

Parent Fact Sheet

Sickle Beta Thalassemia (Hb S β Thal) (sickle bey-ta thal-a-see-me-ah)

What is Sickle Beta Thalassemia?

Sickle beta thalassemia is a disorder that affects the shape and function of the red blood cell. This disorder produces abnormal hemoglobin that causes the red blood cells to change from a soft, round shape to a hard, crescent or “sickle” shape when they give off oxygen. Sickle beta thalassemia is inherited. It is present at birth.

What type of problems occurs with Sickle Cell Anemia?

A baby born with this condition may have symptoms that may not begin until after 6 months of age. The most common symptoms are anemia (a low number of red blood cells), infection, and periods of pain. Anemia can lead to shortness of breath, tiredness, and delay in growth and development. Early diagnosis and treatment will help prevent some of these problems.

What is the chance my baby will have Sickle Beta Thalassemia?

This condition occurs in about 1 in every 50,000 births. Babies born with this condition have a changed gene from each parent. A person who has one changed gene is called a carrier. A person who is a carrier does not have symptoms. If both parents are carriers, either parent can pass on the changed gene to their baby. If both parents pass on the changed gene, the baby will have the condition. If both parents are carriers, for each pregnancy:

- There is a 25% chance that the baby will be born with this condition.
- There is a 50% chance that the baby will be a carrier for this condition.
- There is a 25% chance that the baby will not be born with this condition and will not be a carrier.

What is the treatment of Sickle Beta Thalassemia?

The treatment for this condition includes medications and keeping your baby’s shots up to date. You will be referred to a doctor who specializes in blood disorders. Your baby’s doctor will make sure that your baby gets the right diet and medical care.

Where in Virginia can I take my baby for care?

Please speak to your baby’s pediatrician about obtaining a referral to a pediatric hematologist in your area. If you want to know more about this condition, please contact Virginia Newborn Screening Services, Virginia Department of Health. The Web site is <http://www.vahealth.org/gns>.



The information provided is offered for general information and educational purposes only. The information is not offered as and does not constitute medical advice. In no way is the information meant to be a substitute for professional medical care nor should it be construed as such. Contact your doctor if there are any concerns or questions