Putting Her Talents to Work, Chris Niblett Serves Nine Health Districts

You can be forgiven if you didn't know that Christina Niblett is part of the West Piedmont Health District (WPHD) team. That's because she is also part of the team at no less than eight other health districts – in fact every district between Danville and the Tennessee border! (That would be Pittsylvania-Danville, Central Virginia, Roanoke City, Alleghany, West Piedmont, New River, Mount Rogers, Cumberland Plateau, and Lenowisco – nine total.)

As Human Resource Business Partner - Western Region, Chris splits her time between all of these health districts, serving as a liaison between the human resource analysts in each district and central office in Richmond. Living in the West Piedmont district, she is able to divide her time between them all, sometimes in person and sometimes remotely. (Chris tries to have office hours in the Henry-Martinsville Health Department office on Thursdays most weeks.)

She began her career with the Virginia Department of Health (VDH) in January, 2023, however, she is not new to the state system, with 18 years of prior experience at Patrick & Henry Community College, Virginia State Parks, and New College institute. Her educational background is in business and business administration, which she finds serves her well in the human resources field.

It's a big job with even bigger rewards. She says she came to the position with VDH in search of ways to best utilize her talents, expand her horizons, and be challenged. As a HR business partner, she is accessible to all employees, including both supervisors and staff.

"Now I'm putting more than just my talents to work!" she said, smiling. "And that's okay. At the end of the day, I feel like I've accomplished something, I've helped somebody out, I've helped the district."

As for words of wisdom she wants to share given her vantage point, it's to remember that we all have a shared mission – to serve the public and create healthier communities.

"Be kind to your coworkers, be helpful and compassionate. Know that you are all on the same page serving the same community with the same purpose," she said.

"This is not a thing, this is a team."

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