Opioid Treatment Program (SAMHSA, FCOTP)

Richmond Behavioral Health Authority (continued)

SUD TREATMENT SERVICES

Recovery Plus

Address: 15 West Cary St., Richmond, VA 23220 **GRTC**

Phone: (804) 644-4636

Hours: Mon-Fri 5:30AM-5:00PM; Sat/Sun 6:00AM-10:00AM

Clients: Adults 18+
LGBTQ+ affirming

Insurance: Some government funding/grants, private carriers, Medicaid, self-pay

Types of Services/Programs Provided:

- Integrated office-based addiction treatment (OBAT)
- Outpatient detoxification and monitored withdrawal
- Physician and nursing services
- MAT/MOUD
- Case management
- Therapy and counseling including skills for coping and anger management
- Return to use prevention and aftercare planning

Richmond Behavioral Health Authority (continued)

SUD TREATMENT SERVICES

North Campus and Chelsea Hill Programs

- Address:** Clinic: 2000 Mecklenburg St, Richmond, VA 23223 **GRTC**
 Men’s housing: 1700 Front St., Richmond, AV 23222 **GRTC**
 Women’s housing: 2825 Rady St., Richmond, VA 23222 **GRTC**
- Phone:** Outpatient Services Clinic: (888) 399-2157
 Men’s housing: (804) 359-3255
 Women’s housing: (804) 767-6600
- Hours:** 24/7
- Clients:** Adults 18+
 Special programs for people who are pregnant or are HIV+
- Insurance:** Medicare, Medicaid, MCOs, most private carriers, self-pay

Types of Services/Programs Provided:

- Residential services initiated at RBHA
- Medically guided withdrawal/detoxification
- Tiered residential programs (ASAM 2.1 to 3.7)
- Short-term and longer-term substance use disorder rehabilitation
- Long-term Substance Use disorder rehabilitation primarily focusing on dual diagnosis
- Opportunities for residents with children
- MAT/MOUD with counseling
- Special programs for persons with HIV/AIDS and/or who are pregnant or post-partum
- Assist those involved with the criminal justice system
- Mutual aid programs, including 12-step

Richmond Private Methadone Clinic (RPMC)/Sellati & Company, Inc.

methadonetreatmentcenters.com/locations/richmond---rPMC.html

Providing private comprehensive methadone maintenance and detoxification services

SUD TREATMENT SERVICES

Substance Use Program

- Address:** 4926 West Broad St., Richmond, VA 23230 **GRTC**
- Phone:** (804) 673-5241
- Facebook:** www.facebook.com/RPMC.SellatiCo
- Email:** communications@sellatico.com
- Hours:** Mon-Fri 5:30AM-10:00AM; Sat/Sun 6:00AM-10:00AM
- Clients:** Adults 18+
- Insurance:** Medicaid, MCOs, self-pay

Types of Services/Programs Provided:

- Clinically managed withdrawal, detoxification
- Intensive outpatient program (IOP)
- Patient-specific treatment plans
- MAT/MOUD
- Counselling and therapies (individual, group, family sessions upon request)
- Peer recovery support services
- Outpatient detoxification programs of up to 6 months
- Long-term methadone treatment as needed
- Comprehensive referral service
- Vocational and academic training and guidance
- Federally Certified Opioid Treatment Program (SAMHSA, FCOTP)

Right Path Richmond

rehab.com/right-path-richmond-midlothian

An outpatient treatment center integrating medication with counseling and support

SUD TREATMENT SERVICES

Substance Use Program

Address: 5001 West Village Green Dr., Suite 209, Midlothian, VA 23112

Phone: (804) 292-2402

24/7 Helpline: (888) 311-3043

Hours: Mon-Fri 9:00AM-7:00PM; Sat 9:00AM-3:00PM

Clients: Adults and youth

Insurance: Private carriers, Medicaid, MCOs, self-pay

Types of Services/Programs Provided:

- Comprehensive assessment including co-occurring and dual diagnosis
- Intensive outpatient program (IOP)
- Partial hospitalization program (PHP)
- General Outpatient substance use and mental/behavioral health counseling
- MAT/MOUD with integrated patient-driven counseling
- Trauma-informed counseling and therapies (individual, group)
- Therapeutic recreation and life skills guidance
- Including anger management, and effective communication
- Relationship building
- Career guidance and money management
- Aftercare planning and support
- Federally certified opioid treatment program (SAMHSA, FCOTP)

River City Counseling Group

rivercityccs.com

rivercityic.com

rivercitycounselinggroup.com

Three related facilities offering a "continuum of care" for men, women, and children in the Greater Richmond area for assistance with mental health and substance use issues, co-occurring disorders, and long-term sobriety

SUD TREATMENT SERVICES

Substance Use Program

- Address:** 1011 Hull St., Richmond, VA 23224 **GRTC**
2604 North Parham Rd., Richmond, VA 23294
2152 Plainview Ctr., Powhatan, VA 23139
- Phone:** Hull St.: (804) 230-0999
North Parham Rd.: (804) 681-2525
Powhatan: (804) 230-0999
- Email:** info@rivercityccs.com
- Hours:** Mon-Fri 9:00AM-5:45PM (Hull St. and N. Parham Rd.)
Powhatan: Mon-Fri 9:00AM-5:00PM
- Clients:** Adolescents and adults
Women and LGBTQ+ informed programs
- Insurance:** Medicare, Medicaid, MCOs, private carriers, military (TriCare), funding from block and other grants, EAP, self-pay

Types of Services/Programs Provided:

- Contracts with the Department of Corrections for court-ordered compliance programs
- Medically monitored withdrawal/detoxification
- Co-occurring medical conditions and dual diagnosis, trauma-informed approach
- Intensive outpatient program (IOP) and partial hospitalization program (PHP)
- MAT/MOUD with evidence-based counseling and therapy programs (individual and group)
- Peer Recovery Support Specialists
- Harm reduction education and return to use prevention

- ☑ Youth and LGBTQ+ specific and other special programs for underserved groups
- ☑ Recovery and transitional housing, and community mentoring services (affiliated with River City Residential Services)
- ☑ Intensive in-home counseling



Royal Family Community Services

royalfcs.com

Assisting clients with achieving mental health needs, gaining stability, and self-sufficiency in the community

MH/BH SERVICES

Mental Health/Behavioral Health Services

Address: 280 Charles H Dimmock Pkwy., Suite #1
Colonial Heights, VA 23834 **GRTC**

Phone: (804) 805-8693

Email: Info@royalfcs.com

Hours: 24/7

Clients: Adults and families

Insurance: Medicaid and others

Types of Services/Programs Provided:

- Mobile crisis response
- Applied behavioral analysis assessment
- 23-hour crisis stabilization
- Community stabilization
- Mental health and independent-living skills building
- Outpatient therapy and counseling for individuals and groups
- Intensive outpatient program (IOP) for substance use disorder
- Care management to help build a supportive wellness network

RVA Recovery

rvarecovery.com

Offering psychiatric services and substance use evaluations to people with substance use disorder in Richmond

MH/BH SERVICES; SUD TREATMENT SERVICES

Mental Health/Behavioral Health; Substance Use Program

- Address:** 5700 West Grace St. Suite 100, Richmond, VA 23226 **GRTC**
- Phone:** (804) 447-8029
- Hours:** Mon-Thurs 8:00AM-7:00PM
- Clients:** Adult men and women
- Insurance:** Currently self-pay only; however, application for insurance board is pending and may soon accept insurance

Types of Services/Programs Provided:

- Program for individuals with alcohol/drug addiction and mental health disorders
- Intensive outpatient program IOP (8-week intensive program then 12-week aftercare)
- Psychiatric services
- Substance abuse evaluations
- Telehealth access

Sandstone Care Center

sandstonecare.com

Age-specific comprehensive treatment center for young people and their families dealing with substance use disorder and mental health issues

MH/BH SERVICES; SUD TREATMENT SERVICES

Mental Health/Behavioral Health; Substance Use Program

Address: 4880 Sadler Rd., Suite 110, Glen Allen, VA 23060

Phone: (877) 885-4413
(888) 608-4243

Hours: 24/7 Information/admissions

Clients: Teens (13-18) and young adults (18-30)

Insurance: All private carriers; neither Medicare nor Medicaid

Types of Services/Programs Provided:

- Full spectrum age-specific, DEI-aware, individualized evidence-based outpatient therapies
- Life skills assessments with nutritional, academic, and vocational support
- Teen intensive outpatient program (IOP)
- Young adult IOP and partial hospitalization program (PHP)
- Medically administered medications for dual diagnosis (including depression, PTSD, other trauma and anxiety)
- MAT/MOUD for those over 18 years of age
- Part of a multi-state network of facilities with tiered residential array in the continuum of care
- Medically monitored withdrawal (5-21 days as needed)
- Transitional community program (2 - 6 months) with integrated IOP (additionally, PHP for young adults)
- Family stabilization and engagement
- Individual and group therapy and counseling, with some holistic approaches
- DEI and gender-confirming

SaVida Health Opioid Addiction Treatment

Petersburg–Suboxone Doctors

svidahealth.com/opioid-addiction-treatment-petersburg-va-suboxone-doctors

Offering comprehensive and tailored treatment plans supporting long-term successful substance use treatment journeys

SUD TREATMENT SERVICES

Substance Use Program

Address: 60 Old Wagner Rd., Petersburg, VA 23805 **GRTC**

Phone: (804) 895-7040

Hours: Mon-Thurs 8:30AM-5:00PM; Fri 8:30AM-1:00PM

Clients: Adults 18+

Insurance: Most private carriers, military (TriCare), Medicare, Medicaid, MCOs, SAMHSA block grants

Types of Services/Programs Provided:

- Same day comprehensive assessment to tailor individualized treatment plan
- Addiction specialists to treat co-occurring conditions and dual diagnosis
- Office-based addiction treatment (OBAT)
- MAT/MOUD (to include people who are pregnant)
- Recovery counseling and therapies with behavioral and mental health components (individual, group and family engaged)
- Trauma-informed, safe, and confidential, and empathetic and respectful
- Telehealth
- Case management and social services access with continuum of care and wrap around services
- Compliance testing
- Return to use prevention and ongoing support services with Peer Recovery Specialists

Second Chances Comprehensive Services

sccsva.com

Empowering our clients to have the mental health peace that they need for a second chance

MH/BH SERVICES

Mental Health/Behavioral Health Program

Address: 9850 Lori Rd., Suite 101, Chesterfield, VA 23832

Phone: (804) 621-4034

Email: dmason@2ndccs.com

Hours: 24/7

Clients: Child, adolescent and family

Insurance: Medicaid, private insurance, Department of Juvenile Justice or philanthropic funding opportunities, self-pay, and/or Family Assessment and Planning Team (FAPT) funding

Types of Services/Programs Provided:

- Crisis stabilization
- Biopsychological assessment and other clinical testing
- Comprehensive care coordination
- In-home counseling as needed
- Individual, group or family counseling
- Mental health skill building encompassing
 - o Activities of daily living
 - o Education
 - o Social skills, communication skills, anger management and conflict resolution
 - o Budgeting
 - o Medication compliance
 - o Independent living skills for community residence
- Family stabilization to avoid out-of-home placement

- Reunification after incarceration or other out-of-home situations
- Medication management
- Relapse prevention and aftercare planning
- Housing and transportation assistance

Soaring Eagles VA, LLC

soaringeaglesva.com

Empowering and developing lives, rebuilding our communities, changing our future...one life at a time

MH/BH SERVICES

Soaring Eagles Support Services

Address: 9842 Lori Rd., Suite 100, Chesterfield, VA 23832

Phone: (804) 745-1402

Email: soaringeaglesva.com

Hours: 24/7 Crisis Services

Mon to Thurs 9:00AM-5:00PM; Fri 9:00AM-12:00PM

Clients: Adults, adolescents, and children and families

Insurance: Awaiting reply for verification

Types of Services/Programs Provided:

- Crisis evaluations and stabilization
- Mental health skill building through goal-directed training and supports
- Family preservation
- Individual and family counseling
- Life, parenting, and communication skills
- Case management, assessments, coordination and referrals to other services in the community
- Mobilize community support system, family members, and others for ongoing maintenance, rehabilitation, and recovery
- Residential Crisis Stabilization Unit (RCSU) providing short-term, 24/7, residential psychiatric/substance related brief intervention services
- Comprehensive rehabilitation services to adults who require a structured treatment environment to address specific behaviors/ issues associated with or manifesting from substance use disorders

Southern Change Behavioral Health Services, LLC

southernchangebhs.com

Southern Change Behavioral Health Services, LLC provides culturally appropriate evidence-based practices using a holistic approach to individuals suffering from mental health disorders

MH/BH SERVICES

Mental Health/Behavioral Health Program

Address: 3407 West Broad St., Suite 200, Richmond, VA 23230 **GRTC**
8109 Mechanicsville Tpk., Suite 2A, Mechanicsville, VA 23111

Phone: (804) 446-4706

Email: info@southernchangebhs.com

Hours: Mon-Fri 10:00AM-6:00PM

Clients: Adults and families

Intake: To make a referral (for self or other):
www.southernchangebhs.com/referrals

Insurance: Medicaid MCOs and others (provider-specific)

Types of Services/Programs Provided:

- Mental health skill building
- Rehabilitative support services (identifying coping strategies/triggers)
- Education
- Medication compliance
- Return to use prevention
- Case management
- Mobile crisis response (available 24/7)
- Community stabilization (accept referrals 24/7)

Spero Health of Virginia

sperohealth.com

An integrated healthcare services organization specializing in local and affordable drug and alcohol addiction treatment for individuals suffering from substance use disorder, using an innovative evidenced-based integrated care combining both physical and behavioral healthcare services

SUD TREATMENT SERVICES

Substance Use Program

Address: 2709 Byron St., Richmond, VA 23223 **GRTC**
 34 Medical Park Blvd., Petersburg, VA 23805 **GRTC**

Phone: General: (866) 755-4258
 Richmond: (804) 999-0705
 Petersburg: (804) 609-017524/7

Hours: Mon-Fri 8:30AM-5:00PM
 Walk-ins welcome

Clients: Adults 18+
 Including persons who are pregnant

Insurance: All Marketplace carriers, Medicare, Medicaid, MCOs

Types of Services/Programs Provided:

- Comprehensive care with individualized plan based on client strengths and building strong relationships
- Integrated team with primary care, addiction specialists and wellness goals
- MAT/MOUD with therapeutic counseling (individual and group)
- Peer recovery support specialists and mutual aid
- Social needs support services: employment, housing, healthcare, childcare, legal services, transportation assistance and more
- Aftercare planning, ongoing support while returning to community and recovery capital

St. Joseph’s Villa Outreach Clinic

neverstopbelieving.org/st-josephs-outreach-clinic

Serving “children and families facing homelessness, autism and developmental disabilities, mental illness, special education needs, and other challenges”

MH/BH SERVICES

Outreach Clinic

Address: 8000 Brook Rd., Richmond, VA 23227 **GRTC**

Phone: Office: (804) 553-3200

Emergency: (804) 612-7065

Hours: Mon-Fri 8:30AM-4:30PM

Clients: Children, adults, families

Including persons with developmental or physical disabilities, or mental or physical impairment

Intake: Admissions: (804) 553-3241 or admissions@sjvmail.net

Insurance: Medicaid only for home-based services

Types of Services/Programs Provided:

- Outpatient Behavioral Health, operated by Bon Secours in collaboration with The Daily Planet
- Day support programs for children and adults
- Crisis stabilization
- Family and community stabilization
- Rapid Re-housing Services and other housing assistance
- Intensive in-home services
- Mental health skill building
- Connections to all Bon Secours medical services
- Social services network
- Work-ready skills and employment help
- Translation available for all services

StepStone Family and Youth Services Virginia

stepstoneyouth.com

Primarily a safe place for children and youth to receive training and supports to enable their independence and the maintenance of community stability

MH/BH SERVICES

Family and Youth Support Services

- Address:** 2701 Emerywood Pkwy Suite 102 **GRTC**
Richmond, Virginia 23294
- Phone:** (804) 756-5023
- Hours:** Mon-Fri 8:30AM-5:00PM
24-hour family emergency support
- Clients:** Children, youth, adults and their families
- Insurance:** Medicaid and MCOs

Types of Services/Programs Provided:

- Full diagnostic assessment including psychiatric with comprehensive integrated plan; providing a gateway to extended services in their network of statewide and nationwide StepStone facilities
- Individual and family counseling (all ages)
- Counseling and therapy for a wide range of challenges including mood disorders, acquired brain injury, neurological and psychological issues, issues related to sexual, criminal or substance use situations
- Stabilization Track: young clients receive therapeutic mentoring, prescriptive psychological support and educational assistance to provide a continuum of quality care
- Age specific (5 –17) residential programs when intensive support is needed due to emotional or behavioral health matters
- Intensive care management and coordination, outpatient, in-home and residential continuum as needed
- Individualized life skill building emphasizing communication and coping

- Independent living apartment program for those in transition to independence
- Workforce readiness and placement assistance
- Mentoring, parenting classes and family preservation services
- Respite care for caregivers to recharge and foster care placement services

Supportive Intervention Services, LLC

supportiveservicesllc.com

Educating individuals to recognize and accept their mental illness, develop and improve coping skills to eliminate dysfunctional behavior to begin the stabilization process with services, tailored to each individual's needs

MH/BD SERVICES

Mental Health/Behavioral Health Program

Address: 300 Turner Rd., Suite K, North Chesterfield, VA 23225 **GRTC**
Phone: (804) 330-0310
Email: admin@supportiveservicesllc.com
Hours: Mon-Thurs 9:00AM-5:00PM; Fri 9:00AM-12:00PM
Clients: Adolescents and adults

Types of Services/Programs Provided:

- Crisis Intervention
- Case management
- ARTS programs
- Intensive in-office and in-home programs
- Financial planning assistance
- Coping and social Skills
- Medication management
- Anger and behavior management

Supreme Re-Entry Programming and Community Transitional Services

supreme-reentry.com

Empowering women and their families to live as respected and valued community members through support, education and advocacy in a structured treatment programs upon re-entry.

SUD TREATMENT SERVICES

Substance Use Program

Address: 2405 Westwood Ave., Suite J Richmond, VA 23230 **GRTC**

Phone: (804) 625-6474
(804) 909-8947

Email: kelvinspearman47@yahoo.com or
denisecobb46@yahoo.com

Hours: Mon-Thurs 9:00AM-5:00PM; Sat 8:00AM-12:00PM

Clients: Adult women only; especially those formerly incarcerated

Types of Services/Programs Provided:

- Structured environment of women returning to the community with a history of substance use disorder
- Advocacy to address the criminal justice system
- Collaboration with River City Counseling Group
- Intensive outpatient program (IOP)
- Therapy and counseling Transitional housing
- Assistance to community resources and recovery capital for social needs
- Workforce readiness skill building
- Family reunification and relationship building

TEAM, LLC

teamservices.care

Offering mental health and substance use treatment services such as addiction recovery, counseling, and crisis services to individuals in the Greater Richmond Region and Tidewater Region

MH/BH SERVICES

Mental Health/Behavioral Health Program

Address: 701 East Franklin St., Ste 710, Richmond, VA 23219 **GRTC**

Phone: (804) 644-6190

Email: contact@teamservices.care

Hours: 24/7 office hours and home visits by appointment

Clients: Youth, adults, and families

Intake: Submit referral at teamservices.care/contact-us

Insurance: Most private carriers, Medicaid, MCOs

Types of Services/Programs Provided:

- Crisis intervention and stabilization
- Navigating educational and employment paths
- Holistic, individualized counseling, trauma-informed and client-driven
- Group therapy and peer support
- Specialized treatments: targeted approaches for anxiety, depression, and PTSD
- Telehealth counseling
- Mental health skill-building
- Intensive outpatient program (IOP) for 18+
- Community educational workshops promoting mental health awareness and wellness
- Intensive in-home services as needed
- Sustained recovery planning and aftercare support

A Tiny Ripple of Hope, Shelby Teasley

Providing community re-integration, crisis stabilization, employment services, and counseling services to youth and adults in the metro-Richmond area

MH/BH SERVICES

Mental Health/Behavioral Health Program

Address: 7300 Hanover Green Dr., Mechanicsville, VA 23111

Phone: (804) 497-9064

Hours: By appointment

Clients: Youth, adults, families

Insurance: Medicare, Medicaid, MCOs, private carriers

Types of Services/Programs Provided:

- Crisis intervention and stabilization
- Community re-integration
- Employment services
- Counseling

Unique Holistic Care

uniqholcare.com

Offering patient-focused treatment programs addressing the whole person

MH/BH SERVICES; SUD TREATMENT SERVICES

Substance Use Program

Address: 4907 Fitzhugh Ave., Suite 202, Richmond, VA 23230 **GRTC**

Phone: 24/7 (804) 441-8699
Office (804) 464-8340

Email: uhc@uniqholcare.com

Hours: Mon, Thurs 8:30AM-5:00PM; Wed 8:30AM-7:00PM;
Fri 8:30AM-2:30PM

Clients: Adults 18+

Insurance: Major private carriers, Medicare, Medicaid, MCOs, self-pay

Types of Services/Programs Provided:

- Comprehensive medical screenings; substance use disorder needs assessments
- Psychiatric assessments and same-day medications as warranted
- Child and adult psychological testing
- Holistic and traditional components of care, including dual diagnosis for integrating behavioral health in the treatment plan
- Psychotherapy and counseling (individual, group and trauma-informed)
- Assistance and support with social needs and connections to community agencies
- Harm reduction and overdose prevention education and supplies, including access to naloxone

United Counseling Service

ucsofva.com

Family oriented mental health agency dedicated to helping individuals with severe psychological, behavioral, and emotional difficulties

MH/BH SERVICES; SUD TREATMENT SERVICES

Substance Use Program

Address: 9520 Iron Bridge Rd., Suite 21A, Chesterfield, VA 23832

Phone: (804) 318-9271

Email: admin@ucsofva.com

Hours: Mon-Fri 9:00AM-5:00PM

Clients: Adults 18+

Insurance: Major private carriers, self-pay

Types of Services/Programs Provided:

- Primary substance use and dual diagnosis counseling and therapy
- Partial hospitalization program (PHP)
- Mental health support and outpatient counseling for dual diagnosis
- Education classes in substance use disorders, harm reduction, coping skills
- Licensed by DBHS and Certified by VASAP

U.S. Care Behavioral Health

myuscare.com

Providing mental health and substance use disorder services to help improve the lives of adults, adolescents, children, and their families

MH/BH SERVICES; SUD TREATMENT SERVICES

Mental Health/Behavioral Health; Substance Use Program

Address: 3900 Westerre Parkway, Ste 300, Richmond, VA 23233 **GRTC**

Phone: 24/7 Information (888) 978-3801
(804) 368-6444

Hours: Mon-Fri 9:00AM-5:00PM

Clients: Adults 18+

Insurance: Major private carriers, Medicaid, MCOs

Types of Services/Programs Provided:

- Screenings and comprehensive assessments
- Community stabilization
- Partial hospitalization program (PHP)
- Mental health counseling and outpatient therapies for substance use disorder
- Services addressing co-occurring conditions and substance use for physical, psychological and social well-being
- Skill building and coping mechanisms
- VASAP assessments – assistance with DUI, DWI, and alcohol-related involvement with law enforcement

VCU Health

psych.vcu.edu/divisions/addiction-medicine

vcuhealth.org/services/womens-health/our-services/substance-use-disorder-treatment

MCV Hospital, under VCU Health, serves people suffering from a substance use disorder who may also have other medical or psychiatric disorders using a multidisciplinary team approach. VCU Health’s OB Motivate provides SUD treatment and support services to women on all paths.

MH/BH SERVICES; SUD TREATMENT SERVICES

MCV Hospital

Address: 1250 East Marshall St., Richmond, VA 23298 **GRTC**

Phone: 24/7 Helpline (888) 859-4403
(804) 828-2000

Hours: 24/7

Clients: Adults 18+ and children (limited services)
Special programs for underserved

Insurance: Private carriers, Medicare, and Medicaid, MCOs, individual and block grant funding, self-pay

Types of Services/Programs Provided:

- Comprehensive Interdisciplinary plans and integrated dual diagnosis treatment plans
- Inpatient alcohol and substance use treatment; mental/behavioral health treatment
- Medically monitored withdrawal/detoxification; court-ordered detox
- MAT/MOUD along with management of any needed psychiatric medications
- Trauma-informed counselling and therapy (individual, group, families and couples) including physical activities
- Telehealth
- Harm reduction education for individuals with SUDs, STI and/or HIV/AIDS

- ☑ Special programs for military, PTSD, LGBTQ+, transitional age (young adults), senior citizens, children with serious emotional disturbances, persons who are pregnant (see VCU-OB Motivate), persons with SMI (serious mental illnesses)

VCU Health (continued)

SUD TREATMENT SERVICES

OB Motivate

Address: 501 North 2nd St., Richmond, VA 23219 **GRTC**

Phone: Information (804) 628-6777

Appointments (804) 828-4409

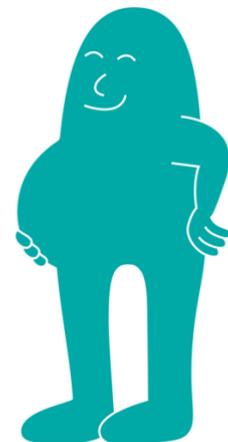
Hours: Mon-Fri 8:00AM-4:00PM

Clients: Women across the course of their lifetime

Insurance: All private carriers, Medicare, Medicaid, MCOs, self-pay

Types of Services/Programs Provided:

- Comprehensive integrated OB-GYN (reproductive and sexual healthcare)
- Addiction and recovery services
- Recovery support during pregnancy, labor and delivery and post-partum
- Lactation consultation during recovery journey; neonatal consultation for babies born to mothers in recovery treatments
- Behavioral health counselling and therapies (individuals, groups)
- Referrals for other services such as Hepatitis C, sexually transmitted diseases, stroke, social needs and recovery capital, domestic violence, and primary care



Verity

veritypsych.org

Utilizing multiple different medications and/or psychiatric treatments to help persons struggling with substance use disorder reach optimal solutions during their recovery journey

SUD TREATMENT SERVICES

Substance Use Program

Address: 909 Hioaks Rd., Richmond, VA 23235 **GRTC**
3974 Springfield Rd., Suite A, Glen Allen, VA 23060 **GRTC**

Phone: (804) 595-8661

Email: info@veritypsych.org

Hours: Mon, Tues, Thurs, Fri 10:00AM-5:00PM; Wed 10:00AM-6:30PM;
Sat 10:00AM-1:00PM

Clients: Adults 18+

Insurance: All private carriers, Medicare, Medicaid, MCOs, self-pay

Types of Services/Programs Provided:

- Individualized patient-driven substance use disorder treatment plans
- Polysubstance use disorders and dual disorder treatment plans
- MAT/MOUD with evidence-based patient-centered counseling and therapy
- Consultation if requested regarding judicial, administrative, or educational services
- Education for life skills, coping and re-use prevention

Village Behavioral Health

wearethevillage.net

A “community-based behavioral health and developmental service agency committed to providing individuals with the highest quality of emotional, behavioral and developmental care”

MH/BH SERVICES

Mental Health/Behavioral Health Program

Address: 2025 East Main St., Suite 7, Richmond, VA 23223 **GRTC**

Phone: Main: (804) 225-0749

- In-home & mental health skill-building: Ext. 1011
- Residential crisis/outpatient services: Ext. 1008
- Intellectual/developmental disabilities: Ext. 1004

Email: info@wearethevillage.net

Hours: Mon-Fri 10:00AM-4:00PM; Sat/Sun by appointment

Clients: Adolescents, youth, adults, seniors, and families

Insurance: Private insurance, Medicaid

Types of Services/Programs Provided:

- Treatment for co-occurring substance use + serious mental health illness (adults) or serious emotional disturbance (children)
- Outpatient care
- Intellectual/developmental disabilities residential care
- Mental health skill-building
- Individual, group, family, and medication therapy
- Emergency 24/7 mental health services
- Mobile crisis response
- Community stabilization

Virginia Family Services Substance Use Case Management

virginiafamilyservices.com

An accredited substance use and behavioral health treatment center dedicated to treating adults and children with substance use, mental health and/or co-occurring disorders

MH/BH SERVICES; SUD TREATMENT SERVICES

Substance Use Program

Address: 4912 West Marshall St., Suite C, Richmond, VA 23230 **GRTC**

Phone: (804) 313-6767

Hours: Mon-Fri 8:30AM-5:00PM

Clients: Adults 18+

Insurance: Only Medicaid, MCOs

Types of Services/Programs Provided:

- Preliminary referrals for medically monitored withdrawal
- Integrated case management of individualized, patient-driven treatment plan
- Intensive outpatient program (IOP) 16-22 weeks
- Partial hospitalization program (PHP) 14-30 days
- Substance use disorder counselling and re-use prevention
- Mental/behavioral health care
- Re-entry services
- Skill-building
- Intensive in-home care
- Crisis care
- Crisis stabilization unit (CSU)
- 8-bed facility in Richmond for individuals experiencing a mental health crisis
- Peer recovery support specialists
- Educational services for navigating social service agencies, vocational needs, academic education and other recovery support services
- Ride to Recovery Bike program and other transportation assistance

Virginia Family Wellness Treatment Center

vafamilywellness.com

Person-centered clinicians providing a place to find connections and community to fosters meaningful growth

MH/BH SERVICES

Mental Health/Behavioral Health Program

Address: 10800 Midlothian Tpk., Suite 128, North Chesterfield, VA 23235

Phone: (804) 476-2668

Hours: Mon, Wed, Thurs 8:30AM-6:00PM;
Tues, Fri 8:30AM- 5:30PM

Email: Info@vafamilywellness.com

Clients: Adults and their families

Insurance: Medicaid, MCOs, private carriers, EAPs, self-pay

Types of Services/Programs Provided:

- Free 15-minute initial consultation
- Patient-centered holistic therapy programs
- Individuals, couples and group counseling sessions
- Intensive outpatient program (IOP)
- Partial hospitalization program (PHP)
- Multi-professional clinical staff overseeing treatment and medication management
- In-person, virtual, and hybrid options
- Afterhours telehealth available
- Bilingual services

Virginia Recovery Centers

virginiarecoverycenters.com

Providing compassionate and effective treatment for individuals struggling with substance abuse and mental health issues

SUD TREATMENT SERVICES

Substance Use Program

Address: 8510 Bell Creek Road, Mechanicsville, VA 23116

Phone: (804) 269-8075

Email: info@virginiarecoverycenters.com

Hours: Mon-Thurs 8:00AM-7:00PM; Fri 8:00AM-5:00PM

Clients: Adults 18+

Insurance: Medicaid, MCOs, private carriers

Types of Services/Programs Provided:

- Partial Hospitalization Program (PHP)
- Intensive Outpatient Program (IOP)
- MAT/MOUD
- Polysubstance treatment programs
- Individual and group counseling and holistic therapies
- Assistance and support for those in court mandated programs
- Peer recovery support
- Aftercare planning and active alumni programming
- Some transportation assistance
- Accredited through DBHS and the Commission of Accreditation of Rehabilitation Facilities (CARF)

Wellspring of Hope, LLC

wellspringofhopellc.com

Delivering intensive counseling that promotes wellness, using modalities of treatment that affirm and identify with each client

MH/BH SERVICES

Mental Health/Behavioral Health Program

Address: 4121 Cox Rd Suite 120 Glen Allen, VA 23060

Phone: (804) 887-3062

Email: admin@wellspringofhopellc.com

Hours: Mon-Fri 8:00AM-7:00PM

Clients: Adults and families

Insurance: Most private carriers, Medicaid and MCOs

Types of Services/Programs Provided:

- Individual and group counseling
- Mental health and independent-living skills building
- In-office and telehealth therapy
- Help with life's transitions
- Trauma informed, holistic and traditional treatment
- Special groups for girls
- Guidance for successful obtainable goal planning
- Stress management and coping skills

WHO Counseling

whorva.org

Helping individuals learn basic skills of independent living, manage life challenges (probation, substance abuse, budgeting, SSI, homelessness, advocate/manage doctor appointments, etc.) to overall improve their quality of life

MH/BH SERVICES; SUD TREATMENT SERVICES

Substance Use Program

Address: 2025 East Main St., Suite 207, Richmond, VA 23223 **GRTC**

Phone: (804) 447-0193

Email: admin@whorva.org

Hours: Mon-Thurs 9:00AM-5:00PM; Fri 9:00AM-1:00PM

Clients: Adults 18+

Also offers counseling services for youth (4-20)

Insurance: Medicaid, MCOs, EAP, some private carriers, self-pay

Types of Services/Programs Provided:

- Intensive outpatient program (IOP)
- Client-driven counseling and therapies (individual and group)
- Case management
- Re-entry services
- Mental health support service
- Referrals from Richmond Criminal Justice Center for re-entry services
- VA Alcohol Safety program for education and return to use prevention
- Intensive in-home counselling for at-risk youth (ages 4-20 years old)

WHOA | Behavioral Health | Mental Health | Richmond VA

whoarva.com

Promoting empowerment and positive behavior through reinforcement and specialized activities which support mental wellness, creating individuals' and long-term success

MH/BH SERVICES

Mental Health/Behavioral Health Program

Address: 6010 West Broad St., Suite 103, Richmond, VA 23230

Phone: (804) 282-1863

Hours: Mon-Fri 9:00AM-5:00PM

Clients: All ages

Insurance: Medicare, Medicaid and MCOs and some private carriers

Types of Services/Programs Provided:

- Comprehensive cognitive assessments including medication management
- Therapeutic counseling for individuals and groups
- Skill building education and intervention methods
- Crisis stabilization and housing arrangements if needed
- Community stabilization with referral to other community-based service providers for diversion from higher levels of care
- Intensive outpatient program (IOP)
- In-home programs as needed for family or child counseling services
- Equine therapy
- Nutritional education
- Engagement of natural supports with coordination of community-based aftercare
- Return to use prevention planning

Williamsville Wellness

williamsvillewellness.com

A unique rural setting offering individualized addiction treatment services of evidence-based practices to adults ready to begin their recovery journey

SUD TREATMENT SERVICES

Substance Use Program

Address: 10525 Cabiniss La., Hanover, VA 23069

Phone: (804) 559-9959

Text/SMS: (718) 451-3256

Email: information@williamsvillewellness.com

Hours: Residential 24/7

Office: Mon-Thurs 8:00AM-6:00PM

Clients: Adults 18+

Programs for veterans

Programs for those with polysubstance use

Insurance: Most private carriers, Medicaid, MCOs, Veterans' funding, some federal grants, self-pay

Types of Services/Programs Provided:

- Integrated multidisciplinary, certified staff
- Comprehensive assessment for individualized patient-driven treatment plan
- Flexible in-patient programming
- Return-to-use prevention and free aftercare support
- Life skills education for family stabilization anger management, coping, etc.

Appendix A: Methodology

The purpose and goals of the resource guide were initiated by the NACCHO IOPSLG grant. The objective of this grant was for Richmond and Henrico Health Districts (RHHD) to implement a community-led, culturally responsive strategy to reduce overdose and SUD-related morbidity, mortality or associated harms. Strategies must reflect the needs of the community and be evidenced based, or evidence informed.

The Richmond Henrico Regional Resource Guide to Substance Use, Mental and Behavioral Health was developed to address the need for an updated source for education and a listing of community resources related to substance use, substance use disorder or overdose prevention. Embedded in the guide is an A-Z directory of all of the community resources. The guide also includes an introductory educational narrative and instructions on how to utilize the directory.

The team that developed this guide was recruited and overseen by the Director of Community Programming at Richmond and Henrico Health Districts (RHHD). The team hosts a variety of expertise to include a Social Worker and Community Advocate, a Public Health Professional and an Epidemiologist with coalition-building experience.

This team fondly known as the IOPSLG Resource Mapping Team, worked from October 2023 through the summer of 2024 on this project. Below you will find the methodology and steps followed to create the Richmond Henrico Regional Resource Guide to Substance Use, Mental and Behavioral Health.

FALL 2023

Group Convening, Introduction to Partners:

Convening in early October of 2023, the core team members met to become acquainted with individual backgrounds and strengths prior to formally meeting with the Director of Community Programming. The four spent several early sessions discussing goals, deliverables, tasks and the timeline for the project.

The team was introduced to multiple RHHD colleagues in various roles and settings such as: Community Health Workers that work in our Resource centers, our Substance Use outreach team, clinical staff and leadership.

The Mapping Team was able to engage with our other two local IOPSLG partners to discuss the resource guide project and its potential to improve service delivery. The team met with NoLefTurns and A Better Day Than Yesterday. Both agencies support individuals in the community that are often dealing with SUD. NoLefTurns provides re-entry services for individuals transitioning back into the community after incarceration and A Better Day Than Yesterday, partnered with RHHD to host and facilitate community conversations. Community conversations were community led conversations that focused on the lived

experiences of residents and provided a space to express the reality of the gaps in services and barriers to SUD and MH/BH treatment.

In November 2023 the team participated in a valuable virtual meeting that was organized by our NACCHO and New York Department of Health & Mental Hygiene partners. This meeting included several IOPSSL-grant site partners. These sites were also working on resource guide projects. The sites represented were Marion County, IN, Wyandotte County, KS and Forsyth County, NC. This collective, participated in an extended discussion of methodology, lessons learned, sustainability plans and website options for their resource guides. It was an enlightening discussion and shared learning about the challenges and successes in developing, maintaining and disseminating a community resource guide.

Lastly, they participated in multidisciplinary task forces such as, the Virginia Office of Substance Abuse Prevention (VOSAP) and the Richmond City Justice Center's Public Policy Forums.

Research:

Throughout the fall, the team continued to familiarize themselves with the landscape of local, state and national organizations while simultaneously developing an understanding of data driven, evidence based best practices and federal mandates and regulations. The team conducted field visits during the fall which included recovery homes and service-providers in a variety of settings.

Members continued to perform both scholarly and pragmatic literature reviews and participated in synchronous and asynchronous webinars to expand their knowledge of social needs and best practices. The team researched the evolution of harm reduction practices as well as learning about the components of successful recovery programs

An important component of research was the review of multiple directories that were already in existence. The comprehensive guide and its component A-Z directory were created largely through online research, initially referencing the 2018 version of the Richmond Henrico Substance Use Community Resource Guide: Richmond and Henrico Health Districts (https://www.vdh.virginia.gov/content/uploads/sites/119/2018/10/Substance-Use-Treatment-for-web-Resource-Guide_Apr2018-1.pdf).

Also of interest were multiple public resource guides created by organizations such as the Virginia Department of Corrections (VADOC) and Richmond Behavioral Health Authority (RBHA).

Search terms and websites used:

The following sites were used for research: Bounce Back from Addiction (bouncebackhc.com/treatment), SAMHSA's [FindTreatment.gov](https://www.samhsa.gov/findtreatment), and Psychology Today's directory of providers ([psychologytoday.com/us/treatment-rehab/va](https://www.psychologytoday.com/us/treatment-rehab/va)), were most used.

The following terms were used for general internet searches: “Richmond Henrico substance use treatment,” “Richmond Henrico opioid use treatment,” “Richmond Henrico substance use treatment,” “Richmond Henrico MAT services,” “Richmond Henrico mental health counseling,” “Richmond Henrico substance use counseling,” “Addiction support,” “mental health services Richmond VA,”

Once local organizations were identified, the organization’s website was the main source of information for this resource guide. Information was collected for each organization including website, contact information, hours, address, GRTC accessibility, program name and type of program, insurance, clients served, and services provided. Local organizations included in this guide were contacted via phone and/or email and given an opportunity to provide corrections or additions regarding specific information on their services.

Taskforce Feedback:

In addition to this feedback, preliminary drafts of the guide were delivered to the Richmond Opioid Taskforce to solicit more comments, additions, and corrections for the material and format. Personal contacts and relationships were made through online and in-person meetings.

Although much of the initial work was done individually, collaborative team meetings happened weekly at a minimum. With guidance from the Director of Community Programs and the preliminary feedback from task forces and other committees, parameters such as the categories for data collection and scope of programs were refined. Progress on the timeline of the project was periodically provided as updates during departmental and task force meetings.

WINTER 2023-2024

Development of the Guide:

In-depth development of the A-Z directory portion of the guide began. Throughout the winter months, the data was compiled and verified for near-one hundred initial listings.

The information detailed in the directory includes the following:

- Website
- Contact information
- Hours
- Address
- GRTC accessibility
- Program name and type of program insurance

- Clients served
- Services provided

During the development of the directory, the Mapping Team reached out to conduct virtual and in-person introductions to key organizations in the area. Meetings were taken with many of the organizations listed in the directory. The team reached out to local and regional carceral facilities, Richmond Behavioral Health Authority which is the local community service board, staff with the drug and mental health court diversion dockets, leaders in harm reduction efforts and recovery programs of all types. These ranged from hospital detoxification settings to long-term transitional residential situations. The team members individually spoke with staff in different roles such as: managers, intake agents, case management workers, Peer Recovery Specialists, family members and allies of people who use substances, survivors of overdose, clinicians, parole officers, persons in recovery, past and present re-entry coordinators and others.

It is important to highlight that several local programs were inspired by the lived-experience of peers or allies while others were campuses installed by multistate service-providing corporations. Some facilities were long standing while others were recently coming online. Anticipation of the directory and the importance of its sustainability were evident with each encounter.

During this quarter, the team participated in trainings and subsequent workshops of the Unite Us E-referral platform. The team also attended a group tour of the Richmond City Community Resource Centers.

Communications:

Formatting and editing of the guide were the next stages of development. The team began meeting with the districts' communication director for context regarding the optimal formatting of a readable, sustainable end-product. The result of the support and collaboration with the Communications Team from that meeting forward has resulted in the polish and presentation of this guide.

SPRING 2024

The third quarter brought more frequent and focused team meetings with a key member of the communications group.

Work continued on the formatting, editing and preparation of the guide itself. Time was spent developing the introductory narrative that includes comments about the purpose of the document. This narrative also breaks down terminology, themes and categories of substance use disorder that are important for readers to understand as they use the guide.

Time was devoted to the delineation of how the guide and its component directory would be searchable, creating and refining a glossary, table of Contents and Index as well as appendices found (methodology and sustainability). Again, the communications consultant was invaluable in developing the format for each segment and cultivating the optimum presentation of the end product.

These late-term meetings also included the perspectives of the Substance Use Coordinator and other members of the Richmond Opioid Task Force, the Clinical Social Work Supervisor, and lead on the districts' Resource Guide in Community Programs which was finalized just prior to this resource.

Several group sessions were devoted to the most feasible sustainability protocol, the logistics and role players. The next steps in the roll-out and the direction of imminent expansions of the scope of the guide paralleled the teamwork during these final months.

SUMMER 2024

The final stages of this project were focused on discussing the language and formatting of the methodology and sustainability plan as well as final formatting of the entire guide.

Work continued with the communications team to upload the guide to the RHHD website and also the RHHD internal Taskforce, Henrico Addiction Taskforce and other community partners. The communications team resource channel. The team has disseminated the final copy to the Richmond Opioid will also be printing a limited number of physical copies.

The IOPSLM Mapping Team spent the month of September presenting the completed guide to RHHD staff and will look for opportunities to present to the larger VDH staff, community partners. The project came to a close September 2024.

ACKNOWLEDGEMENTS

Special thanks to the RHHD team for their dedication and hard work on this project: Anna Back, Elle Merkle, Lashawnda Singleton, and supervisor Margo Webb.

Appendix B

Sustainability Plan

The Richmond & Henrico Health Districts Substance Use, Mental and Behavioral Health Regional Guide is an important resource that has been developed to support the community in maintaining an accurate listing of substance use related resources.

Sustainability is *essential* to maintaining the relevance and effectiveness of this guide. Because of the constantly changing landscape of the resource environment, this guide will require continuous updating with real time maintenance to ensure its ongoing validity, accuracy and effectiveness.

This sustainability guidance outlines the general steps that should be taken to maintain the guide. It is recommended that this guide have a comprehensive review annually. It is of the utmost importance that this responsibility is assigned to dedicated staff.

Updates and additions to the guide should be addressed as they are discovered. We have created the **Richmond Henrico SUD Guide Agency/Organization Update Form**. This form will be posted on the RHHD website and can be used by anyone to submit an update to a directory entry or to submit a request that a new entry be added.

Sustainability Guidance:

| | |
|---|--|
| RESPONSIBILITY FOR UPDATES | Regular maintenance for this guide should be prioritized. <ul style="list-style-type: none"> • RHHD Staff • City of Richmond Staff |
| UPDATE AND MAINTENANCE FREQUENCY/CADENCE | <ul style="list-style-type: none"> • An update of the entire guide will happen annually. • Ongoing updates will happen as there is information submitted from the agency/organization update form. |
| ANNUAL GUIDE MAINTENANCE PROCESS | <p>These are general tips, instructions and guidance for the annual process that should be completed to keep the guide current and accurate.</p> <ul style="list-style-type: none"> • Consider the creation of a general email address specifically for correspondence related to the guide. • An Initial email should be sent out to partners listed in the guide to outline the annual update process. • Next, an email should go out to each partner referencing their page in the guide. The partner should review for accuracy of their information. <ul style="list-style-type: none"> ◦ Consider attaching a PDF or screenshot of their current listing in the guide. This will make it easy for partners to verify their information as it appears in the guide. • In the email, include the due date by which partners should respond to verify or correct their information. • Response can be in the form of a reply email, or the submission of a form embedded in the email. • Determine the cadence of any follow up once the emails are sent. |

| | |
|--|---|
| | <ul style="list-style-type: none"> Consider a mail chimp or mass email program with a programmed cadence for sending out emails and follow up Ongoing outreach should be happening on a continuous basis to monitor relationships with partner agencies. |
| TIMEFRAME FOR THE ANNUAL PARTNER UPDATE PROCESS | <p>The entire process for the annual update should take 90-120 days. It should generally flow as follows:</p> <ol style="list-style-type: none"> 1) 2-3 Weeks to send out update emails 2) 2-4 Weeks for responses from partners 3) 2-6 Weeks to monitor responses and update the guide. |
| AGENCY/ORGANIZATION UPDATE FORM | <p>The Richmond Henrico SUD Guide Agency/Organization Update Form has been created as a way for health department staff, community partners and residents to submit information about a new resource or to correct an existing resource in the guide.</p> <ul style="list-style-type: none"> Updates will be completed within 5 business days The link to this form will be posted on the RHHD website. https://redcap.link/RHHSUDGuide |
| REVISION DATE | <p>The revision date for the guide should be updated at minimum yearly with the annual guide update</p> |
| DATA METRICS AND EVALUATION | <p>It is important to gather simple metrics about the updating of the guide. Metrics can include but are not limited to:</p> <ul style="list-style-type: none"> Response rate: Number of partners reached out to and the number that responded. Percent of organizations with changes vs. percent of organizations with no changes <p>Consider a log or monthly reporting of activity on the guide: Things that could be captured:</p> <ul style="list-style-type: none"> Ongoing outreach activities to organizations Updates made to current listings |
| QUESTIONS, FEEDBACK | <p>Please contact Margo Webb, Director of Community Programming Margo.webb@vdh.virginia.gov</p> |

Link to Agency/Organization Update Form

Richmond Henrico SUD Guide Agency/Organization Update Form

<https://redcap.link/RHHSUDGuide>



Glossary

12-step programs: A global community of people who come together to work towards solutions and support for one another regarding substance use, abuse and dependence. It does not cost anything to attend meetings, which are organized locally at designated meeting places and times. There are no age or education requirements, or registrations necessary to participate; individuals are met where they are, often with a language or culture-specific atmosphere. A foundation of these organizations is to accept each other and help achieve and maintain sobriety. In addition to “working the steps,” this is accomplished through fellowship, peer counseling and celebrating each other’s achievements. Each group may have a unique benefit regarding language, culture or characteristic atmosphere.

For example, **Alcoholics Anonymous (AA):** [Find A.A. Near You | Alcoholics Anonymous \(aa.org\)](#), <http://aa-intergroup.org>. Information about sister organizations can be found at [Al-Anon Family Groups](#).

Similarly, **Narcotics Anonymous (NA):** groups provide help from peer a network for persons who use drugs and wish to pursue and sustain a drug-free lifestyle. *NA’s approach makes no distinction among substances including alcohol.* The link [NAWS : Find a meeting](#) can be used for worldwide reference. There is also an app in Google Play or The Apple Stores.

Additionally, there are 12-step groups organized for allies and family members of individuals dealing with substance use issues. These mutual aid associations validate members as well as assist with the dynamics of their relationships with their loved ones. Information about meetings and focused groups can be found at the site <https://www.nar-anon.org>.

Addiction and Recovery Treatment Services (ARTS): Medicaid expansion has provided additional services for members with substance use disorders across the commonwealth of Virginia. ARTS covers inpatient detox, residential treatment, partial hospitalization, intensive outpatient programs, opioid treatment programs, office-based addiction treatment, case management, and peer recovery supports. ARTS programs are certified and licensed by the Virginia Department of Behavioral Health and Developmental Services (VDBHDS). ARTS provides treatment for those Medicaid, FAMIS, and FAMIS MOMS members with a substance disorder across the state of Virginia.

American Society of Addiction Medicine (ASAM): Professional medical society for addiction medicine professionals and the educational resource for certification, recertification, or those interested in specializing in addiction medicine to prepare for certification exams. They credential clinicians as necessary for treatment centers.

Behavioral Health: According to the American Medical Association, behavioral health “refers to mental health and substance use disorders, life stressors and crises, and stress-related physical symptoms. Behavioral health care refers to the prevention, diagnosis and

treatment of those conditions.” ([What is behavioral health? | American Medical Association \(ama-assn.org\)](#))

Capacity: Generally, the number of beds available in a residential setting. This would limit the number of occupants who could be housed at that location at any one time. Similarly, a small agency may limit the number of clients they can serve at once. The term “capacity” may be used to describe either the gross number possible or the net number available or “open” at the time of inquiry.

Case Management: Coordinated approach to connecting clients to appropriate services for their needs – health, substance use treatment, mental health and social services.

Certified Community Behavioral Health Clinics (CCBHC): Follow strict criteria. Richmond Behavioral Health Authority (RBHA) is currently the sole CCBHC for the Commonwealth of Virginia. CCBHCs certify coordinated comprehensive behavioral health care, substance use disorder programs and ensure the use of evidence-based practices.

Contaminants: A contaminant is a substance that pollutes, spoils, or poisons something. Fentanyl and xylazine are two common examples of contaminants that are added into street drugs. These contaminants potentially alter the potency and increase the risk of harm.

Continuum of Care: the span of care across prevention, diagnosis, the array of treatment regimen, and retention in substance use treatment.

Co-occurring Disorder: [Co-Occurring Disorders | Psychology Today](#) Typically describing the situation where an individual is challenged by both mental illness and SUD, this term may also apply to other combinations of conditions making treatment plans more complex. For example, a disability or other chronic disease might compromise medication options.

Detoxification/Detox: Specifically, when used in this document, this implies “medically monitored withdrawal.” In general, the term describes the period, and the associated symptoms when the substance or drug is being eliminated by the body. Physical effects can be intense, and medicines may be able to ease those temporary symptoms. Unmonitored and unaided, an individual could conceivably die from severe withdrawal.

Dual Diagnosis: Condition of having simultaneous mental health and substance use disorder

Evidence-Based Practice: Interventions that are guided by the best scientific research evidence with practice-based expertise, shown to provide the most reliable outcomes to date for individuals.

Harm Reduction: a set of practical strategies, ideas and programs aimed at reducing the negative consequences associated with substance use. Based in social justice and human rights, these practices or supportive services can save lives, reducing the risk of overdose, disease transmission and other health issues.

Insured individuals have some type of insurance coverage to assist in payment of health-related services. This may be a private carrier or government assistance such as Medicare or Medicaid.

Intensive Outpatient Program (IOP): Treatment program that allows the patient to live at home while going into an office to receive structured treatment plan daily or weekly 3-4 hours a day.

Medically managed withdrawal: Detoxification under medical supervision administering progressively lower doses of medication during the time a patient has abruptly reduced or ceased the use of a substance to which they have developed a tolerance.

Medication Assisted Therapy (MAT): More recently accurately termed "Medication for Opioid Use Disorder" (**MOUD**) describes a *comprehensive and integrated recovery* program. This includes counselling, behavioral therapies, and a craving-suppression medications prescribed by a physician to prevent withdrawal symptoms, and harm from opioid side effects. Evidence-based research demonstrates medication alone MAT/MOUD as the most significant component of recovery; however, it is more effective combined with a comprehensive program.

Mental Health: According to the Centers for Disease Control and Prevention (CDC), mental health is "our emotional, psychological, and social well-being. It affects how we think, feel, and act."

Mental Illness: Mental illnesses are diseases or conditions that affect how you think, feel, act, or relate to other people or to your surroundings <https://www.mayoclinic.org/diseases-conditions/mental-illness/symptoms-causes/syc-20374968>

Mobile Treatment Services: Innovative approach to bridging gaps or obstacles to access by going directly into the community. These are often used in rural areas as well as for persons who are unhoused. In addition to MOUD, these programs might include therapist, mental health professions and peer support as well as the distribution of harm reduction supplies.

Mutual Aid Strategy: Self-directed programs or peer led sessions where members work together to meet the needs of everyone in the group or community. These may follow a conventional program and/or be a drop-in group. Among such community-based support groups are 12-step programs like AA, but mutual aid groups may also be less traditional programs which are religious (faith-based), or secular such as SMART Recovery.

Office-based Opioid Treatment (OBOT) or Office-based Addiction Treatment (OBAT): may include medications for SUD as well as integrated counselling and therapies similar to SUD treatment facilities but based out of a practitioner's office.

Opioids: A class of substances that have effects similar to opium by binding to the opioid receptor in the brain, producing euphoria and decreased pain among other effects.

Natural, semisynthetic, or synthetic opioids may be legally prescribed in some instances but are largely misused and quite addictive.

Opioid Treatment Programs (OTP): a federal government certification that SAMHSA describes the criteria as well as lists the dozen or so organizations in the Greater Richmond area which have obtained it on the [FindTreatment.gov](https://www.findtreatment.gov) website. (This is similar to the CCBHC certification.)

Partial Hospitalization Program (PHP): Treatment program that includes IOP but more intensive, where treatment is all day, but patients can go home at night.

Peer Recovery Specialists (PRS): These are trained (and certified) individuals with lived-experiences such as challenges within the criminal justice system or struggles with substance use, mental and/or behavioral health disorders in their past. They have demonstrated their own successful recovery journey and can provide understanding, respect, encouragement, and guidance connecting others to social support and treatment services. Community based PRSs may well be the singular initiation to a recovery path. They reach individuals where they are at the time they are ready to change.

Polysubstance Use Disorder (PUD): a condition that develops from **long-term use or misuse of 2 or more substances**. It includes use/misuse of drugs such as cocaine, alcohol, tobacco, or prescription medicines such as opioids.

Recovery: The ongoing process of change through which individuals improve their health and wellness, live self-directed lives, and strive to reach their full potential. It is important to note that recovery is not a universally defined “end point.” This term could be used for mental health disorders, substance use disorders, or other chronic conditions.

Re-entry: The transitional period of a person leaving incarceration and reuniting with the community.

Relapse (return-to-use or re-occurrence): Describes a person’s resumed use of a substance after experiencing a period of sobriety.

Sober Living Homes (SLH) or Recovery Residences: Alcohol and drug-free housing that serves as a safe and healthy living environment for individuals recovering from substance abuse disorder or other co-occurring mental illnesses.

Stigma: A bias, often value-laden language, by which people are stereotyped, devalued, labeled, and excluded from equitable access to community resources. Stigma creates feelings of disgrace, self-reproach and other negative self-image as well as presenting false barriers to treatment, social services and other resources.

Substance Use Disorder (SUD): Treatable chronic disorder that affects a person’s brain and behavior, leading to their inability to control the use of a substance despite the harmful physical, psychological and social effects from continued use.

Social Security Disability Insurance (SSDI): Social Security Disability Insurance (SSDI) is similar to SSI. It is an entitlement program for persons who are disabled but, unlike SSI, eligibility requires a work history and prior payroll contributions to social security. SSDI benefits cease during a person's incarceration. All SSDI recipients must reapply after returning to the community, regardless of the length of time their benefits have been suspended. Note that receiving either SSI or SSDI does not always guarantee eligibility to either community Medicaid or Medicare, respectively.

Supplemental Security Income (SSI): Supplemental Security Income (SSI) are benefits that are based on age, disability and limited income and resources. SSI will award substance use disability benefits *only* with a dual diagnosis (disabling mental or physical condition).

Sustainability: A goal using adaptation and effective prevention measures to achieve and maintain long-term results.

Test strip: They are chemically sensitive strips of paper for testing a sample of a drug before using it, to raise awareness and risk of specific contaminants such as fentanyl or xylazine. Test strips are an example of harm reduction materials.

Trauma-informed Care: A treatment approach recognizing the symptoms of broad and cumulative mental and emotional effects of multiple kinds of trauma. Consideration of the history of earlier trauma avoids re-traumatization during treatment.

Underinsured: These individuals carry some insurance (private or government program). However, their out-of-pocket healthcare expenses (deductible plus any copays) exceed a threshold proportion of their annual income. Their plan is inadequate for their need.

Uninsured: Individuals do NOT have ANY type of coverage to assist in payment of health-related services. Uninsured persons are not enrolled in government programs, employer-offered insurance plans, or any private insurance carrier.

Virginia Alcohol Safety Action Program (VASAP): Programs providing education and probationary oversight to offenders who have been referred from a court, typically for a conviction of driving under the influence (DUI).

Virginia Department of Behavioral Health and Developmental Services (DBHS): Department of the state government which provides accreditation, networking, and oversight for agencies and organizations delivering services during public emergencies, to persons needing behavioral health care, or to persons with developmental disabilities or substance use disorder.

Withdrawal: A combination of physical and mental symptoms a person experiences after they stop or reduce the use of a substance such as alcohol or other addictive substances.

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